



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

RECORD BOOK



TRACK & FIELD 2023 Complete Edition

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The Record Book

The Record Book is the latest attempt by the IHSAA to preserve the history of Iowa high school boys' sports. Previously referred to as the Stat Book or the Dope Book, this printed and digital document highlights various accomplishments – championships, postseasons, statistical records and milestones – that belong to Iowa's outstanding member schools, teams, coaches, and student-athletes.

Acknowledgements

This information has been maintained and made publicly available through the vision and effort of two key former IHSAA staffers: information director Bud Legg, and publications director Mo Kelley. Countless coaches, historians, and journalists have supplied essential records and notes. More IHSAA staff members, most recently Elisa Kahler, Tim Latta, and Clare Veren have assisted with edits and archive management.

A sincere "Thank You" goes to all who have contributed.

Updates & Edits

The IHSAA strives to make each sport's Record Book a comprehensive and accurate resource. Annual updates will be completed following each season. Records should be submitted by coaches or administrators. Assistance is welcome with incomplete categories or data sets. Standards have been applied to available statistical lists. Benchmarks are indicated as necessary. This may alter previous lists, including "All-Time Bests" lists, and is to allow for accurate and equitable record-keeping.

Have an update or edit to pass along?

Please email communications director Chris Cuellar: ccuellar@iahsaa.org.

References & Style

The IHSAA uses naming conventions as supplied by the Iowa Department of Education for active member schools. Inactive, consolidated, or cooperative programs are listed as names have been made available. Certain names have been adjusted for space in select categories, including: city names (D.M. for Des Moines, C.R. for Cedar Rapids, etc.), parochial titles (Kuemper, Carroll for Kuemper Catholic, Carroll, etc.), working acronyms (GTRA for Graettinger-Terril/Ruthven-Ayrshire), and schools' city identifiers (West Lyon for West Lyon). Statistics are cited as applied in high school (NFHS) sports rules.

About the IHSAA

The Iowa High School Athletic Association has worked to coordinate, develop, direct, oversee, and promote boys' high school and junior high sports and activities across the state of Iowa since 1904. The IHSAA is a 501(c)(3) nonprofit organization that offers free membership to all high schools in Iowa that are recognized by the Department of Education.

For more information, please visit our website:

www.iahsaa.org

CHAMPIONSHIPS

Team State Champions By Year

Year	Class	Team	Points	Year	Class	Team	Points	Year	Class	Team	Points
1906		Ida Grove	43	1954	AA	Des Moines, North	52.5	1968	AA	Ames	34
1907		Ida Grove	45		A	Harlan	39		A	Spirit Lake	26
1908		Des Moines, West	37		B	Lake City	38		B	Prairie, Gowrie	44
1909		Des Moines, East	48		C	Elliott	31		C	Goldfield	20
1910		Des Moines, West	27	1955	AA	Ames	56.5	1969	AA	Clinton	30
1911		Des Moines, West	23		A	Valley	33.5		A	Ankeny	30
1912		Des Moines, West	33		B	Lake City	35.5		B	Belle Plaine	33
1913		Des Moines, West	31		C	Iowa School for Deaf	22		C	Miles	26
1914		Des Moines, West	33	1956	AA	Ames	46	1970	AA	Clinton	34
1915		Davenport	19		A	Clarinda	48		A	Eagle Grove	37
1916		Des Moines, West	19.5		B	Anamosa	26.6		B	(T)Boyd-Hull	31
1917		Des Moines, North	33		C	Primghar	27		B	(T)West Harrison	31
1918		Mason City	34	1957	AA	Ames	57.5		C	Woodward-Granger	34
1919		Davenport	19		A	DeWitt	33	1971	AA	Ames	45
1920		Sioux City	30		B	Carroll	23		A	Eagle Grove	45
1921		Cedar Rapids	29		C	Farragut	35		B	Belle Plaine	35
1922		Cedar Rapids	31	1958	AA	Ames	36		C	Pocahontas	33.5
1923		Cedar Rapids	25.5		A	Indianola	27	1972	AA	Ames	52
1924		Cedar Rapids	41.5		B	Tabor	29		A	Ankeny	34.5
1925		Cedar Rapids	22		C	Wall Lake	26		B	Alta	25
1926		Des Moines, East	25	1959	AA	Des Moines, North	30		C	Central Webster, Burnside	35
1927		Carroll	16.75		A	Clarion	27.5	1973	AA	Davenport, Central	52
1928		Des Moines, East	17		B	St. Mary's, Clinton	26.25		A	Red Oak	39
1929		Mason City	19		C	West Chester	41		B	Maurice-Orange City	36
1930		Mason City	23	1960	AA	Ames	49.5		C	Terril	29
1931		Davenport	21		A	Belmond	41	1974	AA	Davenport, Central	74
1932		Clinton	19		B	English Valleys	30		A	(T)Anamosa	38
1933		Clinton	21		C	LuVerne	30		A	(T)Iowa Falls-Alden	38
1934		Des Moines, North	25	1961	AA	Des Moines, Tech	38		B	Britt	41
1935		Davenport	47.5		A	Clarion	24.75		C	Hamburg	29
1936		Des Moines, East	48		B	Maurice-Orange City	27.5	1975	AA	Cedar Rapids, Washington	40
1937		Dubuque	42		C	Sioux Rapids	25		A	Anamosa	44
1938		Des Moines, East	31.75	1962	AA	Cedar Rapids, Jefferson	40		B	Corning	43
1939		Des Moines, East	40		A	Perry	34.75		C	Hamburg	34
1940		Des Moines, East	59.5		B	Paullina	31.2	1976	AA	Davenport, Central	60
1941		Ames	33		C	Moville	35		A	Nevada	45
1942		Davenport	52	1963	AA	Ames	45.5		B	Corning	39
1943		Des Moines, East	49.1		A	Winterset	31		C	Hamburg	31
1944		Des Moines, East	41		B	George	21	1977	AA	Cedar Rapids, Washington	36
1945		Sioux City, East	32		C	Dexfield	37		A	Nevada	35
1946		(T)Clinton	28.25	1964	AA	Ames	46.5		B	Corning	29.5
		(T)Des Moines, Roosevelt	28.25		A	Eagle Grove	41.5		C	(T)Hamburg	34
1947		Davenport	52		B	Seymour	29			(T)YJB, Jamaica	34
1948	A	Des Moines, North	38		C	Dexfield	33	1978	AA	Davenport, Central	63.5
	B	Cedar Falls	33	1965	AA	Ames	30		A	Iowa Falls-Alden	44
1949	A	Ames	42.33		A	Eagle Grove	42		B	KP-WC	41
	B	Nevada	41		B	Farragut	25		C	Kanawha	41
1950	A	Des Moines, East	62.67		C	Pomeroy	24	1979	AA	Waterloo, East	46
	B	Nevada	43	1966	AA	Sioux City, Central	47		A	Iowa Falls-Alden	47.5
1951	A	Des Moines, East	73		A	Cherokee	54		B	Pekin	34
	B	DeWitt	37		B	Villisca	30		C	Kanawha	45
1952	A	Davenport	64		C	Treynor	25	1980	AA	Ames	40.5
	B	(T)Lake City	42	1967	AA	Sioux City, Central	45		A	Davis County	35
	B	(T)Lamoni	42		A	Winterset	25		B	Sioux Center	41
1953	AA	Des Moines, North	59		B	Villisca	30		C	Treynor	25
	A	Red Oak	35		C	Terril	25				
	B	DeWitt	29								
	C	Toledo Juvenile Home	39.2								

Team State Champions

Year	Class	Team	Points	Year	Class	Team	Points	Year	Class	Team	Points
1981	AA	Waterloo, West	28		1A	Van Buren	34	2009	4A	Cedar Rapids, Washington	60
	A	Davis County	35	1996	4A	Iowa City, City High	78		3A	Cental Clinton	54
	B	NUH, Cedar Falls	48		2A	Centerville	35		2A	St. Edmond, Fort Dodge	62
	C	Paullina	38		2A	Garner-Hayfield	41		1A	Madrid	47.5
1982	4A	Davenport, Central	42		1A	Gehlen Catholic	33		WC	Interstate 35	26
	3A	Sheldon	34	1997	4A	Iowa City, City High	71.5	2010	4A	Cedar Rapids, Washington	59
	2A	Sioux Center	37		3A	Bishop Heelan Catholic	43		3A	Bishop Heelan Catholic	51
	1A	(T)New Hartford	30		2A	(T)Beckman	32		2A	Solon	63
		(T)BCLUW	30			(T)Unity Christian	32		1A	Madrid	57.5
1983	4A	Davenport, Central	63.5		1A	Panorama	39		WC	Waterloo, West	38
	3A	Tipton	35	1998	4A	Valley	52	2011	4A	Cedar Falls	59
	2A	West Branch	40		3A	Washington	45		3A	Glenwood	78
	1A	Allison-Bristow	32		2A	Monticello	33		2A	St. Edmond, Fort Dodge	66
1984	4A	Davenport, Central	49		1A	NUH, Cedar Falls	28		1A	Madrid	74
	3A	Tipton	45	1999	4A	(T)Des Moines, Roosevelt	36		WC	Waterloo, West	36
	2A	West Branch	58			(T)Iowa City, City High	36	2012	4A	Iowa City, West	75
	1A	Sidney	35		3A	Waverly-Shell Rock	44		3A	Decorah	65
1985	4A	Marshalltown	51		2A	Beckman Catholic	34		2A	West Marshall	48
	3A	Tipton	38		1A	Iowa Mennonite	38		1A	Manson Northwest Webster	53
	2A	Iowa Valley	45	2000	4A	Iowa City, City High	72		WC	Linn-Mar	36
	1A	(T)Earlham	32		3A	Mount Pleasant	46	2013	4A	Linn-Mar	72
		(T)Lone Tree	32		2A	(T)Unity Christian	32		3A	Pella	46
1986	4A	Ames	42			(T)West Lyon	32		2A	Monticello*	NS
	3A	Pella	34		1A	East Buchanan	25		1A	Manson Northwest Webster	69
	2A	NUH, Cedar Falls	48	2001	4A	Iowa City, City High	71		WC	Waterloo, West	35
	1A	Paton-Churdan	36		3A	Waverly-Shell Rock	48	2014	4A	Waukee	80
1987	4A	Ames	46		2A	Tri-Center	32		3A	Solon	50
	3A	(T)Turkey Valley	28		1A	Madrid	34		2A	Monticello	92
		(T)Storm Lake	28	2002	4A	Iowa City, City High	49		1A	Mount Ayr	77
	2A	NUH, Cedar Falls	31		3A	Storm Lake	33		WC	Camanche	40
	1A	CAL, Latimer	33		2A	Williamsburg	38	2015	4A	Waukee	83
1988	4A	Ames	48		1A	Madrid	36		3A	Center Point-Urbana	56
	3A	Storm Lake	29	2003	4A	Valley	58		2A	West Burlington, Notre Dame	107
	2A	NUH, Cedar Falls	48		3A	Harlan Community	36		1A	Lisbon	42
	1A	Sanborn	31		2A	Okoboji	50		WC	Wobine	38
1989	4A	Ames	39		1A	St. Albert, Council Bluffs	36	2016	4A	Cedar Rapids, Prairie	87
	3A	Glenwood	37		WC	Marshalltown	30		3A	Pella	62
	2A	Gehlen Catholic	32	2004	4A	Iowa City, City High	61		2A	West Burlington, Notre Dame	79
	1A	Woodbine	47		3A	Decorah-North Winneshiek	59		1A	Lisbon	52
1990	4A	Ames	38		2A	Mount Vernon	43		WC	(T)Roland-Story	30
	3A	Glenwood	31		1A	Treynor	52			(T)Independence	30
	2A	NUH, Cedar Falls	34		WC	English Valley	31	2017	4A	Valley	73
	1A	North Mahaska	47	2005	4A	Davenport, Central	81		3A	Marion	69
1991	4A	Ames	71		3A	Charles City	68		2A	(T)Madrid	61
	3A	Knoxville	40		2A	Starmont	43			(T)KP-WC	61
	2A	NUH, Cedar Falls	42		1A	Griswold	51		1A	Lisbon	89
	1A	Lawton-Bronson	24		WC	Aplington-Parkersburg	62		WC	(T)Bondurant-Farrar	32
1992	4A	Iowa City, City High	62	2006	4A	Valley	77			(T)Southeast Polk	32
	3A	Spirit Lake	38		3A	Wahlert Catholic	62	2018	4A	Valley	60
	2A	West Hancock	35		2A	North Fayette	53		3A	Marion	69
	1A	(T)Sumner-Fredericksburg	27		1A	BCLUW	53		2A	Pekin	72
		(T)Woodbine	27		WC	Aplington-Parkersburg	62		1A	St. Albert, Council Bluffs	64
1993	4A	Iowa City, City High	60	2007	4A	Iowa City, West	65		WC	Waukee	36
	3A	Algona	36		3A	Cedar Rapids, Xavier	64	2019	4A	Valley	89
	2A	St. Albert, Council Bluffs	29		2A	Monticello	67		3A	Sergeant Bluff-Luton	86
	1A	West Bend-Mallard	39		1A	West Hancock	54		2A	Dike-New Hartford	60
1994	4A	Iowa City, City High	57		WC	Aplington-Parkersburg	40		1A	George-Little Rock	52
	3A	Cherokee	41	2008	4A	Pleasant Valley	77		WC	Waukee	38
	2A	Ballard	39		3A	Cedar Rapids, Xavier	100.5	2020	Season canceled due to COVID-19.		
	1A	West Bend-Mallard	28		2A	Mid-Prairie	69				
1995	4A	Iowa City, City High	61.5		1A	West Hancock	44				
	3A	Humboldt	44		WC	Interstate 35	26				
	2A	Iowa Falls-Alden	40								

Team State Champions

<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Points</u>	<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Points</u>	<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Points</u>
2021	4A	Cedar Falls	87								
	3A	Pella	80.5								
	2A	Underwood	66								
	1A	Madrid	65.5								
	WC	Waukee	40								
2022	4A	Iowa City, City High	63.5								
	3A	Pella	71.5								
	2A	Des Moines, Christian	65								
	1A	Earlham	66								
	WC	Cedar Falls	37								
2023	4A	Johnston	84								
	3A	Pella	73								
	2A	Mediapolis	62								
	1A	Lisbon	60								
	WC	Bedford	36								

Event Champions

By Year

100 Meter Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Owen Buckley	Sioux City, North	11.10	1993	4A	Antwun Taylor	Davenport, Central	11.08
	A	Jody Wilson	Mount Pleasant	11.00		3A	Doug Miller	Mount Pleasant	10.99
	B	Jeff Nielsen	Britt	11.10		2A	Nate Smith	West Hancock	11.03
	C	Randy Willer	Schaller	11.40		1A	Randy Thompson	CWL, Corwith	11.00
1979	AA	Cordell Smith	Waterloo, East	10.90	1994	4A	Adam Cook	Cedar Rapids, Washington	11.33
	A	Keith Willey	Osage	11.30		3A	Doug Miller	Mount Pleasant	11.26
	B	Jeff Nielsen	Britt	10.80		2A	Nate Smith	West Hancock	11.18
	C	Bob Frederick	Ayrshire	11.10		1A	Randy Thompson	CWL, Corwith	11.01
1980	AA	Treye Jackson	Newton	11.02	1995	4A	Dan McMahon	Iowa City, City High	11.45
	A	Dave Donovan	Humboldt	11.43		3A	Tim Lambertsen	Anamosa	11.14
	B	Jeff Nielsen	Britt	10.84		2A	Phil Wagner	North Fayette	11.10
	C	Scott Harms	Wellsburg	11.47		1A	Jeff Adam	Cardinal, Eldon	11.33
1981	AA	Treye Jackson	Newton	10.80	1996	4A	Dan McMahon	Iowa City, City	10.95
	A	Keith Willey	Osage	11.30		3A	Matt Stockdale	Iowa Falls-Alden	11.11
	B	Mike Fischer	Sac City	11.19		2A	Phil Wagner	North Fayette	11.18
	C	Mike Dubberke	Hubbard	11.44		1A	Jeff Adam	Cardinal, Eldon	10.84
1982	4A	Richard Rumley	Des Moines, Roosevelt	11.03	1997	4A	Aaron Greving	Ames	10.82
	3A	Jeff Peterson	Clear Lake	11.22		3A	Bryan Gilbreath	Waverly-Shell Rock	11.06
	2A	Kevin Goodrich	Iowa Valley	11.25		2A	Tom Green	Westwood, Sloan	11.06
	1A	Kevin Fouts	Dunlap	11.29		1A	Evan Bru	Montezuma	11.10
1983	4A	Booker Scott	Davenport, Central	11.02	1998	4A	Aaron Greving	Ames	11.23
	3A	Mike Tice	Perry	11.29		3A	Kevin Collins	Assumption	11.45
	2A	Bryon Hubbard	Prairie, Gowrie	10.90		2A	Mike Pope	West Burlington	11.40
	1A	Dan Hicks	Sutherland	11.41		1A	Clint Daisy	Southern Cal	11.39
1984	4A	Gary Couch	Davenport, Central	10.94	1999	4A	Marques Simmons	Davenport, North	11.06
	3A	Todd Cleverly	Jefferson	11.23		3A	Chris Jarvis	Washington	11.27
	2A	Rod Storch	West Burlington	11.40		2A	Lane Danielson	Dike-New Hartford	11.53
	1A	Joe Bricker	United, Boone	11.30		1A	Anthony Durnan	Earlham	11.49
1985	4A	Rod Edwards	Des Moines, Roosevelt	11.14	2000	4A	Hakim Hill	Iowa City, City High	10.88
	3A	Todd Cleverly	Jefferson	11.42		3A	Cole Boatright	Fairfield	11.26
	2A	Dan Wallace	Clear Creek	11.10		2A	Mike Fiech	West Lyon	11.08
	1A	Phil Forbes	Lone Tree	11.10		1A	Jonathan Wallerich	Sigourney	11.20
1986	4A	Kevin Little	Ankeny	10.90	2001	4A	Marques Simmons	Davenport, North	10.63
	3A	Scott Jenkins	Waukon	11.20		3A	Adam Haluska	Carroll	10.84
	2A	Dave Stein	Milford	11.31		2A	Jason Nolting	Preston-East Central	11.13
	1A	Jeff Albright	Iowa School for Deaf	11.31		1A	Jared Vickroy	Southeast Warren	11.14
1987	4A	Kevin Monroe	Muscatine	11.03	2002	4A	Calvin Davis	Iowa City, City High	10.73
	3A	Rob Wise	West Liberty	11.37		3A	Adam Haluska	Carroll	10.91
	2A	Jeff Wallerich	Sigourney	11.34		2A	Jared Graham	Tri-Center	11.05
	1A	Paul Korsness	North Winneshiek	11.39		1A	Jace Dennison	Tri-County, Thornburg	11.09
1988	4A	Bryant Williams	Waterloo, West	10.96	2003	4A	Andy Brodell	Ankeny	10.73
	3A	David Linkletter	Shenandoah	11.44		3A	Paul Brown	LeMars	10.98
	2A	Dave Ellingson	Colo-NESCO	11.32		2A	Zac Bailey	Okoboji	10.91
	1A	Dallas Sudmann	Treynor	11.74		1A	Mike Wiederholt	St. Mary's, Remsen	11.12
1989	4A	Joe James	Des Moines, East	11.03	2004	4A	Robert Thompson	Des Moines, East	10.82
	3A	Cole Honeck	Hampton-Dumont	11.27		3A	Chris Rowedder	Carroll	11.20
	2A	Ryan Santi	Madrid	11.20		2A	David Wall	West Burlington	11.19
	1A	Kevin Roths	Olds, WACO	11.25		1A	Lincoln Cavanagh	Northeast Hamilton	11.21
1990	4A	Dwayne Wright	Waterloo, West	10.92	2005	4A	Robert Thompson	Des Moines, East	10.93
	3A	Jamie Leonard	Dallas Center-Grimes	11.19		3A	Justin Greiner	Washington	11.62
	2A	Brad Bailey	New London	11.27		2A	Travis Drahozal	Solon	11.30
	1A	Dave Titler	Clay Central	11.39		1A	Nick Kuchel	KP-WC	11.42
1991	4A	Curtis Hawkins	Ames	11.17	2006	4A	Bryan Collins	Valley	11.00
	3A	Toby Bengfort	Denison	11.39		3A	Justin Greiner	Washington	11.25
	2A	Nate Smith	West Hancock	11.20		2A	Travis Drahozal	Solon	11.08
	1A	Randy Thompson	CWL, Corwith	11.45		1A	Marquis Stephens	Lisbon	11.16
1992	4A	Curtis Hawkins	Ames	10.97	2007	4A	Jarred Herring	Burlington	11.15
	3A	Toby Bengfort	Denison	11.13		3A	Wilmot Wellington	Fairfield	11.54
	2A	Nate Smith	West Hancock	11.14		2A	Kenneth Jackson	Pleasantville	11.29
	1A	Randy Thompson	CWL, Corwith	11.11		1A	Billy Veach	Andrew	11.46

100 Meter Dash

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2008	4A	Jarred Herring	Burlington	10.76					
	3A	Derek Kramer	Cedar Rapids, Xavier	11.00					
	2A	Kyle Schuett	Cherokee	11.08					
	1A	Alex Feilmeier	Glidden-Ralston	11.34					
2009	4A	Patrick Lewis	Cedar Rapids, Xavier	10.62					
	3A	Logan Danko	Centerville	10.91					
	2A	Brad Vogel	Central Lee, Donnellson	11.10					
	1A	Jesse Selgeby	West Lyon	11.13					
2010	4A	Austin Ebertowski	Council Bluffs, Lincoln	10.99					
	3A	Brett Bogard	Pella	11.28					
	2A	Aaron Arment	West Marshall	11.09					
	1A	Tyler Tonderum	Armstrong-Ringsted	11.12					
2011	4A	James Harrington	Cedar Falls	10.86					
	3A	Riley McCarron	Wahlert Catholic	11.36					
	2A	Aaron Arment	West Marshall	11.40					
	1A	Nick Efkamp	Madrid	11.41					
2012	4A	James Harrington	Cedar Falls	11.13					
	3A	Keagan Parks	Webster City	11.40					
	2A	Jake Floen	Unity Christian	11.40					
	1A	Nick Pittmon	East Mills	11.39					
2013	4A	Anthony Dreeszen	Sioux City, East	11.11					
	3A	Brandon Norman	Iowa Falls-Alden	11.15					
	2A	Trever Ryan	OABCIG	11.25					
	1A	Nick Pittmon	East Mills	11.24					
2014	4A	Rico Gafford	Dowling Catholic	11:07					
	3A	Tanner Dunkin	Knoxville	11.03					
	2A	Derek Harksen	Camanche	11.20					
	1A	Meliek Meyer	Lynnville-Sully	11.13					
2015	4A	Cray Washington	Fort Dodge	11.24					
	3A	Tanner Dunkin	Knoxville	11.31					
	2A	Isaiah Trousil	West Burlington, Notre Dame	11.10					
	1A	Korby Sander	Belmond-Klemme	11.48					
2016	4A	Jalen Rima	Cedar Rapids, Prairie	10.86					
	3A	Eli Hicks	Boone	11:02					
	2A	Isaiah Trousil	West Burlington, Notre Dame	10.69					
	1A	Korby Sander	Belmond-Klemme	11.30					
2017	4A	Dan Blocker	Waukee	11.12					
	3A	Isaiah Trousil	West Burlington, Notre Dame	10.74					
	2A	Michael Santi	Madrid	10.91					
	1A	Derek Bova	Lisbon	11.23					
2018	4A	Bernard Bell Jr.	Ames	10.60					
	3A	Rancy Freeman	Dallas Center-Grimes	10.88					
	2A	Tanner Iske	West Liberty	10.58					
	1A	Rodney Schwartzhoff	South Winneshiek	10.95					
2019	4A	Bernard Bell Jr.	Ames	10.92					
	3A	Jorma Schwedler	Sergeant Bluff-Luton	11.20					
	2A	Joe Stein	Spirit Lake	11.10					
	1A	Drake Partridge	AHSTW	11.32					
2020	Season canceled due to COVID-19.								
2021	4A	Mikey McClain	Dowling Catholic	10.79					
	3A	Ryan Brosius	Wahlert Catholic	11.22					
	2A	Cooper DeJean	OABCIG	11.16					
	1A	Beau Flander	English Valleys	11.12					
2022	4A	Mikey McClain	Dowling Catholic	10.33					
	3A	Alex Mota	Marion	10.71					
	2A	Jack Latham	Spirit Lake	10.61					
	1A	Liam Carlson	Tripoli	10.82					
2023	4A	Miles Thompson	Cedar Rapids, Washington	10.46					
	3A	Will Neuharth	Harlan	10.68					
	2A	Talib Bird	Northeast	10.81					
	1A	Austin Kunkle	ACGC	10.52					

200 Meter Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Owen Buckley	Sioux City, North	22.19	1994	4A	Tim Dwight	Iowa City, City High	21.90
	A	Jody Wilson	Mount Pleasant	22.69		3A	Doug Miller	Mount Pleasant	22.57
	B	Steve Arnes	Gehlen Catholic	22.70		2A	Aaron Egbert	Mediapolis	22.59
	C	Rick Gienau	Janesville	22.99		1A	Todd Puck	Manning	22.39
1979	AA	Jeff Flynn	Wahlert Catholic, Dubuque	22.28	1995	4A	Chad Heying	Bishop Heelan Catholic	22.18
	A	David Thumm	Mount Vernon	22.17		3A	Jarrold Heinz	Humboldt	22.15
	B	Jeff Nielsen	Britt	22.00		2A	Phil Wagner	North Fayette	22.78
	C	Scott Harms	Wellsburg	22.56		1A	Todd Mundt	Treynor	22.28
1980	AA	Treye Jackson	Newton	21.90	1996	4A	Marshall Frazier	Bettendorf	22.12
	A	Kent Lester	Clarion	22.43		3A	Dustin Smith	Oelwein	22.35
	B	Jeff Nielsen	Britt	21.78		2A	Phil Wagner	North Fayette	22.53
	C	Scott Harms	Wellsburg	22.79		1A	Jeff Adam	Cardinal, Eldon	21.89
1981	AA	Treye Jackson	Newton	21.64	1997	4A	Jason Ringena	Iowa City, City High	21.57
	A	Keith Willey	Osage	22.34		3A	Josh Roose	Pella	22.25
	B	Mike Fischer	Sac City	22.42		2A	Tom Green	Westwood, Sloan	22.20
	C	Darren Ennis	Terril	22.54		1A	Tim Dodge	Rockwell-Swaledale	21.93
1982	4A	Alvin Myles	Des Moines, Roosevelt	21.87	1998	4A	Quennel McCaleb	Fort Dodge	21.88
	3A	Mike Tice	Perry	22.54		3A	Mike Mansour	Creston	22.33
	2A	Kevin Goodrich	Iowa Valley	22.53		2A	Mike Pope	West Burlington	22.54
	1A	Kevin Fouts	Dunlap	22.55		1A	Chris McCullough	Pleasantville	22.42
1983	4A	David Palmer	Waterloo, Central	21.78	1999	4A	Marques Simmons	Davenport North	22.19
	3A	Brooks Glasnapp	Roland-Story	22.18		3A	Jerod Torrey	Centerville	22.16
	2A	Kevin Goodrich	Iowa Valley	22.44		2A	Ryan Kedley	North Cedar, Stanwood	22.93
	1A	Rick Brown	Ar-We-Va, Westside	22.68		1A	Zach Grimm	Iowa Mennonite School	22.48
1984	4A	Gary Couch	Davenport, Central	21.98	2000	4A	Nik Moser	Fort Dodge	21.88
	3A	Mike Tice	Perry	22.40		3A	Matt Jens	Glenwood	22.47
	2A	Kendall Swanson	Clarion	22.90		2A	Mike Pope	West Burlington	22.18
	1A	Lonnie MacPeek	Gilmore City-Bradgate	22.90		1A	Micky Roseberry	Alburnett	22.48
1985	4A	Kevin Little	Ankeny	22.30	2001	4A	Nik Moser	Fort Dodge	21.33
	3A	Todd Cleverly	Jefferson	22.70		3A	Adam Haluska	Carroll	21.67
	2A	Jeff Wallerich	Sigourney	22.60		2A	Jason Nolting	Preston-East Central	21.81
	1A	Dorne Wiese	Baxter	22.40		1A	Jared Vickroy	Southeast Warren	22.18
1986	4A	Kevin Little	Ankeny	21.50	2002	4A	Calvin Davis	Iowa City, City High	21.37
	3A	Rob Wise	West Liberty	22.72		3A	Adam Haluska	Carroll	21.56
	2A	Scott Bailey	Pocahontas	22.38		2A	Cody Eichmeier	AGWSR, Ackley	22.09
	1A	John Kaspers	Meservey-Thornton	22.39		1A	Jace Dennison	Tri-County, Thornburg	22.17
1987	4A	Willie Lacy	Davenport, West	21.51	2003	4A	Andy Brodell	Ankeny	21.58
	3A	Rob Wise	West Liberty	22.38		3A	Greg Offerman	Charles City	22.41
	2A	Scott Bailey	Pocahontas	22.61		2A	Jared Van Wyk	Pella Christian	22.05
	1A	Brian Hovenga	Aplington	22.69		1A	Lee Elbert	Bishop Garrigan, Algona	21.80
1988	4A	Kevin Monroe	Muscatine	21.81	2004	4A	Andy Brodell	Ankeny	21.62
	3A	David Linkletter	Shenandoah	23.23		3A	Greg Offerman	Charles City	22.52
	2A	Dave Ellingson	Colo-Nesco	22.40		2A	David Wall	West Burlington	22.36
	1A	Greg Nelson	Aurelia	23.10		1A	Derek Stephens	Lisbon	22.46
1989	4A	Kenny Shedd	Davenport West	21.56	2005	4A	Josh Webb	Cedar Falls	21.79
	3A	Jamie Leonard	Dallas Center-Grimes	22.05		3A	Greg Offerman	Charles City	22.07
	2A	Bryan Kueny	Alta	22.19		2A	Justin Bauer	Kuemper Catholic, Carroll	22.39
	1A	Kevin Roth	WACO, Olds	22.49		1A	Nick Kuchel	KP-WC	22.04
1990	4A	Sly Brown	Davenport, Central	21.96	2006	4A	Bryan Collins	Valley	22.21
	3A	Jamie Leonard	Dallas Center-Grimes	21.98		3A	Cody Baethke	Williamsburg	22.54
	2A	Brad Bailey	New London	22.32		2A	Eli Brus	Camanche	22.37
	1A	Rob Noland	Adair-Casey	22.91		1A	Nick Kuchel	KP-WC	22.48
1991	4A	Tim Dwight	Iowa City, City High	22.39	2007	4A	Jarred Herring	Burlington	22.21
	3A	Scott Van Wyngarden	Knoxville	22.42		3A	Bryce Colston	Cedar Rapids, Xavier	22.58
	2A	Enrique Flores	Wapello	22.38		2A	Kenneth Jackson	Pleasantville	22.86
	1A	Andy Plumb	IKM, Manilla	23.00		1A	Ronnie Henderson	Woodward Academy	22.69
1992	4A	Tim Dwight	Iowa City, City High	21.59	2008	4A	Jarred Herring	Burlington	21.79
	3A	Toby Bengfort	Denison	22.33		3A	Bryce Colston	Cedar Rapids, Xavier	22.68
	2A	Aaron Egbert	Mediapolis	22.68		2A	Aaron Stockstell	Mid-Prairie	21.96
	1A	Randy Thompson	CWL, Corwith	22.09		1A	Alex Feilmeier	Glidden-Ralston	22.63
1993	4A	Tim Dwight	Iowa City, City High	21.63	2009	4A	Patrick Lewis	Cedar Rapids, Xavier	21.43
	3A	Doug Miller	Mount Pleasant	22.34		3A	Logan Danko	Centerville	21.95
	2A	Kirk Luense	St Ansgar	22.64		2A	Brian Sandvig	St. Edmond, Fort Dodge	22.41
	1A	Randy Thompson	CWL, Corwith	22.13		1A	Kyle Thoreson	Alburnett	22.33

200 Meter Dash

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2010	4A	James Harrington	Cedar Falls	21.98					
	3A	Brandon Jasper	Central Clinton, DeWitt	22.86					
	2A	Aaron Arment	West Marshall	22.60					
	1A	Tyler Tonderum	Armstrong-Ringsted	22.65					
2011	4A	James Harrington	Cedar Falls	21.16					
	3A	Brandon Jasper	Central Clinton	22.03					
	2A	Aaron Arment	West Marshall	22.69					
	1A	Bryce Maschino	Laurens-Marathon	22.77					
2012	4A	James Harrington	Cedar Falls	21.52					
	3A	Keagan Parks	Webster City	22.73					
	2A	Jake Floen	Unity Christian	22.06					
	1A	Brice Sines	Pekin	22.78					
2013	4A	Tavian Smith	Iowa City, West High	21.84					
	3A	Jared Ganschow	Clear Creek-Amana	22.18					
	2A	Trever Ryan	OABCIG	22.17					
	1A	Nick Pittmon	East Mills	22.44					
2014	4A	Rico Gafford	Dowling Catholic	21.93					
	3A	Connor Ham	Solon	22.14					
	2A	Derek Harksen	Camanche	22.40					
	1A	Kyle Groeneweg	West Lyon	22.10					
2015	4A	Jalen Rima	Cedar Rapids, Prairie	22.03					
	3A	Connor Ham	Solon	22.35					
	2A	Isaiah Trousil	West Burlington, Notre Dame	21.90					
	1A	Korby Sander	Belmond-Klemme	22.42					
2016	4A	Jalen Rima	Cedar Rapids, Prairie	21.40					
	3A	Eli Hicks	Boone	21.68					
	2A	Isaiah Trousil	West Burlington, Notre Dame	21.33					
	1A	Bryce Achen	WACO, Wayland	22.45					
2017	4A	Tayshaun Cooper	Waterloo, West	21.72					
	3A	Isaiah Trousil	West Burlington, Notre Dame	21.22					
	2A	Gage Clay	AHSTW	21.98					
	1A	Jack Butteris	Lisbon	22.32					
2018	4A	Bernard Bell, Jr.	Ames	21.64					
	3A	Jorma Schwedler	Sergeant Bluff-Luton	21.72					
	2A	Noah Anderson	PCM, Monroe	21.79					
	1A	Rodney Schwartzhoff	South Winneshiek	22.14					
2019	4A	Darien Porter	Bettendorf	21.76					
	3A	Jorma Schwedler	Sergeant Bluff-Luton	22.16					
	2A	Joe Stein	Spirit Lake	22.41					
	1A	Drake Partridge	AHSTW, Avoca	22.34					
2020	Season canceled due to COVID-19.								
2021	4A	Mikey McClain	Dowling Catholic	21.59					
	3A	Brevin Doll	ADM, Adel	22.19					
	2A	Brayden Wollan	Underwood	21.86					
	1A	Kase Baker	St. Edmond, Fort Dodge	22.31					
2022	4A	Mikey McClain	Dowling Catholic	10.33					
	3A	Alex Mota	Marion	10.71					
	2A	Jack Latham	Spirit Lake	10.61					
	1A	Liam Carlson	Tripoli	10.82					
2023	4A	Miles Thompson	Cedar Rapids, Washington	21.02					
	3A	Will Neuharth	Harlan	21.53					
	2A	Owen Douglas	Williamsburg	22.17					
	1A	Austin Kunkle	ACGC	21.69					

400 Meter Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Mike Jorgensen	Marshalltown	49.72	1994	4A	Nathan Hurt	Davenport, Central	49.08
	A	Doug Lang	Creston	50.34		3A	Tony Collins	Assumption, Davenport	49.59
	B	Kevin Kuchel	KP-WC	48.10		2A	Aaron Egbert	Mediapolis	48.78
	C	Randy Willer	Schaller	51.03		1A	Jon Judisch	Tripoli	48.54
1979	AA	Kim Sykes	Waterloo, East	47.50	1995	4A	Chad Heying	Bishop Heelan Catholic	48.91
	A	David Thumm	Mount Vernon	49.5		3A	Jesse Petersen	Grinnell	49.04
	B	Kit Ryan	Nora Springs-Rock Falls	49.00		2A	Joe Kubicek	Beckman Catholic	50.11
	C	Scott Harms	Wellsburg	50.20		1A	Todd Mundt	Treynor	49.10
1980	AA	Jeff Beelman	Fort Madison	48.37	1996	4A	Jason Ringena	Iowa City, City High	48.63
	A	Kent Anderson	Davis County	50.11		3A	Ryan Armstrong	Cherokee	49.88
	B	Todd Holm	Tripoli	48.47		2A	Jason Katt	MOC-Floyd Valley	50.36
	C	Scott Harms	Wellsburg	49.61		1A	Greg Betts	Guthrie Center	49.72
1981	AA	Treye Jackson	Newton	48.50	1997	4A	Jason Ringena	Iowa City, City High	48.73
	A	Keith Willey	Osage	49.56		3A	Mike Mansour	Creston	49.98
	B	Marc Kerscher	Central City	49.58		2A	Mark Boender	Pella Christian	50.39
	C	Darren Ennis	Terril	49.37		1A	Greg Betts	Guthrie Center	49.72
1982	4A	Scott Owens	Cedar Rapids, Kennedy	49.50	1998	4A	Aaron Foreman	CR, Washington	48.27
	3A	Brooks Glasnapp	Roland-Story	49.18		3A	Mike Mansour	Creston	48.63
	2A	Brad Bartelt	West Branch	49.68		2A	Mike Pope	West Burlington	49.86
	1A	Barry Jacobsen	Elk Horn-Kimballton	51.11		1A	Chris McCullough	Pleasantville	48.50
1983	4A	David Palmer	Waterloo, Central	48.26	1999	4A	Andre Mitchell	Des Moines, Hoover	49.18
	3A	Brooks Glasnapp	Roland-Story	48.67		3A	Jerod Torrey	Centerville	49.58
	2A	Brad Bartelt	West Branch	49.86		2A	Ryan Kedley	North Cedar, Stanwood	49.88
	1A	Barry Jacobsen	Elk Horn-Kimballton	49.94		1A	Dustin Olson	Iowa Valley	49.50
1984	4A	Allen Burns	Sioux City, East	48.70	2000	4A	Scott Vermulm	Johnston	48.76
	3A	Mark Mehlberger	Marion	49.50		3A	Jeff Fedler	Mount Pleasant	48.91
	2A	Brad Bartelt	West Branch	50.30		2A	Ryan Kedley	North Cedar, Stanwood	47.43
	1A	Lonnie MacPeek	Gilmore City-Bradgate	50.10		1A	Jake Nelson	Des Moines Christian	48.88
1985	4A	Allen Burns	Sioux City, East	48.43	2001	4A	Robby Worrels	Clinton	48.78
	3A	Pat Dankof	Shenandoah	51.15		3A	Jeff Fedler	Mount Pleasant	48.36
	2A	John Weiland	Britt	50.00		2A	Jason Nolting	Preston-East Central	48.86
	1A	Dorne Wiese	Baxter	49.40		1A	Jake Nelson	Des Moines Christian	48.91
1986	4A	Jim Turner	Marshalltown	48.11	2002	4A	Josh Leonard	Ankeny	48.30
	3A	Steve Robinson	Sumner-Fredericksburg	49.86		3A	Adam Haluska	Carroll	48.48
	2A	Kyle Christianson	NUH, Cedar Falls	49.49		2A	Jared Van Wyk	Pella Christian	48.72
	1A	Brian Hovenga	Aplington	49.30		1A	Aaron Rustad	Saint Ansgar	48.91
1987	4A	Willie Lacy	Davenport, West	47.74	2003	4A	Yawusa Kinda	Des Moines, Roosevelt	47.96
	3A	Rob Wise	West Liberty	49.42		3A	Jason Crosser	Independence	49.60
	2A	Kyle Christianson	NUH, Cedar Falls	49.70		2A	Jared Van Wyk	Pella Christian	49.23
	1A	Brian Hovenga	Aplington	49.86		1A	Dustin Rasmussen	Sidney	49.60
1988	4A	Dave Knight	Ames	48.35	2004	4A	Yawaus Kinda	Des Moines, Roosevelt	47.33
	3A	Ben Alderton	Storm Lake	49.06		3A	Billy Mousel	Bishop Heelan Catholic	49.18
	2A	Bryan Kueny	Alta	48.92		2A	Derek Schroeder	Durant-Bennett	49.18
	1A	Greg Nelson	Aurelia	49.96		1A	Brad Schmitt	Turkey Valley, Junction	50.59
1989	4A	Dave Knight	Ames	47.53	2005	4A	Victor Hall	Iowa City, West	48.91
	3A	Darren Young	Johnston	50.07		3A	Greg Offerman	Charles City	48.11
	2A	Bryan Kueny	Alta	49.07		2A	Cory Goos	West Liberty	49.59
	1A	Jason Barry	Woodbine	50.13		1A	Gabe Kimpson	Griswold	49.56
1990	4A	Dan Bell	Ottumwa	49.62	2006	4A	Zac Sandvig	Valley	48.41
	3A	Lonnie Balmer	Knoxville	48.88		3A	Cody Baethke	Williamsburg	49.07
	2A	Bruce Wall	Maquoketa Valley, Delhi	49.97		2A	Aaron Stockstell	Mid-Prairie	48.54
	1A	Matt Dull	Gehlen Catholic	50.54		1A	Nick Kuchel	KP-WC	48.87
1991	4A	John Barnett	Ames	48.30	2007	4A	Bryan Collins	Valley	48.46
	3A	Bill Betterton	Carlisle	49.60		3A	Tyler Nielsen	Humboldt	49.94
	2A	Craig Heinle	LDF-SEMCO	49.40		2A	Aaron Stockstell	Mid-Prairie	48.30
	1A	Randy Richardson	Riceville	49.90		1A	Jordan Cornilsen	Preston-East Central	48.32
1992	4A	Jason Keese	Iowa City, City High	49.11	2008	4A	Kevin Dibbern	Iowa City, City High	47.77
	3A	Chris Roenfeld	Glenwood	49.51		3A	Chad Rutledge	Algona	49.54
	2A	Aaron Egbert	Mediapolis	49.72		2A	Aaron Stockstell	Mid-Prairie	47.67
	1A	Andy Hauskins	North Kossuth	51.10		1A	Trevor Tiefenthaler	Sioux Central	49.94
1993	4A	Jason Keese	Iowa City, City High	49.61	2009	4A	Kevin Dibbern	Iowa City, City High	47.77
	3A	Jason Bradley	Algona	49.48		3A	Trevor Voelker	Dallas Center-Grimes	48.71
	2A	Aaron Egbert	Mediapolis	49.61		2A	Brian Sandvig	St. Edmond, Fort Dodge	48.30
	1A	Randy Thompson	CWL, Corwith	49.93		1A	John Harris	Galva-Holstein	49.87

400 Meter Dash

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2010	4A	Kyle Dunn	Linn-Mar	48.33					
	3A	Trevor Voelker	Dallas Center-Grimes	48.41					
	2A	Ty Nortman	West Liberty	49.04					
	1A	Dominique Fagan	NUH, Cedar Falls	49.95					
2011	4A	Kyle Dunn	Linn-Mar	47.56					
	3A	Michael Malloy	Bishop Heelan Catholic	48.34					
	2A	Neil Flattery	St. Edmond, Fort Dodge	49.47					
	1A	Joe Roden	West Harrison	48.46					
2012	4A	James Harington	Cedar Falls	48.27					
	3A	Trey Achterhoff	MOC-Floyd Valley	49.06					
	2A	Will Teubel	Mount Vernon	48.82					
	1A	Brody Eischeid	Manson Northwest Webster	49.98					
2013	4A	Deshond Robinson	Clinton	48.71					
	3A	Jared Ganschow	Clear Creek-Amana	48.57					
	2A	Marc Huseman	Cherokee	49.04					
	1A	Brody Eischeid	Manson Northwest Webster	48.33					
2014	4A	Deshond Robinson	Clinton	48.66					
	3A	Jeremy Maldonado	Fort Madison	49.28					
	2A	Derek Harksen	Camanche	48.61					
	1A	Austin Heitland	AGWSR	49.36					
2015	4A	Jalen Rima	Cedar Rapids, Prairie	48.85					
	3A	Will Ontiveros	Assumption, Davenport	48.82					
	2A	Hunter Weldon	Albia	48.61					
	1A	Brett Prenger	Lawton-Bronson	48.47					
2016	4A	Jalen Rima	Cedar Rapids, Prairie	48.55					
	3A	JoJo Frost	Center Point-Urbana	49.02					
	2A	Will Seeser	Camanche	49.36					
	1A	Ethan Wyant	Jesup	49.56					
2017	4A	Darien Porter	Bettendorf	48.24					
	3A	JoJo Frost	Center Point-Urbana	49.07					
	2A	Kyle Sinnott	Albia	49.32					
	1A	Avery Moore	Sigourney	49.19					
2018	4A	Austin West	Iowa City, West	47.94					
	3A	Nate Kennedy	Glenwood	48.28					
	2A	Isaiah Wittrock	Pekin	48.93					
	1A	Tyler Blaha	St. Albert, Council Bluffs	50.33					
2019	4A	Darien Porter	Bettendorf	46.99					
	3A	Jorma Schwedler	Sergeant Bluff-Luton	48.74					
	2A	Jagger Gourley	Mediapolis	48.75					
	1A	Tyson Vander Linden	Lynnville-Sully	49.66					
2020	Season canceled due to COVID-19.								
2021	4A	TJ Tomlyanovich	Cedar Falls	47.54					
	3A	Elijah Morris	Washington	49.53					
	2A	Brayden Wollan	Underwood	47.73					
	1A	Trevor Sauerbrei	Wapsie Valley	50.10					
2022	4A	Tyrese Miller	Ankeny	48.71					
	3A	Elijah Morris	Washington	48.96					
	2A	Qai Hussey	Spirit Lake	47.83					
	1A	Ryce Reynolds	Mount Ayr	49.22					
2023	4A	Jackson Belding	Ankeny	47.94					
	3A	Zach Fall	Mount Vernon	48.53					
	2A	Alex Razee	Shenandoah	49.22					
	1A	Ryce Reynolds	Mount Ayr	49.21					

800 Meter Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Ken Rose	Mason City	1:56.78	1993	4A	Josh Lohmeier	Southeast Polk	1:58.31
	A	Marty Kauzlarich	Centerville	1:59.01		3A	Nate Wall	Adel-DeSoto	1:54.58
	B	Steve Greiner	Pekin	1:57.93		2A	Levi Van Oort	Colfax-Mingo	1:56.10
	C	(T)Mitch Anderson	Meriden-Cleghorn	1:59.99		1A	Bryant Englemann	Albert City-Truesdale	1:57.52
		(T)Charlie Dovel	Hamburg	1:59.99	1994	4A	D.J. Roettger	Valley	1:57.76
1979	AA	Galen Gunnink	Sioux City, North	1:54.36		3A	Mike Stults	Knoxville	1:58.03
	A	Bryan Meyer	Iowa Falls-Alden	1:56.39		2A	Matt Jenkins	St. Edmond, Fort Dodge	1:58.60
	B	Rick Dunkerson	Woodbine	1:56.40		1A	Mark Holtkamp	Aquinas Fort Madison	1:57.90
	C	Brad Schulze	Gladbrook	1:59.68	1995	4A	Justin Kinard	Cedar Falls	1:55.68
1980	AA	Randy Barrick	Spencer	1:53.93		3A	Jesse Sand	Cedar Rapids, Regis	1:55.02
	A	Karl Goeken	Athlantic	1:56.80		2A	Clint Coberly	Denver	1:58.77
	B	Craig Friederich	Postville	1:56.29		1A	Nic Mercer	Van Buren	1:57.94
	C	Dan Mortensen	Radcliffe	1:58.18	1996	4A	Tom Caughlan	Mason City	1:56.35
1981	AA	Randy Barrick	Spencer	1:54.08		3A	Troy Trygstad	Forest City	1:55.49
	A	Tim Wilson	Osceola	1:56.20		2A	Jacob Overman	Mount Vernon	1:57.33
	B	Dan Yegge	Buffalo Center-Rake	1:58.24		1A	Nic Mercer	Van Buren	1:58.20
	C	Pat Sweet	Coon Rapids	1:59.08	1997	4A	Rob Brock	Dubuque, Senior	1:56.09
1982	4A	Caesar Smith	Des Moines, East	1:52.02		3A	Brian Oltman	Nevada	1:56.93
	3A	Paul Groteluschen	Audubon	1:57.95		2A	Ryan Pence	Eldora-New Providence	1:57.50
	2A	Mark Hudson	Britt	1:56.80		1A	Ben Schlicher	Newman Catholic, Mason City	1:57.23
	1A	Jeff Sorenson	Terril	1:58.59	1998	4A	Willis Humphrey	Des Moines, Roosevelt	1:55.39
1983	4A	Bobby Soule	Bishop Heelan Catholic	1:56.22		3A	Josh Aldag	Denison Schelswig	1:59.03
	3A	Steve Tolk	Sheldon	1:57.74		2A	Ryan Pence	Eldora-New Providence	1:57.41
	2A	Mark Heid	West Branch	1:56.19		1A	Jarid Myers	Van Buren	1:59.40
	1A	Barry Jacobsen	Elk Horn-Kimballton	1:56.84	1999	4A	Bobby Atkins	Des Moines, Roosevelt	1:56.97
1984	4A	Scott Brooks	Bettendorf	1:56.86		3A	Dave Paulsen	Waverly-Shell Rock	1:55.91
	3A	John Heyer	Estherville	1:56.92		2A	Kyle Keraus	Garner-Hayfield	1:56.95
	2A	Mark Heid	West Branch	1:56.60		1A	Dan Schuknecht	Greene	1:58.33
	1A	Jeff Sorenson	Terril	1:57.30	2000	4A	Craig Cartier	Marshalltown	1:54.31
1985	4A	Jeff Burris	Ames	1:54.82		3A	Leif Kennedy	Clear Lake	1:53.80
	3A	Mike Irving	Regina, Iowa City	1:57.46		2A	Brad Elliott	Mount Ayr	1:57.27
	2A	John Weiland	Britt	1:58.40		1A	Kevin Incorvia	Maharishi, Fairfield	1:55.04
	1A	Keith Rose	Meriden-Cleghorn	1:59.40	2001	4A	Jeremy Mims	Iowa City, City High	1:56.21
1986	4A	Brett Carney	Ames	1:55.41		3A	Adam Hinders	Waverly-Shell Rock	1:58.33
	3A	Jim Mayrose	LeMars	1:56.55		2A	Tedd Allen	East Marshall	1:54.83
	2A	Robert Cook	Regina, Iowa City	1:59.40		1A	Sean Shatava	KP-WC	1:56.28
	1A	Paul Barnhart	Gehlen Catholic	1:58.10	2002	4A	Eric Dasso	Dubuque, Hempstead	1:57.24
1987	4A	Brett Carney	Anes	1:52.90		3A	Matt Niemann	Central Clinton, DeWitt	1:55.41
	3A	Mark Negley	Clarinda	1:55.85		2A	Dave Rahe	Beckman Catholic	1:57.77
	2A	Tim Hanson	Montezuma	1:55.21		1A	Brett Van Hove	North Tama, Traer	1:58.33
	1A	Brian Dahloff	Olin	2:00.06	2003	4A	Zach Brower	Valley	1:57.28
1988	4A	Mark DouBrava	Urbandale	1:55.57		3A	Dylan Davis	ADM, Adel	1:55.48
	3A	Troy Wilkins	Sheldon	1:58.57		2A	Dan Peoples	Woodward-Granger	1:58.31
	2A	Travis Simpson	Dike	1:58.80		1A	Ross Koopmans	West Sioux, Hawarden	1:58.20
	1A	Dale Tokheim	Schaller-Crestland	1:59.83	2004	4A	Corbin Miller	Marshalltown	1:54.16
1989	4A	Bill Sattler	Clinton	1:55.30		3A	Brett Adams	Assumption, Davenport	1:54.41
	3A	Kevin Hackert	Pella	1:57.61		2A	Jake Berns	MFL	1:55.46
	2A	Lance Elliott	Montezuma	1:55.90		1A	Grant Tysdahl	Hubbard-Radcliffe	2:00.47
	1A	Andy Stanislav	Woodbine	1:59.42	2005	4A	Logan Gonzales	Boone	1:54.71
1990	4A	Joseph Kiptanui	Indianola	1:50.97		3A	Mike Craddick	Assumption, Davenport	1:54.26
	3A	Bill Myers	Sheffield-Chapin	2:00.71		2A	Tyler Mulder	Unity Christian	1:54.79
	2A	Bruce Wall	Maquoketa Valley, Delhi	1:55.89		1A	Tyler Anderson	North Iowa, Buffalo Center	1:56.26
	1A	Josh Nelsen	Elk Horn-Kimballton	1:59.49	2006	4A	Corbin Miller	Marshalltown	1:52.35
1991	4A	Shane Leach	Muscatine	1:57.63		3A	Isaac Wendland	Charles City	1:55.44
	3A	Pat McDermott	Shenandoah	1:58.28		2A	Aaron Stockstell	Mid-Prairie	1:55.95
	2A	Ryan Fagan	Gladbrook-Reinbeck	1:57.60		1A	Beau Dielschneider	BCLUW	1:56.49
	1A	Tony Einertson	North Central	1:58.69	2007	4A	Blake Irwin	Pleasant Valley	1:52.96
1992	4A	Darin Astor	Fort Dodge	1:54.67		3A	Isaac Wendland	Charles City	1:54.64
	3A	Nate Wall	Adel-DeSoto	1:55.42		2A	Aaron Stockstell	Mid-Prairie	1:52.58
	2A	Phil Hasenkamp	St. Albert, Council Bluffs	1:58.72		1A	Beau Dielschneider	BCLUW	1:54.04
	1A	Matt Mullenix	Woodbine	1:55.56	2008	4A	Blake Irwin	Pleasant Valley	1:52.69
						3A	Isaac Wendland	Charles City	1:53.74
						2A	Aaron Stockstell	Mid-Prairie	1:51.17
						1A	Ryan Krogmann	Northeast	1:56.46

800 Meter Run

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2009	4A	Kyle Slaymaker	Cedar Rapids, Kennedy	1:54.34					
	3A	Chad Rutledge	Algona	1:54.31					
	2A	Ryan Krogmann	Northeast	1:54.62					
	1A	Anthony Lyne	Earlham	1:57.95					
2010	4A	Brennan Davey	Indianola	1:52.17					
	3A	Chad Rutledge	Algona	1:56.05					
	2A	Noah Williams	Monticello	1:56.18					
	1A	Justin Meyer	Belmond-Klemme	1:58.00					
2011	4A	Larry Lipscomb	Johnston	1:55.43					
	3A	Alex Baldwin	Spirit Lake Park	1:55.34					
	2A	Neil Flattery	St. Edmond, Fort Dodge	1:55.33					
	1A	Taylor Huseman	Manson Northwest Webster	1:57.16					
2012	4A	Tyler Krpan	Indianola	1:55.31					
	3A	Payton Busch	Centerville	1:55.50					
	2A	Will Tuebel	Mount Vernon	1:53.35					
	1A	Cade Cleaveland	Riverside, Oakland	1:56.56					
2013	4A	Timauntay Jones	Cedar Rapids, Jefferson	1:52.75					
	3A	Payton Busch	Centerville	1:55.43					
	2A	Ben Ahlrichs	Monticello	1:56.68					
	1A	Beau Freeborn	North Mahaska	1:55.68					
2014	4A	Josh Evans	Linn-Mar	1:50.98					
	3A	Jay Wolfe	Creston	1:53.79					
	2A	Michael Melchert	Monticello	1:54.87					
	1A	Kyle Dolecheck	Mount Ayr	1:59.28					
2015	4A	Ryan Schweizer	Dowling Catholic	1:53.14					
	3A	Jay Wolfe	Creston	1:55.18					
	2A	Nick Scheelhaase	KPWC	1:53.32					
	1A	Kyle Dolecheck	Mount Ayr	1:59.23					
2016	4A	Ryan Schweizer	Dowling Catholic	1:50.30					
	3A	Wayatt Gastrost	Center Point-Urbana	1:56.27					
	2A	Matt Manternach	Monticello	1:52.77					
	1A	Kyle Dolecheck	Mount Ayr	1:57.15					
2017	4A	Josh Andrews	Waukee	1:54.31					
	3A	Landon Boomsma	Iowa Falls-Alden	1:55.96					
	2A	Alec Still	KP-WC	1:56.53					
	1A	Gable Sieperda	Central Lyon	1:55.12					
2018	4A	Grant Lair	Johnston	1:53.54					
	3A	Chase Mullenix	Atlantic	1:55.38					
	2A	Isaiah Wittrock	Pekin	1:55.94					
	1A	Riley Bauer	North Union	1:52.10					
2019	4A	Joe Schaefer	Johnston	1:52.96					
	3A	Billy Rankin	Boyden-Hull, Rock Valley	1:55.12					
	2A	Chase McAlister	South Central Calhoun	1:55.67					
	1A	Payton Maudlin	George-Little Rock	1:58.96					
2020	Season canceled due to COVID-19.								
2021	4A	Aniey Akok	Ames	1:52.95					
	3A	Nate Mueller	ADM, Adel	1:54.83					
	2A	Brady Griebel	Bellevue	1:56.05					
	1A	Jason Renze	Madrid	1:56.57					
2022	4A	Gabe Nash	Sioux City North	1:53.14					
	3A	Aidan Ramsey	Dallas Center-Grimes	1:54.36					
	2A	Carson Houg	Des Moines Christian	1:56.75					
	1A	Jayden Dickson	Earlham	1:55.64					
2023	4A	Gabe Nash	Sioux City North	1:52.34					
	3A	Chase Lauman	Pella	1:52.61					
	2A	Logan Rosas	Mediapolis	1:56.18					
	1A	Aaron Lursen	St. Edmond, Fort Dodge	1:56.64					

1600 Meter Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Mike Diment	Des Moines, Hoover	4:17.00	1994	4A	Jeff Stiles	Ames	4:20.90
	A	Tim Muetting	Denison	4:17.93		3A	Gary Flugum	Forest City	4:24.50
	B	Jon Betz	North Polk	4:17.09		2A	Brent MacLagan	Jefferson-Scranton	4:28.10
	C	Mike Ford	LDF	4:29.36		1A	Marty Dalton	Tri-Center	4:27.35
1979	AA	Todd Peverill	Waterloo, East	4:13.65	1995	4A	Nolan Speichinger	Sioux City, East	4:19.04
	A	Jim Zinnel	Algona	4:18.28		3A	Jon Lindaman	Humboldt	4:22.55
	B	Steve Greiner	Pekin	4:24.98		2A	Matt Gabrielson	Belmond-Klemme	4:26.67
	C	Mike Ford	Gilmore City-Bradgate	4:31.15		1A	Ryan Harms	Gladbrook-Reinbeck	4:26.01
1980	AA	John Riley	Cedar Rapids, Washington	4:18.72	1996	4A	Rob Brock	Dubuque, Senior	4:16.50
	A	Kirk Woltman	Cherokee	4:21.34		3A	Troy Trygstad	Forest City	4:25.22
	B	Mike Martin	Sac City	4:25.60		2A	Matt Gabrielson	Belmond-Klemme	4:18.79
	C	Bob McGee	Aquinas, Fort Madison	4:32.67		1A	Jake Munger	West Central, Maynard	4:27.41
1981	AA	Doug O'Brien	Bishop Heelan Catholic	4:17.79	1997	4A	Tom Caughlan	Mason City	4:15.85
	A	Tim Wilson	Clarke, Osceola	4:23.49		3A	Dan Reis	South Winneshiek-Turkey Valley	4:25.46
	B	Jeff VanderBerg	Sioux Center	4:23.78		2A	Ryan Pence	Eldora-New Providence	4:24.84
	C	Dave Groth	Green Mountain	4:30.47		1A	Jake Munger	West Central, Maynard	4:22.18
1982	4A	Bobby Soule	Bishop Heelan Catholic	4:21.44	1998	4A	Shaun Allen	Fort Madison	4:19.83
	3A	Dan Waters	Albia	4:22.15		3A	Blake Bolden	Clarke, Osceola	4:27.00
	2A	Jeff VanderBerg	Sioux Center	4:22.44		2A	Ryan Pence	Eldora-New Providence	4:21.49
	1A	Jim Boggess	Villisca	4:32.51		1A	Joel Sullivan	Woodbine	4:24.09
1983	4A	Bobby Soule	Bishop Heelan Catholic	4:15.57	1999	4A	Chris Francois	Davenport, North	4:16.68
	3A	John Enright	LeMars	4:22.67		3A	Steve Larson	Cedar Rapids, Xavier	4:21.76
	2A	John Amalon	Clear Creek	4:30.32		2A	Adam Sundall	Bishop Garrigan, Algona	4:23.75
	1A	Rick Zarkos	Woodbury Central, Merville	4:27.61		1A	Brett Bacan	St Mary's, Remsen	4:26.07
1984	4A	Jim Garrison	Indianola	4:19.55	2000	4A	Chris Jones	Iowa City, West	4:19.70
	3A	Mike Irving	Regina, Iowa City	4:20.86		3A	Ben Hauge	Forest City	4:20.85
	2A	Trent Timson	NUH, Cedar Falls	4:24.40		2A	Daniel Baumhover	Roland-Story	4:25.60
	1A	Randy Thein	Sumner-Fredericksburg	4:27.50		1A	Toby Franks	Essex	4:22.45
1985	4A	Jeff Koos	Bettendorf	4:17.30	2001	4A	Chris Jones	Iowa City, West	4:20.03
	3A	Mike Irving	Regina, Iowa City	4:21.30		3A	Dylan Davis	ADM, Adel	4:24.19
	2A	Jeff Hammons	Iowa Valley	4:27.70		2A	Nic Gieselman	West Burlington	4:26.05
	1A	John McMurry	Seymour	4:33.70		1A	Matt McCue	Regina, Iowa City	4:27.88
1986	4A	Mike Holms	Valley	4:15.88	2002	4A	Dan Taylor	Fort Dodge	4:16.72
	3A	Kent Koth	Perry	4:25.98		3A	Dylan Davis	ADM, Adel	4:21.54
	2A	Trent Timson	NUH, Cedar Falls	4:21.38		2A	Aaron Hamilton	Eagle Grove	4:23.16
	1A	Paul Barnhart	Gehlen Catholic	4:20.35		1A	Jon Reis	Turkey Valley	4:29.77
1987	4A	Darrin Rippey	Des Moines, Lincoln	4:15.56	2003	4A	Andy Hodge	Linn-Mar	4:22.24
	3A	Mark Brown	Grinnell	4:22.59		3A	Dylan Davis	ADM, Adel	4:18.49
	2A	Carl Schipfmann	Springville	4:19.57		2A	Aaron Hamilton	Eagle Grove	4:23.96
	1A	Kent Keith	Cedar Valley	4:28.98		1A	Drew Wilson	Stanton	4:30.21
1988	4A	Glenn Lomenick	Iowa City, City High	4:21.33	2004	4A	Colin Swaney	Iowa City, City High	4:19.21
	3A	Matt Lindaman	Humboldt	4:24.85		3A	Brett Adams	Assumption, Davenport	4:15.99
	2A	Robert Cook	Regina, Iowa City	4:23.40		2A	Jake Berns	MFL	4:23.68
	1A	Marty Green	Ruthven-Ayrshire	4:22.02		1A	Luke Yoder	Iowa Mennonite School	4:30.32
1989	4A	Doug Koon	Des Moines, Hoover	4:17.97	2005	4A	Logan Gonzales	Boone	4:16.26
	3A	Chad Nedved	Garner-Hayfield	4:22.68		3A	Isaac Wendland	Charles City	4:24.33
	2A	Lance Elliott	Montezuma	4:16.99		2A	Josh Bader	Monticello	4:30.87
	1A	Chad Flynn	Calamus-Wheatland	4:24.49		1A	Cody Dreyer	Central Elkader	4:29.19
1990	4A	Dean Colony	Iowa City, West	4:22.42	2006	4A	Stephen Dak	Marshalltown	4:17.92
	3A	Andy Kauder	Cascade	4:25.46		3A	Isaac Wendland	Charles City	4:25.33
	2A	Denny Halligan	West Sioux, Hawarden	4:23.92		2A	Dana Schmidt	Grundy Center	4:28.66
	1A	Lance Mayfield	Clarence-Lowden	4:26.53		1A	Cody Dreyer	Central Elkader	4:28.70
1991	4A	Pete Simons	Iowa City, City	4:25.51	2007	4A	Stephen Dak	Marshalltown	4:16.92
	3A	Doug Michel	Cherokee	4:22.02		3A	Isaac Wendland	Charles City	4:27.00
	2A	Phil Hasenkamp	St. Albert, Council Bluffs	4:24.86		2A	Dana Schmidt	Grundy Center	4:25.88
	1A	Tony Einertson	North Central, Manly	4:28.07		1A	Nick Gallagher	Bedford	4:26.74
1992	4A	Roba Bati	Iowa City, West	4:20.08	2008	4A	Blake Irwin	Pleasant Valley	4:21.36
	3A	Doug Michel	Cherokee	4:24.63		3A	Isaac Wendland	Charles City	4:22.06
	2A	Phil Hasenkamp	St. Albert, Council Bluffs	4:28.18		2A	Nathan Dotterweich	Monticello	4:23.73
	1A	Matt Mullenix	Woodbine	4:24.99		1A	David Nielsen	NUH, Cedar Falls	4:30.57
1993	4A	Roba Bati	Iowa City, West	4:21.07	2009	4A	Omet Kak	Des Moines, North	4:14.43
	3A	Mark Sundet	Algona	4:18.72		3A	Brett Egan	Waukon	4:17.42
	2A	Phil Hasenkamp	St. Albert, Council Bluffs	4:25.80		2A	Eric Thein	Tipton	4:21.50
	1A	Bill Blay	Griswold	4:23.42		1A	Conner Smock	Lisbon	4:30.65

1600 Meter Run

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2010	4A	Andrew Swanson	Pleasant Valley	4:23.23					
	3A	Brogan Austin	Boone	4:20.77					
	2A	Sam Chaney	Columbus Junction	4:30.30					
	1A	Conner Smock	Lisbon	4:26.82					
2011	4A	Kevin Lewis	Ottumwa	4:14.20					
	3A	Ryan McMahon	Algona	4:19.59					
	2A	Nate Kolacia	St. Edmond, Fort Dodge	4:26.31					
	1A	Taylor Huseman	Manson Northwest Webster	4:22.97					
2012	4A	Matt Butler	Bettendorf	4:18.92					
	3A	Lukas Mees	Marion	4:24.06					
	2A	Bennett Moser	Wapello	4:27.18					
	1A	Conner Smock	Lisbon	4:26.13					
2013	4A	Jason Thomas	Dowling Catholic	4:10.14					
	3A	Chandler Austin	Boone	4:15.65					
	2A	Michael Melchert	Monticello	4:26.32					
	1A	Austin Springsteen	Lisbon	4:31.14					
2014	4A	Josh Evans	Linn-Mar	4:06.32					
	3A	Chandler Austin	Boone	4:20.65					
	2A	Tim Rose	South Hardin	4:20.90					
	1A	Noah Larsen	Mount Ayr	4:34.61					
2015	4A	Ryan Schweizer	Dowling Catholic	4:17.66					
	3A	Thomas Pollard	Gilbert	4:15.65					
	2A	Eric Lenz	Tipton	4:18.47					
	1A	Ryan Izer	Turkey Valley	4:28.35					
2016	4A	Ryan Schweizer	Dowling Catholic	4:14.70					
	3A	Myles Bach	Marion	4:29.89					
	2A	Matt Manternach	Monticello	4:21.36					
	1A	Riley Bauer	North Union	4:25.95					
2017	4A	Ryan Murphy	Linn-Mar	4:15.36					
	3A	Myles Bach	Marion	4:25.12					
	2A	Andrew Stumbo	Ogden	4:25.26					
	1A	Riley Bauer	North Union	4:18.43					
2018	4A	Camden Cox	Ankeny Centennial	4:18.36					
	3A	Jeremy Fopma	Marion	4:17.66					
	2A	Logan Peters	South Hamilton	4:23.15					
	1A	Gable Sieperda	Central Lyon	4:13.78					
2019	4A	Tim Sindt	Ankeny	4:20.95					
	3A	Trey Engen	Algona	4:24.83					
	2A	Reece Smith	Garner-Hayfield-Ventura	4:17.82					
	1A	Joe Anderson	George-Little Rock	4:34.81					
2020	Season canceled due to COVID-19.								
2021	4A	Bo Gryp	Iowa City, Liberty	4:19.02					
	3A	Nate Mueller	ADM, Adel	4:16.70					
	2A	Brady Griebel	Bellevue	4:22.57					
	1A	Jason Renze	Madrid	4:24.40					
2022	4A	Jackson Heidesch	Earlham	4:07.30					
	3A	Aidan Ramsey	Des Moines Christian	4:15.24					
	2A	Aaron Fynaardt	Dallas Center-Grimes	4:20.63					
	1A	Riley Witt	Sioux City North	4:21.09					
2023	4A	Jackson Heidesch	Dowling Catholic	4:07.18					
	3A	Chase Lauman	Pella	4:16.90					
	2A	Collin Houg	Des Moines, Christian	4:19.07					
	1A	Landon Bendgen	Woodbine	4:18.92					

3200 Meter Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Charlie Mosbrucker	Fort Dodge	9:30.43	1994	4A	Rob Brock	Dubuque, Senior	9:22.10
	A	Wally Duffy	Wally Duffy, Shenandoah	9:20.10		3A	Gary Flugum	Forest City	9:36.33
	B	Shawn Cogley	Colfax	9:25.48		2A	Zach Miller	Gilbert	9:46.15
	C	Tom Peacher	Cardinal Stritch, Keokuk	9:56.74		1A	Marty Dalton	Tri-Center	9:39.54
1979	AA	Curt Spears	Fort Madison	9:28.80	1995	4A	Rob Brock	Dubuque, Senior	9:17.90
	A	Wally Duffy	Shenandoah	9:07.06		3A	Jon Lindaman	Humboldt	9:39.57
	B	Craig Harms	Laurens-Marathon	9:30.50		2A	Chris Schaefer	Starwood	9:39.30
	C	Tom Peacher	Cardinal Stritch, Keokuk	9:56.60		1A	Tavis Cummings	Van Buren	9:31.70
1980	AA	Geoff Griffiths	Ames	9:22.88	1996	4A	Rob Brock	Dubuque, Senior	9:19.08
	A	Bill Kerkaert	Sheldon	9:22.88		3A	Dan Reis	South Winneshiek, Calmar	9:38.37
	B	Brian Carter	Charter Oak-Ute	9:54.88		2A	Matt Gabrielson	Belmond-Klemme	9:37.07
	C	Darwin Penning	LuVerne	10:04.30		1A	Mark Scharnberg	Hartley	9:43.33
1981	AA	Jeff Jacobs	Clinton	9:10.34	1997	4A	Rob Brock	Dubuque, Senior	9:09.17
	A	Tim Wilson	Clarke, Osceola	9:31.66		3A	Dan Reis	South Winneshiek, Calmar	9:33.70
	B	Paul Muench	Belle Plaine	9:41.36		2A	Joe Kuehl	St. Albert, Council Bluffs	9:37.85
	C	Jeff Fee	Melcher-Dallas	9:46.46		1A	Tait Steines	Calamus-Wheatland	9:35.79
1982	4A	Justin Garcia	Dowling Catholic	9:29.53	1998	4A	Shaun Allen	Fort Madison	9:35.29
	3A	Bill Kerkaert	Sheldon	9:27.84		3A	Steve Larson	CR, Regis/LaSalle	9:37.98
	2A	Paul Muench	Belle Plaine	9:37.92		2A	Matt Cook	Monticello	9:43.91
	1A	Jim Boggess	Villisca	9:50.00		1A	Toby Franks	Essex	9:44.02
1983	4A	Michael Lee	Council Bluffs, Lincoln	9:25.60	1999	4A	Grant Shadden	Marshalltown	9:26.61
	3A	Tom Penningroth	Tipton	9:38.71		3A	Steve Larson	Cedar Rapids, Xavier	9:38.96
	2A	Lonnie Minor	BGM, Brooklyn	9:57.84		2A	Adam Sundall	Bishop Garrigan, Algona	9:40.94
	1A	Jim Boggess	Villisca	9:50.12		1A	Brett Bacan	St. Marys, Remsen	9:39.20
1984	4A	Steve Hunter	Bettendorf	9:30.98	2000	4A	Trent Graham	Des Moines, Roosevelt	9:13.87
	3A	Dan Hostager	Audubon	9:27.26		3A	Robby Weber	Perry	9:38.10
	2A	Trent Timson	NUH, Cedar Falls	9:32.30		2A	Dan Van Engen	Unity Christian	9:46.16
	1A	Ron Wetrich	Earlham	9:41.30		1A	Toby Franks	Essex	9:40.21
1985	4A	Mike Holms	Valley	9:20.78	2001	4A	Ben Glaser	Dowling Catholic	9:26.70
	3A	Tom Penningroth	Tipton	9:22.21		3A	Dylan Davis	ADM, Adel	9:46.95
	2A	Jeff Hammons	Iowa Valley	9:33.20		2A	Dan Van Engen	Unity, Christian	9:40.22
	1A	John McMurry	Seymour	9:53.60		1A	Matt McCue	Regina, Iowa City	9:43.73
1986	4A	Tony Proctor	Burlington	9:32.72	2002	4A	Dan Taylor	Fort Dodge	9:19.48
	3A	Dean Hemeseth	South Winneshiek	9:36.38		3A	Dylan Davis	ADM, Adel	9:35.86
	2A	Trent Timson	NUH, Cedar Falls	9:26.44		2A	Aaron Hamilton	Eagle Grove	9:28.60
	1A	Paul Barnhart	Gehlen Catholic	9:18.22		1A	Jon Reis	Turkey Valley	9:49.47
1987	4A	Darrin Rippey	Des Moines, Lincoln	9:23.73	2003	4A	Kiel Uhl	Des Moines, Roosevelt	9:26.32
	3A	Greg Brower	Red Oak	9:46.91		3A	Dylan Davis	ADM, Adel	9:29.60
	2A	Carl Schipfmann	Springville	9:37.60		2A	Kevin Balster	Monticello	9:42.28
	1A	Ed Rolling	Bancroft, Saint John	9:43.90		1A	Adam Wolf	Corning	9:52.94
1988	4A	Jeff Short	Cedar Falls	9:24.78	2004	4A	Kiel Uhl	Des Moines, Roosevelt	9:24.42
	3A	Matt Lindaman	Humboldt	9:31.89		3A	Ben Grant	Western Dubuque, Epworth	9:34.93
	2A	Mark Hammons	Iowa Valley	9:37.27		2A	Jake Berns	MFL	9:32.49
	1A	Ed Rolling	Bancroft, Saint John	9:36.08		1A	Tim McKenna	NUH, Cedar Falls	9:56.31
1989	4A	Doug Koon	Des Moines, Hoover	9:23.30	2005	4A	Kiel Uhl	Des Moines Roosevelt	9:13.20
	3A	Troy Hollatz	Clear Lake	9:32.09		3A	Tony Fischels	Webster City	9:39.43
	2A	Mark Hammons	Iowa Valley	9:20.42		2A	Byron Manternach	Monticello	9:55.22
	1A	Chad Flynn	Calamus-Wheatland	9:46.37		1A	Tim McKenna	NUH, Cedar Falls	9:47.36
1990	4A	Pete Simons	Iowa City, City High	9:30.77	2006	4A	Devin Allbaugh	Pleasant Valley	9:21.32
	3A	Troy Hollatz	Clear Lake	9:28.56		3A	Tyler Meyer	Wahlert Catholic	9:32.64
	2A	Denny Halligan	West Sioux, Hawarden	9:27.17		2A	Dan Meyer	West Central Valley, Stuart	9:48.78
	1A	Travis Beyer	North Mahaska	9:46.41		1A	Cody Dreyer	Central Elkader	9:50.34
1991	4A	Jonathan Estabrook	Muscatine	9:33.40	2007	4A	Stephen Dak	Marshalltown	9:07.34
	3A	Todd Henecke	Cedar Rapids, Prairie	9:31.70		3A	Anthony Oberle	Bishop Heelan Catholic	9:26.44
	2A	Chet Reinking	West Sioux, Hawarden	9:41.50		2A	Dana Schmidt	Grundy Center	9:36.44
	1A	Greg Sitzmann	Gehlen Catholic	9:55.90		1A	Nick Gallagher	Bedford	9:30.45
1992	4A	Roba Bati	Iowa City, West	9:30.88	2008	4A	Devin Albaugh	Pleasant Valley	9:20.88
	3A	Kyle Kepler	Webster City	9:39.00		3A	Evan Selsor	Winterset	9:34.75
	2A	Bill Blay	Griswold	9:33.29		2A	Nathan Dotterweich	Monticello	9:29.42
	1A	Dion Braet	Calamus-Wheatland	9:50.56		1A	Nathan Gaunt	Griswold	9:52.02
1993	4A	Roba Bati	Iowa City, West	9:25.02	2009	4A	Omet Kak	Des Moines, North	9:14.64
	3A	Kyle Kepler	Webster City	9:31.44		3A	Evan Selsor	Winterset	9:23.22
	2A	Marty Dalton	Tri-Center	9:34.46		2A	Eric Thien	Tipton	9:33.34
	1A	Bill Blay	Griswold	9:32.60		1A	Conner Smock	Lisbon	9:47.25

3200 Meter Run

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2010	4A	Andrew Swanson	Pleasant Valley	9:20.58					
	3A	Brogan Austin	Boone	9:21.42					
	2A	Garret Ehlers	OABCIG	9:37.78					
	1A	Conner Smock	Lisbon	9:30.64					
2011	4A	Kevin Lewis	Ottumwa	9:05.25					
	3A	Johnny Fuller	Glenwood	9:16.90					
	2A	Mason Powers	Gilbert	9:51.58					
	1A	Conner Smock	Lisbon	9:36.19					
2012	4A	Cole Decker	Dowling Catholic	9:17.65					
	3A	Zach Buchheit	Pella	9:26.03					
	2A	Bennett Moser	Wapello	9:21.23					
	1A	Conner Smock	Lisbon	9:37.06					
2013	4A	Josh Evans	Linn-Mar	9:13.34					
	3A	Albert Meier	Boone	9:18.93					
	2A	Michael Melchert	Monticello	9:38.93					
	1A	Isaac Montes	AGWSR	9:46.13					
2014	4A	Josh Evans	Linn-Mar	9:00.97					
	3A	Thomas Pollard	Gilbert	8:50.43					
	2A	Michael Melchert	Monticello	9:17.69					
	1A	Noah Larsen	Mount Ayr	9:43.50					
2015	4A	Ryan Schweizer	Dowling Catholic	9:17.53					
	3A	Thomas Pollard	Gilbert	9:07.41					
	2A	Eric Lenz	Tipton	9:25.91					
	1A	Gable Sieperda	Central Lyon	9:59.90					
2016	4A	Ryan Schweizer	Dowling Catholic	9:16.85					
	3A	Myles Bach	Marion	9:38.36					
	2A	C.J. May	Aplington-Parkersburg	9:39.94					
	1A	Keiffer Sexton	Highland, Riverside	9:45.96					
2017	4A	Ryan Murphy	Linn-Mar	9:09.28					
	3A	Myles Bach	Marion	9:28.56					
	2A	Andrew Stumbo	Ogden	9:28.37					
	1A	Gable Sieperda	Central Lyon	9:15.30					
2018	4A	Konnor Sommer	Pleasant Valley	9:15.79					
	3A	Myles Bach	Center Point-Urbana	9:28.90					
	2A	Floyd Evans	Mid-Prairie	9:42.34					
	1A	Gable Sieperda	Central Lyon	9:09.60					
2019	4A	Tim Sindt	Ankeny	9:28.90					
	3A	Trey Engen	Algona	9:34.96					
	2A	Reece Smith	Garner-Hayfield-Ventura	9:11.33					
	1A	Will Roder	Gehlen Catholic*	NT					
2020	Season canceled due to COVID-19.								
2021	4A	Jackson Heidesch	Dowling Catholic	9:18.32					
	3A	Nate Mueller	ADM, Adel	9:13.84					
	2A	Brady Griebel	Bellevue	9:22.83					
	1A	Jason Renze	Madrid	9:26.34					
2022	4A	Ford Washburn	Iowa City, City High	9:05.35					
	3A	Aidan Ramsey	Dallas Center-Grimes	9:22.64					
	2A	Carson Houg	Des Moines Christian	9:36.90					
	1A	Riley Witt	Saint Ansgar	9:38.95					
2023	4A	Jackson Heidesch	Dowling Catholic	9:06.86					
	3A	Chase Lauman	Pella	9:22.48					
	2A	Aaron Fynaardt	Des Moines, Chirstian	9:32.10					
	1A	AJ Bonnesen	Danville	9:10.37					

110 Meter High Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Alonzo Moore	Des Moines, Tech	14.85	1994	4A	Chris Wycoff	Ames	14.10
	A	Craig Nordlie	Nevada	14.46		3A	Nate Ludwig	Forest City	15.15
	B	Randy Griffith	KP-WC	14.95		2A	Jamie Van Roekel	Waukee	15.08
	C	Ed Blackburn	Malvern	14.99		1A	Jason Woods	Treynor	14.82
1979	AA	Dean Fogarty	Marshalltown	14.33	1995	4A	Ramon Christopher	Des Moines, Hoover	14.92
	A	Randy Booth	Grinnell	14.52		3A	Brian Dunn	Glenwood	15.01
	B	Kevin Rohlfs	Boydton-Hull	14.60		2A	Josh Grau	Tipton	15.26
	C	Larry Johnk	Walnut	15.01		1A	Cam Appleman	Van Buren	15.20
1980	AA	Jeff Herrera	Mason City	14.66	1996	4A	Aaron Abram	Valley	14.54
	A	Dan Cleveland	Belmond	14.82		3A	Matt Hempel	Fairfield	14.82
	B	Jay Conner	Nashua	15.23		2A	Adam Gordon	Belmond-Klemme	14.89
	C	Larry Johnk	Walnut	15.13		1A	Cory Woods	Treynor	15.44
1981	AA	Jay Conyers	Council Bluffs, Jefferson	14.92	1997	4A	Cyrus Nichols	Des Moines, Roosevelt	14.74
	A	Bill Gutz	Storm Lake	14.76		3A	Jonathan Korth	Forest City	15.27
	B	Dan Cleveland	Belmond	15.01		2A	Chris Chantos	Bellevue	14.80
	C	Kirk Muhlenbruch	CAL, Latimer	15.46		1A	Cory Woods	Treynor	14.41
1982	4A	Scott Thoms	Clinton	14.65	1998	4A	Cyrus Nichols	Des Moines, Roosevelt	15.06
	3A	John Enyart	Decorah	14.97		3A	Jonathan Korth	Forest City	15.05
	2A	Gerry Kock	Ar-We-Va	15.11		2A	Tony Leick	St. Albert, Council Bluffs	14.90
	1A	Dave Tucker	Paton-Churdan	14.97		1A	Scott Borchers	Woodbury Central	15.09
1983	4A	Eric White	Burlington	14.61	1999	4A	Cyrus Nichols	Des Moines, Roosevelt	14.90
	3A	Pat Green	Mount Pleasant	15.09		3A	Blake Flansche	New Hampton	15.28
	2A	Jeff Buseman	Belmond	15.05		2A	Nate Sawvell	Wilton	14.84
	1A	Darin Blackburn	Malvern	15.41		1A	Matt Strand	Alburnett	14.77
1984	4A	Vernon Johnson	Ames	14.87	2000	4A	Sean Johnson	Clinton	14.80
	3A	Dave Hughes	Crestwood, Cresco	15.12		3A	Blake Flansche	New Hampton	14.52
	2A	Jeff Buseman	Belmond	15.00		2A	Scott Veldhuizen	Eddyville-Blakesburg	15.36
	1A	Tim Abersen	Floyd Valley	15.30		1A	Nate DeRocher	West Monona, Onawa	15.24
1985	4A	Joel Van Roekel	Ottumwa	15.34	2001	4A	Clete Younger	Ankeny	14.55
	3A	Brian A. Keeney	Carlisle	15.44		3A	Mark Eaton	Perry	14.59
	2A	Matt Zuber	Iowa Valley	14.10		2A	Josh Strang	Aplington-Parkersburg	14.86
	1A	Tony Johnson	Cumberland-Massena	15.20		1A	Jay Sieck	I-35, Truro	14.67
1986	4A	Brian Biggerstaff	Sioux City, West	14.99	2002	4A	Michael Bell	Marshalltown	14.81
	3A	Shane Kasner	Marion	14.99		3A	Tyler Brown	Grinnell	15.06
	2A	Jon Filloon	Manson Northwest Webster	14.81		2A	Derek Casey	Cherokee	14.56
	1A	Tim Criswell	Lynnville-Sully	15.26		1A	Blake Haywood	BCLUW	15.16
1987	4A	Brian Biggerstaff	Sioux City, West	14.85	2003	4A	Jordan Crosby	Fort Dodge	14.35
	3A	Mike Godbout	Red Oak	15.07		3A	Jacob Hartman	Perry	14.88
	2A	Derek Stevenson	Belmond	14.84		2A	Alex Gabrielson	Belmond-Klemme	14.80
	1A	John McMillen	Malvern	15.63		1A	Jaron VanMaanen	Lynnville-Sully	14.83
1988	4A	Tom Rhomberg	Wahlert Catholic	14.89	2004	4A	Shawn Olorundami	Sioux City West	14.85
	3A	John Hintz	Forest City	15.66		3A	James Ruen	Decorah-North Winneshiek	14.84
	2A	Darwin Vande Hoef	Rock Valley	15.42		2A	Micah Ruroden	North Fayette	15.02
	1A	Jay Solsma	Sanborn	15.59		1A	Nick Kuchel	KP-WC	14.87
1989	4A	Brian Carroll	Newton	14.92	2005	4A	Scott Lynn	Ames	14.78
	3A	Craig Prindle	Glenwood	15.26		3A	James Ruen	Decorah	14.89
	2A	Darwin Vande Hoef	Rock Valley	14.70		2A	Matt Wagaman	Wilton	15.19
	1A	Trent Jones	Malvern	15.56		1A	Nick Kuchel	KP-WC	14.51
1990	4A	Jason McCleary	Newton	14.47	2006	4A	Scott Lynn	Ames	14.77
	3A	Erik Davison	Adel	14.74		3A	Jacob Rhode	Mount Pleasant	14.80
	2A	Bill Betterton	Pleasantville	14.60		2A	Nick Batterson	Eddyville-Blakesburg	14.70
	1A	Trent Jones	Malvern	15.13		1A	Nick Kuchel	KP-WC	14.54
1991	4A	Eric Bickel	Burlington	14.92	2007	4A	Terrance Roberts	Waterloo, West	15.00
	3A	Bill Betterton	Carlisle	14.49		3A	Jordan Mullen	Atlantic	14.79
	2A	Enrique Flores	Wapello	15.23		2A	Evan Thomsen	Regina, Iowa City	15.03
	1A	Brett Chambers	Treynor	15.52		1A	Jordan Oulman	Riceville	15.44
1992	4A	Ben Ringle	Bettendorf	14.78	2008	4A	Dan Davis	Iowa City, West	14.47
	3A	Joe Estes	Spirit Lake-Park	14.96		3A	Jordan Mullen	Atlantic	14.29
	2A	Corey Scott	Solon	15.16		2A	Channing Puls	Hudson	14.67
	1A	Bren Chambers	Treynor	15.01		1A	Austin McBeth	WACO, Wayland	14.89
1993	4A	Chris Wycoff	Ames	14.10	2009	4A	Ethan Holmes	Clinton	14.50
	3A	Nate Ludwig	Forest City	15.20		3A	Jordan Mullen	Atlantic	14.09
	2A	Chris Shannon	Wapsie Valley	15.10		2A	Jacob Batterson	Eddyville-Blakesburg	14.46
	1A	Jason Woods	Treynor	15.30		1A	Will Hanson	Marcus-Meriden-Cleghorn	14.67

110 Meter High Hurdles

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2010	4A	Ryan Sander	Cedar Rapids, Xavier	15.17					
	3A	Kyle Heidebrink	Spirit Lake Park	15.11					
	2A	Jacob Batterson	Eddyville-Blakesburg	14.53					
	1A	Hunter Nelson	AHST, Avoca	15.09					
2011	4A	Kyle Dunn	Linn-Mar	14.93					
	3A	Brandon Moorman	Mount Pleasant	14.94					
	2A	Jacoby Firkins	Regina, Iowa City	15.21					
	1A	Nick Efkamp	Madrid	15.12					
2012	4A	Charlie Rogers	Iowa City, West	14.59					
	3A	Austin Hess	Harlan Community	14.74					
	2A	Josh Zeiser	Collins-Maxwell-Baxter	14.58					
	1A	Nathan Schamdeke	Grundy Center	15.22					
2013	4A	Jon Rus	North Scott	14.94					
	3A	Connor Ham	Solon	14.72					
	2A	Bryce Kemp	Collins-Maxwell-Baxter	14.96					
	1A	Adam Bachman	Wapsie Valley	15.18					
2014	4A	Sydne Davis	Des Moines, Roosevelt	14.21					
	3A	Connor Ham	Solon	14.16					
	2A	Darius Scott	Woodward Academy	14.51					
	1A	Austin Konsor	Underwood	14.94					
2015	4A	Deonne Harris	Newton	14.63					
	3A	Connor Ham	Solon	14.30					
	2A	Jacob Smith	West Burlington, Notre Dame	14.86					
	1A	Will Garber	BCLUW	14.91					
2016	4A	Joah Wallace	Cedar Rapids, Prairie	14.06					
	3A	Lantz Reed	Boone	14.42					
	2A	Hunter Wargo	West Branch	14.46					
	1A	Mitchell Nelsen	Audubon	14.77					
2017	4A	Joah Banks	Cedar Rapids, Prairie	13.98					
	3A	Lantz Reed	Boone	14.68					
	2A	Michael Santi	Madrid	14.76					
	1A	Nolan Smith	Audubon	15.18					
2018	4A	Riley Moss	Ankeny Centennial	14.02					
	3A	Gratt Reed	Atlantic	14.31					
	2A	Grant Fjelstad	Lake Mills	14.71					
	1A	Austin Larson	West Fork	14.45					
2019	4A	Trent Davis	Linn-Mar	14.52					
	3A	Max Murphy	Sergeant Bluff-Luton	14.70					
	2A	Avery Martensen	Monticello	15.07					
	1A	Jack Garber	BCLUW	14.80					
2020	Season canceled due to COVID-19.								
2021	4A	Adam Wright	Dowling Catholic	14.51					
	3A	Hunter Manock	North Polk	15.07					
	2A	Jack Latham	Spirit Lake	14.49					
	1A	Kole Becker	Lisbon	15.06					
2022	4A	Eric Lucas	Iowa City, Liberty	14.25					
	3A	Jaden Damiano	Iowa Falls-Alden	14.23					
	2A	Jack Latham	Spirit Lake	13.81					
	1A	Kole Becker	Lisbon	14.45					
2023	4A	Nicholas Gorsich	Linn-Mar	14.54					
	3A	Grayson Hartman	Cedar Rapids, Xavier	14.16					
	2A	Jaden Damiano	Iowa Falls-Alden	14.20					
	1A	Triston Miller	Columbus	14.35					

400 Meter Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1979	AA	Dean Fogarty	Marshalltown	53.32	1995	4A	Dustin Avey	Ames	51.99
	A	Bret Younger	Atlantic	53.40		3A	Bryan Featherstone	Western Dubuque, Epworth	54.81
	B	Brad Van Roekel	Monroe	54.00		2A	Brent MacLagan	Jefferson, Scranton	51.62
	C	Curt Carlson	South Clay, Gillett Grove	55.90		1A	Jeff Miller	Paton-Churdan	54.05
1980	AA	Kevin Sorenson	Clinton	53.19	1996	4A	Dustin Avey	Ames	50.96
	A	Bret Younger	Atlantic	53.39		3A	Nic Weers	Anamosa	53.85
	B	Mark Muilenburg	Maurice, Orange City	54.39		2A	Matt Wheeler	West Branch	55.16
	C	Kevin Skalla	Scranton	55.56		1A	Scott Olsen	Madrid	55.10
1981	AA	Randy Moore	Cedar Rapids, Kennedy	52.73	1997	4A	Kyle Bolejack	Ankeny	53.29
	A	John Enyart	Decorah	54.11		3A	Brandon Meinders	Perry	53.83
	B	Dan Cleveland	Belmond	53.38		2A	Chris Chantos	Bellevue	53.48
	C	Brad Cleaveland	Oakland	55.57		1A	Ryan Eichenberger	Sumner-Fredericksburg	54.27
1982	4A	Jay Williams	Waterloo, East	53.66	1998	4A	Mat Weldon	Iowa City, West	53.55
	3A	John Enyart	Decorah	53.48		3A	Brian Stegall	Washington	53.57
	2A	Brad Parsons	Van Buren	54.92		2A	Tony Leick	St. Albert, Council Bluffs	53.25
	1A	Dave Gibbs	New Hartford	54.20		1A	Mike Claeys	HLV, Victor	54.07
1983	4A	Pat Carnes	Cedar Rapids, Jefferson	53.83	1999	4A	Cyrus Nichols	Des Moines, Roosevelt	54.12
	3A	Scott Stuhr	Tipton	54.33		3A	Brian Stegall	Washington	52.75
	2A	Tracy Bainbridge	Ida Grove	53.38		2A	Tony Leick	St. Albert, Council Bluffs	53.25
	1A	Terry Graham	Sidney	54.60		1A	Jeremy Keehn	CAL, Dows	54.51
1984	4A	Vernon Johnson	Ames	53.19	2000	4A	Nik Moser	Fort Dodge	53.20
	3A	Pat Dolan	Iowa Falls-Alden	54.77		3A	Ryan Boyington	Hampton-Dumont	53.73
	2A	Marv Cook	West Branch	55.20		2A	Matt Lockey	Okoboji	54.29
	1A	Terry Graham	Sidney	54.30		1A	David Calease	Clarksville	54.55
1985	4A	Joel Hartman	Cedar Rapids, Kennedy	53.50	2001	4A	Nik Moser	Fort Dodge	52.96
	3A	Roy Moorman	Centerville	55.00		3A	Peter Avery	Waverly-Shell Rock	52.92
	2A	Matt Zuber	Iowa Valley	53.90		2A	Wes Terrill	Louisa-Muscatine	53.50
	1A	Roger Grafft	Olin	55.61		1A	David Calease	Clarksville	54.85
1986	4A	Brad Rohlfis	Ankeny	54.04	2002	4A	Michael Bell	Marshalltown	52.51
	3A	Brent Holgorsen	Mount Pleasant	55.02		3A	Justin Koeppe	Storm Lake	53.21
	2A	Jon Filloon	Manson Northwest Webster	54.18		2A	Derek Casey	Cherokee	52.94
	1A	Terry Zwart	Greene	54.95		1A	Blake Hayward	BCLUW	53.85
1987	4A	Chris York	Dubuque, Senior	53.37	2003	4A	Jordan Crosby	Fort Dodge	52.77
	3A	Brian Rickels	Monticello	54.00		3A	Greg Offerman	Charles City	53.05
	2A	Jon Filloon	Manson Northwest Webster	54.24		2A	Eric Heid	West Branch	54.70
	1A	Tom Alpers	Pomeroy	54.64		1A	Kyle Fischer	Hinton	55.75
1988	4A	Kevin Stuart	Ankeny	53.19	2004	4A	Steve Ketels	Waterloo West	54.23
	3A	Jay Muller	Clarinda	55.37		3A	Greg Offerman	Charles City	53.08
	2A	Dan Wood	Dunlap	56.13		2A	Alex Gabrielson	Belmond-Klemme	53.36
	1A	Tom Alpers	Pomeroy	54.44		1A	Eric Parker	Northwood-Kensett	54.08
1989	4A	Jason Gollither	Fort Madison	53.07	2005	4A	Dennis Hammel	Davenport, Central	52.89
	3A	Craig Prindle	Glenwood	53.76		3A	Greg Offerman	Charles City	51.35
	2A	Darwin Vande Hoef	Rock Valley	52.64		2A	Brent Chamberlin	Eagle Grove	54.47
	1A	Troy Miller	Iowa Mennonite School	54.88		1A	Eric Parker	Northwood-Kensett	55.23
1990	4A	Gregg Garn	Ames	52.45	2006	4A	Zach Milner	Co. Bluffs Abraham Lincoln	54.01
	3A	Doug Dodd	Hampton-Dumont	54.30		3A	Logan Masters	Storm Lake	54.20
	2A	Darwin Vande Hoef	Rock Valley	52.64		2A	Evan Thomsen	Regina, Iowa City	54.24
	1A	Terry Haskins	Woodbine	54.49		1A	Brant McCuen	Corning	53.69
1991	4A	Shaun Benefield	Mason City	52.46	2007	4A	Kellyn Fogarty	Marshalltown	53.55
	3A	Doug Dodd	Hampton-Dumont	53.66		3A	Mat Rammelsberg	Benton, Van Horne	54.56
	2A	Enrique Flores	Wapello	53.95		2A	Evan Thomsen	Regina, Iowa City	53.89
	1A	Travis Kuecker	Sumner-Fredericksburg	55.25		1A	Andy Koehn	Tri-County, Thornburg	54.95
1992	4A	Tim Dwight	Iowa City, City	52.95	2008	4A	Ethan Holmes	Clinton	53.03
	3A	Loren Kool	Pella	53.65		3A	Jordan Cotton	Mount Pleasant	53.47
	2A	Tony Milder	Columbus, Columbus Jcnctn.	54.78		2A	Brad Mosinski	Pekin	53.44
	1A	Travis Kuecker	Sumner-Fredericksburg	55.13		1A	Brock Caves	Van Buren	54.20
1993	4A	Eric Strim	Sioux City, West	53.22	2009	4A	Kyle Dunn	Linn-Mar	52.70
	3A	Loren Kool	Pella	53.56		3A	Jordan Mullen	Atlantic	52.82
	2A	Brent MacLagan	Jefferson-Scranton	54.48		2A	Tanner Miller	Mid-Prairie	53.07
	1A	Max Ostby	NUH, Cedar Falls	54.45		1A	Nick Efkamp	Madrid	55.24
1994	4A	Eric Strim	Sioux City, West	51.40	2010	4A	Kyle Dunn	Linn-Mar	51.41
	3A	Nic Weers	Anamosa	54.40		3A	Ryan Fahn	Harlan Community	54.10
	2A	Brent MacLagan	Jefferson, Scranton	54.28		2A	Tanner Miller	Mid-Prairie	52.36
	1A	Jason Woods	Treynor	53.90		1A	Nick Efkamp	Madrid	53.66

400 Meter Low Hurdles

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2011	4A	Kyle Dunn	Linn-Mar	51.05					
	3A	Jackson Litterer	Waverly-Shell Rock	53.35					
	2A	Jordan Van Roekel	PCM, Monroe	54.32					
	1A	Nick Efkamp	Madrid	52.85					
2012	4A	Charlie Rogers	Iowa City, West	53.43					
	3A	Raheem Black	Fort Madison	53.21					
	2A	Jordan Van Roekel	PCM, Monroe	52.26					
	1A	Jeremy Johnson	Madrid	53.91					
2013	4A	Sydne Davis	Des Moines, Roosevelt	53.42					
	3A	Raheem Black	Fort Madison	52.31					
	2A	Tristan Twedt	South Hamilton	54.02					
	1A	Kevin Herrick	Fremont, Mills	55.17					
2014	4A	Sydne Davis	Des Moines, Roosevelt	51.52					
	3A	Tommy Bates	Waverly-Shell Rock	53.73					
	2A	Dylon Van't Hof	Sioux Center	53.50					
	1A	Erik Stoakes	Gladbrook-Reinbeck	55.03					
2015	4A	Pat Gray	Waukee	53.22					
	3A	Cameron Crosser	Algona	53.35					
	2A	Jacob Smith	West Burlington, Notre Dame	52.64					
	1A	Nick Engel	Hudson	54.29					
2016	4A	Nathan Hoy	Cedar Falls	52.92					
	3A	JoJo Frost	Center Point-Urbana	53.06					
	2A	Brett Daley	Treynor	53.17					
	1A	Christian Reischauer	Colo-NESCO	54.15					
2017	4A	Nathan Hoy	Cedar Falls	52.57					
	3A	DallasWright	Carlisle	53.20					
	2A	Mark Brown	Beckman Catholic, Dyersville	54.32					
	1A	Cole Willert	Saint Ansgar	53.61					
2018	4A	Austin West	Iowa City, West	52.23					
	3A	Avery Van Zee	Pella	53.07					
	2A	Mark Brown	Beckman Catholic, Dyersville	54.89					
	1A	Tyson Vander Linden	Lynnville-Sully	53.07					
2019	4A	Thai Thompson	Dowling Catholic	53.05					
	3A	Joven Nelson	Nevada	52.02					
	2A	Ethan Albright	Okoboji	54.52					
	1A	Tyson Vander Linden	Lynnville-Sully	53.60					
2020	Season canceled due to COVID-19.								
2021	4A	Drew Bartels	Cedar Rapids, Kennedy	52.49					
	3A	Tegan Bock	Boone	53.38					
	2A	Sid Schaaf	Treynor	54.30					
	1A	Kole Becker	Lisbon	54.90					
2022	4A	Matthew Kruse	Dubuque Senior	52.80					
	3A	Jaden Damiano	Iowa Falls-Alden	53.74					
	2A	Caleb Postma	Okoboji	54.44					
	1A	Ryce Reynolds	Mount Ayr	53.03					
2023	4A	Nicholas Gorsich	Linn-Mar	51.80					
	3A	Tristan Rheingans	Central DeWitt	53.33					
	2A	Anthony Duncan	Van Buren County	54.97					
	1A	Ryce Reynolds	Mount Ayr	52.70					

4x100 Meter Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1978	AA	Waverly-Shell Rock	43.12	1994	4A	Davenport, Central	43.13	2010	4A	Des Moines Roosevelt	42.23
	A	Central Lyon, Rock Rapids	44.75		3A	Mount Pleasant	43.45		3A	Iowa Falls-Alden	43.30
	B	NUH, Cedar Falls	44.54		2A	Mediapolis	43.44		2A	Solon	42.86
	C	Primghar	45.48		1A	Panorama	44.17		1A	Madrid	43.48
1979	AA	Cedar Rapids, Jefferson	42.31	1995	4A	Sioux City, West	42.57	2011	4A	Cedar Falls	42.07
	A	Shenandoah	44.04		3A	Johnston	43.49		3A	Central Clinton, DeWitt	42.50
	B	Britt	45.11		2A	Iowa Falls-Alden	43.99		2A	West Marshall	43.03
	C	Kanawha	44.41		1A	Clarinda Academy	44.67		1A	Wapsie Valley, Fairbank	44.18
1980	AA	Clinton	42.85	1996	4A	Iowa City, City	42.32	2012	4A	Cedar Falls	42.48
	A	Clarion	43.56		3A	Bishop Heelan Catholic	43.29		3A	Webster City	43.29
	B	Sac City	44.17		2A	Colo-Nesco	44.10		2A	Mediapolis	43.11
	C	Paullina	45.04		1A	Panorama	43.56		1A	Manson Northwest Webster	43.55
1981	AA	Cedar Rapids, Washington	42.73	1997	4A	Iowa City, City	42.42	2013	4A	Waterloo, West	41.84
	A	South Tama County	43.81		3A	Assumption, Davenport	43.26		3A	South Tama County	42.18
	B	Sac City	43.98		2A	Beckman Catholic	44.01		2A	OABCIG	43.82
	C	Paullina	45.19		1A	Panorama	43.73		1A	Manson Northwest Webster	43.30
1982	4A	Des Moines, Roosevelt	42.78	1998	4A	Des Moines, Hoover	43.08	2014	4A	Waukee	42.03
	3A	St. Albert, Council Bluffs	44.36		3A	Assumption, Davenport	42.59		3A	Dallas Center-Grimes	43.23
	2A	Central Lyon, Rock Rapids	44.82		2A	West Lyon	43.94		2A	Western Dubuque, Epworth	43.51
	1A	BCLUW	44.65		1A	Iowa Mennonite	44.02		1A	Lynnville-Sully	43.92
1983	4A	Davenport, Central	42.48	1999	4A	Dowling Catholic	42.46	2015	4A	Cedar Falls	42.47
	3A	St. Albert, Council Bluffs	44.86		3A	Washington	43.08		3A	Williamsburg	43.03
	2A	Prairie, Gowrie	43.98		2A	West Lyon	43.54		2A	West Burlington, Notre Dame	42.56
	1A	Sutherland	44.35		1A	Iowa Mennonite	44.09		1A	Pleasantville	44.57
1984	4A	Valley	42.96	2000	4A	Iowa City, City High	42.17	2016	4A	Cedar Rapids, Prairie	42.01
	3A	St. Albert, Council Bluffs	44.17		3A	LeMars	42.76		3A	Boone	42.67
	2A	Lake Mills	45.20		2A	West Lyon	43.03		2A	West Burlington, Notre Dame	42.69
	1A	Paullina	45.00		1A	Hubbard, Radcliffe	44.30		1A	Lawton-Bronson	43.34
1985	4A	Valley	42.49	2001	4A	Iowa City, City High	41.89	2017	4A	Western Dubuque, Epworth	42.13
	3A	Grinnell	44.22		3A	Washington	43.26		3A	Dallas Center-Grimes	42.65
	2A	Maurice, Orange City	44.40		2A	Tri-Center	43.89		2A	Albia	42.67
	1A	Meservey, Thornton	45.40		1A	Madrid	44.00		1A	BGM	43.58
1986	4A	Waterloo, Central	42.21	2002	4A	Des Moines, East	42.49	2018	4A	Cedar Rapids, Jefferson	41.90
	3A	Osage	44.04		3A	Webster City	43.79		3A	Marion	42.96
	2A	Maurice, Orange City	43.71		2A	Eddyville-Blakesburg	43.69		2A	Beckman Catholic	43.00
	1A	Meservey, Thornton	44.35		1A	Madrid	43.94		1A	South Winneshiek, Calmar	43.92
1987	4A	Ames	42.60	2003	4A	Des Moines, East	42.91	2019	4A	Valley	41.68
	3A	Marion	44.08		3A	Central Lee	42.87		3A	Wahlert Catholic	43.27
	2A	NUH, Cedar Falls	44.43		2A	Okoboji	44.40		2A	Williamsburg	43.24
	1A	Titonka	44.79		1A	Bishop Garrigan, Algona	43.03		1A	St. Edmond, Fort Dodge	43.71
1988	4A	Ames	42.98	2004	4A	Cedar Rapids, Washington	42.26	2020	Season canceled due to COVID-19.		
	3A	South Tama County, Tama	44.43		3A	Central Clinton, DeWitt	43.86	2021	4A	Southeast Polk	42.35
	2A	NUH, Cedar Falls	43.71		2A	Cherokee	43.29		3A	Dallas Center-Grimes	42.48
	1A	CAL, Dows	44.51		1A	Treynor	43.80		2A	OABCIG	42.59
1989	4A	Des Moines, East	42.19	2005	4A	Iowa City, City High	42.21		1A	Lisbon	44.60
	3A	Dallas Center-Grimes	43.45		3A	Cedar Rapids, Xavier	43.18	2022	4A	Dowling Catholic	41.76
	2A	New London	44.36		2A	Beckman Catholic	42.88		3A	Cedar Rapids, Xavier	42.88
	1A	North Mahaska	44.71		1A	Griswold	43.59		2A	Williamsburg	43.20
1990	4A	Burlington	43.08	2006	4A	Valley	42.04		1A	Tripoli	43.34
	3A	Spirit Lake	43.96		3A	Washington	43.24	2023	4A	Iowa City, West	41.89
	2A	NUH, Cedar Falls	43.85		2A	Regina, Iowa City	43.83		3A	Harlan	42.13
	1A	North Mahaska	45.05		1A	Griswold	44.13		2A	Williamsburg	42.70
1991	4A	Pleasant Valley	43.01	2007	4A	Des Moines, East	41.88		1A	Lisbon	42.10
	3A	Knoxville	43.90		3A	Cedar Rapids, Xavier	42.78				
	2A	West Hancock	44.00		2A	Beckman Catholic	43.59				
	1A	Madrid	44.99		1A	Central Lyon, Rock Rapids	44.22				
1992	4A	Davenport, Central	42.82	2008	4A	Burlington	42.86				
	3A	Assumption, Davenport	43.52		3A	Cedar Rapids, Xavier	42.18				
	2A	Mediapolis	43.52		2A	Roland-Story	43.59				
	1A	Bedford	44.59		1A	West Hancock	43.48				
1993	4A	Davenport, Central	42.78	2009	4A	Iowa City, West	42.21				
	3A	Assumption, Davenport	43.32		3A	Central Clinton, DeWitt	43.65				
	2A	Mediapolis	43.48		2A	Roland-Story	43.45				
	1A	North Mahaska	44.71		1A	Alburnett	43.68				

4x200 Meter Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1978	AA	Cedar Rapids, Jefferson	1:29.54	1994	4A	Iowa City, City High	1:28.00	2010	4A	Burlington	1:27.62
	A	Eagle Grove	1:31.35		3A	Cherokee	1:30.17		3A	Bishop Heelan Catholic	1:28.41
	B	NUH, Cedar Falls	1:31.07		2A	Ballard	1:30.54		2A	West Marshall	1:28.43
	C	Kanawha	1:31.25		1A	Gehlen Catholic	1:31.67		1A	Northwood-Kensett	1:31.76
1979	AA	Waterloo, West	1:28.52	1995	4A	Iowa City, City High	1:29.61	2011	4A	Cedar Falls	1:27.12
	A	Shenandoah	1:30.59		3A	Waverly-Shell Rock	1:30.58		3A	Central, Clinton, DeWitt	1:28.40
	B	Sergeant Bluff-Luton	1:32.07		2A	West Hancock	1:31.58		2A	West Marshall	1:28.65
	C	Kanawha	1:31.02		1A	Gehlen Catholic, Le Mars	1:31.54		1A	Tri-County, Thornburg	1:32.17
1980	AA	Ames	1:28.66	1996	4A	Iowa City, City High	1:27.96	2012	4A	Iowa City, West	1:27.67
	A	Clarion	1:30.08		3A	Johnston	1:30.43		3A	Marion	1:29.59
	B	NUH, Cedar Falls	1:31.86		2A	Wapsie Valley, Fairbank	1:31.42		2A	West Marshall	1:29.05
	C	Twin Rivers, Bode	1:33.32		1A	Panorama	1:30.55		1A	Manson Northwest Webster	1:31.96
1981	AA	Waterloo, West	1:28.88	1997	4A	Iowa City, City High	1:27.67	2013	4A	Linn-Mar	1:27.52
	A	South Tama County	1:30.90		3A	Bishop Heelan Catholic	1:30.56		3A	LeMars	1:29.52
	B	NUH, Cedar Falls	1:30.62		2A	Beckman Catholic	1:31.87		2A	OABCIG	1:30.00
	C	Iowa School for Deaf	1:33.37		1A	Panorama	1:29.62		1A	Manson Northwest Webster	1:29.92
1982	4A	Davenport, Central	1:29.06	1998	4A	Valley	1:28.10	2014	4A	Waukee	1:27.83
	3A	St. Albert, Council Bluffs	1:31.89		3A	Washington	1:29.87		3A	Bishop Heelan Catholic	1:30.06
	2A	NUH, Cedar Falls	1:31.43		2A	Beckman Catholic	1:29.91		2A	Albia	1:29.62
	1A	BCLUW	1:33.59		1A	Madrid	1:31.35		1A	Madrid	1:31.61
1983	4A	Davenport, Central	1:29.42	1999	4A	Valley	1:28.88	2015	4A	Linn-Mar	1:29.13
	3A	St Albert, Council Bluffs	1:32.54		3A	Mount Pleasant	1:29.54		3A	Spirit Lake	1:29.52
	2A	Ida Grove	1:31.52		2A	Beckman Catholic	1:30.06		2A	West Burlington, Notre Dame	1:27.51
	1A	Sutherland	1:32.14		1A	Iowa Mennonite	1:31.87		1A	Pekin	1:31.04
1984	4A	Marshalltown	1:29.09	2000	4A	Iowa City, City High	1:27.83	2016	4A	Sioux City, East	1:28.28
	3A	Mount Pleasant	1:31.54		3A	Waverly-Shell Rock	1:29.40		3A	Sergeant Bluff, Luton	1:27.87
	2A	Lake Mills	1:32.70		2A	West Lyon	1:30.27		2A	West Burlington, Notre Dame	1:27.14
	1A	Sidney	1:32.20		1A	East Buchanan	1:31.03		1A	Lawton-Bronson	1:31.38
1985	4A	Ottumwa	1:29.49	2001	4A	Iowa City, City High	1:27.69	2017	4A	Waterloo, West	1:27.48
	3A	Washington	1:31.43		3A	West Delaware, Manchester	1:31.32		3A	Dallas Center-Grimes	1:29.82
	2A	AvoHa, Avoca	1:32.60		2A	Tri-Center	1:30.71		2A	Albia	1:28.14
	1A	Paullina	1:33.80		1A	Madrid	1:32.07		1A	Lisbon	1:30.35
1986	4A	Valley	1:28.14	2002	4A	Iowa City, City High	1:28.14	2018	4A	Ankeny Centennial	1:27.99
	3A	Storm Lake	1:31.15		3A	Waukee	1:30.89		3A	Nevada	1:29.66
	2A	Maurice-Orange City	1:30.15		2A	Williamsburg	1:29.71		2A	AHSTW	1:29.97
	1A	New Hartford	1:31.80		1A	Madrid	1:30.84		1A	St. Albert, Council Bluffs	1:31.26
1987	4A	Waterloo, Central	1:28.48	2003	4A	Des Moines, East	1:29.35	2019	4A	Valley	1:26.17
	3A	Storm Lake	1:30.89		3A	Central Lee, Donnellson	1:29.75		3A	Wahlert Catholic	1:29.09
	2A	Monroe	1:32.50		2A	Okoboji	1:31.31		2A	Williamsburg	1:29.71
	1A	Ventura	1:31.60		1A	Bishop Garrigan, Algona	1:30.57		1A	St. Albert, Council Bluffs	1:31.47
1988	4A	Davenport, Central	1:27.87	2004	4A	Des Moines, East	1:27.02	2020	Season canceled due to COVID-19.		
	3A	South Tama County	1:30.93		3A	Fairfield	1:29.66	2021	4A	Valley	1:27.06
	2A	NUH, Cedar Falls	1:30.38		2A	North Fayette	1:29.33		3A	Carlisle	1:30.56
	1A	CAL-Dows	1:31.79		1A	Treynor	1:30.56		2A	Unity Christian	1:28.58
1989	4A	Waterloo, East	1:27.80	2005	4A	Iowa City, City High	1:28.36		1A	Gehlen Catholic	1:31.31
	3A	Dallas Center-Grimes	1:30.57		3A	Wahlert Catholic	1:30.07	2022	4A	Dowling Catholic	1:27.50
	2A	New London	1:31.86		2A	Beckman Catholic	1:29.26		3A	Lewis Central	1:29.47
	1A	North Mahaska	1:33.08		1A	Griswold	1:30.11		2A	Williamsburg	1:30.29
1990	4A	Waterloo, West	1:28.70	2006	4A	Iowa City, West	1:28.03		1A	Lynnville-Sully	1:31.27
	3A	Alta-Aurelia	1:31.02		3A	Mount Pleasant	1:29.87	2023	4A	Iowa City, West	1:26.69
	2A	NUH, Cedar Falls	1:31.35		2A	Beckman Catholic	1:29.96		3A	Harlan	1:28.20
	1A	North Mahaska	1:33.17		1A	Griswold	1:30.88		2A	OABCIG	1:29.27
1991	4A	Iowa City, City High	1:28.23	2007	4A	Des Moines, East	1:28.60		1A	Lawton-Bronson	1:28.70
	3A	Spirit Lake-Park	1:30.24		3A	Cedar Rapids, Xavier	1:29.49				
	2A	Alta-Aurelia	1:29.81		2A	Beckman Catholic	1:31.03				
	1A	North Mahaska	1:32.69		1A	Alta	1:32.07				
1992	4A	Davenport, Central	1:27.42	2008	4A	Cedar Rapids, Washington	1:28.86				
	3A	Spirit Lake-Park	1:29.96		3A	Cedar Rapids, Xavier	1:29.08				
	2A	West Hancock	1:30.18		2A	St. Edmond, Fort Dodge	1:31.22				
	1A	Sumner-Fredericksburg	1:32.37		1A	Alta	1:31.03				
1993	4A	Davenport, Central	1:28.80	2009	4A	Cedar Rapids, Washington	1:27.64				
	3A	Assumption, Davenport	1:30.07		3A	Boone	1:30.11				
	2A	Alta-Aurelia	1:30.54		2A	St. Edmond, Fort Dodge	1:30.08				
	1A	Gehlen Catholic	1:32.05		1A	Pleasantville	1:30.73				

4x400 Meter Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1978	AA	Marshalltown	3:23.19	1994	4A	Iowa City, City High	3:19.60	2010	4A	Indianola	3:20.40
	A	Iowa Falls-Alden	3:29.78		3A	Cherokee, Washington	3:25.30		3A	Bishop Heelan Catholic	3:20.00
	B	Kingsley-Pierson	3:24.18		2A	Louisa-Muscatine	3:24.99		2A	St. Edmond, Fort Dodge	3:22.09
	C	Reinbeck	3:31.26		1A	West Marshall	3:26.99		1A	Griswold	3:28.26
1979	AA	Waterloo, East	3:18.76	1995	4A	Ames	3:18.93	2011	4A	Valley, West Des Moines	3:18.70
	A	Iowa Falls-Alden	3:24.10		3A	Humboldt	3:23.35		3A	Clear Creek-Amana	3:21.77
	B	Sioux Center	3:26.05		2A	Ballard	3:25.78		2A	South Central Calhoun	3:21.35
	C	Kanawha	3:28.72		1A	West Marshall	3:23.19		1A	West Harrison	3:27.66
1980	AA	North Scott	3:19.94	1996	4A	Ames	3:19.64	2012	4A	Valley	3:20.25
	A	Davis County	3:24.04		3A	Centerville	3:25.91		3A	Decorah	3:22.63
	B	Britt	3:25.69		2A	Garner-Hayfield	3:26.35		2A	KP-WC	3:21.91
	C	Terril	3:29.33		1A	BCLUW	3:26.36		1A	Manson Northwest Webster	3:27.04
1981	AA	Waterloo, West	3:19.78	1997	4A	Iowa City, City High	3:20.70	2013	4A	Waukee	3:19.04
	A	Davis County, Bloomfield	3:24.64		3A	Decorah	3:22.70		3A	Knoxville	3:21.68
	B	NUH, Cedar Falls	3:25.72		2A	Unity Christian	3:25.13		2A	Albia	3:21.21
	C	Titonka	3:28.27		1A	Panorama	3:24.74		1A	Manson Northwest Webster	3:23.74
1982	4A	North Scott, Eldridge	3:21.27	1998	4A	Des Moines, Hoover	3:19.06	2014	4A	Cedar Falls	3:18.30
	3A	Pella	3:25.90		3A	Bishop Heelan Catholic	3:21.48		3A	Center Point-Urbana	3:23.79
	2A	NUH, Cedar Falls	3:25.99		2A	Beckman	3:26.02		2A	Albia	3:21.37
	1A	New Hartford	3:29.70		1A	NUH, Cedar Falls	3:26.83		1A	Mount Ayr	3:26.03
1983	4A	Sioux City, East	3:19.04	1999	4A	Iowa City, City High	3:22.25	2015	4A	Cedar Falls	3:18.02
	3A	Eagle Grove	3:24.54		3A	Mount Pleasant	3:22.28		3A	Center Point-Urbana	3:21.19
	2A	West Branch	3:25.50		2A	Beckman	3:26.28		2A	Albia	3:20.74
	1A	Allison-Bristow	3:29.44		1A	West Marshall	3:24.19		1A	Alta-Aurelia	3:25.86
1984	4A	Marshalltown	3:20.16	2000	4A	Iowa City, City High	3:18.01	2016	4A	Cedar Falls	3:16.85
	3A	St. Albert, Council Bluffs	3:25.74		3A	Mount Pleasant	3:21.37		3A	Sergeant Bluff-Luton	3:20.67
	2A	West Branch	3:27.60		2A	Unity Christian	3:23.05		2A	Albia	3:18.09
	1A	Sidney	3:27.80		1A	Central Lyon	3:27.65		1A	Jesup	3:26.23
1985	4A	Marshalltown	3:20.83	2001	4A	Iowa City, City High	3:19.68	2017	4A	Cedar Falls	3:17.88
	3A	Mount Pleasant	3:28.41		3A	Waverly-Shell Rock	3:22.96		3A	Sergeant Bluff-Luton	3:20.67
	2A	Maurice	3:28.70		2A	Monticello	3:23.61		2A	Albia	3:20.46
	1A	Galva	3:30.40		1A	West Branch	3:26.95		1A	Lisbon	3:22.85
1986	4A	Iowa City, West	3:20.95	2002	4A	Ankeny	3:22.00	2018	4A	Valley	3:16.55
	3A	Pella	3:25.69		3A	Fairfield	3:23.84		3A	Atlantic	3:20.96
	2A	Maurice-Orange City	3:24.20		2A	Tipton	3:24.45		2A	Pekin	3:21.76
	1A	Schaller	3:30.36		1A	Saint Ansgar	3:25.50		1A	St. Albert, Council Bluffs	3:24.81
1987	4A	Davenport, West	3:20.20	2003	4A	Ankeny	3:22.24	2019	4A	Waukee	3:14.81
	3A	Storm Lake	3:25.54		3A	Harlan	3:23.30		3A	Atlantic	3:21.11
	2A	NUH, Cedar Falls	3:27.88		2A	West Branch	3:25.67		2A	Dike-New Hartford	3:22.70
	1A	CAL-Dows	3:25.68		1A	Sac City	3:26.60		1A	St. Edmond, Fort Dodge	3:25.73
1988	4A	Ames	3:21.58	2004	4A	Ankeny	3:21.25	2020	Season canceled due to COVID-19.		
	3A	Storm Lake	3:23.19		3A	Bishop Heelan Catholic	3:20.38	2021	4A	Cedar Falls	3:15.85
	2A	Alta	3:23.57		2A	Tipton	3:26.18		3A	Pella	3:22.29
	1A	Aurelia	3:24.51		1A	Treynor	3:27.40		2A	Underwood	3:25.42
1989	4A	Ames	3:20.69	2005	4A	Valley	3:18.54		1A	Danville	3:28.68
	3A	Hampton-Dumont	3:22.45		3A	Charles City	3:21.44	2022	4A	Dubuque, Senior	3:19.82
	2A	Alta	3:26.34		2A	Roland-Story	3:23.13		3A	Mount Vernon	3:22.41
	1A	Woodbine	3:30.15		1A	Treynor	3:24.94		2A	Mediapolis	3:25.46
1990	4A	Waterloo, West	3:22.43	2006	4A	Valley	3:14.61		1A	Earlham	3:24.57
	3A	Glenwood	3:24.21		3A	Williamsburg	3:23.47	2023	4A	Johnston	3:15.26
	2A	Madrid	3:28.00		2A	Mid-Prairie	3:21.90		3A	Mount Vernon	3:18.47
	1A	Janesville	3:26.19		1A	North Linn	3:22.13		2A	Durant	3:22.51
1991	4A	Ames	3:18.39	2007	4A	Valley	3:19.62		1A	South Hamilton	3:22.29
	3A	Clear Lake	3:24.09		3A	Humboldt	3:22.61				
	2A	NUH, Cedar Falls	3:22.56		2A	St. Edmond, Fort Dodge	3:24.28				
	1A	CAL-Dows	3:30.19		1A	BCLUW	3:27.73				
1992	4A	Fort Dodge	3:20.19	2008	4A	Cedar Falls	3:21.71				
	3A	Glenwood	3:23.54		3A	Washington	3:21.94				
	2A	West Branch	3:24.59		2A	St. Edmond, Fort Dodge	3:23.42				
	1A	Essex	3:28.47		1A	Lake Mills	3:28.99				
1993	4A	Iowa City, City High	3:20.79	2009	4A	Ottumwa	3:18.07				
	3A	Algona	3:23.95		3A	Bishop Heelan Catholic	3:18.24				
	2A	Monticello	3:25.15		2A	St. Edmond, Fort Dodge	3:20.32				
	1A	Lynnville-Sully	3:26.91		1A	Pleasantville	3:27.34				

4x800 Meter Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1978	AA	Davenport, Central	7:54.71	1994	4A	Dubuque, Senior	7:56.68	2010	4A	Cedar Rapids, Washington	7:48.70
	A	Iowa Falls-Alden	8:02.59		3A	Storm Lake	8:08.29		3A	Algona	7:55.65
	B	Prairie, Gowrie	8:07.51		2A	Belmond-Klemme	8:01.38		2A	Monticello	7:58.57
	C	Bridgewater-Fontanelle	8:10.79		1A	West Bend-Mallard	8:04.87		1A	North Iowa, Buffalo Center	8:04.51
1979	AA	Muscatine	7:48.01	1995	4A	Iowa City, City High	8:00.17	2011	4A	Cedar Rapids, Prairie	7:54.56
	A	Iowa Falls-Alden	7:55.87		3A	Cedar Rapids, Prairie	8:02.70		3A	Spirit Lake Park	7:49.07
	B	Woodbine	8:04.42		2A	Gilbert	8:07.60		2A	St. Edmond, Fort Dodge	7:55.76
	C	Treynor	8:15.31		1A	Riverside, Oakland	8:05.51		1A	BCLUW	8:04.40
1980	AA	Dowling Catholic	7:47.57	1996	4A	Ankeny	7:52.16	2012	4A	Waukee	7:49.79
	A	Davis County	7:55.10		3A	Centerville	7:59.79		3A	Decorah	7:56.34
	B	Sioux Center	8:02.78		2A	Garner-Hayfield	8:05.47		2A	Mount Vernon	7:57.66
	C	Treynor	8:03.13		1A	Woodbine	8:06.16		1A	St. Albert, Council Bluffs	8:13.46
1981	AA	Muscatine	7:48.88	1997	4A	Iowa City, City High	7:58.56	2013	4A	Iowa City, City High	7:48.06
	A	Tipton	7:57.20		3A	Centerville	8:00.42		3A	Pella	7:58.79
	B	NUH, Cedar Falls	8:01.17		2A	Unity Christian	8:05.52		2A	Monticello	7:53.46
	C	Sidney	8:09.50		1A	Collins-Maxwell-Baxter	8:07.90		1A	AGWSR, Ackley	8:21.08
1982	4A	Spencer	7:52.31	1998	4A	Cedar Falls	7:55.75	2014	4A	Cedar Rapids, Prairie	7:49.52
	3A	Sheldon	7:56.15		3A	Cedar Rapids, Regis/LaSalle	7:56.31		3A	Center Point-Urbana	7:59.20
	2A	Sioux Center	7:55.45		2A	Collins-Maxwell-Baxter	8:02.56		2A	Monticello	7:54.26
	1A	Aurelia	8:13.58		1A	Madrid	8:09.34		1A	Mount Ayr	8:14.23
1983	4A	Ames	7:49.89	1999	4A	Ames	7:57.20	2015	4A	Ames	7:41.43
	3A	Western Christian, Hull	8:00.60		3A	Waverly-Shell Rock	7:57.61		3A	Gilbert	7:56.68
	2A	West Branch	8:04.89		2A	Beckman Catholic	8:01.84		2A	Monticello	7:50.38
	1A	Allison-Bristow	8:08.82		1A	Calamus-Wheatland	8:11.28		1A	Alta-Aurelia	8:11.29
1984	4A	Cedar Rapids, Kennedy	7:51.40	2000	4A	Iowa City, City	7:52.85	2016	4A	Waukee	7:47.08
	3A	Tipton	8:03.05		3A	Waukon	7:55.61		3A	Mount Vernon	8:00.01
	2A	West Branch	8:06.00		2A	Tipton	7:53.67		2A	Monticello	7:51.24
	1A	Earlham	8:18.20		1A	Lawton-Bronson	8:06.50		1A	St. Edmond, Fort Dodge	8:12.14
1985	4A	Marshalltown	7:46.52	2001	4A	Iowa City, City High	8:00.12	2017	4A	Waukee	7:49.34
	3A	Tipton	8:02.36		3A	Forest City	7:58.21		3A	Mount Vernon	7:58.92
	2A	Northwood-Kensett	8:06.80		2A	Tipton	8:08.57		2A	Dike-New Hartford	8:01.33
	1A	Earlham	8:15.70		1A	Greene	8:13.97		1A	Pekin	7:58.63
1986	4A	Marshalltown	7:47.66	2002	4A	Valley	7:50.81	2018	4A	Iowa City, City High	7:49.41
	3A	Glenwood	8:01.45		3A	Columbus Catholic, Waterloo	8:00.25		3A	Atlantic	8:01.05
	2A	Central, Elkader	8:03.49		2A	Tipton	7:57.85		2A	Pekin	7:59.95
	1A	CAL, Latimer	8:06.72		1A	Greene	8:06.37		1A	Lisbon	8:06.24
1987	4A	Ames	7:44.06	2003	4A	Ankeny	7:55.88	2019	4A	Ames	7:51.95
	3A	Clear Lake	7:57.86		3A	Benton, Van Horne	8:01.65		3A	Sergeant Bluff-Luton	7:58.68
	2A	Garner-Hayfield	8:01.91		2A	Roland-Story	8:08.50		2A	South Hamilton	8:01.23
	1A	CAL, Latimer	8:03.59		1A	Turkey Valley	8:11.04		1A	Earlham	8:07.10
1988	4A	Dubuque, Senior	7:56.51	2004	4A	Linn-Mar	7:48.26	2020	Season canceled due to COVID-19.		
	3A	Sheldon	8:00.89		3A	Decorah-North Winneshiek	8:04.21	2021	4A	Iowa City, Liberty	7:49.45
	2A	Woodbine	8:00.69		2A	West Liberty	8:06.83		3A	Pella	7:55.14
	1A	Pomeroy	8:09.21		1A	Turkey Valley	8:11.78		2A	Northeast	8:15.69
1989	4A	Spencer	7:50.70	2005	4A	Linn-Mar	7:48.55		1A	Earlham	8:04.37
	3A	Storm Lake	8:01.23		3A	Wahlert Catholic	8:03.02	2022	4A	Sioux City, North	7:44.64
	2A	Gehlen Catholic	8:07.31		2A	West Liberty	7:56.03		3A	Western Dubuque, Epworth	7:59.41
	1A	Woodbine	8:06.50		1A	Riverside, Oakland	8:10.00		2A	Tipton	8:08.83
1990	4A	Valley	7:48.88	2006	4A	Marshalltown	7:58.47		1A	Earlham	8:04.95
	3A	Sheldon	8:04.91		3A	Knoxville	8:05.86	2023	4A	Iowa City, City High	7:37.66
	2A	Woodbine	8:10.53		2A	Monticello	8:04.55		3A	North Polk	7:58.17
	1A	Greene	8:13.21		1A	BCLUW	8:03.06		2A	Okoboji	7:59.21
1991	4A	Ames	7:58.41	2007	4A	Iowa City, West	8:01.85		1A	Earlham	8:11.05
	3A	Benton Community, Van Horne	8:05.50		3A	Knoxville	8:05.63				
	2A	Belmond-Klemme	8:10.82		2A	Monticello	7:59.66				
	1A	Iowa Mennonite	8:09.15		1A	BCLUW	8:09.99				
1992	4A	Iowa City, City High	7:55.55	2008	4A	Waukee	7:53.52				
	3A	Sheldon	7:57.73		3A	Spirit Lake	8:00.56				
	2A	Williamsburg	8:07.40		2A	West Liberty	8:00.89				
	1A	Dike	8:08.63		1A	Northeast	8:09.99				
1993	4A	Dubuque, Senior	7:57.96	2009	4A	Waukee	7:53.88				
	3A	Forest City	8:03.08		3A	Algona	8:01.05				
	2A	St. Albert, Co. Bluffs	8:00.80		2A	St. Edmond, Fort Dodge	7:57.59				
	1A	West Bend-Mallard	8:14.18		1A	Belmond-Klemme	8:13.33				

Sprint Medley Relay

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>
2017	4A	Bettendorf	1:32.09								
	3A	Glenwood	1:33.68								
	2A	South Winneshiek, Calmar	1:35.44								
	1A	Lisbon	1:33.84								
2018	4A	Dowling Catholic	1:31.30								
	3A	Glenwood	1:33.11								
	2A	Beckman Catholic, Dyersville	1:33.69								
	1A	Lynnville-Sully	1:33.83								
2019	4A	Bettendorf	1:30.92								
	3A	Sergeant Bluff-Luton	1:31.77								
	2A	North Fayette Valley	1:35.23								
	1A	Lynnville-Sully	1:35.67								
2020	Season canceled due to COVID-19.										
2021	4A	Ankeny Centennial	1:31.72								
	3A	ADM	1:34.05								
	2A	Unity Christian	1:31.76								
	1A	Wapsie Valley, Fairbank	1:33.57								
2022	4A	Ankeny	1:31.46								
	3A	Dallas Center-Grimes	1:34.23								
	2A	Spirit Lake	1:33.22								
	1A	Lawton-Bronson	1:33.15								
2023	4A	Johnston	1:30.15								
	3A	Western Dubuque, Epworth	1:32.31								
	2A	Shenandoah	1:32.99								
	1A	Lawton-Bronson	1:31.12								

Distance Medley Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1978	AA	Davenport, Central	3:31.00	1994	4A	Iowa City, City High	3:28.92	2010	4A	Marshalltown	3:29.72
	A	Centerville	3:34.23		3A	Cherokee	3:33.47		3A	Bishop Heelan Catholic	3:31.99
	B	Maurice-Orange City	3:34.83		2A	West Hancock	3:31.28		2A	Mid-Prairie	3:33.05
	C	Hamburg	3:33.95		1A	West Marshall	3:32.40		1A	North Iowa, Buffalo Center	3:35.98
1979	AA	Clinton	3:27.20	1995	4A	Urbandale	3:31.20	2011	4A	Marshalltown	3:30.97
	A	Algona	3:33.09		3A	Cedar Rapids, Regis	3:32.59		3A	Spirit Lake Park	3:30.25
	B	Pekin	3:35.44		2A	West Hancock	3:35.52		2A	St. Edmond, Fort Dodge	3:34.08
	C	Hamburg	3:40.28		1A	West Marshall	3:32.58		1A	Manson Northwest Webster	3:34.40
1980	AA	Cedar Rapids, Washington	3:29.65	1996	4A	Mason City	3:27.95	2012	4A	Cedar Rapids, Prairie	3:28.88
	A	Sumner-Fredericksburg	3:32.65		3A	Humboldt	3:34.14		3A	Centerville	3:30.33
	B	Sac City	3:36.35		2A	Garner-Hayfield	3:35.92		2A	St. Edmond, Fort Dodge	3:31.19
	C	Treynor	3:38.76		1A	Gehlen Catholic	3:36.23		1A	Lisbon	3:35.48
1981	AA	Des Moines, East	3:30.80	1997	4A	Indianola	3:28.77	2013	4A	Linn-Mar	3:29.94
	A	Davis County	3:34.02		3A	Fairfield	3:32.91		3A	Centerville	3:31.38
	B	NUH, Cedar Falls	3:33.48		2A	Eldora-New Providence	3:34.02		2A	Monticello	3:32.32
	C	Moravia	3:38.73		1A	Pleasantville	3:34.13		1A	Hinton	3:39.03
1982	4A	Cedar Rapids, Washington	3:32.03	1998	4A	Valley	3:30.88	2014	4A	Linn-Mar	3:24.39
	3A	Sheldon	3:33.95		3A	Decorah	3:31.15		3A	Algona	3:30.65
	2A	Sioux Center	3:36.99		2A	Garner-Hayfield	3:33.87		2A	Monticello	3:31.06
	1A	Treynor	3:41.72		1A	Woodbine	3:34.58		1A	Mount Ayr	3:36.15
1983	4A	Davenport, Central	3:31.46	1999	4A	Dubuque, Senior	3:28.59	2015	4A	Dowling Catholic	3:25.27
	3A	Tipton	3:36.09		3A	Mount Pleasant	3:31.54		3A	Algona	3:29.44
	2A	Northwood-Kensett	3:38.07		2A	Garner-Hayfield	3:34.26		2A	KP-WC/Woodbury Central	3:30.04
	1A	Boyd-Hull	3:39.27		1A	Sioux Central, Sioux Rapids	3:36.62		1A	Alta-Aurelia	3:34.52
1984	4A	Marshalltown	3:30.40	2000	4A	Marshalltown	3:32.81	2016	4A	Dowling Catholic	3:26.26
	3A	Tipton	3:35.40		3A	Mount Pleasant	3:34.82		3A	Estherville-Lincoln Central	3:32.71
	2A	Northwood-Kensett	3:37.20		2A	Beckman Catholic	3:37.94		2A	Monticello	3:27.02
	1A	Sumner-Fredericksburg	3:42.60		1A	Regina, Iowa City	3:43.58		1A	Mount Ayr	3:36.01
1985	4A	Cedar Rapids, Kennedy	3:28.55	2001	4A	Iowa City, City High	3:31.40	2017	4A	Dowling Catholic	3:27.74
	3A	Central Lee, Argyle	3:36.39		3A	Waverly-Shell Rock	3:30.15		3A	Central DeWitt	3:33.26
	2A	Iowa Valley	3:36.40		2A	East Marshall	3:32.11		2A	Anamosa	3:33.00
	1A	Earlham	3:40.60		1A	Pleasantville	3:36.33		1A	Lisbon	3:34.85
1986	4A	Marshalltown	3:29.47	2002	4A	Iowa City, City High	3:31.58	2018	4A	Urbandale	3:27.91
	3A	Western Christian	3:35.46		3A	Perry	3:31.45		3A	Atlantic	3:32.53
	2A	NUH, Cedar Falls	3:37.91		2A	Preston-East Central	3:32.42		2A	Pekin	3:31.49
	1A	Aplington	3:36.30		1A	Pleasantville	3:33.07		1A	Lisbon	3:32.87
1987	4A	Ames	3:27.66	2003	4A	Valley	3:31.18	2019	4A	Johnston	3:27.19
	3A	Pella	3:35.38		3A	Assumption, Davenport	3:29.38		3A	Atlantic	3:31.13
	2A	Garner-Hayfield	3:37.47		2A	Panorama	3:33.82		2A	South Central Calhoun	3:35.00
	1A	CAL-Dows	3:36.70		1A	Turkey Valley	3:38.03		1A	Calamus-Wheatland	3:34.47
1988	4A	Burlington	3:31.94	2004	4A	Iowa City, City High	3:28.75	2020	Season canceled due to COVID-19.		
	3A	Storm Lake	3:34.52		3A	Assumption, Davenport	3:27.65	2021	4A	Cedar Falls	3:25.84
	2A	Dike	3:36.19		2A	Monticello	3:34.51		3A	Humboldt	3:30.11
	1A	Gehlen Catholic	3:36.67		1A	Turkey Valley	3:34.97		2A	Bellevue	3:36.00
1989	4A	Clinton	3:31.58	2005	4A	Cedar Falls	3:28.71		1A	Earlham	3:37.91
	3A	Centerville	3:37.12		3A	Wahlert Catholic	3:33.73	2022	4A	Iowa City, City High	3:28.69
	2A	South Hamilton, Jewell	3:37.75		2A	Unity Christian	3:30.28		3A	Dallas Center-Grimes	3:27.49
	1A	North Mahaska	3:39.12		1A	North Linn, Troy Mills	3:35.49		2A	Des Moines Christian	3:32.98
1990	4A	Indianola	3:26.51	2006	4A	Marshalltown	3:27.75		1A	Earlham	3:31.48
	3A	Alta-Aurelia	3:35.85		3A	Charles City	3:32.28	2023	4A	Iowa City, West	3:27.73
	2A	West Bend	3:34.87		2A	Mid-Prairie	3:32.18		3A	Mount Vernon	3:31.83
	1A	North Mahaska	3:38.68		1A	BCLUW	3:33.15		2A	Mediapolis	3:33.81
1991	4A	Ames	3:31.00	2007	4A	Pleasant Valley	3:27.95		1A	Mount Ayr	3:34.14
	3A	Cherokee	3:33.90		3A	Charles City	3:35.96				
	2A	LDF-Semco	3:34.70		2A	Mid-Prairie	3:32.97				
	1A	Lawton-Bronson	3:40.20		1A	BGM, Brooklyn	3:37.60				
1992	4A	Fort Dodge	3:31.16	2008	4A	Pleasant Valley	3:26.51				
	3A	Adel-DeSoto-Minburn	3:30.95		3A	Charles City	3:30.87				
	2A	Belmond-Klemme	3:36.61		2A	Mid-Prairie	3:26.16				
	1A	Woodbine	3:34.40		1A	BCLUW	3:36.41				
1993	4A	Iowa City, City High	3:30.70	2009	4A	Cedar Rapids, Kennedy	3:28.08				
	3A	Algona	3:31.60		3A	Algona	3:31.15				
	2A	St Albert, Council Bluffs	3:35.22		2A	Northeast	3:32.58				
	1A	West Bend-Mallard	3:36.67		1A	George-Little Rock	3:38.52				

4x110 Meter Shuttle Hurdle Relay

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Time</u>
2007	4A	Valley	57.15	2023	4A	Iowa City, West	58.19				
	3A	Mount Pleasant	57.37		3A	Cedar Rapids, Xavier	58.94				
	2A	Beckman Catholic	57.84		2A	PCM	1:00.46				
	1A	Riceville	59.26		1A	Lisbon	59.89				
2008	4A	Iowa City, West	56.15								
	3A	Atlantic	57.30								
	2A	Hudson	57.09								
	1A	WACO	58.15								
2009	4A	Cedar Rapids Kennedy	57.85								
	3A	Clear Creek-Amana	59.37								
	2A	Beckman Catholic	58.99								
	1A	Southern Cal, Lake City	1:00.21								
2010	4A	Valley	56.66								
	3A	Waverly-Shell Rock	57.99								
	2A	Eddyville-Blakesburg	48.41								
	1A	Belle Plaine	58.79								
2011	4A	Urbandale	56.74								
	3A	Waverly-Shell Rock	56.74								
	2A	Collins-Maxwell-Baxter	58.20								
	1A	Madrid	59.45								
2012	4A	Iowa City, City High	56.78								
	3A	Mount Pleasant	58.24								
	2A	Beckman Catholic, Dyersville	58.47								
	1A	Earlham	58.63								
2013	4A	Waukee	56.47								
	3A	Mount Pleasant	57.55								
	2A	Emmetsburg	56.82								
	1A	Wapsie Valley	59.35								
2014	4A	Waukee	55.78								
	3A	Waverly-Shell Rock	58.01								
	2A	Sioux Center	57.80								
	1A	Madrid	58.56								
2015	4A	Waukee	56.02								
	3A	Mount Pleasant	57.33								
	2A	Camanche	57.49								
	1A	Earlham	1:00.23								
2016	4A	Waukee	56.09								
	3A	Carlisle	57.87								
	2A	Clarinda	57.16								
	1A	Audubon	59.22								
2017	4A	Ankeny Centennial	56.23								
	3A	Carlisle	56.77								
	2A	Central Decatur	59.22								
	1A	Lake Mills	59.48								
2018	4A	Waukee	57.17								
	3A	Carlisle	56.83								
	2A	Albia	57.97								
	1A	Central Decatur	58.50								
2019	4A	Valley	57.18								
	3A	Sergeant Bluff-Luton	59.63								
	2A	Dike-New Hartford	59.49								
	1A	Central Decatur	1:00.39								
2020	Season canceled due to COVID-19.										
2021	4A	Cedar Rapids, Prairie	57.73								
	3A	Western Dubuque, Epworth	59.47								
	2A	Treynor	1:01.15								
	1A	Lisbon	1:00.20								
2022	4A	Pleasant Valley	58.96								
	3A	Pella	59.45								
	2A	Spirit Lake	1:00.50								
	1A	Lenox	1:00.39								

High Jump

Year	Class	Name	School	Height	Year	Class	Name	School	Height
1906		(T)George Walker	Des Moines, West	5-04.05	1953	AA	Don Nachtman	Dubuque	6-00.25
		(T)Paul Clark	Oak Park	5-04.05		A	Judd McDougal	LeMars	5-09.25
		(T)E.W. Moulden	Dubuque	5-04.05		B	Max Mochal	Tama	5-08.25
1907		Jesse Crawford	Des Moines, North	5-06		C	(T) Al Betz	Johnston	5-08.25
1908		Arlo Wilson	Iowa City	5-06.875			(T)Donald Straight	Newell	5-08.25
1909		Proctor Osborn	Des Moines, North	5-06	1954	AA	(T) Mel Olson	Spencer	5-07
1910		Foye Aldridge	Sioux City	5-07			(T)Max Mochal	Cedar Rapids, Roosevelt	5-07
1911		Edwin Shrader	Iowa City	5-10			(T)Don Nachtman	Dubuque	5-07
1912		Clifford Barborka	Denison	5-06			(T)Dave Stamp	Clinton	5-07
1913		Samuel Moore	Indianola	5-06			(T)Jim McConnell	Des Moines, Roosevelt	5-07
1914		Ross Allen	Davenport	5-05		A	Hugh Allen	Harlan	6-01.125
1915		Clifford Baxter	Cedar Rapids	5-09.25		B	Dick Marsh	Postville	6-00.625
1916		Ralph Pedersen	Des Moines, West	5-05.50		C	Ted Harvey	Toledo Juvenile	5-09
1917		Edward Rich	Maquoketa	5-08	1955	AA	(T)Mel Olson	Spencer	6-01.75
1918		Edward Rick	Cedar Rapids	5-05			(T)Ted Harvey	Des Moines, East	6-01.75
1919		Kenneth Young Jr.	Fort Madison	5-10		A	Bob Christy	Humboldt	5-09.75
1920		Fred Klindt	Mason City	5-06		B	Laverne Zobel	Tama	5-11
1921		Fred Klindt	Mason City	5-11		C	Bob Sweeney	Carlisle	5-10
1922		Jack Wightman	Perry	5-09.50	1956	AA	(T)Jim Hutchens	Waterloo, East	6-00.625
1923		Robert Carle	Knoxville	5-09.50			(T)Lee Frandsen	Davenport	6-00.625
1924		Dick Zvacek	Cedar Rapids, Grant	5-09		A	(T) Doug Johnson	Sheldon	5-09
1925		Dick Zvacek	Cedar Rapids, Grant	5-10			(T)Bob Christy	Humboldt	5-09
1926		John Robinson	Burlington	5-10.50			(T)Conrad Persels	Osceola	5-09
1927		Ben Douglas	Cedar Rapids, Grant	5-10			(T)Larry Squires	Guthrie Center	5-09
1928		William Walsmith	Davenport	5-08		B	(T)Lowell Farland	Swea City	5-07.75
1929		(T)Ralph Mitchell	Bloomfield	5-10			(T)Larry Zerwas	Manning	5-07.75
		(T)Maurice Peterson	Harcourt	5-10			(T)Walt Johnson	Manilla	5-07.75
1930		Orville Madsen	Ames	5-08.75			(T)Don Norton	Anamosa	5-07.75
1931		Orville Madsen	Ames	6-01.875		C	Fred Olson	Newell	6-03.125
1932		Orville Madsen	Ames	6-03.75	1957	AA	(T)Kent Rogerson	Des Moines, East	6-00.875
1933		Maurice Kelly	Grinnell	5-11.375			(T)Joe Bryant	Mason City	6-00.875
1934		Lawrence Redrick	Des Moines, East	5-11		A	Conrad Persels	Osceola	6-00.625
1935		Charles Ralston	West Chester	5-10.75		B	(T) Larry Zerwas	Manning	5-08
1936		Floyd Aiken	Grundy Center	5-09.25			(T)Lonnie Lamberti	Ankeny	5-08
1937		Jack Alderdice	Davenport	5-11.75			(T)Paul Drefke	Emmetsburg	5-08
1938		Cable Waldorf	Vinton	5-10.75			(T)Dick Johnson	Villisca	5-08
1939		Bob Machael	Clinton	6-00.50			(T)Bill Kauffman	Belmond	5-08
1940		Larry Marxer	Iowa School for Deaf	5-10.625			(T)Roy Mathews	Logan	5-08
1941		Romaine Woodward	Ames	5-10.625			(T)Ron Morrison	Wilton Junction	5-08
1942		Harold Fiala	Waterloo, West	5-10.25		C	Fred Olson	Newell	6-01.125
1943		Don Smith	Denison	5-10	1958	AA	(T)Al Robinette	Cedar Falls	6-00
1944		Darwin Stover	Winterset	5-11.625			(T)Kent Rogerson	Des Moines, East	6-00
1945		(T)John Wilson	Iowa City	5-10.50		A	(T)Harold Ferkinstad	Cresco	5-10
		(T)Lynn King	Des Moines, Roosevelt	5-10.50			(T)Lloyd Swanson	Cheroke	5-10
1946		Lee Maddocks	Mason City	5-10.25			(T)Bob Kentnor	Leon	5-10
1947		(T)Herb Belz	NUH, Cedar Falls	5-10.25		B	(T) Dick Shannon	Clinton St. Marys	5-10.375
		(T)Lloyd Core	Pleasantville	5-11.50			(T)Paul Drefke	Emmetsburg	5-10.375
1948	A	Gerald Cohn	Waterloo, West	5-11.375		C	(T) Vern Graham	Agency	5-10
	B	(T)Don Swartzendruber	Wellman	5-11.375			(T)Bill Maas	Sutherland	5-10
		(T)Bob Lange	Sac City	5-8.25	1959	AA	Emmitt Hoosman	Waterloo, East	6-02.125
1949	A	Jon Wardell	Davenport	6-00.25		A	Gary Meyer	Clarion	5-10
	B	Don Swartzendruber	Wellman	5-08.375		B	(T) Larry Oiler	Lamoni	5-09.75
1950	A	Bob Miller	Waterloo, West	5-08			(T)Mike Reis	Woodbine	5-09.75
	B	Francis Ward	Adair	5-08		C	Fred Schaffner	Salem	5-10.50
1951	A	(T)Burt Kirkman	Clinton	5-08	1960	AA	Gayle Hopkins	Davenport, Central	6-03.50
		(T)Bill Bryant	Algona	5-08		A	Jim Anderson	Clarion	5-08.50
		(T)Sam Marshall	Sibley	5-08		B	Buster Lowery	Grundy Center	5-10
		(T)Al Haughey	Tama	5-08		C	Jerry Klett	Everly	5-09
		(T)Jim Canine	Des Moines, Roosevelt	5-08	1961	AA	Phil Minnick	Iowa City, City High	6-02
	B	Les Stevens	Lovilia	5-11.625		A	Dave Awtry	Lake City	5-11.75
1952	A	Leonard Petsche	Harlan	5-10		B	Dave Korver	Maurice-Orange City	5-10.50
	B	Les Stevens	Lovilia	6-00.375		C	Duane VanWyk	Prairie City	5-08

High Jump

Year	Class	Name	School	Height	Year	Class	Name	School	Height
1962	AA	Gary Gordon	Iowa City, City High	5-00	1977	AA	Doug Smith	Newton	6-08
	A	(T)Charles Streit	Algona	5-08		A	Rod Smith	West Liberty	6-04
		(T)John Sellers	Cambria	5-08		B	Dan Meade	North Linn, Coggon/Troy Mills	6-07
		(T)John Spitzer	Iowa City, University High	5-08		C	Mark Roberts	Sioux Valley, Linn Grove	6-04
		(T)Dwight Davis	Perry	5-08	1978	AA	John Arnaud	Sioux City, North	6-06
	B	(T) Gordon Watkins	Eddyville	5-08		A	Calvin Rickles	Monticello	6-04
		(T)Wally Welander	Woodbine	5-08.25		B	Steve Arens	Gehlen Catholic	6-04
	C	Duane VanWyk	Prairie City	5-08.25		C	Doug Lockin	Aurelia	6-04
1963	AA	Don Timmerman	Davenport, West	6-00.25	1979	AA	Kirk Hobbs	Cedar Rapids, Washington	6-08
	A	Ron Owen	Maquoketa	5-10.50		A	Randy Booth	Grinnell	6-04
	B	Gordon Watkins	Eddyville	5-09		B	Ray Storck	Iowa Valley	6-04
	C	Tom Knott	Coggon	5-10.50		C	Mike LaFrenz	SEMCO, Gilman	6-02
1964	AA	Don Timmerman	Davenport, West	6-02	1980	AA	Paul Marchael	Iowa City, City High	6-08
	A	John Slutts	Cardinal, Eldon	6-02		A	Rick Bolsinger	Guttenberg	6-06
	B	Lawrence Holley	Carroll	6-02.25		B	Brian Tietjens	North Central, Manly	7-00.25
	C	Dave Jargo	Preston	5-10.25		C	Kelly Kain	Prairie City	6-02
1965	AA	John Winkle	Sioux City, East	6-03.25	1981	AA	Mike Tigges	Dubuque, Senior	6-08
	A	Mike Morse	Jefferson	6-02		A	Larry Harmon	Northeast	6-06.50
	B	Lloyd Thornburg	Pleasantville	6-02.50		B	Brian Tietjens	North Central, Manly	7-03.50
	C	Dave Jargo	Preston	5-11		C	Daryl Schnoes	Paullina	6-04
1966	AA	Skip Anderson	Cedar Falls	6-03	1982	4A	Curtis Morrow	Des Moines, East	6-09
	A	David Larsen	Harlan	6-02.50		3A	Jim Lloyd	Iowa Falls-Alden	6-05
	B	Lloyd Thornburg	Pleasantville	6-03.75		2A	Airell Clark	Belmond	6-05
	C	Mike Hazelhoff	Swea City	6-00.25		1A	John Vaske	NESCO	6-04
1967	AA	Bill Kirchwen	Clinton	6-03	1983	4A	Lance Eaton	Valley	6-06
	A	David Larsen	Harlan	6-02		3A	Peter Hayes	Atlantic	6-09
	B	John Sehman	Dallas Center-Grimes	6-00		2A	Matt Kayser	Cardinal, Eldon	6-06
	C	Bob Nevitt	Earlham	6-00		1A	Marlin Bryant	Malvern	6-08
1968	AA	Kent Magnuson	Fort Dodge	6-04	1984	4A	K.P.Lansing	Linn-Mar	6-09
	A	Tim Newberry	St. Edmond, Fort Dodge	5-07.75		3A	Pat Meade	North Linn, Coggon/Troy Mills	6-10
	B	Dave Krantz	Highland, Riverside	5-09		2A	Steve Phye	Nashua	6-04
	C	Dennis Spencer	Panorama	5-10		1A	Marlin Bryant	Malvern	6-06
1969	AA	Greg Dana	Waverly-Shell Rock	6-04.50	1985	4A	Scott Anderson	Muscatine	6-08
	A	Tim Newberry	St. Edmond, Fort Dodge	6-02		3A	Brent Wright	Ballard	6-10.50
	B	Keith Steva	MFL, Monona	6-00		2A	Pat Conlon	Clarion	6-07
	C	Dave Ricketts	Solon	6-02		1A	Cal Alexander	Hubbard	6-07
1970	AA	Blaine Koch	Davenport, West	6-05	1986	4A	Kevin Freeman	Spencer	6-06
	A	Steve Williams	Clarinda	6-02		3A	Ken Fox	St. Albert, Council Bluffs	6-04
	B	Carl Horstman	Paullina	5-10		2A	Pat Conlon	Clarion	6-10
	C	Scott Ruch	Ar-We-Va, Westside	6-02		1A	Cal Alexander	Hubbard	6-08.25
1971	AA	Tom Pantenberg	Ames	6-06	1987	4A	Andy Jacobson	Spencer	6-09
	A	Steve Williams	Clarinda	5-11.50		3A	Mike Bentley	Turkey Valley	6-08
	B	Willie DeMan	Alta	6-00		2A	Darwin Vande Hoef	Rock Valley	6-10
	C	Tom Winchell	Treynor	6-04		1A	Steve Dinkla	Cumberland-Massena	6-06
1972	AA	Greg Ferguson	Waterloo, East	6-05	1988	4A	Steve Daugherty	Cedar Rapids, Prairie	6-09
	A	Colin Henderson	Starmont	6-00		3A	Brad Goheen	Norwalk	6-06
	B	Todd Surber	Maurice-Orange City	6-03		2A	Darwin Vande Hoef	Rock Valley	7-00
	C	Bill Seely	CAL, Latimer	6-00		1A	Rob Penningroth	Clarence-Lowden	6-05
1973	AA	Kevin O'Neill	Wahlert Catholic, Dubuque	6-06	1989	4A	Steve Daugherty	Cedar Rapids, Prairie	6-09
	A	Steve Stepanek	Cedar Rapids, LaSalle	6-05		3A	Tom Dunham	West Marshall	6-06
	B	Chris VanAuken	Columbus Junction	6-06		2A	Darwin Vande Hoef	Rock Valley	6-10
	C	Pat Clarkson	Preston	6-01		1A	Ron Wiese	Manning	6-04
1974	AA	Dick Garland	Marshalltown	6-07.25	1990	4A	Pete Herber	Dubuque, Senior	6-10
	A	Steve Stepanek	Cedar Rapids, LaSalle	6-06.25		3A	Andy Thompson	Johnston	6-06
	B	Greg Willey	West Monona, Onawa	6-04		2A	Gary Arends	Nashua	6-09
	C	Bill Green	Dexfield	6-02		1A	Don Wolf	St. Mary, Storm Lake	6-04
1975	AA	Steve Kuehl	Clinton	6-10.25	1991	4A	Scott Paulson	Indianola	6-09
	A	Wes Schwarzenstein	Sumner-Fredericksburg	6-06		3A	Bill Betterton	Carlisle	6-04
	B	Leroy McCuen	Corning	6-05		2A	Scott Hudek	Pocahontas	6-10
	C	Neal Gonnerman	Clay Central	6-01		1A	Steve Stahmer	Andrew	6-07
1976	AA	Brad Kuhn	Fort Dodge	6-04	1992	4A	Todd Johnston	Waterloo, West	6-08
	A	Keith Lauritzen	Audubon	6-04		3A	Shawn Young	Saydel	6-08
	B	Leroy McCuen	Corning	6-06.50		2A	Chris Greiner	Cardinal, Eldon	6-06
	C	Jim Franzen	Sumner-Fredericksburg	6-02		1A	Zack Jones	Malvern	6-08.50

High Jump

Year	Class	Name	School	Height	Year	Class	Name	School	Height	
1993	4A	Terry Bensink	Dubuque, Hempstead	6-06	2009	4A	Noah Kittleson	Indianola	6-08	
	3A	Jon Oostr	Western Christian, Hull	6-04		3A	Weston Ketelsen	Central Clinton, DeWitt	6-06	
	2A	Shawn Young	Saydel	6-07		2A	Matt Huseman	East Sac County	6-06	
	1A	Brandon Wade	Rockwell City-Lytton	6-06		1A	Kody Gillaspie	Westwood, Sloan	6-07	
1994	4A	Marcus Clark	Davenport, West	6-09	2010	4A	Noah Kittleson	Indianola	6-10	
	3A	Adam Almquist	Clarinda	6-05		3A	Stephen Meyer	Oelwein	6-04	
	2A	Erik Donahue	Waukee	6-06		2A	Jerad Croghan	IKM-Manning	6-08	
1995	1A	Brandon Wade	Rockwell City-Lytton	6-06	1A	Jordan Cress	Olin	6-07		
	4A	Ed Berlin	Urbandale	6-07	2011	4A	Tyler Donels	Southeast Polk	6-08	
	3A	Rich Wemer	Grinnell	6-05		3A	Stephen Meyer	Oelwein	6-07	
	2A	Cory Spencer	Colo-Nesco	6-07		2A	Braydee Poore	Mount Ayr	6-04	
1996	1A	Sean Clark	Manning	6-06	1A	Jordan Cress	Olin	6-09		
	4A	Ed Berlin	Urbandale	6-06	2012	4A	Justin Randall	Burlington	6-08	
	3A	Joey Brunkhorst	Iowa Falls-Alden-Alden	6-07		3A	Austin Krohn	Sergeant Bluff-Luton	6-06	
	2A	Court Lutgen	North Fayette	6-04		2A	Cody Jamison	Monticello	6-04	
1997	1A	Sean Clark	Manning	6-05	1A	Jared Schoelerman	Clay Central-Everly	6-07		
	4A	Dan Colony	Cedar Rapids, Washington	6-08.25	2013	4A	Justin Randall	Burlington	6-08	
	3A	Jason Nekola	South Tama County	6-07		3A	Daniel Schwartz	Fairfield	6-06	
	2A	Joey Brunkhorst	Iowa Falls-Alden-Alden	6-10		2A	Jeff Giannettino	West Burlington-Notre Dame	6-09	
1998	1A	Jesse Arnold	Martensdale-St. Marys	6-07	1A	Josh Markert	Manson Northwest Webster	6-04		
	4A	Rory Howell	Linn-Mar	6-08	2014	4A	Jared Seay	Johnston	6-07	
	3A	Tom Schmidt	Atlantic	6-04		3A	Reese Iversen	Dallas Center-Grimes	6-05	
	2A	Jake Kingery	PCM, Monroe	6-08		2A	Jeff Giannettino	West Burlington, Notre Dame	6-10	
1999	1A	Jesse Arnold	Martensdale-St. Marys	6-02	1A	Mitchell Martin	Danville	6-07		
	4A	Andy Kohler	Ames	7-00	2015	4A	Jared Seay	Johnston	6-09	
	3A	Aaron Pence	Fort Madison	6-04		3A	Cal Zahn	Webster City	6-06	
	2A	Travis Wielenga	Sioux Center	6-06		2A	Jeff Giannettino	West Burlington, Notre Dame	6-11	
2000	1A	Josh Dubberke	Hubbard-Radcliffe	6-04	1A	Cole Moeller	Calamus-Wheatland	6-09		
	4A	Andy Kohler	Ames	6-06	2016	4A	Suni Lane	Bettendorf	6-07	
	3A	Tyler Anderson	Carroll	6-04		3A	Cantrall Cameron	Spencer	6-00	
	2A	Mark Harken	Aplington-Parkersburg	6-10		2A	Xavior Williams	West Burlington, Notre Dame	7-00	
2001	1A	Cale Van Genderen	Lynnville-Sully	6-05	1A	Cole Moeller	Calamus-Wheatland	6-10		
	4A	Andy Anderson	Boone	6-02	2017	4A	Chuol Chuol	Ames	6-05	
	3A	Jeff Witthoff	Washington	6-04		3A	Blair Brooks	Marion	6-07	
	2A	Kyle Klein	Okoboji	6-07		2A	Miles Rupiper	Kuemper Catholic	6-06	
2002	1A	Cale Van Genderen	Lynnville-Sully	6-07	1A	Cole Moeller	Calamus-Wheatland	6-08		
	4A	Jason Bice	Bettendorf	6-04	2018	4A	Jacee Clark	Waterloo, East	6-08	
	3A	Ben Honig	Glenwood	6-08		3A	Keith Keahna	South Tama County	6-07	
	2A	Bill McConnaha	West Branch	6-07		2A	Miles Rupiper	Kuemper Catholic	6-07	
2003	1A	Jaron Van Mannen	Lynnville-Sully	6-06	1A	Cauy Spidle	Central Decatur	6-05		
	4A	Steve Cantry	Cedar Rapids Kennedy	6-06	2019	4A	Grant Kelchen	Western Dubuque, Epworth	6-08	
	3A	Ben Honig	Glenwood	6-08		3A	Landon Kooiker	Fairfield	6-07	
	2A	Ryan Rasmussen	Davis County	6-06		2A	Grant Brouwer	Sibley-Ocheydan	6-09	
2004	1A	Eric Johnson	Newell-Fonda	6-08	1A	Elliott Hagebock	North Union	6-06		
	4A	Aaron Bentle	Mason City	6-06	2020	Season canceled due to COVID-19.				
	3A	Ryan Rasmussen	Davis County	6-06		2021	4A	Logan Flanagan	Dubuque, Senior	6-05
	2A	Luke Branderhorst	Pella Christian	6-06			3A	Ian Collins	Charles City	6-09
2005	1A	Jaron VanMaanen	Lynnville-Sully	6-10	2A		Isaac Jones	Clarinda	6-06	
	4A	Mat Clark	Ames	6-05	1A	Gunner Meyer	Wapsie Valley	6-05		
	3A	Marc Meierotto	Fort Madison	6-07	2022	4A	Sam Skarich	North Scott	6-08	
	2A	Dan Rolling	Okoboji	6-09		3A	Ian Collins	Charles City	6-09	
1A	Ehi Oamen	Hinton	6-07	2A		Derek Weisskopf	Williamsburg	6-07		
2006	4A	Kyle McCain	Southeast Polk	6-03	1A	Kade Benjamin	New London	6-07		
	3A	Marc Meierotto	Fort Madison	6-10	2023	4A	TJ Jackson	Linn-Mar	6-11	
	2A	Josh Bradley	St. Edmond, Fort Dodge	6-07		3A	Sione Fifita	LeMars	6-06	
	1A	Ehi Oamen	Hinton	6-11		2A	Derek Weisskopf	Williamsburg	6-07	
2007	4A	Noah Kittleson	Indianola	6-06	1A	Kade Benjamin	New London	6-07		
	3A	Colten Kelly	Anamosa	6-07						
	2A	Nick Riesselman	Kuemper Catholic	6-06						
	1A	Luke Thompson	Montezuma	6-10						
2008	4A	TrayVonn Wright	Waterloo West	6-10						
	3A	Colten Kelly	Anamosa	6-11						
	2A	Jordan Sathoff	Pekin	6-10.50						
	1A	Kody Gillaspie	Westwood, Sloan	6-08						

Long Jump

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1906		Charles McMartin	Des Moines, West	20-06.50	1955	AA	Ted Harvey	Des Moines, East	22-10.125
1907		Carl Harris	Des Moines, West	21-02.00		A	Bob Brandt	Denison	21-03.125
1908		George Baird	Des Moines, West	20-11.50		B	Earl VanSteenhuyse	Wellsburg	20-08.50
1909		Norman Guth	Des Moines, East	20-07.00		C	Ralph Aasheim	Bode	20-00.50
1910		Raymond McBain	Des Moines, West	21-09.50	1956	AA	Ron Altenberg	Marion	21-04.625
1911		Raymond McBain	Des Moines, West	21-03.00		A	Bob Brandt	Denison	21-01.50
1912		Lawrence Dutton	Anamosa	21-01.00		B	Kenneth Singer	Sac City	19-04.50
1913		Lawrence Dutton	Anamosa	21-02.00		C	Bill Edgar	Grand Junction	19-10.375
1914		Leo Nugent	Anamosa	20-00.50	1957	AA	Bob Sojka	Cedar Rapids, Wilson	21-05.00
1915		Will Paige	Fort Dodge	20-09.25		A	Chuck Runge	DeWitt	22-00.50
1916		(T)Robert Howard	Des Moines, West	20-11.375		B	Danny Mairet	Keosauqua	19-10.75
		(T)Paul Gates	Sioux City	20-11.375		C	Larry Wink	Moville	19-02.625
1917		Paul Gates	Sioux City	20-03.00	1958	AA	Gary Cleghorn	Spencer	21-10.75
1918		Cecil Brewton	Mason City	20-00.50		A	Jim VanWerden	Winterset	20-05.50
1919		Eric Wilson	Iowa City	20-09.00		B	Duane Petz	Williamsburg	21-05.625
1920		Gerald Hass	Sioux City	19-07.00		C	Jerry Barrick	Blairsburg	19-06.75
1921		Morgan Taylor	Sioux City, Central	20-06.50	1959	AA	Gayle Hopkins	Davenport, Central	21-07.50
1922		John Everingham	Fort Madison	20-10.00		A	Doug Cumming	Eagle Grove	19-05.75
1923		John Everingham	Fort Madison	21-10.00		B	Lonnie Rogers	English Valleys	21-03.25
1924		Harold Morris	Colfax	22-04.25		C	Dick Umsted	Harcourt	20-08.75
1925		Joe Lillard	Mason City	20-08.50	1960	AA	Jim Piper	Ames	22-10.50
1926		Vane Snorf	Des Moines, Roosevelt	20-03.25		A	Doug Cumming	Eagle Grove	21-02.50
1927		Frank Baker	Cedar Rapids, Washington	21-07.75		B	Lonnie Rogers	English Valleys	22-01.25
1928		Bob Chase	Des Moines, Roosevelt	21-05.50		C	Dennis DeWitt	Elliott	20-05.00
1929		Harold England	Creston	21-10.50	1961	AA	Lloyd Mathews	Sioux City, Central	22-08.50
1930		Floy Gates	Des Moines, North	21-10.50		A	Lyle Wilke	Central Lyon, Rock Rapids	21-05.50
1931		Richard Warren	Eldora Training School	23-03.00		B	Dennis Sims	Anita	20-06.25
1932		Skeets Haltom	Creston	22-03.125		C	Lloyd VanZee	Prairie City	19-04.75
1933		Jack Parker	Lamoni	22-07.50	1962	AA	Harry Alley	Winterset	22-09.00
1934		Herbert Eaton	Sidney	21-05.50		A	John Wagner	Perry	21-11.25
1935		Jack Phillips	Webster City	21-05.75		B	Jack Cooper	Carlisle	20-04.00
1936		John Davenport	Cedar Rapids, McKinley	21-10.00		C	Lloyd VanZee	Prairie City	21-02.00
1937		Jack Wilson	Davenport	21-01.25	1963	AA	Tom Landsberg	Ames	22-00.25
1938		Billy Green	Newton	22-09.50		A	John Wagner	Perry	22-04.75
1939		Wilbur Workman	Grinnell	22-05.00		B	Dennis Sims	Anita	21-07.00
1940		Wilbur Workman	Grinnell	21-01.50		C	Charles Malm	Pocahontas Catholic	21-04.50
1941		Bill Draper	Council Bluffs, Jefferson	21-04.375	1964	AA	Tom Landsberg	Ames	23-03.75
1942		John Thompson	Muscatine	22-05.25		A	Ken Brauman	Eagle Grove	22-01.50
1943		Dick Muhl	Fort Dodge	21-05.25		B	John Lounsberry	NUH, Cedar Falls	20-08.75
1944		Gordon Kastler	Des Moines, Lincoln	21-10.00		C	Charles Malm	Pocahontas Catholic	21-02.00
1945		James Burlingame	Clinton	20-03.50	1965	AA	Skip Gooch	Mason City	22-01.00
1946		Al Ballard	Ames	22-00.875		A	Ken Brauman	Eagle Grove	21-10.00
1947		Don Green	Ames	21-11.00		B	Craig Lewis	Emmetsburg	22-05.25
1948	A	Carl Midcalf	Cedar Rapids, McKinley	20-05.25		C	Steve Chambers	Treynor	21-04.00
	B	Dick Hoel	Lake Mills	19-10.00	1966	AA	Gregg Kohrs	Council Bluffs, Jefferson	22-07.25
1949	A	Tom Shupe	Clarion	21-09.00		A	Lenny Dunham	West Marshall	22-02.50
	B	Jim Kent	Mount Vernon	19-00.50		B	Rodney Nelson	Aurelia	22-09.00
1950	A	Tom Shupe	Clarion	21-06.125		C	Bob Vermett	NE Hamilton	22-00.00
	B	Jim Kent	Mount Vernon	21-00.25	1967	AA	Gregg Kohrs	Council Bluffs, Jefferson	22-05.75
1951	A	Reggie Atkins	Des Moines, East	21-05.00		A	Lenny Dunham	West Marshall	22-08.00
	B	Gary Beckley	Grundy Center	20-10.00		B	Mike Junck	Woodbury Central	22-09.25
1952	A	Phil Leahy	Clinton	21-04.00		C	Rex Bristow	LuVerne	21-01.00
	B	Don White	Lamoni	21-03.00	1968	AA	Landy Waller	Cedar Rapids, Washington	22-11.50
1953	AA	Norval Lee	Cedar Rapids, Roosevelt	21-00.00		A	Jim Simpson	Marion	22-00.75
	A	Tom Ecker	Waverly	21-08.75		B	Mike Maxted	West Harrison	21-05.25
	B	Bill Warner	Woodbine	20-06.25		C	Neil Mandsager	Goldfield	22-00.00
	C	Bob Mister	Iowa School for Deaf	21-08.75	1969	AA	Walter Ewing	Davenport, Central	22-03.25
1954	AA	Bob Warren	Centerville	21-07.25		A	Ted Leverenz	Ankeny	22-05.25
	A	Ross Pilkington	Red Oak	21-01.50		B	Mike Everett	Carroll	20-05.75
	B	John Whitehead	Greene	20-11.25		C	Don Bristow	LuVerne	20-10.75
	C	Terry Stevens	Fayette	20-07.125	1970	AA	Mark Chardoulis	Fort Dodge	22-04.75
						A	Dennis Thorson	Humboldt	22-02.50
						B	Garry Hutchinson	West Harrison	21-00.25
						C	Mark Swalley	Sanborn	21-03.00

Long Jump

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1971	AA	Ken Jackson	Waterloo, East	22-10.50	1987	4A	Marvin Sims	Iowa City, West	22-08.00
	A	Randy Van Voorst	Western Christian	20-01.75		3A	Paul Blazek	Turkey Valley	22-00.75
	B	Mike Wehner	Schleswig	21-07.25		2A	Lynn Van Beek	Sioux Center	21-10.25
	C	Tom Schroeder	Preston	21-09.50		1A	Steve Dinkla	Cumberland & Massena	21-00.00
1972	AA	Ken Jackson	Waterloo, East	22-04.00	1988	4A	Darren Smith	North Scott	23-04.50
	A	Steve Little	Jefferson	21-03.00		3A	Mike Otting	Cascade	22-08.50
	B	Craig Buhrow	Milford	21-01.00		2A	Brian Tucker	Corning	22-06.25
	C	Dale Greimann	Sheffield-Chapin	21-03.50		1A	Eric Pingel	Sutherland	22-00.25
1973	AA	Dennis Green	Davenport, Central	23-04.00	1989	4A	LaVance Banks	Bettendorf	22-11.50
	A	Tom Meade	Williamsburg	21-01.75		3A	Cole Honeck	Hampton-Dumont	22-00.75
	B	Jim Marker	Northwood-Kensett	21-04.50		2A	Brian Tucker	Corning	23-01.00
	C	Brent Hoegh	Elk Horn-Kimballton	21-03.25		1A	Richard Harris	GMG, Garwin	21-08.00
1974	AA	Jay Dana	Waverly-Shell Rock	22-06.25	1990	4A	Todd Madsen	Webster City	23-08.00
	A	Doug Rempp	West Marshall	21-11.00		3A	Jamie Leonard	Dallas Center-Grimes	21-11.00
	B	Randy Murray	Columbus Junction	22-01.25		2A	Jason Zoske	Hubbard	22-02.00
	C	Greg Capell	Fayette	22-06.50		1A	Chad Morton	CAL, Dows	21-07.50
1975	AA	Dennis Green	Davenport, Central	23-04.50	1991	4A	John Barnett	Ames	22-06.75
	A	Jeff Wettach	Mount Pleasant	21-09.50		3A	Scott VanWyngarden	Knoxville	22-06.00
	B	Randy Murray	Columbus Jct.	22-06.00		2A	Rick Aalfs	BCL, Conrad	21-10.75
	C	Greg Van Pelt	Panora-Linden	21-04.00		1A	David Elser	South Clay, Gillett Grove	21-07.50
1976	AA	Tim Wiseman	Davenport, Central	23-01.00	1992	4A	Tim Dwight	Iowa City, City	23-03.25
	A	Gary Crawford	Washington	22-08.75		3A	Shawn Young	Saydel	22-08.00
	B	Leroy McCuen	Corning	21-01.00		2A	Deon Wingert	Bishop Garrigan	21-10.50
	C	Greg Van Pelt	Panora-Linden	20-08.50		1A	Mark Hall	Whiting	21-09.00
1977	AA	Dave Minnick	Ames	22-10.25	1993	4A	Tim Dwight	Iowa City, City	23-05.50
	A	John Dietrich	Emmetsburg	22-01.50		3A	Andrew Paulsen	Waverly-Shell Rock	21-08.00
	B	Leroy McCuen	Corning	22-04.50		2A	Jeff Buss	Denver	21-09.75
	C	Kent Krug	West Bend	21-07.50		1A	Matt Hall	Hinton	21-09.00
1978	AA	Wayne Denton	Waterloo, West	23-02.50	1994	4A	Tim Dwight	Iowa City, City	23-11.00
	A	Dave Showalter	Mid-Prairie	22-01.50		3A	Andrew Paulsen	Waverly	22-08.50
	B	Dave Burris	NUH, Cedar Falls	21-11.00		2A	Curt Accola	Ballard	22-04.00
	C	Kurt Harle	Kanawha	22-00.75		1A	Matt Hall	Hinton	21-09.50
1979	AA	Wade Harrington	Davenport, Central	23-06.25	1995	4A	Mark Norman	Waterloo, East	22-02.00
	A	Chuck Meyer	North Fayette	22-00.00		3A	Bryan Gilbreath	Waverly-Shell Rock	20-10.00
	B	Dan Bloomquist	Cardinal	21-05.25		2A	Curt Accola	Ballard	21-08.00
	C	Kurt Harle	Kanawha	21-11.25		1A	Kevin Wise	South Page, College Springs	22-00.50
1980	AA	Claude Perkins	Waterloo, Central	22-11.75	1996	4A	Jess Holland	Iowa City, City	23-01.50
	A	Chuck Meyer	North Fayette	22-05.50		3A	Troy Shulte	Bishop Heelan	21-05.00
	B	Dave Groen	Sioux Center	21-05.50		2A	Josh Gondek	Mount Vernon	20-07.50
	C	Geoff Rupe	Maxwell	22-04.50		1A	Kevin Wise	South Page, College Springs	21-03.25
1981	AA	Ron Foreman	Des Moines, East	22-11.00	1997	4A	Terry Reiners	Fort Dodge	22-06.50
	A	Eric Evans	Iowa Falls-Alden	21-07.75		3A	Bryan Gilbreath	Waverly-Shell Rock	23-04.00
	B	Brian Tietjens	North Central	22-08.75		2A	Josh Gondek	Mount Vernon	22-06.00
	C	Dave Hawkins	Bennett	22-00.00		1A	Tim Dodge	Rockwell-Swaledale	23-01.00
1982	4A	Chris Walker	Davenport, Central	22-06.50	1998	4A	Adam Benge	Ankeny	22-01.00
	3A	Rich White	Creston	21-06.50		3A	Brad Witthoft	Washington	22-06.00
	2A	Mark Zuber	Iowa Valley	22-00.75		2A	Darin Naatjes	West Lyon	22-01.00
	1A	Dave Hawkins	Bennett	21-07.75		1A	Chris McCullough	Pleasantville	22-02.25
1983	4A	Chris Walker	Davenport, Central	24-01.00	1999	4A	Kolby Jones	Dowling Catholic	23-00.50
	3A	Rod Suazo	North Fayette	21-05.75		3A	Ben Hall	Harlan	22-10.25
	2A	Tork Hook	Wayne, Corydon	22-02.25		2A	Josh Hanson	North Fayette	21-09.25
	1A	John McCombs	Sious Rapids-Rembrandt	21-11.75		1A	David Rhodes	Iowa Mennonite	22-00.25
1984	4A	Chris Walker	Davenport, Central	24-00.50	2000	4A	Hakim Hill	Iowa City, City	22-06.00
	3A	Greg Rogers	Center Point	22-00.50		3A	Adam Haluska	Carroll	21-07.75
	2A	Matt Zuber	Iowa Valley	21-10.00		2A	Matt Ditch	Center Point-Urbana	21-09.25
	1A	Phil Forbes	Lone Tree	20-08.25		1A	Lee Roden	West Harrison	21-00.50
1985	4A	Mike Anderson	Waterloo, East	22-06.75	2001	4A	Hakim Hill	Iowa City, City	22-11.50
	3A	Sam Gout	Estherville	22-04.00		3A	Adam Haluska	Carroll	22-01.00
	2A	Matt Zuber	Iowa Valley	24-03.00		2A	Bret VanWyk	Pella Christian	22-02.75
	1A	Phil Forbes	Lone Tree	21-05.75		1A	Nick Bender	Madrid	21-02.75
1986	4A	Lyle Taylor	Indianola	22-02.00	2002	4A	Rumel Monk	Des Moines Lincoln	22-07.25
	3A	Willie Barney	Mount Pleasant	22-09.75		3A	Adam Haluska	Carroll	22-05.25
	2A	Jeff Gavin	Regina, Iowa	22-04.00		2A	Cody Eichmeier	AGWSR, Ackley	22-11.50
	1A	Lant Doran	Paton-Churdan	21-08.00		1A	Nick Bender	Madrid	22-02.50

Long Jump

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
2003	4A	Jordan Crosby	Fort Dodge	22-06.25	2019	4A	Damon Jaeger	Western Dubuque, Epworth	22-07.75
	3A	Paul Aanonson	Ballard	21-10.00		3A	Keyontre Clark	Bishop Heelan Catholic	21-07.25
	2A	Devan Moylan	Panorama	21-09.50		2A	Parker Kiewiet	Dike-New Hartford	22-10.75
	1A	Jaron VanMaanen	Lynnville-Sully	22-07.75		1A	Josef Smith	West Hancock	21-10.00
2004	4A	Ben Evans	Iowa City	22-09.50	2020	Season canceled due to COVID-19.			
	3A	Mike Keller	Storm Lake	21-09.00	2021	4A	Drew Bartels	Cedar Rapids, Kennedy	23-06.00
	2A	Dustin Baum	Eldora-New Providence	22-08.50		3A	Ian Collins	Charles City	23-00.75
	1A	Eric Parker	Northwood-Kensett	21-11.00		2A	Cooper DeJean	OABCIG	23-07.50
2005	4A	Aaron Jarosh	Ankeny	22-07.50		1A	Kole Becker	Lisbon	22-04.00
	3A	Aaron Albus	LeMars	21-04.00	2022	4A	Abu Sama	Southeast Polk	24-02.75
	2A	Tristan Evans	Starmont	22-00.00		3A	Archer Ogbourne	Carlisle	23-00.75
	1A	Eric Smith	West Harrison	21-06.50		2A	Beau DeRocher	Hinton	22-04.75
2006	4A	Matt Kleven	Mason City	22-04.00		1A	Kole Becker	Lisbon	23-02.25
	3A	DaMarcus Taylor	Carlisle	22-03.25	2023	4A	Abu Sama	Southeast Polk	22-11.00
	2A	Nick Pearson	South Hardin, Eldora	22-07.75		3A	Josiah Cunnings	Charles City	22-02.25
	1A	Steven George	Maharishi, Fairfield	22-10.75		2A	Carter Bultman	West Sioux, Hawarden	22-07.75
2007	4A	Matt Kleven	Mason City	22-08.25		1A	Cam Buffington	Winfield-Mt. Union	21-08.00
	3A	Alex Spielman	Ballard	22-01.75					
	2A	Lucas Bostrom	North Fayette	21-05.50					
	1A	Josh Willert	West Hancock	21-04.75					
2008	4A	Derek Williams	Marshalltown	21-10.50					
	3A	Trevor Galbreath	Keokuk	21-06.50					
	2A	Nick Pulscher	Sheldon	21-07.50					
	1A	Zach Bennington	Central Elkader	22-02.50					
2009	4A	Kenny Gilmore	Davenport, Central	22-02.00					
	3A	Kyle Crossett	Knoxville	22-04.50					
	2A	Sid Hanson	Dike-New Hartford	22-02.25					
	1A	Mason Tompkins	Montezuma	22-03.75					
2010	4A	Kenny Gilmore	Davenport, Central	22-03.75					
	3A	Riley McCarron	Wahlert Catholic	22-04.50					
	2A	Justin Wohlert	Hartley-Melvin-Sanborn	22-02.75					
	1A	Zach Steinhoff	Manson Northwest Webster	21-11.50					
2011	4A	Kenny Gilmore	Davenport, Central	23-01.75					
	3A	Riley McCarron	Wahlert Catholic	22-05.00					
	2A	Caleb Freund	Durant	21-08.75					
	1A	Nick Efkamp	Madrid	23-02.50					
2012	4A	Jerry Westerfield	Davenport, North	24-01.00					
	3A	Grant May	Glenwood	22-00.00					
	2A	Dalton Ferch	West Marshall	22-11.75					
	1A	Josh Markert	Manson Northwest Webster	22-06.50					
2013	4A	Derek Jacobus	Cedar Rapids, Kennedy	22-10.25					
	3A	Chandler Diercks	Clear Lake	22-06.25					
	2A	Connor Hainer	Colfax-Mingo	22-10.50					
	1A	Josh Markert	Manson Northwest Webster	22-04.50					
2014	4A	Curtis McCrary	Linn-Mar	23-01.00					
	3A	Chandler Diercks	Clear Lake	23-04.25					
	2A	Haris Takes	Cascade	21-04.75					
	1A	Patrick Sheehey	Pleasantville	22-04.50					
2015	4A	DeAngelo Jackson	Dubuque, Senior	22-08.25					
	3A	Ty Cassult	West Delaware	21-11.50					
	2A	Chandler Diercks	Clear Lake	23-03.25					
	1A	Bryce Newcomb	GMG, Garwin	21-09.25					
2016	4A	DeAngelo Jackson	Dubuque, Senior	23-07.00					
	3A	Chase Van Sant	Pella	22-00.50					
	2A	Xavior Williams	W Burlington/N. Dame	23-08.25					
	1A	Jovonte Squiers	Lone Tree	22-04.75					
2017	4A	Kevin Kurth	Davenport, Central	22-03.50					
	3A	Blair Brooks	Marion	22-07.50					
	2A	Miles Rupiper	Kuemper Catholic	21-11.25					
	1A	Jovonte Squiers	Lone Tree	21-07.75					
2018	4A	Terrell Jordan	Cedar Rapids, Kennedy	22-05.00					
	3A	Ajay Reed Jr.	Gilbert	23-00.00					
	2A	Miles Rupiper	Kuemper Catholic	22-01.00					
	1A	Ryan Miller	North Linn	22-03.75					

Shot Put

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1906		Ray Murphy	Ida Grove	44-07.00	1956	AA	Roger Carlson	Dubuque	58-00.50
1907		Merle Alderman	Marion	45-03.00		A	Scott Wagler	Bloomfield	53-10.00
1908		Donald Wagner	Des Moines, West	40-07.00		B	Alan Vieth	Oakland	48-11.25
1909		C. Eugene Van Gent	Ottumwa	44-06.00		C	Jerry Dawley	New Sharon	49-07.50
1910		Rudolph Hoper	Hartley	44-10.00	1957	AA	Bill Housel	Iowa City, City High	55-11.25
1911		Howard Aldrich	Sioux City	43-07.25		A	Jack McDonald	Clear Lake	50-02.75
1912		Kenneth C. Humble	Marion	42-05.00		B	Allan Vieth	Oakland	53-07.875
1913		Francis Heaney	Cedar Rapids	43-00.00		C	Ron Walter	Farragut	48-05.00
1914		Elliott Purmort	Des Moines, West	41-11.00	1958	AA	Dick Pilgrim	Davenport	56-08.75
1915		Frank Hargens	Davenport	45-07.00		A	Mike Welch	Sac City	54-06.00
1916		Harold McKowan	Des Moines, West	44-04.50		B	Bob Zaehringer	Clinton St. Mary's	50-10.375
1917		Everett Muir	Hampton	45-01.00		C	Bill Reif	Kalona	50-02.50
1918		Everett Muir	Hampton	45-10.00	1959	AA	Lee Carlson	Dubuque	60-00.50
1919		Curtis Morton	Des Moines, North	43-11.00		A	Jim Spooner	Storm Lake	52-04.00
1920		Lloyd Hills	Blanchard	41-10.00		B	Dean Gerber	Holstein	51-03.75
1921		Herb Boettger	Grinnell	45-02.50		C	Gary Bintz	Sutherland	44-11.50
1922		Paul Little	Des Moines, East	45-10.00	1969	AA	Bob Berry	Burlington	58-00.00
1923		Gordon Meeter	Hawarden	46-00.75		A	Terry Carlson	Humboldt	49-04.00
1924		Ray Cherry	West Chester	44-07.625		B	Gregg Harrison	Eldora	49-01.00
1925		Lawrence Coomer	Dayton	46-07.00		C	Bruce Petrich	Sanborn	46-10.25
1926		Charles Barge	Montezuma	47-09.75	1961	AA	Wayne Thimmesch	Burlington	55-09.75
1927		John Larson	Sergeant Bluff	45-05.00		A	Larry Strickler	Sigourney	50-11.75
1928		Wayne Massey	Renwick	48-03.625		B	Joel Harris	Carroll	48-07.00
1929		Edmund Cook	Keokuk	47-03.50		C	Andy Ness	Sioux Rapids	47-10.50
1930		John Smolar	Atlantic	47-05.375	1962	AA	Jim Miller	Des Moines, North	56-00.75
1931		Bob Earl	Des Moines, North	48-10.875		A	Jim Bayse	Grundy Center	49-07.50
1932		John Whinnery	Fort Dodge	48-01.50		B	Joel Harris	Carroll	50-05.00
1933		Floyd DeHeer	Oskaloosa	46-11.50		C	Andy Ness	Sioux Rapids	48-02.00
1934		Floyd DeHeer	Oskaloosa	54-06.00	1963	AA	Tom Knutson	Cedar Rapids, Jefferson	58-02.75
1935		Allen Dillon	Des Moines, Roosevelt	48-00.00		A	Harold Sorenson	Bedford	54-09.50
1936		Allen Dillon	Des Moines, Roosevelt	53-02.25		B	Joel Harris	Carroll	52-07.50
1937		Noble Ferren	Centerville	49-05.00		C	Doug Winter	Ocheyedan	49-03.75
1938		John Welchman	Davenport	48-03.00	1964	AA	Terry Huff	Davenport, Central	55-08.00
1939		Ira Lund	Clinton	50-01.125		A	Dennis McNulty	Belmond	51-05.50
1940		Dick Bliss	Ames	53-09.00		B	Jim Norman	Adel	54-10.25
1941		Dick Hoerner	Dubuque	50-04.625		C	Ken Huelman	Schaller	54-07.00
1942		Bob Hendren	Clarinda	49-07.00	1965	AA	Jon Meskimen	Cedar Rapids, Jefferson	60-03.25
1943		Dave Williams	Ottumwa	46-08.125		A	Mike Mulvaney	Independence	52-06.25
1944		Dave Williams	Ottumwa	48-08.50		B	Ken Hamman	Farragut	51-03.50
1945		Bob Nelson	Des Moines, North	49-05.75		C	Ken Huelman	Schaller	55-04.50
1946		Bob Nelson	Des Moines, North	49-10.50	1966	AA	Doug Lane	Cedar Rapids, Jefferson	60-11.00
1947		Joe Paulsen	Davenport	50-11.00		A	James Rudd	Sac City	54-11.75
1948	A	Jim Robertson	Ames	50-08.375		B	John Martin	NUH, Cedar Falls	49-11.00
	B	Marv Tuttle	Iowa School for Deaf	49-09.25		C	Al Feuerbach	Preston	57-07.00
1949	A	Jim Robertson	Ames	54-05.75	1967	AA	Doug Lane	Cedar Rapids, Jefferson	64-05.75
	B	Marv Tuttle	Iowa School for Deaf	49-11.375		A	Dave Mockridge	Central Clinton, DeWitt	55-05.25
1950	A	Bill Hood	Davenport	50-09.125		B	Darrell Jansonius	Ackley-Geneva	52-00.75
	B	Ralph Yoder	Ollie	47-06.50		C	Veryl Olson	LDF	53-09.75
1951	A	Bill Hood	Davenport	54-02.00	1968	AA	Doug Lane	Cedar Rapids, Jefferson	65-11.50
	B	Marlow Eckhoff	Rockwell City	47-00.75		A	Fred Beaver	Sac City	52-10.25
1952	A	Jim Freeman	Iowa City, City High	52-02.25		B	Chuck Asher	Carlisle	55-07.00
	B	Don Kolsrud	DeWitt	47-11.00		C	Leon Walterman	Dike	52-05.00
1953	AA	Jim Dabner	Fairfield	49-09.00	1969	AA	Carl Hesse	Sioux City, East	60-02.00
	A	Stan Wheelchel	Perry	49-02.625		A	Glenn Richardson	Urbandale	55-03.75
	B	Francis Boetel	Hartley	49-00.75		B	Dan Miller	Belle Plaine	53-03.50
	C	Bill Ehrenfelt	Wellman	42-11.50		C	Pat Bishop	Bondurant-Farrar	49-01.00
1954	AA	Jim Dabner	Fairfield	51-00.75	1970	AA	Bob Herman	Cedar Rapids, Jefferson	56-11.25
	A	Charles Hackett	Bettendorf	51-02.125		A	Randy Omvig	Eagle Grove	55-07.00
	B	Ken Collins	Eldora	50-07.50		B	Larry Hutchinson	West Harrison	55-03.00
	C	Charles Quillin	New Sharon	45-00.625		C	Darrel Satern	Twin Rivers, Bode	51-09.75
1955	AA	Ed McDowell	Ames	56-03.00	1971	AA	John Patrick	Oskaloosa	55-03.00
	A	Jim Donhowe	Hampton	50-10.50		A	Dan Hutchcroft	Mediapolis	55-11.25
	B	Gary Belgarde	Adel	49-03.75		B	Brad Storm	Belle Plaine	56-06.00
	C	Jerry Dawley	New Sharon	43-06.00		C	George Williamson	Battle Creek	52-11.00

Shot Put

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1972	AA	Brian Criswell	Grinnell	58-02.00	1988	4A	Cory Faber	Dowling Catholic	56-11.25
	A	Brent Geringer	Mount Ayr	55-01.75		3A	Scott Davis	Glenwood	59-00.50
	B	Dave Lanther	Midland, Wyoming	55-00.50		2A	Greg Greiner	Sigourney	53-10.50
	C	George Williamson	Battle Creek	52-10.00		1A	Neal Warren	Madrid	52-06.50
1973	AA	Ken Stracener	Clinton	55-02.75	1989	4A	Chad Monson	Southeast Polk	56-02.25
	A	Brent Geringer	Mount Ayr	55-08.50		3A	Jon Pelzer	Atlantic	55-01.00
	B	Steve Scanlon	Villisca	51-02.50		2A	Brian Moretz	Northwood-Kensett	53-07.75
	C	Darrell Schumacher	Battle Creek	55-01.00		1A	Ruel Kirstein	Lincoln, Stanwood	54-02.75
1974	AA	Ken Stracener	Clinton	56-07.25	1990	4A	Jason Matthews	Burlington	55-01.00
	A	Brent Geringer	Mount Ayr	60-04.00		3A	John Martin	Mount Vernon	58-08.50
	B	John Birmingham	Nashua	52-11.25		2A	Rick Whipple	West Hancock	53-07.00
	C	Bob Feuerbach	Preston	58-04.75		1A	Greg Barnett	Clarksville	55-07.50
1975	AA	Andy Michelson	Clinton	58-03.50	1991	4A	William Woods	Davenport, North	57-00.00
	A	Chuck Locke	Davis County	55-04.50		3A	Jeremy Truog	Estherville	53-06.00
	B	Jeff DeVilder	BGM, Brooklyn	55-06.75		2A	Steve Huberty	Emmetsburg	51-01.00
	C	Bob Feuerbach	Preston	60-10.25		1A	Josh Hagedorn	Clay Central, Everly	56-07.25
1976	AA	Derrick Barker	Marshalltown	57-03.00	1992	4A	Jon LaFleur	Bishop Heelan	52-11.50
	A	Chuck Locke	Davis County	60-08.75		3A	Tim Wilson	Decorah	55-07.25
	B	Jeff DeVilder	BGM, Brooklyn	59-02.75		2A	Willy Stone	Pekin	51-10.50
	C	Kirby Gilson	Bayard	53-08.50		1A	Josh Hagedorn	Clay Central, Everly	56-11.50
1977	AA	Jeff Hayek	Davenport	58-00.25	1993	4A	Jon LaFleur	Bishop Heelan	56-04.75
	A	Chuck Locke	Davis County	62-09.75		3A	Steve English	Mount Pleasant	53-07.50
	B	Jeff DeVilder	BGM, Brooklyn	61-11.25		2A	Scott Schaley	Camanche	59-07.75
	C	Jeff Tolly	Mormon Trail	52-02.25		1A	Aaron Ruschy	Lincoln Central	53-09.00
1978	AA	Phil O'Neil	Council Bluffs, Jefferson	58-07.50	1994	4A	Chris Rooney	Bishop Heelan	52-05.75
	A	Steve Settle	Nevada	61-00.75		3A	Steve English	Mount Pleasant	60-08.25
	B	Shamus McDonough	Corning	56-02.75		2A	Jamie Beyer	PCM, Monroe	55-01.50
	C	Brad Neuberger	Boone Valley	53-08.25		1A	Paul Schroeder	Gehlen Catholic	54-02.50
1979	AA	Jeff Steger	Davenport, Central	57-04.00	1995	4A	Erik Rogers	Davenport, West	50-09.75
	A	Paul Hufford	Mount Vernon	57-00.25		3A	Jim Leemon	Waverly-Shell Rock	53-02.50
	B	Arnie Doden	Buffalo Center-Rake	53-01.00		2A	Jamie Beyer	PCM, Monroe	58-05.50
	C	Bob Jenson	Lincoln Central, Gruver	54-08.50		1A	Matt Voge	Galva	53-04.25
1980	AA	Paul Deniston	Davenport, Central	56-11.50	1996	4A	Cory Bern	Spencer	53-09.50
	A	Joe Beadle	Anamosa	58-01.50		3A	Jason Cheever	Bishop Heelan	52-11.50
	B	Tim Buenz	Charter Oak-Ute	54-09.75		2A	Zech Schiebout	Pella Christian	53-00.75
	C	Tim Hadden	Primghar	51-06.25		1A	Jay Jensen	Galva-Holstein	51-06.00
1981	AA	Norm Balke	Iowa City, City High	58-01.00	1997	4A	Curt Lessman	Sious City, East	53-04.75
	A	Jim Strand	Glenwood	55-04.50		3A	Jason Cheever	Bishop Heelan	55-01.00
	B	Mike Goad	Iowa Valley	58-10.00		2A	Joel Ellis	Emmetsburg	54-10.75
	C	Barry Cuvelier	New Hartford	57-00.50		1A	Matt Mai	Gehlen Catholic	56-07.00
1982	4A	Dave Juehring	Davenport, West	61-05.00	1998	4A	Trent Clemen	Wahlert Catholic	59-05.00
	3A	Jim Strand	Glenwood	56-06.00		3A	Robert Hamre	Davis County	56-02.25
	2A	Dave Siler	Denver	53-10.25		2A	Ryan Winters	Iowa Falls-Alden-Alden	56-01.25
	1A	Barry Cuvelier	New Hartford	57-06.75		1A	Matt Mai	Gehlen Catholic	54-11.75
1983	4A	Mike Flagg	Cedar Falls	57-02.25	1999	4A	Ben Deike	Marshalltown	57-01.75
	3A	Rick Davidson	Davis County	54-02.00		3A	Dennis Anderson	Glenwood	58-09.00
	2A	Calvin Vande Hoef	Sibley	54-01.75		2A	Robby Beyer	PCM, Monroe	59-11.00
	1A	Paul Slater	Arnolds Park	50-00.50		1A	Chris Mohr	Coon Rapids-Bayard	50-08.50
1984	4A	Ben Norby	Dubuque, Senior	56-07.25	2000	4A	Jake Bowers	Sioux City, North	53-11.75
	3A	Stuart Stahl	Williamsburg	53-08.00		3A	Scott Romans	Glenwood	56-10.25
	2A	Calvin VandeHoef	Sibley	55-02.50		2A	John Reilly	East Marshall	56-03.50
	1A	Paul Slater	Arnolds Park	51-01.50		1A	Phil Barnett	Clarksville	51-07.50
1985	4A	Hirsch Oliver	Davenport, West	55-11.00	2001	4A	Ben Cronin	Ames	56-05.00
	3A	Andy Norland	Clarinda	59-00.50		3A	Steve Wagner	Harlan	58-04.25
	2A	Scott Phelps	KP-WC	52-03.75		2A	Justin Heins	North Fayette	53-04.50
	1A	Chuck Waggoner	Sutherland	53-02.50		1A	Phil Barnett	Clarksville	53-03.75
1986	4A	Todd Eagen	Oskaloosa	56-09.00	2002	4A	John Cochran	Valley	56-02.75
	3A	Andy Nordland	Clarinda	58-08.25		3A	Shane Maier	Storm Lake	55-10.75
	2A	Matt Coleman	Dallas Center-Grimes	51-05.25		2A	Mitch Fields	Tipton	53-00.75
	1A	Scott Phelps	KP-WC	54-07.50		1A	Lucas Schossow	Galva-Holstein	54-05.50
1987	4A	Chris Hatcher	Council Bluffs, Jefferson	54-10.00	2003	4A	Darryl Hunter	Dowling Catholic	58-09.50
	3A	Scott Davis	Glenwood	56-10.75		3A	Shane Maier	Storm Lake	59-03.75
	2A	Greg Greiner	Sigourney	51-09.25		2A	Taylor Strube	Emmetsburg	55-10.25
	1A	Dondi Culbertson	Paton-Churdan	52-01.25		1A	Wade Fegenbush	Whiting	52-10.25

Shot Put

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
2004	4A	Chase Madison	Newton	63-00.00	2021	4A	Matt Kaputska	Waukee	60-06.25
	3A	Jason Wagner	Grinnell	56-06.00		3A	Kody Huisman	Pella	59-04.75
	2A	Jason Williams	Mount Vernon	54-08.00		2A	Carson Lienau	Jesup	55-00.50
	1A	Ben Menary	Montezuma	51-04.50		1A	Zach Verzani	Lawton-Bronson	58-11.25
2005	4A	Julian Vanderveelde	Davenport, Central	56-03.75	2022	4A	Nolan Recker	Muscatine	59-09.75
	3A	Sam Lambert	Webster City	59-09.00		3A	JJ. Moore	Webster City	59-05.00
	2A	Matt Banse	Starmont	55-06.75		2A	Carson Lienau	Jesup	58-09.50
	1A	Austin Steichen	St. Mary's, Remsen	56-08.50		1A	Abraham Christensen	Ogden	53-06.50
2006	4A	Julian Vanderveelde	Davenport, Central	58-11.50	2023	4A	Cohen Pfohl	Dubuque, Senior	57-05.00
	3A	Taylor Mansfield	Decorah	57-01.50		3A	Duke Faley	Wahlert Catholic	58-02.75
	2A	Matt Banse	Starmont	60-03.00		2A	Spencer Kessel	Louisa-Muscatine	64-01.25
	1A	Kyle Cheney	Guthrie Center	54-04.00		1A	Ian Blowe	Akron-Westfield	55-11.50
2007	4A	Ryan Lamparek	Prairie	59-06.00					
	3A	Cody Hundertmark	Humboldt	56-07.00					
	2A	Matt Banse	Starmont	60-03.50					
	1A	Zach Kotz	Lamoni	53-07.00					
2008	4A	Thomas Reynolds	Iowa City, West	57-00.00					
	3A	Brandon Scherff	Denison-Schleswig	59-05.50					
	2A	Ethan Tuftee	Assumption, Davenport	56-11.50					
	1A	Andrew Simons	West Lyon	53-01.50					
2009	4A	Nic Toben	Ames	58-04.00					
	3A	Drew Clark	Marion	64-07.75					
	2A	Dan Samson	Collins-Maxwell	56-05.50					
	1A	Andrew Simons	West Lyon	54-02.00					
2010	4A	Jeremy Jacobson	Bettendorf	60-00.75					
	3A	Brandon Scherff	Denison-Schleswig	58-05.25					
	2A	Kyle Farmer	Estherville Lincoln Central	55-00.25					
	1A	Eric Simmons	Madrid	57-02.75					
2011	4A	Chris LaMar	Ames	53-03.25					
	3A	Justin Baker	Bishop Heelan	59-04.75					
	2A	Ben Stutt	Monticello	56-06.25					
	1A	Eric Simmons	Madrid	58-11.00					
2012	4A	Chris LaMar	Ames	54-07.75					
	3A	Connor Melbus	Solon	57-11.75					
	2A	Avery Meyers	West Liberty	58-02.75					
	1A	Grant Nodaway Valley	Sibley-Ocheyedan	52-07.50					
2013	3A	Emmet Wester	Mount Pleasant	58-01.25					
	2A	Zach Samson	Collins-Maxwell	53-00.75					
	1A	Keegan Trittle	Lisbon	53-00.25					
2014	4A	Jacob Barents	Lewis Central	57-04.00					
	3A	Dalton Ferguson	Solon	60-00.75					
	2A	Zach Samson	Collins-Maxwell	56-05.50					
	1A	Keegan Trittle	Lisbon	56-03.50					
2015	4A	Tyler Johnson	Western Dubuque, Epworth	55-08.00					
	3A	Nathan Winters	Knoxville	58-01.25					
	2A	Ryan Moser	Clayton Ridge	56-03.50					
	1A	Keegan Trittle	Lisbon	57-02.00					
2016	4A	Dalles Jacobus	Cedar Rapids, Kennedy	60-08.00					
	3A	Tristan Wirfs	Mount Vernon	60-01.25					
	2A	Nick Phelps	KP-WC	61-01.75					
	1A	Mason Scheidegger	Newell-Fonda	55-02.50					
2017	4A	William Blaser	Western Dubuque, Epworth	61-09.25					
	3A	Tristan Wirfs	Mount Vernon	63-05.50					
	2A	Jared Brinkman	Regina, Iowa City	63-04.00					
	1A	Caleb Meinders.	AGWSR, Ackley	55-03.00					
2018	4A	Landis Green	Iowa City, West	58-05.00					
	3A	Dominick Etherington	Algona	61-00.75					
	2A	Nick Phelps	KP-WC	67-02.00					
	1A	Dawson Ellingson	Hudson	59-05.75					
2019	4A	Logan Jones	Lewis Central	60-02.00					
	3A	Nick DeJong	Pella	57-11.50					
	2A	Noah Fenske	New Hampton	60-0.25					
	1A	Zach Verzani	Lawton-Bronson	54-3.25					
2020	Season canceled due to COVID-19.								

Discus (3lb 9oz)

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1939		Ralph Beardsley	Anamosa	136-08.75	1964	AA	Larry Thoms	Waverly	153-01.50
1940		George Gast	Osage	145-01.25		A	Terry Reed	Iowa Falls-Alden	144-04.25
1941		Jack Muckler	Grinnell	143-10.25		B	Ed Pundt	Iowa Valley	153-03
1942		Bob Hendren	Clarinda	144-00		C	Wade Winters	Bondurant	140-11.50
1943		Dave Williams	Ottumwa	146-09.75	1965	AA	Larry Thoms	Waverly	165-08.50
1944		Dave Williams	Ottumwa	143-03.75		A	Mike Mulvaney	Independence	150-11
1945		Stan De La Hunt	Ames	149-09.25		B	Gary Hansen	Linn	153-07.75
1946		James McKinstry	Waterloo, East	139-07		C	Dean Troug	Mallard	144-10.75
1947		Jay Mallas	Boone	152-08.625	1966	AA	Ted Knutson	Cedar Rapis, Jefferson	163-08
1948	A	Jim Robertson	Ames	156-07.625		A	Terry Smutzer	Central, Argyle	162-08
	B	Victor Grothaus	Kingsley	141-02.50		B	Steven Kramme	Calmar	143-08
1949	A	Jim Robertson	Ames	160-05.75		C	Al Feuerbach	Preston	149-07.50
	B	Jim Reinert	Earlham	137-02.50	1967	AA	(Tie) Jerry Senters	West Delaware	168-05
1950	A	Larry Welchel	Perry	145-04.80			Doug Lane	Cedar Rapids, Jefferson	168-05
	B	Ralph Yoder	Ollie	154-06.60		A	Dennis Meyer	Iowa Falls-Alden	153-04
1951	A	Larry Welchel	Perry	144-04.50		B	Bob Bahr	Belle Plaine	140-02
	B	Marlow Eckhoff	Rock Valley	139-11.50		C	Steve Maguire	Treynor	140-02
1952	A	Dick Walker	Waterloo, West	143-02	1968	AA	Doug Lane	Cedar Rapids, Jefferson	162-11
	B	Jim Willet	Manson Northwest Webster	137-02.50		A	Don Handorf	Clarinda	151-00
1953	AA	Jim Young	Waterloo, West	140-03		B	Dan McClanahan	West Harrison	161-07
	A	Doug Brotherton	Creston	137-07.50		C	Michael Nessa	Hubbard	153-01
	B	George McAndrews	St. Mary's, Clinton	143-04	1969	AA	Don Presson	Bettendorf	157-11
	C	Jim Litwiller	Wellman	125-01		A	Ron Kennedy	Storm Lake	163-04
1954	AA	Jim Young	Waterloo, West	146-07		B	Dave Bahr	Belle Plaine	149-04
	A	Rich Bourne	Iowa Falls-Alden	134-09.50		C	John Busbee	Winfield, Mt. Union	151-09
	B	Ed Roberts	West Liberty	137-01.75	1970	AA	Phil Danowsky	Cedar Rapids, Washington	157-05
	C	Leon McNeil	New London	128-05		A	Randy Omvig	Eagle Grove	164-05
1955	AA	Herb Marske	Clinton	147-01		B	Larry Hutchinson	West Harrison	153-00
	A	Bob Garrett	Waverly	141-06.375		C	Don Bergman	Rockwell	152-05
	B	Russ Spear	Tama	144-10.50	1971	AA	Randy Lessman	Sioux City, East	170-08
	C	Norman Offenbacher	Coin	130-03		A	Ron Tanner	Eagle Grove	172-04
1956	AA	Dave Henschen	Davenport	163-07.125		B	David Lanpher	Midland, Wyoming	144-06
	A	Scott Wagler	Davis County	153-05		C	John Smeltzer	Marcus	144-08
	B	Dick Root	Akron	138-09.375	1972	AA	Randy Lessman	Sioux City, East	174-08
	C	Norman Offenbacher	Coin	145-09.50		A	Mark Smith	Independence	166-11
1957	AA	Weldon Ward	Fort Madison	155-00		B	Jay DeZeeuw	Boyden	151-11
	A	Jay Dockendorf	DeWitt	144-04.25		C	George Williamson	Battle Creek	146-07
	B	Dick Root	Akron	134-04	1973	AA	Jeff Holcomb	Bettendorf	160-08
	C	Carroll Widen	Harcourt	136-11		A	Brent Geringer	Mount Ayr	169-09
1958	AA	Dick Pilgrim	Davenport	146-06.75		B	Lyle Schwartz	Nodaway Valley, Greenfield	149-05
	A	David Turner	Sheldon	138-04.50		C	Darrell Schumacher	Battle Creek	153-03
	B	Steve Wedgebury	Ogden	149-00	1974	AA	Dan Mills	Wahlert Catholic	161-08
	C	Carroll Widen	Harcour	140-01.50		A	Jeff Donley	Independence	168-07
1959	AA	Lee Carlson	Dubuque	149-01		B	Jim Nicoletto	Madrid	153-07
	A	Paul Elmegreen	DeWitt	141-01		C	Randy Koch	Charter Oak	156-00
	B	Larry Strickler	Sigourney	144-09	1975	AA	Mike Thorp	Mason City	171-07
	C	Doug Peterson	West Chester	141-11		A	Pat Tuttle	Saydel	156-10
1960	AA	Mike Reilly	Dubuque	159-01		B	Tom Briles	Corning	156-05
	A	Dick Ashland	Clear Lake	151-04		C	Bob Feuerbach	Preston	163-11
	B	Larry Strickler	Sigourney	153-07	1976	AA	Tracy Nanke	Waterloo, West	170-04
	C	Doug Peterson	West Chester	143-11.50		A	Chuck Locke	Davis County	165-00
1961	AA	Bill Rose	Clinton	158-11		B	Jeff DeVilder	BGM, Brooklyn	166-09
	A	Larry Strickler	Sigourney	162-05		C	Jeff Tolly	Mormon Trail	150-04
	B	Dave Korver	Maurice, Orange City	151-04	1977	AA	Scott Crowell	Mason City	168-07
	C	Curt Pefferman	Olds	139-06.50		A	Chuck Locke	Davis County	178-03
1962	AA	Tom Knutson	Cedar Rapids, Jefferson	166-07.50		B	Jeff DeVilder	BGM, Brooklyn	168-04
	A	Larry Leist	Rockwell City	145-06		C	Jeff Tolly	Mormon Trail	156-05
	B	Dan Cipperly	Holstein	137-00	1978	AA	Scott Crowell	Mason City	182-07
	C	Dick Cushman	Lakota	134-01		A	Steve Settle	Nevada	172-08
1963	AA	Tom Knutson	Cedar Rapids, Kennedy	160-11		B	Brett Hennessey	Dysart	155-09
	A	Dave Moreland	Audubon	138-07.50		C	Arnie Doden	Buffalo Center	155-09
	B	John Sanden	Ogden	148-01					
	C	Dean Galloway	Union, Whitten	141-05					

Discus (3lb 9oz)

Year	Class	Name	School	Distance	Year	Class	Name	School	Distance
1979	AA	Dave Lamar	Assumption, Davenport	165-00	1995	4A	Erik Rogers	Davenport, West	150-01
	A	Jim Holmes	Glenwood	165-10		3A	Brad Travis	Spirit Lake	164-11
	B	Arnie Doden	Buffalo Center	166-09		2A	Travis Senters	Iowa Falls-Alden	158-00
	C	Bob Jenson	Lincoln Central, Gruver	160-09		1A	Billy Nordyke	Winfield, Mt. Union	157-02
1980	AA	Glenn Klepsteen	Davenport, West	163-03	1996	4A	Cory Bern	Spencer	168-11
	A	Matt Haven	Independence	179-07		3A	Dave Jennings	Nevada	171-07
	B	Mike Goad	Iowa Valley	156-00		2A	Zach Schiebout	Pella Christian	167-11
	C	Tom Poppe	Plainfield	152-05		1A	Mike Mai	Gehlen Catholic	146-07
1981	AA	Ross Brockshaus	Spencer	180-01	1997	4A	Adam Judge	Des Moines, Lincoln	163-08
	A	Gary Ewald	Rockford	156-06		3A	Brad Travis	Spirit Lake	174-01
	B	Mike Goad	Iowa Valley	170-08		2A	Dave Forbes	Columbus, Junction	151-01
	C	Don Schwabbauer	Iowa Mennonite	146-00		1A	Andy Smith	Montezuma	156-00
1982	4A	Dave Juehring	Davenport, West	184-08	1998	4A	Adam Judge	Des Moines, Lincoln	173-06
	3A	Wayne Schope	Atlantic	153-04		3A	Ben LaFleur	Bishop Heelan Catholic	165-07
	2A	Arden Postma	Unity Christian	155-01		2A	Brad Daufeldt	West Liberty	159-06
	1A	Steve DeZeeuw	Boyden	158-08		1A	Kyle Bergman	BCLUW	149-11
1983	4A	John Kruse	Clinton	157-06	1999	4A	Joe Illingworth	Newton	164-00
	3A	Kelly Tagtow	Wapsie Valley	170-09		3A	Jason Kirschbaum	Spirit Lake Park	162-09
	2A	Scott Hage	Nora Springs	156-04		2A	Brad Daufeldt	West Liberty	174-03
	1A	Brad Alberts	Paulina	155-03		1A	Jon Kadner	Eldora	158-00
1984	4A	Troy Crouse	Fort Dodge	159-07	2000	4A	Michael Miller	Ames	166-09
	3A	Clark Hopp	Glenwood	163-00		3A	Jason Kirschbaum	Spirit Lake Park	150-02
	2A	Bruce Swain	Northwood	161-02		2A	Andy Banse	Starmont	148-00
	1A	Chuck Waggoner	Sutherland	155-04		1A	Gabe Koenigsfeld	Rockford	144-00
1985	4A	Troy Crouse	Fort Dodge	166-04	2001	4A	Michael Miller	Ames	157-04
	3A	Doug Koopman	Storm Lake	164-01		3A	Chris Hopkins	Denison	157-00
	2A	Scott Phelps	Kingsley	168-08		2A	Justin Heins	North Fayette	168-08
	1A	Chuck Waggoner	Sutherland	157-02		1A	John Gallery	East Buchanan	154-06
1986	4A	Garry Howe	Spencer	165-11	2002	4A	Seth Zehr	Fort Dodge	174-11
	3A	Dan Larson	Cherokee	167-01		3A	Tom Schmeling	Atlantic	171-06
	2A	Matt Coleman	Dallas Center	162-05		2A	Clint Huntruds	Collins	169-09
	1A	Scott Phelps	Kingsley	185-04		1A	Lucas Schossow	Galva	155-04
1987	4A	Shannon Neal	Davenport, Central	164-05	2003	4A	Brandon Franklin	Des Moines Hoover	180-01
	3A	Scott Davis	Glenwood	167-01		3A	Tom Schmeling	Atlantic	178-07
	2A	Lance Kooiker	Sioux Center	152-03		2A	Jacob Spratt	Williamsburg	156-06
	1A	Dondi Culbertson	Paton	160-05		1A	John Cool	St. Albert, Council Bluffs	153-06
1988	4A	Kevin Dodd	Mason City	167-09	2004	4A	Chase Madison	Newton	190-11
	3A	Todd Kinney	Central Clinton	162-06		3A	Jason Wagner	Grinnell	171-02
	2A	Gary Popkes	Central Lyon, Rock Rapids	157-00		2A	Jason Williams	Mount Vernon	152-08
	1A	Brian Kahl	Manning	146-07		1A	Jason Fisher	Montezuma	157-06
1989	4A	Jason Joens	Cedar Rapids, Prairie	169-10	2005	4A	Ryan Nidey	Iowa City, West	171-06
	3A	Jon Pelzer	Atlantic	174-04		3A	Josh Scanlon	Mount Vernon	157-00
	2A	Tom Schneckloth	Tri	161-01		2A	Jesse Smith	North Fayette	162-04
	1A	Tim Jensen	Olin	157-01		1A	Brian Fogelman	Manning	164-09
1990	4A	Jason Maloy	Linn	162-06	2006	4A	Robbie Utterback	Waukee	168-01
	3A	John Martin	Mount Vernon	171-06		3A	Wallace Carter	Centerville	156-05
	2A	Allan Walz	Bondurant	175-08		2A	Kyle Haganman	Osage	163-11
	1A	Doug Riese	Colo	149-10		1A	David English	West Branch	161-09
1991	4A	Jason Maloy	Linn	165-11	2007	4A	Nick Brayton	Iowa City, West	192-06
	3A	Eric Emsick	Lewis Central	164-06		3A	Brad Kuxhausen	Glenwood	167-06
	2A	Allan Walz	Bondurant	186-02		2A	Matt Banse	Starmont	173-11
	1A	Josh Hagedorn	Clay Central, Everly	152-08		1A	Tyler Banzun	Central Elkader	156-01
1992	4A	Trevor Catron	Indianola	155-10	2008	4A	Thomas Reynolds	Iowa City, West	191-10
	3A	Bob Small	Davis County	164-07		3A	Wallace Carter	Centerville	174-03
	2A	Brent Daufeldt	WestLiberty	164-00		2A	Cody Bahrke	Tri-County	172-05
	1A	Craig Kirkpatrick	Madrid	171-01		1A	Dominc Alvis	Logan	169-03
1993	4A	Chris Amos	Waterloo, East	157-00	2009	4A	Anthony Bell	Dowling Catholic	170-07
	3A	Bob Small	Davis County	167-02		3A	Drew Clark	Marion	161-01
	2A	Scott Schaley	Camanche	170-10		2A	Dominic Alvis	Logan	167-02
	1A	J.D.Radakovich	Earlham	156-06		1A	Cade Lambson	Mount Ayr	168-01
1994	4A	Matt Manuel	Cedar Rapids, Kennedy	162-07	2010	4A	Dom Howard	Ames	186-10
	3A	Tim Holmgren	Estherville	155-07		3A	Mike Smithburg	Fairfield	172-00
	2A	Travis Senters	Iowa Falls-Alden	154-01		2A	Henry Ricklefs	Louisa-Muscatine	162-10
	1A	Kyle Corey	Griswold	148-01		1A	Cade Lambson	Mount Ayr	174-07

Discus (3lb 9oz)

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
2011	4A	Sam Joens	Cedar Rapids, Prairie	184-06					
	3A	Justin Baker	Bishop Heelan	177-11					
	2A	Avery Meyers	West Liberty	178-05					
	1A	Tim Nemechek	Central	171-03					
2012	4A	Jacob Hayes	Bettendorf	170-07					
	3A	Tyler Hovey	Atlantic	187-09					
	2A	Alex Goeller	Wapsie Valley	170-05					
	1A	Grant Greenfield	Sibley-Ocheyedan	172-04					
2013	4A	Joseph Weiner	Dubuque Hempstead	182-03					
	3A	Ethan Kenel	Storm Lake	176-04					
	2A	Devonte Merrill	Monticello	165-11					
	1A	Andrew McCune	Woodward	160-04					
2014	4A	Jacob Barents	Lewis Central	168-02					
	3A	Seth Snitker	Waukon	175-06					
	2A	Isaac Holtz	Monticello	172-06					
	1A	Jake Goeller	Wapsie Valley	168-02					
2015	4A	Erik Nelson	Waukeee	173-00					
	3A	Nathan Winters	Knoxville	173-05					
	2A	Tristan Wirfs	Mount Vernon	167-03					
	1A	Tom Yezek	Northwood	172-04					
2016	4A	Jackson Corker	Cedar Rapids, Kennedy	180-06					
	3A	Tristan Wirfs	Mount Vernon	185-09					
	2A	Nick Phelps	KP-WC	176-02					
	1A	Tom Yezek	Northwood-Kensett	197-05					
2017	4A	Jackson Coker	Cedar Rapids, Kennedy	175-05					
	3A	Tristan Wirfs	Mount Vernon	190-10					
	2A	Nick Phelps	KP-WC	183-06					
	1A	Nathan Karsjens	AGWSR, Ackley	169-11					
2018	4A	Jonathan Gannon	Iowa City, West	178-06					
	3A	Harrison Goebel	West Delaware	169-09					
	2A	Nick Phelps	KP-WC	185-09					
	1A	Dawson Ellingson	Hudson	179-02					
2019	4A	Logan Jones	Lewis Central	185-10					
	3A	Matt Vislisl	Mount Vernon	174-01					
	2A	Noah Fenske	New Hampton	152-11					
	1A	Layne Pryor	Woodbine	155-03					
2020	Season canceled due to COVID-19.								
2021	4A	McKade Jelinek	Linn-Mar	178-11					
	3A	Brandon VanderSluis	LeMars	170-06					
	2A	Carson Lienau	Jesup	165-05					
	1A	Layne Pryor	Woodbine	182-09					
2022	4A	Walker Whalen	Indianola	204-09					
	3A	Duke Faley	Dubuque Wahlert	165-09					
	2A	Austin Busch	South Hamilton	169-02					
	1A	Justin Olson	George	166-05					
2023	4A	Lucas Morrison	Waukeee, Northwest	183-01					
	3A	Duke Faley	Wahlert Catholic	195-01					
	2A	Trevor Veenstra	Pella Christian	180-05					
	1A	Ian Blowe	Akron-Westfield	161-08					

Wheelchair 100 Meters

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1990	Tony Ramirez	Bishop Heelan Catholic	20.02				
1991	Eric Pun	Fort Dodge	21.14				
1992	Tom Rodruck	Winfield-Mount Union	20.20				
1993	John Jeter	Iowa City, West	26.26				
1994	Russ Comandatore	Davenport North	21.53				
1995	Jim Jeter	Iowa City, West	26.26				
1996	Mark Hauschildt	Nodaway Valley	18.94				
1997	E.J. Runyan	Johnston	19.50				
1998	E.J. Runyan	Johnston	20.13				
1999	E.J. Runyan	Johnston	18.36				
2000	E.J. Runyan	Johnston	17.81				
2001	Brian Wauters	Marshalltown	18.27				
2002	Brian Wauters	Marshalltown	20.32				
2003	Brian Wauters	Marshalltown	18.29				
2004	Nathan Redlinger	English Valleys	19.41				
2005	Nathan Redlinger	English Valleys	20.41				
2006	Cory Behrendt	Boone	24.67				
2007	Corey Behrendt	Boone	25.72				
2008	Mitch Hutchinson	Interstate 35, Truro	24.69				
2009	Matthew Jessen	Southeast Polk	42.88				
2010	Jon Litzkow	Waterloo West	22.76				
2011	Jon Litzkow	Waterloo West	20.41				
2012	Jordan Houdeshell	Linn-Mar	20.82				
2013	Jon Litzkow	Waterloo, West	18.49				
2014	Drake Sachsenmaier	Camanche	19.14				
2015	Jeromie Meyer	Woodbine	21.75				
2016	Noah Thomas	Roland-Story	18.92				
2017	Jordan Razor	Bondurant-Farrar	21.22				
2018	Evan Correll	Waukee	18.23				
2019	Evan Correll	Waukee	17.70				
2020	Season canceled due to COVID-19.						
2021	Evan Correll	Waukee	16.07				
2022	Wyatt Willand	Northwood-Kensett	17.12				
2023	Jayden Stafford	Mid-Prairie, West	17.56				

Wheelchair 200 Meters

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1991	Sean Runyan	Dowling Catholic	45.40				
1992	Tom Rodruck	Winfield-Mount Union	39.40				
1993	John Jeter	Iowa City, West	52.68				
1994	Russ Comandatore	Davenport, North	41.80				
1995	Mark Hauschildt	Nodaway Valley	47.03				
1996	Mark Hauschildt	Nodaway Valley	36.27				
1997	E.J. Runyan	Johnston	36.90				
1998	E.J. Runyan	Johnston	35.58				
1999	E.J. Runyan	Johnston	32.12				
2000	E.J. Runyan	Johnston	32.82				
2001	Brian Wauters	Marshalltown	35.20				
2002	Brian Wauters	Marshalltown	33.26				
2003	Brian Wauters	Marshalltown	33.75				
2004	Nathan Redlinger	English Valleys	35.28				
2005	Nathan Redlinger	English Valleys	35.44				
2006	Cory Behrendt	Boone	48.43				
2007	Cory Behrendt	Boone	49.52				
2008	Mitch Hutchinson	Interstate 35, Truro	50.11				
2009	Mitch Hutchinson	Interstate 35, Truro	52.05				
2010	Jon Litzkow	Waterloo West	43.07				
2011	Jon Litzkow	Waterloo West	37.42				
2012	Jordan Houdeshell	Linn-Mar	37.94				
2013	Jon Litzkow	Waterloo, West	31.01				
2014	Drake Sachsenmaier	Camanche	36.33				
2015	Jeromie Meyer	Woodbine	39.53				
2016	Noah Thomas	Roland-Story	35.57				
2017	Noah Thomas	Roland-Story	37.55				
2018	Evan Correll	Waukee	36.53				
2019	Evan Correll	Waukee	31.54				
2020	Season canceled due to COVID-19.						
2021	Evan Correll	Waukee	29.17				
2022	Wyatt Willand	Northwood-Kensett	30.27				
2023	Jayden Stafford	Mid-Prairie, West	32.81				

Wheelchair 400 Meters

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
2003	Brian Wauters	Marshalltown	1:08.11				
2004	Nathan Redlinger	English Valleys	1:04.87				
2005	Nathan Redlinger	English Valleys	1:14.36				
2006	Cory Behrendt	Boone	1:40.63				
2007	Cory Behrendt	Boone	1:40.05				
2010	Jon Litzkow	Waterloo West	1:26.20				
2011	Jon Litzkow	Waterloo West	1:13.27				
2012	Jordan Houdeshell	Linn-Mar	1:13.65				
2013	Jon Litzkow	Waterloo West	56.57				
2014	Drake Sachsenmaier	Camanche	1:09.05				
2015	Jeromie Meyer	Woodbine	1:19.70				
2016	Noah Thomas	Roland-Story	1:12.82				
2017	Matthew Schultz	Southeast Polk	1:14.01				
2018	Matthew Schultz	Southeast Polk	1:09.80				
2019	Evan Correll	Waukee	1:00.69				
2020	Season canceled due to COVID-19.						
2021	Evan Correll	Waukee	56.09				
2022	Wyatt Willand	Northwood-Kensett	59.65				
2023	Jayden Stafford	Mid-Prairie, West	1:05.12				

Wheelchair 800 Meters

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1990	Tony Ramirez	Bishop Heelan Catholic	2:43.01				
1991	Tom Rodruck	Winfield-Mount Union	3:02.31				
1992	Tom Rodruck	Winfield-Mount Union	2:54.60				
1993	John Jeter	Iowa City, West	3:59.41				
1994	Ryan Atkinson	Panorama	3:01.70				
1995	Jim Jeter	Iowa City, West	3:48.84				
1996	Mark Hauschildt	Nodaway Valley	2:44.91				
1997	E.J. Runyan	Johnston	2:32.32				
1998	E.J. Runyan	Johnston	2:29.46				
1999	E.J. Runyan	Johnston	2:06.79				
2000	E.J. Runyan	Johnston	2:11.61				
2001	Brian Wauters	Marshalltown	2:37.86				
2002	Brian Wauters	Marshalltown	2:19.00				
2019	Wyatt Willand	Northwood-Kensett	2:08.19				
2020	Season canceled due to COVID-19.						
2021	Evan Correll	Waukee	1:46.08				
2022	Wyatt Willand	Northwood-Kensett	1:56.63				
2023	Eli Johnson	Bedford	2:28.90				

Wheelchair Shot Put

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1990	Mike Schafer	Rock Valley	19-10.00				
1991	Tom Woodward	Pekin	19-05.00				
1992	Jason Leydens	Dubuque Senior	15-06.00				
1993	Brian Davis	Oskaloosa	19-02.50				
1994	Brian Davis	Oskaloosa	19-11.00				
1995	Mark Hauschildt	Nodaway Valley	20-08.50				
1996	Dale Brincks	Denison	16-06.00				
1998	Pat O'Hea	Wahlert Catholic	16-09.00				
1999	Pat O'Hea	Wahlert Catholic	17-09.50				
2000	Pat O'Hea	Wahlert Catholic	17-07.00				
2001	Sean Eherenman	Waterloo West	18-00.75				
2002	Sean Eherenman	Waterloo West	20-06.50				
2003	Nick Lange	Wahlert Catholic	22-05.00				
2004	Nick Lange	Wahlert Catholic	23-10.00				
2005	Nick Lange	Wahlert Catholic	25-03.75				
2006	Andrew Naylor	Lamoni	15-00.00				
2009	Matthew Jessen	Southeast Polk	15-06.00				
2010	Matthew Jessen	Southeast Polk	16-10.25				
2011	Alex Gudenkauf	Dubuque Senior	35-07.00				
2012	Alex Gudenkauf	Dubuque Senior	37-09.75				
2013	Alex Gudenkauf	Dubuque Senior	40-05.50				
2014	Drake Sachsenmaier	Camanche	18-07.25				
2015	Kennedy Feller	Underwood	23-02.25				
2016	Ryan Peyton	Independence	21-03.00				
2017	Matthew Schultz	Southeast Polk	20-08.50				
2018	Matthew Schultz	Southeast Polk	26-02.75				
2019	Matthew Schultz	Southeast Polk	25-05.75				
2020	Season canceled due to COVID-19.						
2021	Sam Spore	Union LaPorte City	17-01.50				
2022	Koda Beland	Cedar Falls	13-04.75				
2023	Eli Johnson	Bedford	13-08.00				

Number of Event Champions By School

Individual Running Event Champions

School	# of Titles	School	# of Titles	School	# of Titles	School	# of Titles
ACGC	4	Cedar Rapids, Regis	1	Des Moines, West	25	Hudson	2
ADM	15	Cedar Rapids, Roosevelt	3	Dike-New Hartford	5	Hull	1
Agency	1	Cedar Rapids, Washington	14	Dow City-Arion	1	Humboldt	13
AGWSR	3	Cedar Rapids, Wilson	1	Dowling Catholic	22	Ida Grove	9
AHSTW	4	Cedar Valley	9	Dubuque, Hempstead	1	IKM-Manning	2
Akron-Westfield	2	Center Point-Urbana	4	Dubuque, Loras	1	Independence	2
Albert City-Truesdale	2	Centerville	13	Dubuque, Senior	11	Indianola	6
Albia	3	Central City	2	Dumont	2	Interstate 35	2
Alburnett	3	Central Clinton	10	Dunlap	4	Iowa City, City High	27
Alden	2	Central Elkader	3	Durant	1	Iowa City, Liberty	2
Algona	14	Central Lee	1	Eagle Grove	7	Iowa City, University	9
Allerton	3	Central Lyon	10	Earlham	7	Iowa City, West	14
Allison-Bristow	3	Central Webster	2	East Central	6	Iowa Falls-Alden-Alden-Alden	9
Alta-Aurelia	4	Charles City	17	East Marshall	1	Iowa Mennonite School	4
Ames	37	Charter Oak-Ute	3	East Mills	3	Iowa School for Deaf	5
Anamosa	10	Cherokee	31	East Union	2	Iowa Valley	11
Andrew	1	Clarence-Lowden	3	Eddyville-Blakesburg	11	Irwin-Kirkman	4
Anita	3	Clarinda	9	Eldora-New Providence	4	Janesville	5
Ankeny	18	Clarion	7	Elk Horn-Kimballton	6	Jefferson-Scranton	5
Ankeny Centennial	2	Clarke	4	Elliott	5	Jesup	1
Aplington-Parkersburg	5	Clarksville	3	Emmetsburg	3	Johnston	5
Aquinas	2	Clay Central	2	English Valleys	5	Kanawha	2
Armstrong-Ringsted	3	Clear Creek-Amana	4	Essex	2	Kellogg	1
ArWeVa, Westside	7	Clear Lake	6	Estherville-Lincoln Central	4	Keota	5
Assumption	5	Clinton	27	Fairfield	3	KP-WC	14
Atlantic	11	Clinton, Lyons	1	Farragut	3	Knoxville	7
Audubon	5	St. Mary's, Clinton; Mater Dei	4	Fayette	3	Kuemper Catholic	3
Aurelia	9	Coin	1	Floyd Valley	1	Lake Mills	1
Bancroft, St. John	2	Colfax-Mingo	3	Forest City	8	Lake View-Auburn	3
Bayard	2	Collins-Maxwell-Baxter	6	Fort Dodge	16	Lamoni	4
BCLUW	8	Colo-NESCO	3	Fort Madison	10	Laurens-Marathon	5
Beckman Catholic	4	Columbus, Junction	3	Sumner-Fredericksburg	4	Lawton-Bronson	1
Bedford	2	Columbus, Waterloo	5	Fremont Mills	2	LDF-SEMCO	3
Belle Plaine	8	Coon Rapids-Bayard	2	Galva-Holstein	4	LeMars	3
Bellevue	3	Corning	10	Garner-Hayfield-Ventura	11	Lincoln Central	2
Belmond-Klemme	21	Council Bluffs	3	Gehlen Catholic	10	Linn-Mar	17
Benton Community	1	Council Bluffs, Abraham Lincoln	8	George-Little Rock	7	Lisbon	15
Bettendorf	9	Council Bluffs, Thomas Jefferson	4	Gilbert	5	Logan-Magnolia	1
BGM	1	Crestland	2	Gilmore City-Bradgate	4	Lone Tree	5
Bishop Garrigan	6	Creston	6	Gladbrook-Reinbeck	4	Louisa-Muscatine	2
Bishop Heelan Catholic	14	Crestwood	3	Glenwood	9	Lovilia	3
Boone	14	Cumberland-Massena	1	Glidden-Ralston	2	LuVerne	3
Boyden-Hull	6	CWL	7	GMG	1	Lynnvile-Sully	6
West Hancock	14	Dallas Center-Grimes	11	Graettinger	1	Madrid	14
Buffalo Center-Rake	2	Danville	1	Greene High	5	Maharishi	1
Burlington	14	Davenport, Central	36	Nodaway Valley, Greenfield	9	Malvern	6
Calamus-Wheatland	3	Davenport, North	3	Grinnell	9	Manning	5
CAL-Dows	2	Davenport, West	7	Griswold	5	Manson Northwest Webster	9
Camanche	5	Davis County	2	Grundy Center	5	Maquoketa Valley	5
Cardinal	3	Decorah-North Winneshiek	12	Guthrie Center	7	Marcus-Meriden-Cleghorn	22
Cardinal Stritch, Keokuk	2	Delwood	3	Hamburg	2	Marion	6
Carlisle	4	Denison-Schleswig	10	Hampton	10	Marshalltown	24
Carrroll	11	Denver	1	Harlan	8	Mason City	23
Cascade	1	Des Moines Christian	7	Harris-Lake Park	3	Mediapolis	7
Cedar Falls	13	Des Moines, East	45	Hartley-Melvin-Sanborn	2	Melcher-Dallas	2
Cedar Rapids	15	Des Moines, Hoover	6	Havelock-Plover	1	Menlo	3
Cedar Rapids, Franklin	4	Des Moines, Lincoln	3	Hedrick	1	Meservey-Thornton	3
Cedar Rapids, Jefferson	6	Des Moines, North	38	Highland, Riverside	1	MFL	3
Cedar Rapids, Kennedy	10	Des Moines, Roosevelt	31	Hinton	2	Mid-Prairie	11
Cedar Rapids, McKinley	1	Des Moines, Tech	7	Hubbard-Radcliffe	3	Missouri Valley	7

Individual Running Event Champions

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
MOC-FV	3	Regina Catholic	11	Valley	17		
Monroe	2	Riceville	3	Van Buren	7		
Montezuma	3	Rock Valley	4	Ventura	1		
Monticello	16	Rockwell-Swaledale	2	Villisca	11		
Morning Sun	2	Roland-Story	6	Vinton	3		
Mount Ayr	15	Rolfe	2	WACO	4		
Mount Pleasant	17	Russell	2	Wahlert Catholic	5		
Mount Vernon	9	Ruthven-Ayrshire	2	Wall Lake	4		
Muscatine	6	Sac City	10	Walnut	2		
Nashua	1	Saint Ansgar	6	Wapello	6		
Nevada	16	Sanborn	4	Wapsie Valley	3		
New Hampton	3	Schaller	2	Washington	8		
New Hartford	2	Scranton	4	Waterloo, Central	2		
New London	4	Sergeant Bluff-Luton	5	Waterloo, East	11		
Newman Catholic	2	Seymour	5	Waterloo, Orange	1		
Newton	15	Sheffield-Chapin	2	Waterloo, West	17		
Nora Springs-Rock Falls	1	Sheldon	5	Waukee	4		
North Central	2	Shenandoah	8	Waukon	2		
North Fayette	7	Sibley	1	Waverly-Shell Rock	8		
North Iowa	1	Sidney	4	Wayne Community	1		
North Kossuth	2	Sigourney	5	Webster City	7		
North Mahaska	5	Sioux Center	6	Wellsburg	5		
North Polk	5	Sioux City	2	West Branch	13		
North Scott	5	Sioux City, Central	15	West Burlington, Notre Dame	13		
North Tama	6	Sioux City, East	9	West Central	1		
North Union	3	Sioux City, North	6	West Delaware	1		
North Winneshiek	1	Sioux City, Trinity	1	West Fork	1		
Northeast	3	Sioux City, West	6	West Harrison	2		
Northeast Hamilton	1	Sioux Rapids-Rembrandt	1	West Liberty	7		
NUH, Cedar Falls	15	Solon	10	West Lyon	9		
Northwood-Kensett	2	South Central Calhoun	1	West Marshall	4		
Norwalk	4	South Clay	1	West Monona	9		
OABCIG	3	South Hamilton	2	West Sioux	6		
Oakland Riverside	2	South Hardin	1	Western Christian	1		
Ocheyedan	2	South Page	5	Western Dubuque, Epworth	2		
Odebolt-Arthur	8	South Tama County	2	Williamsburg	5		
Oelwein	8	South Winneshiek	4	Wilton	2		
Ogden	2	Southeast Polk	1	Winfield-Mount Union	3		
Okoboji	6	Southeast Warren	2	Winterset	15		
Olin	2	Spencer	4	Woodbine	7		
Osage	5	Spirit Lake	15	Woodbury Central	7		
Oskaloosa	6	Springville	2	Woodward Academy	2		
Ottumwa	12	St. Albert, Council Bluffs	8	Woodward-Granger	7		
Oxford Junction	2	St. Edmond, Fort Dodge	7	Xavier	11		
Panorama	5	St. Mary's, Remsen	3	YJB, Jamaica	1		
Paton-Churdan	2	Stanton	1				
Paullina	3	Stanwood	4				
PCM	3	Storm Lake	6				
Pekin	6	Sumner-Fredericksburg	1				
Pella	10	Sutherland	6				
Pella Christian	3	Terril	8				
Perry	16	Tipton	9				
Pleasant Valley	8	Titonka	2				
Pleasantville	3	Toledo Juvenile Home	4				
Pocahontas	5	Treynor	17				
Pocahontas Catholic	1	Tri-Center	4				
Pomeroy	3	Tri-County	3				
Postville	5	Tripoli	4				
Prairie High	2	Turkey Valley	4				
Prairie Valley	1	Underwood	3				
Cedar Rapids, Prairie	9	Union-Whitten	1				
Preston-East Central	4	United Community	1				
Primghar	2	Unity Christian	5				
Red Oak	7	Urbandale	2				

Relay Event Champions

School	# of Titles	School	# of Titles	School	# of Titles	School	# of Titles
ADM	2	Charter Oak-Ute	1	Gehlen Catholic	7	Maurice-Orange City	10
AGWSR	1	Cherokee	12	George-Little Rock	1	Mediapolis	7
AHSTW	1	Clarinda	6	Gilbert	2	Meservey-Thornton	2
Albert City-Truesdale	9	Clarinda Academy	1	Gilmore City-Bradgate	1	Mid-Prairie	7
Albia	9	Clarion	2	Glenwood	10	Miles	1
Alburnett	1	Clay Central	2	Glidden-Ralston	2	Monroe	1
Algona	9	Clear Creek-Amana	2	Goldfield	1	Montezuma	1
Allison-Bristow	2	Clear Lake	5	Graettinger	1	Monticello	11
Alta-Aurelia	22	Clinton	12	Greene High	5	Moravia	2
Altoona	1	St. Mary's, Clinton	2	Grinnell	4	Mount Ayr	6
Ames	46	Colfax-Mingo	1	Griswold	5	Mount Pleasant	15
Anamosa	3	College Springs	3	Grundy Center	1	Mount Vernon	8
Anita	1	Collins-Maxwell-Baxter	3	Hamburg	12	Moville	5
Ankeny	10	Colo-NESCO	1	Hampton-Dumont	7	Muscatine	2
Ankeny Centennial	3	Columbus, Junction	2	Harlan	6	Nevada	7
Aplington-Parkersburg	2	Columbus, Waterloo	2	Hartley	1	New Hartford	3
Armstrong	1	Corning	2	Havelock-Plover	1	New London	2
Assumption	7	Corydon	1	Hawarden	1	Newton	5
Atlantic	7	Council Bluffs, Lincoln	1	Hedrick	1	Nishna Valley	1
Audubon	2	Crestland	1	Hinton	1	North Fayette Valley	2
AvoHa	1	Creston	1	Hubbard-Radcliffe	1	North Iowa	2
Ballard	2	Dallas Center-Grimes	8	Hudson	1	North Linn	3
Bayard	2	Danville	1	Humboldt	7	North Mahaska	8
BCLUW	9	Davenport, Central	35	Ida Grove	4	North Polk	2
Beckman Catholic	18	Davenport, West	3	Indianola	11	North Scott	4
Bedford	1	Davis County	7	Iowa City, City High	37	Northeast	3
Belle Plaine	3	Decorah-North Winneshiek	6	Iowa City, Liberty	1	NUH, Cedar Falls	20
Bellevue	1	Denison-Schleswig	1	Iowa City, West	14	Northwood-Kensett	5
Belmond-Klemme	6	Des Moines Christian	1	Iowa Falls-Alden	9	OABCIG	5
Benton Community	2	Des Moines, East	40	Iowa Mennonite School	4	Okoboji	4
Bettendorf	2	Des Moines, Hoover	3	Iowa School for Deaf	5	Osage	1
BGM	2	Des Moines, Lincoln	2	Iowa Valley	2	Oskaloosa	2
Bishop Garrigan	2	Des Moines, North	28	Irwin-Kirkman	1	Ottumwa	5
Bishop Heelan, Catholic	9	Des Moines, Roosevelt	14	Janesville	1	Panorama	7
Bondurant-Farrar	1	Des Moines, Tech	8	Jefferson-Scranton	5	Paullina	6
Boone	2	Des Moines, West	10	Jesup	1	PCM	3
Boyden-Hull	2	Dexfield	6	Johnston	9	Pekin	6
Bridgewater-Fontanelle	1	Dike	3	Kalona	1	Pella	6
Burlington	4	Dike-New Hartford	3	Kanawha	5	Perry	7
Calamus-Wheatland	2	Dowling Catholic	8	KP-WC	1	Pleasant Valley	4
CAL-Dows	7	Dubuque	9	Knoxville	4	Pleasantville	6
Camanche	1	Durant	2	Lake City	8	Pocahontas	2
Carlisle	9	Eagle Grove	18	Lake Mills	4	Pocahontas Catholic	1
Carroll	2	Earlham	14	Lake View-Auburn	1	Pomeroy	4
Cascade	1	East Buchanan	1	LaPorte City	2	Postville	1
Castana	1	East Marshall	1	Lawton-Bronson	10	Prairie High	10
Cedar Falls	3	Eddyville-Blakesburg	2	LDF-SEMCO	1	Prairie Valley	9
Cedar Rapids	5	Eldora-New Providence	1	LeMars	3	Preston-East Central	1
Cedar Rapids, Franklin	4	Elk Horn-Kimballton	1	Lenox	1	Primghar	10
Cedar Rapids, Jefferson	7	Elliott	2	Lewis Central	2	Quimby	1
Cedar Rapids, Kennedy	4	Emmetsburg	4	Lincoln Central	2	Red Oak	4
Cedar Rapids, Regis	2	English Valleys	4	Linn-Mar	6	Regina Catholic	2
Cedar Rapids, Washington	15	Western Dubuque, Epworth	4	Lisbon	13	Reinbeck	1
Cedar Rapids, Wilson	1	Essex	1	Louisa-Muscatine	2	Riceville	1
Center Point-Urbana	3	Estherville-Lincoln Central	1	LuVerne	2	Riverside	4
Centerville	7	Fairfield	3	Lynnvile-Sully	8	Rockwell-Swaledale	3
Central Clinton	11	Farragut	2	Madrid	12	Roland-Story	4
Central Decatur	4	Fayette	1	Manning	4	Ruthven-Ayrshire	1
Central Elkader	1	Forest City	3	Manson Northwest Webster	11	Sac City	5
Central Lee	3	Fort Dodge	6	Maquoketa Valley	1	Saint Ansgar	1
Central Lyon	8	Fort Madison	3	Marcus-Meriden-Cleghorn	2	Saydel	2
Central Webster	4	Sumner-Fredericksburg	3	Marion	3	Schaller	3
Chariton	1	Galva-Holstein	1	Marshalltown	15	Schleswig	1
Charles City	4	Garner-Hayfield-Ventura	8	Mason City	11	Scranton	6

Relay Event Champions

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Sergeant Bluff-Luton	7	West Chester	3				
Seymour	2	West Delaware	1				
Sheffield-Chapin	2	West Hancock	13				
Sheldon	6	West Harrison	2				
Shenandoah	8	West Liberty	2				
Sibley	1	West Lyon	5				
Sidney	3	West Marshall	9				
Sioux Center	9	West Monona	11				
Sioux City	2	Western Christian	2				
Sioux City, Central	12	Western Dubuque, Epworth	1				
Sioux City, East	7	Westwood	2				
Sioux City, North	1	Williamsburg	10				
Sioux City, Trinity	1	Winterset	1				
Sioux City, West	1	Woodbine	10				
Sioux Rapids-Rembrandt	4	Woodbury Central	2				
Solon	1	Woodward-Granger	3				
South Central Calhoun	2	Xavier	8				
South Hamilton	4	YJB, Jamaica	3				
South Tama County	5						
South Winneshiek	2						
Southeast Polk	1						
Southern Cal	1						
Spencer	3						
Spirit Lake	10						
St. Albert, Council Bluffs	14						
St. Edmond, Fort Dodge	13						
Storm Lake	13						
Stuart-Menlo	1						
Sumner-Fredericksburg	1						
Sutherland	3						
Tabor	2						
Terril	10						
Tipton	11						
Titonka	4						
Toledo Juvenile Home	1						
Traer	1						
Treynor	12						
Tri-Center	2						
Tripoli	4						
Turkey Valley	4						
Twin Rivers	1						
Underwood	1						
Unity Christian	7						
Urbandale	3						
Valley	34						
Ventura	1						
Villisca	3						
WACO	1						
Wahlert Catholic	5						
Wall Lake	4						
Wapsie Valley	4						
Washington	6						
Waterloo, Central	2						
Waterloo, East	4						
Waterloo, West	8						
Waukee	14						
Waukon	1						
Waverly-Shell Rock	9						
Webster City	2						
Wellman	2						
Wellsburg	1						
West Bend-Mallard	4						
West Branch	8						
West Burlington, Notre Dame	4						

Field Event Champions

School	# of Titles	School	# of Titles	School	# of Titles	School	# of Titles
Ackley-Geneva	1	Center Point-Urbana	2	East Buchanan	1	Knoxville	3
Adair-Casey	1	Centerville	5	East Sac County	1	KP-WC	5
Adel	2	Central Clinton	7	Eddyville-Blakesburg	2	Kuemper Catholic	5
Agency	1	Central Dallas	1	Eldora-New Providence	5	Lacona	1
AGWSR	3	Central Decatur	2	Elk Horn-Kimballton	1	Lake City	1
Ainsworth	1	Central Elkader	3	Elliott	1	Lake Mills	1
Akron-Westfield	6	Central Lee	1	Emmetsburg	6	Lakota	1
Albert City	1	Central Lyon	2	Emmetsburg Catholic	1	Lamoni	8
Algona	3	Charles City	5	English Valleys	2	Lawton-Bronson	2
Allerton	1	Charter Oak-Ute	2	Estherville-Lincoln Central	4	LDF-SEMCO	2
Allison-Bristow	1	Cherokee	5	Fairfield	5	LDF-SEMCO	1
Alta-Aurelia	2	Clarence-Lowden	1	Farragut	5	LeMars	6
Ames	42	Clarinda	12	Fayette	2	Lenox	1
Anamosa	14	Clarion	9	Forest City	1	Lewis Central	5
Andrew	1	Clarksville	3	Fort Dodge	13	Lincoln	1
Anita	2	Clay Central	1	Fort Madison	7	Lincoln Central	4
Ankeny	6	Clay Central-Everly	5	Sumner-Fredericksburg	1	Linn-Mar	9
Anthon-Oto	1	Clayton Ridge	1	Galva-Holstein	2	Lisbon	5
Aplington-Parkersburg	1	Clear Lake	6	Galva-Holstein	4	Logan-Magnolia	3
Arnolds Park	2	Clearfield	1	Garden Grove	1	Lone Tree	4
ArWeVa, Westside	1	Clinton	17	Gehlen Catholic	6	Louisa-Muscatine	3
Assumption	3	St. Mary's, Clinton; Mater Dei	4	George-Little Rock	2	Lovilia	2
Atlantic	9	Coin	2	Gilbert	1	LuVerne	2
Audubon	4	Colfax-Mingo	2	Gillett Grove	1	Lynnville-Sully	5
Aurelia	3	Collins-Maxwell-Baxter	2	Glenwood	13	Madrid	8
Ballard	2	Colo-NESCO	2	GMG	2	Maharishi	1
Battle Creek	5	Columbus, Junction	4	Goldfield	4	Mallard	1
Bayard	2	Columbus, Waterloo	1	Graettinger	2	Malvern	3
BCLUW	3	Coon Rapids-Bayard	1	Greene County	2	Manilla	1
Bedford	2	Corning	10	Nodaway Valley, Greenfield	2	Manly	1
Belle Plaine	4	Correctionville	2	Grinnell	13	Manning	7
Belmond-Klemme	4	Corydon	1	Griswold	1	Manson Northwest Webster	8
Bennett	2	Council Bluffs, Abraham Lincoln	3	Grundy Center	4	Maquoketa Valley	3
Bettendorf	11	Council Bluffs, Thomas Jefferson	5	Guthrie Center	2	Marcus-Meriden-Cleghorn	2
BGM	5	Cresco	2	Guttenberg	1	Marion	11
Bishop Garrigan	1	Creston	7	Hampton-Dumont	5	Marshalltown	7
Bishop Heelan Catholic	11	Cumberland-Massena	2	Harcourt	4	Martensdale-St. Mary's	2
Blanchard	2	Dallas Center-Grimes	5	Harlan	6	Mason City	14
Bondurant-Farrar	4	Danville	1	Hartley-Melvin-Sanborn	4	Maurice-Orange City	3
Boone	3	Davenport, Central	43	Hawarden	3	Maxwell	1
Boone Valley	2	Davenport, North	2	Hedrick	2	Mediapolis	1
Boyden-Hull	2	Davenport, West	12	Highland, Riverside	1	Melcher-Dallas	1
Buffalo Center-Rake	4	Davis County	16	Hinton	5	MFL	1
Burlington	8	Dayton	1	Hubbard-Radcliffe	6	Midland	2
Calamus-Wheatland	3	Decorah-North Winneshiek	2	Hudson	2	Mid-Prairie	5
CAL-Dows	2	Denison	5	Humboldt	8	Milford	1
Calmar	1	Denison-Schleswig	3	Ida Grove	9	Modale	1
Camanche	3	Denver	2	IKM-Manning	1	Monroe	1
Cambria	1	Des Moines, East	12	Independence	6	Montezuma	6
Cardinal	4	Des Moines, Hoover	1	Indianola	9	Monticello	5
Carlisle	8	Des Moines, Lincoln	5	Iowa City, City High	22	Mormon Trail	3
Carroll	14	Des Moines, North	10	Iowa City, University	5	Mount Ayr	7
Cascade	2	Des Moines, Roosevelt	10	Iowa City, West	8	Mount Pleasant	5
Cedar Falls	3	Des Moines, West	14	Iowa Falls-Alden-Alden	12	Mount Vernon	19
Cedar Rapids	3	Dexfield	5	Iowa Mennonite School	3	Murray	1
Cedar Rapids, Franklin	1	Dike	1	Iowa School for Deaf	4	Muscatine	4
Cedar Rapids, Grant	3	Dike-New Hartford	2	Iowa Training School	2	Nashua	3
Cedar Rapids, Jefferson	11	Dowling Catholic	3	Iowa Valley	8	NESCO, Zearing	1
Cedar Rapids, Kennedy	8	Dubuque, Hempstead	2	Jefferson-Scranton	5	Nevada	4
Cedar Rapids, LaSalle	2	Dubuque, Senior	19	Jesup	3	New Hampton	2
Cedar Rapids, McKinley	2	Durant	1	Johnston	4	New Hartford	2
Cedar Rapids, Roosevelt	3	Dysart-Geneseo	1	Kanawha	2	New London	5
Cedar Rapids, Washington	7	Eagle Grove	9	Keokuk	4	Newell-Fonda	2
Cedar Rapids, Wilson	1	Earlham	3	KP-WC	6	Newell-Providence	3

Field Event Champions

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Newton	7	Sidney	3	West Harrison	7		
Nora Springs-Rock Falls	1	Sigourney	7	West Liberty	10		
North Central	3	Sioux Center	5	West Lyon	5		
North Fayette	10	Sioux City	4	West Marshall	5		
North Kossuth	2	Sioux City, Central	3	West Monona	1		
North Linn	3	Sioux City, East	9	Western Christian	3		
North Mahaska	3	Sioux City, North	2	Western Dubuque, Epworth	4		
North Scott	2	Sioux Rapids-Rembrandt	3	Westwood, Sloan	1		
North Union	1	Sioux Valley	1	Whiting	2		
Northeast	1	Solon	4	Williamsburg	7		
Northeast Hamilton	2	South Hamilton	1	Wilton	2		
Northwood-Kensett	9	South Hardin	1	Winfield-Mount Union	4		
Norwalk	1	South Page	6	Winterset	3		
NUH, Cedar Falls	9	South Tama County	8	Woodbine	6		
OABCIG	1	Southeast Polk	6	Woodbury Central	2		
Oakland Riverside	2	Spencer	10	Woodward-Granger	1		
Ocheyedan	1	Spirit Lake	4	YJB, Jamaica	1		
Oelwein	2	St. Albert, Council Bluffs	2				
Ogden	3	St. Edmond, Fort Dodge	3				
Okoboji	2	St. Mary's, Remsen	1				
Olds	1	St. Mary's, Storm Lake	1				
Olin	3	Starmont	5				
Ollie	2	Storm Lake	8				
Osage	2	Sumner-Fredericksburg	3				
Osceola	2	Sutherland	8				
Oskaloosa	7	Tabor	2				
Ottumwa	10	Tingley	2				
Panorama	6	Tipton	1				
Paton-Churdan	4	Toledo Juvenile Home	2				
Paullina	4	Traer	7				
PCM	4	Treynor	4				
Pekin	7	Tri-Center	2				
Pella	4	Tri-County	1				
Pella Christian	6	Turkey Valley	2				
Perry	9	Twin Rivers	3				
Plainfield	1	Underwood	1				
Pleasantville	5	Union-Whitten	1				
Pocahontas	3	Unity Christian	1				
Pocahontas Catholic	2	Urbandale	5				
Postville	1	Valley	5				
Prairie High	5	Van Buren	1				
Prairie Valley	2	Ventura	1				
Cedar Rapids, Prairie	4	Villisca	5				
Preston	9	Vinton	1				
Primghar	1	WACO	1				
Red Oak	1	Wahlert Catholic	12				
Regina Catholic	2	Walnut	1				
Rock Valley	3	Wapsie Valley	4				
Rockford	2	Washington	5				
Rockwell City-Lytton	5	Waterloo, Central	1				
Rockwell-Swaledale	2	Waterloo, East	14				
Rolfe	1	Waterloo, West	16				
Russell	1	Waukee	4				
Sac City	7	Waukee, Northwest	2				
Salem	1	Waukon	1				
Sanborn	2	Waverly-Shell Rock	11				
Saydel	4	Webster City	7				
Schaller	2	Wellman	1				
Schleswig	1	West Bend	1				
Sergeant Bluff-Luton	2	West Branch	2				
Sheffield-Chapin	4	West Burlington, Notre Dame	5				
Sheldon	3	West Chester	4				
Shenandoah	5	West Delaware	3				
Sibley-Ocheyedan	4	West Hancock	3				

Wheelchair Event Champions

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Bedford	2	Fort Dodge	1	Oskaloosa	4	Winfield-Mount Union	6
Bishop Heelan Catholic	3	Independence	1	Panorama	1	Woodbine	3
Bondurant-Farrar	1	Interstate 35	3	Pekin	1		
Boone	6	Iowa City, West	5	Rock Valley	1		
Camanche	4	Johnston	16	Roland-Story	4		
Cedar Falls	1	Lamoni	1	Southeast Polk	8		
Davenport, North	2	Linn-Mar	3	Underwood	1		
Denison	1	Marshalltown	9	Union, LaPorte City	1		
Dowling Catholic	1	Mid-Prairie	3	Wahlert Catholic	8		
Dubuque, Senior	4	Nodaway Valley	7	Waterloo, West	13		
English Valleys	6	Northwood-Kensett	5	Waukee	9		

Championship Records

Schools with the Most State Team Titles

<u>School</u>	<u># of Titles</u>	<u>Years</u>
Ames	20	1941, 49, 55, 56, 57, 58, 60, 63, 64, 65, 68, 71, 72, 80, 86, 87, 88, 89, 90, 91
Davenport, Central	15	1915, 19, 31, 35, 42, 47, 52, 73, 74, 76, 78, 82, 83, 84, 2005
Des Moines, East	11	1909, 26, 28, 36, 38, 39, 40, 43, 44, 50, 51
Iowa City, City High	11	1992, 93, 94, 95, 96, 97, (T)99, 2000, 01, 02, 04, 22
NUH, Cedar Falls	8	1948, 81, 86, 87, 88, 90, 91, 98
Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Madrid	7	2001, 02, 09, 10, 11, (T)17, 21
Valley	7	1955, 98, 2003, 06, 17, 18, 19
Des Moines, North	6	1917, 34, 48, 53, 54, 59
Pella	6	1986, 2013, 16, 21, 22, 23
Cedar Rapids	5	1921, 22, 23, 24, 25
Clinton	5	1932, 33, (T)46, 69, 70

Schools with the Most Champions at the State Meet

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Ames	124	Davenport, Central	114	Des Moines, East	97	Iowa City, City High	81

School with the Most Team Points Scored by Class

<u>Class</u>	<u>School</u>	<u>Points</u>	<u>Year(s)</u>	<u>Class</u>	<u>School</u>	<u>Points</u>	<u>Year(s)</u>
4A	Valley	89.0	2019	1A	Lisbon	89.0	2017
3A	Xavier	100.5	2008	WC	Aplington-Parkersburg	62.0	2005, 2006
2A	West Burlington, Notre Dame	107.0	2015				

Schools with the Most Individual Running Event Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Des Moines, East	45	Cherokee	31	Des Moines, West	25	Marcus-Meriden-Cleghorn	22
Des Moines, North	38	Des Moines, Roosevelt	31	Marshalltown	24	Belmond-Klemme	21
Ames	37	Clinton	27	Mason City	23		
Davenport, Central	36	Iowa City, City High	27	Dowling Catholic	22		

School with the Most Relay Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Ames	46	Valley	34	Beckman Catholic	18	Mount Pleasant	15
Des Moines, East	40	Des Moines, North	28	Eagle Grove	18		
Iowa City, City High	37	Alta-Aurelia	22	Cedar Rapids, Washington	15		
Davenport, Central	35	NUH	20	Marshalltown	15		

Schools with the Most Field Event Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Davenport, Central	43	Mount Vernon	19	Anamosa	14	Waterloo, East	14
Ames	42	Clinton	17	Carroll	14		
Iowa City, City High	22	Davis County	16	Des Moines, West	14		
Dubuque, Senior	19	Waterloo, West	16	Mason City	14		

Schools with the Most Wheelchair Event Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Johnston	16	Waukee	9	Nodaway Valley	7	Winfield-Mount Union	6
Waterloo, West	13	Southeast Polk	8	Boone	6	Iowa City, West	5
Marshalltown	9	Wahlert, Catholic	8	English Valleys	6	Northwood-Kensett	5

Individuals with the Most Career Titles

<u>Name</u>	<u>School</u>	<u># of Titles</u>	<u>Events</u>	<u>Years</u>
E.J. Runyan	Johnston	16	WC 100 Meter, WC 200 Meter, WC 800 Meter, WC Discus	1997, 98, 99, 2000
Tim Dwight	Iowa City, City High	12	200 Meter Long Jump 400 Hurdles 4x200 Relay 4x400 Relay	1991, 92, 93, 94 1992, 93, 94 1992 1991, 94 1993, 94
Aaron Stockstell	Mid-Prairie	11	4x400 Relay 400 Meter, 800 Meter, Distance Medley Relay 200 Meter	2005 2006, 07, 08 2008
Isaac Wendland	Charles City	11	1600 Meter 800 Meter, Distance Medley Relay 4x400 Relay	2005, 06, 07, 08 2006, 07, 08 2005
Isaiah Trousil	West Burlington, Notre Dame	10	4x100 Relay, 4x200 Relay 100 Meter, 200 Meter	2015, 16 2015, 16, 17
Brian Wauters	Marshalltown	9	WC 800 Meter WC 100 Meter, WC 200 Meter WC 400 Meter	2001, 02 2001, 02, 03 2003
Clyde Duncan	Des Moines, North	9	100 Meter, 220 Meter, 440 Meter	1962, 63, 64
Evan Correll	Waukee	9	WC 100 Meter, WC 200 Meter WC 400 Meter WC 800 Meter	2018, 19, 21 2019, 21 2021
James Harrington	Cedar Falls	9	200 Meter 4x200 Relay 100 Meter, 4x100 Relay 400 Meter	2010, 11, 12 2011 2011, 12 2012
Jon Litzkow	Waterloo, West	9	WC 100 Meter, WC 200 Meter, WC 400 Meter	2010, 11, 13
Adam Haluska	Carroll	8	Long Jump 100 Meter, 200 Meter 100 Meter, 200 Meter, 400 Meter	2000, 01, 02 2001 2002
Conner Smock	Lisbon	8	3200 Meter 1600 Meter	2009, 10, 11, 12 2009, 10, 12
Greg Offerman	Charles City	8	400 Hurdles, 200 Meter 400 Meter 4x400 Relay	2003, 04, 05 2005 2005
James Kirby	Des Moines, North	8	220 Meter 440 Meter 100 Meter	1965, 66, 67 1966 1966, 67
LeRoy McCuen	Corning	8	High Jump 120 Hurdles, 180 Hurdles, Long Jump	1975, 76 1976, 77
Ryan Schweizer	Dowling Catholic	8	800 Meter, 1600 Meter, 3200 Meter, Distance Medley Relay	2015, 16
Tim Dwight	Iowa City, City High	8	200 Meter 400 Hurdles Long Jump	1991, 92, 93, 94 1992 1992, 93, 94
Charles Hoyt	Nodaway Valley, Greenfield	7	100 Meter, 220 Meter 120 Hurdles	1911, 12, 13 1912
Dylan Davis	ADM	7	3200 Meter, 1600 Meter 800 Meter	2001, 02, 03 2003
Mark Hauschildt	Nodaway Valley	7	WC Shot Put WC Discus, WC 200 Meter WC 100 Meter, WC 800 Meter	1995 1995, 96 1996
Nick Kuchel	KP-WC	7	110 Hurdles 100 Meter 200 Meter	2004, 05, 06 2004, 05 2005, 06
Randy Thompson	Corwith-Wesley-LuVerne	7	100 Meter 200 Meter 400 Meter	1991, 92, 93, 94 1992, 93 1993
Bob Brandt	Denison	6	180 Hurdles, Long Jump 100 Meter, 220 Meter	1955, 56 1956
Cory Behrendt	Boone	6	WC 100 Meter, WC 200 Meter, WC 400 Meter	2006, 07
Darwin Vande Hoef	Rock Valley	6	High Jump 110 Hurdles 400 Hurdles	1987, 88, 89 1988, 89 1989
*Nathan Redlinger	English Valleys	6	WC 100 Meter, WC 200 Meter, WC 400 Meter	2004, 05

Individuals with the Most Career Titles

<u>Name</u>	<u>School</u>	<u># of Titles</u>	<u>Events</u>	<u>Years</u>
Nick Efkamp	Madrid	6	400 Hurdles 100 Meter, 110 Hurdles, Long Jump	2009, 10, 11 2011
Rob Brock	Dubuque, Senior	6	1600 Meter 800 Meter 3200 Meter	1996 1997 1994, 95, 96, 97
Tom Burrows	Belle Plaine	6	100 Meter, 220 Meter, 440 Meter	1954, 55
Tom Rudruck	Winfield- Mt. Union	6	WC Discus, WC 800 Meter WC 100 Meter, WC 200 Meter	1991, 92 1992

Schools with the Most Consecutive Team Titles

<u>School</u>	<u># of Titles</u>	<u>Years</u>	<u>School</u>	<u># of Titles</u>	<u>Years</u>
Ames	6, 4	1986-1991, 1955-1958	Des Moines, West	5	1910-1914
Iowa City, City High	6	1992-1997	Hamburg	4	1974-1977
Cedar Rapids	5	1921-1919			

Schools with the Most Consecutive Running Event Titles

<u>School</u>	<u># of Titles</u>	<u>Events</u>	<u>Years</u>	<u>School</u>	<u># of Titles</u>	<u>Events</u>	<u>Years</u>
Iowa City, City High	10	4x400 Relay, 4x800 Relay 4x200 Relay 4x100 Relay Distance Medley Relay	2000, 01 2000, 01, 02 2001 2001, 02	Des Moines, North	6	100 Yard, 220 Yard	1962, 63, 64, 65, 66, 67
				Lake City	5	Mile Relay	1950, 51, 52, 53, 54
				Hamburg	5	Mile Relay	1973, 74, 75, 76, 77
				Albia	5	4x400 Relay	2013, 14, 15, 16, 17

Schools with Titles for the Same Event 3+ Years in a Row

<u>School</u>	<u>Event(s)</u>	<u>Years</u>	<u>School</u>	<u>Event</u>	<u>Years</u>
Albert City	Two Mile	1952, 53, 54	Indianola	One Mile	1969, 70, 71
	Mile Medley Relay	1952, 53, 54, 55	Iowa City, City High	4x200 Relay	1994, 95, 96, 97
Ames	880 Yard	1955, 56, 57		4x400	1999, 2000, 01
	440 Yard, One Mile	1956, 57, 58		4x200	2000, 01, 02
Ankeny	4x400	2002, 03, 04	Madrid	400 Hurdles	2009, 10, 11, 12
Beckman	4x200	1997, 98, 99	Mediapolis	4x100	1992, 93, 94
	4x200	2005, 06, 07	Mid-Prairie	Distance Medley	2006, 07, 08
Cedar Falls	4x400 Relay	2014, 15, 16, 17	Monticello	4x800 Relay	2013, 14, 15, 16
Cedar Rapids	880 Yard, One Mile	1921, 22, 23	North Mahaska	4x200	1989, 90, 91
Central Decatur	Shuttle Hurdle	2017, 18, 19	NUH, Cedar Falls	800 Meter	1980, 81, 82
Charles City	Distance Medley	2006, 07, 08	Saint Albert, Council Bluffs	400 Meter	1982, 83, 84
Davenport, Central	One Mile	1966, 67, 68	St. Edmond, Fort Dodge	4x400 Relay	2007, 08, 09, 10
	4x100	1992, 93, 94	Tipton	4x800	2000, 01, 02
Des Moines, East	880 Yard	1938, 39, 40	Valley	440 Yard	1953, 54, 55
Des Moines, North	880 Yard	1934, 35, 36		4x400	2005, 06, 07
Des Moines, Roosevelt	One Mile	1944, 45, 46	Waukee	Shuttle Hurdle Relay	2013, 14, 15, 16
Dowling Catholic	Distance Medley	2015, 16, 17	West Burlington, Notre Dame	High Jump	2013, 14, 15, 16
Eagle Grove	Mile Medley	1970, 71, 72	West Lyon	4x100	1998, 99, 2000
Earlham	4x800 Relay	2019, 21, 22, 23	West Marshall	4x200	2010, 11, 12
Gehlen Catholic	4x200	1993, 94, 95	Woodbine	4x800	1988, 89, 90
Hamburg	Two Mile	1973, 74, 75			

Individuals with Titles for the Same Event 3+ Years in a Row

<u>Name</u>	<u>School</u>	<u>Event(s)</u>	<u>Years</u>
Plato Redfern	Council Bluffs/Des Moines, West	One Mile	1908, 09, 10
Charles Hoyt	Greenfield	100 Yard, 220 Yard	1911, 12, 13
Glenn Tenny	Des Moines, West	One Mile	1912, 13, 14
Theodore Packer	Marshalltown	120 Yard Hurdles	1914, 15, 16
Harrison Barnes	Cedar Rapids	880 Yard	1919, 20, 21
Hoyer Jensen	Cedar Rapids	One Mile	1919, 20, 21
Orville Madsen	Ames	High Jump	1930, 31, 32
John Graves	Cherokee	880 Yard	1932, 33, 34
Bruce Erickson	Traer	Javelin	1937, 38, 39
Joe Paulsen	Davenport	Football Throw	1945, 46, 47
Dean Deuel	Cherokee	200 Yard Hurdles	1946, 47, 48
Larry Strickler	Sigourney	Discus	1959, 60, 61
Joel Harris	Carroll	Shot Put	1961, 62, 63
Bruce McDonald	Scranton	220 Yard	1962, 63, 64
Clyde Duncan	Des Moines, North	100 Yard, 220 Yard, 440 Yard	1962, 63, 64
Tom Tiernan	Allison-Bristow	One Mile	1962, 63, 64
Jim Kirby	Des Moines, North	220 Yard	1965, 66, 67
Phil Wertman	Villisca	Pole Vault	1965, 66, 67
Doug Lane	Cedar Rapids, Jefferson	Shot Put	1966, 67, 68
Doug Smith	Sioux City, Central	One Mile	1966, 67, 68
Jerome Howe	Treynor	One Mile	1966, 67, 68
Brent Geringer	Mount Ayr	Shot Put	1972, 73, 74
Tom Dovel	Red Oak	440 Yard	1972, 73, 74
Mark Hughes	Delwood	Two Mile	1973, 74, 75
Chuck Locke	Davis County	Shot Put	1975, 76, 77
Jeff DeVilder	BGM	Shot Put	1975, 76, 77
Rick McKean	Missouri Valley	One Mile	1975, 76, 77
Chris Nady	Nevada	180 Yard Hurdles	1976, 77, 78
Darrell Crawford	Lamoni	Pole Vault	1976, 77, 78
Jeff Nielsen	Britt	100 Meter	1978, 79, 80
Brad Bartelt	West Branch	400 Meter	1982, 83, 84
Chris Walker	Davenport, Central	Long Jump	1982, 83, 84
Darwin VandeHoef	Rock Valley	High Jump	1987, 88, 89
Phil Hasenkamp	Saint Albert, Council Bluffs	1600 Meter	1991, 92, 93
Nate Smith	West Hancock	100 Meter	1991, 92, 93, 94
Randy Thompson	Corwith-Wesley-LuVerne	100 Meter	1991, 92, 93, 94
Tim Dwight	Iowa City, City High	200 Meter	1991, 92, 93, 94
		Long Jump	1992, 93, 94
Aaron Egbert	Mediapolis	400 Meter	1992, 93, 94
Brent MacLagan	Jefferson-Scranton	400 Meter Hurdles	1993, 94, 95
Rob Brock	Dubuque, Senior	3200 Meter	1994, 95, 96, 97
Cyrus Nichols	Des Moines, Roosevelt	110 Meter Hurdles	1997, 98, 99
Pat O'Hea	Wahlert Catholic	WC Shot Put	1998, 99, 2000
Adam Haluska	Carroll	Long Jump	2000, 01, 02
Brian Wauters	Marshalltown	WC 100, WC 200	2001, 02, 03
Dylan Davis	ADM	3200 Meter, 1600 Meter	2001, 02, 03
Greg Offerman	Charles City	200 Meter, 400 Meter Hurdles	2003, 04, 05
Kiel Uhl	Des Moines, Roosevelt	3200 Meter	2003, 04, 05
Nick Lange	Wahlert Catholic	WC Shot Put	2003, 04, 05
Nick Kuchel	Kingsley-Pierson	110 Meter Hurdles	2004, 05, 06
Matt Banse	Starmont	Shot Put	2005, 06, 07
Isaac Wendland	Charles City	1600 Meter	2005, 06, 07, 08
		800 Meter	2006, 07, 08
Aaron Stockstell	Mid-Prairie	400 Meter, 800 Meter	2006, 07, 08
Jordan Mullen	Atlantic	110 Meter Hurdles	2007, 08, 09
Kenny Gilmore	Davenport, Central	Long Jump	2009, 10, 11
Kyle Dunn	Linn-Mar	400 Meter Hurdles	2009, 10, 11
Nick Efkamp	Madrid	400 Meter Hurdles	2009, 10, 11
Conner Smock	Lisbon	3200 Meter	2009, 10, 11, 12
James Harrington	Cedar Falls	200 Meter	2010, 11, 12
Alex Gudenkauf	Dubuque, Senior	WC Shot Put	2011, 12, 13
Chandler Diercks	Clear Lake	Long Jump	2013, 14, 15
Connor Ham	Solon	110 Meter Hurdles	2013, 14, 15
Jeff Giannettino	West Burlington, Notre Dame	High Jump	2013, 14, 15

Individuals with Titles for the Same Event 3+ Years in a Row

<u>Name</u>	<u>School</u>	<u>Event(s)</u>	<u>Years</u>
Kyle Dolecheck	Mount Ayr	800 Meter	2014, 15, 16
Cole Moeller	Calamus-Wheatland	High Jump	2015, 16, 17
Isaiah Trousil	West Burlington, Notre Dame	100 Meter, 200 Meter	2015, 16, 17
Tristan Wirfs	Mount Vernon	Discus	2015, 16, 17
Myles Bach	Marion/Center Point-Urbana	3200 Meter	2016, 17, 18
Nick Phelps	KP-WC	Discus	2016, 17, 18

Individuals with 3+ Titles in a Single Meet

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Events</u>
1907	Carl Harris	Des Moines, West	100 Meter, 220 Meter, 440 Meter, Long Jump
	Merle Alderman	Marion	Hammer Throw, Shot Put, Discus
1912	Charles Hoyt	Nodaway Valley, Greenfield	100 Meter, 220 Meter, 120 Hurdles
1921	Morgan Taylor	Sioux City	120 Hurdles, 220 Hurdles, Long Jump
1924	Frank Cuhel	Cedar Rapids	100 Meter, 120 Hurdles, 220 Hurdles
1926	Vane Snorf	Des Moines Roosevelt	100 Meter, 120 Hurdles, 220 Hurdles, Long Jump
1949	Gary Scott	Des Moines, North	100 Meter, 220 Hurdles, 440 Meter
1951	Les Stevens	Lovilia	180 Hurdles, 120 Hurdles, High Jump
1953	Tom Ecker	Waverly	180 Hurdles, 120 Hurdles, Long Jump
	Bob Ash	Oelwein	220 Meter, 440 Meter, 880 Meter
1954	Tom Burrows	Belle Plaine	100 Meter, 220 Meter, 440 Meter
	Ted Harvey	Toledo Juvenile Home	100 Meter, 120 Hurdles, High Jump
1955	Tom Burrows	Belle Plaine	100 Meter, 220 Meter, 440 Meter
1956	Bob Brandt	Denison	100 Meter, 220 Meter, 180 Hurdles, Long Jump
1957	Ron Walter	Farragut	180 Hurdles, 120 Hurdles, Shot Put
1961	John Pletcher	Clarion	100 Meter, 180 Hurdles, 120 Hurdles
1962	Clyde Duncan	Des Moines, North	100 Meter, 220 Meter, 440 Meter
1963	Clyde Duncan	Des Moines, North	100 Meter, 220 Meter, 440 Meter
	Harry Alley	Winterset	100 Meter, 220 Meter, 440 Meter
	Jon Reimer	George	220 Meter, 180 Lows, 120 Hurdles
1964	Clyde Duncan	Des Moines, North	100 Meter, 220 Meter, 440 Meter
1965	Ron Davis	Perry	100 Meter, 220 Meter, Long Jump
1966	Jim Kirby	Des Moines, North	100 Meter, 220 Meter, 440 Meter
	Jerry Lenz	Cherokee	100 Meter, 220 Meter, 440 Meter
1974	Greg Capell	Fayette	180 Hurdles, 120 Hurdles, Long Jump
1976	LeRoy McCuen	Corning	180 Hurdles, 120 Hurdles, High Jump, Long Jump
1977	Rich Van Pelt	Panorama	100 Meter, 220 Meter, 440 Meter
	LeRoy McCuen	Corning	180 Hurdles, 110 Hurdles, Long Jump
1978	Owen Buckley	Sioux City, North	100 Meter, 200 Meter, Pole Vault
1980	Scott Harms	Wellsburg	100 Meter, 200 Meter, 400 Meter
1981	Trey Jackson	Newton	100 Meter, 200 Meter, 400 Meter
	Keith Willey	Osage	100 Meter, 200 Meter, 400 Meter
	Tim Wilson	Clarke, Osceola	800 Meter, 1600 Meter, 3200 Meter
1985	Matt Zuber	Iowa Valley, Marengo	400 Hurdles, 110 Hurdles, Long Jump
1986	Paul Barnhart	Gehlen Catholic, LeMars	800 Meter, 1600 Meter, 3200 Meter
1987	Rob Wise	West Liberty	100 Meter, 200 Meter, 400 Meter
1989	Darwin VandeHoef	Rock Valley	400 Hurdles, 110 Hurdles, High Jump
1990	Jamie Leonard	Dallas Center-Grimes	100 Meter, 200 Meter, Long Jump
	Tony Ramirez	Bishop Heelan	WC 100 Meter, WC 800 Meter, WC Discus
1991	Bill Betterton	Carlisle	400 Meter, 110 Hurdles, High Jump
	Enrique Flores	Wapello	200 Meter, 110 Hurdles, 120 Hurdles
1992	Tim Dwight	Iowa City, City High	200 Meter, 110 Hurdles, Long Jump
	Tom Rodruck	Winfield-Mt. Union	WC 100 Meter, WC 200 Meter, WC 800 Meter, WC Discus
1993	Randy Thompson	CWL, Corwith	100 Meter, 200 Meter, 400 Meter
	John Jeter	Iowa City, West	WC 100 Meter, WC 200 Meter, WC 800 Meter
1995	Mark Hauschildt	Nodaway Valley, Greenfield	WC 200 Meter, WC Shot Put, WC Discus
1996	Mark Hauschildt	Nodaway Valley, Greenfield	WC 100 Meter, WC 200 Meter, WC 800 Meter, WC Discus
1997	E. J. Runyan	Johnston	WC 100, WC 200, WC 800, WC Discus
1998	E. J. Runyan	Johnston	WC 100, WC 200, WC 800, WC Discus
	Chris McCullough	Pleasantville	200 Meter, 400 Meter, Long Jump
	Mike Pope	West Burlington	100 Meter, 200 Meter, 400 Meter

Individuals with 3+ Titles in a Single Meet

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Events</u>
1999	E. J. Runyan	Johnston	WC 100, WC 200, WC 800, WC Discus
2000	E. J. Runyan	Johnston	WC 100, WC 200, WC 800, WC Discus
2001	Jason Nolting	Preston-East Central	100 Meter, 200 Meter, 400 Meter
	Adam Haluska	Carroll	100 Meter, 200 Meter, Long Jump
2002	Brian Wauters	Marshalltown	WC 100 Meter, WC 200 Meter, WC 800 Meter
	Brian Wauters	Marshalltown	WC 100 Meter, WC 200 Meter, WC 800 Meter
	Adam Haluska	Carroll	100 Meter, 200 Meter, 400 Meter, Long Jump
2003	Dylan Davis	ADM	800 Meter, 1600 Meter, 3200 Meter
	Jordan Crosby	Fort Dodge	110 Hurdles, 400 Hurdles, Long Jump
	Brian Wauters	Marshalltown	WC 100 Meter, WC 200 Meter, WC 400 Meter
2004	Jake Berns	MFL	800 Meter, 1600 Meter, 3200 Meter
	Nathan Redlinger	English Valleys	WC 100 Meter, WC 200 Meter, WC 400 Meter
2005	Nick Kuchel	Kingsley-Pierson	110 Hurdles, 100 Meter, 200 Meter
	Greg Offerman	Charles City	200 Meter, 400 Meter, 400 Hurdles
	Nathan Redlinger	English Valleys	WC 100 Meter, WC 200 Meter, WC 400 Meter
2006	Cory Behrendt	Boone	WC 100 Meter, WC 200 Meter, WC 400 Meter
2007	Cory Behrendt	Boone	WC 100 Meter, WC 200 Meter, WC 400 Meter
2008	Aaron Stockstell	Mid-Prairie	200 Meter, 400 Meter, 800 Meter
2010	Jon Litzkow	Waterloo, West	WC 100 Meter, WC 200 Meter, WC 400 Meter
2011	Jon Litzkow	Waterloo, West	WC 100 Meter, WC 200 Meter, WC 400 Meter
	Nick Efkamp	Madrid	Long Jump, 400 Hurdles, 110 Hurdles, 100 Meter
2012	James Harrington	Cedar Falls	100 Meter, 200 Meter, 400 Meter
	Jordan Houdeshell	Linn-Mar	WC 100 Meter, WC 200 Meter, WC 400 Meter
2013	Jon Litzkow	Waterloo, West	WC 100 Meter, WC 200 Meter, WC 400 Meter
2014	Josh Evans	Linn-Mar	800 Meter, 1600 Meter, 3200 Meter
	Derek Harksen	Camanche	100 Meter, 200 Meter, 400 Meter
	Drake Sachsenmaier	Camanche	WC 100 Meter, WC 200 Meter, WC 400 Meter, WC Shot Put
2015	Ryan Schweizer	Dowling Catholic	800 Meter, 1600 Meter, 3200 Meter
	Jeromie Meyer	Woodbine	WC 100 Meter, WC 200 Meter, WC 400 Meter
2016	Ryan Schweizer	Dowling Catholic	800 Meter, 1600 Meter, 3200 Meter
	Jalen Rima	Cedar Rapids Prairie	100 Meter, 200 Meter, 400 Meter
	Noah Thomas	Roland-Story	WC 100 Meter, WC 200 Meter, WC 400 Meter
2019	Jorma Schwedler	Sergeant Bluff-Luton	100 Meter, 200 Meter, 400 Meter
	Evan Correll	Waukee	WC 100 Meter, WC 200 Meter, WC 400 Meter
2021	Nate Mueller	ADM	800 Meter, 1600 Meter, 3200 Meter
	Brady Griebel	Bellevue	800 Meter, 1600 Meter, 3200 Meter
	Jason Renze	Madrid	800 Meter, 1600 Meter, 3200 Meter
	Kole Becker	Lisbon	110 Hurdles, 400 Hurdles, Long Jump
	Evan Correll	Waukee	WC 100 Meter, WC 200 Meter, WC 400 Meter, WC 800 Meter
2022	Aidan Ramsey	Dallas Center-Grimes	800 Meter, 1600 Meter, 3200 Meter
	Wyatt Willand	Northwood-Kensett	WC 100 Meter, WC 200 Meter, WC 400 Meter, WC 800 Meter
2023	Chase Lauman	Pella	800 Meter, 1600 Meter, 3200 Meter
	Jayden Stafford	Mid-Prairie	WC 100 Meter, WC 200 Meter, WC 400 Meter

Schools with 3+ Relay Titles in a Single Meet

<u>Year</u>	<u>School</u>	<u>Events</u>	<u>Year</u>	<u>School</u>	<u>Events</u>
1940	Des Moines, East	440, 880, Mile			
1948	Des Moines, North	440, 880, Mile			
1951	Des Moines, East	440, 880, Mile, Two Mile			
1955	Des Moines, Roosevelt	440, Mile, Mile Medley			
1956	Ames	440, 880, Mile			
	Primghar	880, Mile Medley, Two Mile			
	Clarinda	Mile, Mile Medley, Two Mile			
1957	Ames	440, 880, Mile, Two Mile			
1959	West Chester	440, 880, Mile			
1962	Moville	Mile, Mile Medley, Two Mile			
1963	Dexfield	440, 880, Mile			
1965	Pomeroy	880, Mile, Mile Medley			
	Eagle Grove	880, Mile, Mile Medley, Two Mile			
1966	Glenwood	440, 880, Mile, Mile Medley			
	Sioux City, Central	440, Mile Medley, Two Mile			
	Manson Northwest Webster	440, 880, Mile			
1967	Villisca	440, 880, Mile			
1970	Clear Lake	440, 880, Mile			
1974	Iowa Falls-Alden	440, 880, Mile			
	Britt	440, 880, Two Mile			
	Davenport, Central	440, 880, Mile, Mile Medley			
1975	Hamburg	880, Mile, Two Mile			
1977	Cedar Rapids, Washington	440, 880, Mile			
1979	Kanawha	4x100, 4x200, 4x400			
1981	NUH, Cedar Falls	4x200, 4x400, 4x800, Distance Medley			
1983	Davenport, Central	4x100, 4x200, Distance Medley			
1984	Marshalltown	4x200, 4x400, Distance Medley			
1986	Maurice-Orange City	4x100, 4x200, 4x400			
1987	Ames	4x100, 4x800, Distance Medley			
	CAL-Dows	4x400, 4x800, Distance Medley			
1989	North Mahaska	4x100, 4x200, Distance Medley			
1990	North Mahaska	4x100, 4x200, Distance Medley			
1991	Ames	4x400, 4x800, Distance Medley			
1994	Iowa City, City High	4x200, 4x400, Distance Medley			
	Cherokee	4x200, 4x400, Distance Medley			
1996	Garner-Hayfield	4x400, 4x800, Distance Medley			
1997	Panorama	4x100, 4x200, 4x400			
	Iowa City, City High	4x100, 4x200, 4x400, 4x800			
1999	Mount Pleasant	4x200, 4x400, Distance Medley			
	Beckman	4x200, 4x400, 4x800			
2000	Iowa City, City High	4x100, 4x200, 4x400, 4x800			
2004	Treynor	4x100, 4x200, 4x400			
2005	Wahlert Catholic	4x200, 4x800, Distance Medley			
2007	Beckman	4x100, 4x200, Shuttle Hurdle			
2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800			
2010	Bishop Heelan Catholic	4x200, 4x400, Distance Medley			
2012	Manson Northwest Webster	4x100, 4x200, 4x400			
2013	Manson Northwest Webster	4x100, 4x200, 4x400			
2014	Mount Ayr	4x400, 4x800, Distance Medley			
	Waukee	4x100, 4x200, Shuttle Hurdle Relay			
2015	Alta-Aurelia	4x400, 4x800, Mile Medley			
2017	Albia	4x100, 4x200, 4x400			
	Lisbon	4x200, 4x400, Sprint Medley, Distance Medley			
2018	Pekin	4x100, 4x800, Distance Medley			
	Atlantic	4x400, 4x800, Distance Medley			
2019	Valley	4x100, 4x200, Shuttle Hurdle			
	Sergeant Bluff-Luton	4x800, Shuttle Hurdle, Sprint Medley			
2022	Earlham	4x400, 4x800, Distance Medley			
2023	Iowa City, West	4x100, 4x200, Distance Medley, Shuttle Hurdle			

RECORDS

All-Time Iowa High School Records

Notes: Records recognized as during Iowa high school career and in high school competition. Timing systems noted as available.

For event record lists, time, distance, or quantity standards utilized. Events in this section are current. For records from previous iterations of events, please view Discontinued Events.

Please submit record updates, with available verification, through the IHSAA record form: <https://www.iahhsaa.org/achieve/records/submission-update-form/>

TIMES: HT = HANDHELD TIMING, FAT = FULLY AUTOMATIC TIMING

Individual Running Events

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
100 Meter Dash	2022	Mikey McClain	Dowling Catholic	10.33 (FAT)
	2002	Adam Haluska	Carroll	10.10 (HT)
200 Meter Dash	2022	Mikey McClain	Dowling Catholic	20.97 (FAT)
	1994	Time Dwight	Iowa City, City High	20.80 (HT)
400 Meter Dash	2019	Darien Porter	Bettendorf	46.99 (FAT)
800 Meter Run	2007	Aaron Stockstell	Mid-Prairie	1:50.18
1600 Meter Run	2016	Ryan Schweizer	Dowling Catholic	4:05.83
3200 Meter Run	2014	Thomas Pollard	Gilbert	8:50.43
110 Meter High Hurdles	2022	Jack Latham	Spirit Lake	13.74 (FAT)
	1992	Bill Betterton	Carlisle	13.80 (HT)
400 Meter Low Hurdles (30")	1996	Dustin Avey	Ames	50.96

Relay Events

<u>Event</u>	<u>Year</u>	<u>School</u>	<u>Time</u>	<u>Event</u>	<u>Year</u>	<u>School</u>	<u>Time</u>
4x100 Meter Relay	1996	Iowa City, City High	41.33	Sprint Medley Relay	2023	Johnston	1:30.15
4x200 Meter Relay	2019	Valley	1:26.17	Distance Medley Relay	2001	Iowa City, City High	3:22.69
4x400 Meter Relay	2006	Valley	3:13.80	Shuttle Hurdle Relay (36" only)	2019	Valley	57.18
4x800 Meter Relay	2023	Iowa City, City High	7:37.66				

Field Events

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
High Jump	1981	Brian Tietjens	North Central	7-03.5
Long Jump	2022	Abu Sama	Southeast Polk	24-10
Shot Put	1968	Doug Lane	Cedar Rapids, Jefferson	67-02
Discus	1978	Scott Crowell	Mason City	207-08

Wheelchair Events

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time / Distance</u>
Wheelchair 100 Meter Race	2021	Evan Correll	Waukee	15.11
Wheelchair 200 Meter Race	2021	Evan Correll	Waukee	27.97
Wheelchair 400 Meter Race	2021	Evan Correll	Waukee	51.96
Wheelchair 800 Meter Race	2021	Evan Correll	Waukee	1:52.22
Wheelchair Shot Put	2013	Alex Gudenkauf	Dubuque, Senior	41-02

100 Meter Dash

FULLY AUTOMATIC TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2022	Mikey McClain	Dowling Catholic	10.33	2022	Luke Meyers	Iowa City, Liberty	10.71
2023	Miles Thompson	Cedar Rapids, Washington	10.46	2022	Alex Mota	Marion	10.71
2023	Austin Kunkle	ACGC	10.52	2018	Jayson Murray	Dowling Catholic	10.72
2017	Isaiah Trousil	West Burlington, Notre Dame	10.53	2014	Cray Washington	Fort Dodge	10.72
2022	Miles Thompson	Cedar Rapids, Washington	10.56	1989	Joe James	Des Moines, East	10.72
2018	Tanner Iske	West Liberty	10.58	2017	Dan Blocker	Waukee	10.73
2008	Jarred Herring	Burlington	10.59	2002	Calvin Davis	Iowa City, City High	10.73
2018	Bernard Bell Jr.	Ames	10.60	2019	Harrison Waylee	Urbandale	10.74
2014	Rico Gafford	Dowling Catholic	10.60	1992	Curtis Hawkins	Ames	10.74
2012	James Harrington	Cedar Falls	10.61	2022	Brevin Doll	ADM	10.74
2022	Jack Latham	Spirit Lake	10.61	2018	Gage Clay	AHSTW	10.75
2009	Patrick Lewis	Cedar Rapids, Xavier	10.62	2012	Armando Williams	Iowa City, West	10.75
2000-01	Marques Simmons	Davenport, North	10.63	2001	Milton Lanier	Cedar Rapids, Washington	10.75
2021	Brayden Wollan	Underwood	10.63	2000	Mike Fiech	West Lyon	10.75
2003	Andy Brodell	Ankeny	10.65	1980	Jeff Nielsen	Britt	10.76
2021	Cooper DeJean	OABCIG	10.66	2002	Adam Haluska	Carroll	10.76
2017	Ryan Van Baale	Ankeny Centennial	10.67	2002	Dwayne Wright	Newton	10.76
1988	Kevin Monroe	Muscatine	10.67	2017	Tavien Gardner	Urbandale	10.77
2019	Darin Porter	Bettendorf	10.68	2008	Ryan Tierney	Ames	10.77
2018	Tavares Boykin	Clarinda Academy	10.68	2005	Josh Webb	Cedar Falls	10.77
1987-88	Bryant Williams	Waterloo, West	10.68	2019	Samonte Bawden	Algona	10.78
2004	Robert Thompson	Des Moines, East	10.68	2017	Dichon Francis	Des Moines, Hoover	10.78
2023	Will Neuharth	Harlan	10.68	2012	Harris Nuhanovic	Waterloo, West	10.78
2021	Deonte Dean	Marshalltown	10.69	1996	Merrill Coleman	Iowa City, City High	10.78
2018	Dichon Francis	Des Moines, Hoover	10.70	2003	Terry Gantt	Cedar Rapids, Washington	10.78
2017	Michael Santi	Madrid	10.70	2022	Brendan Monahan	St. Albert, Council Bluffs	10.78
2009	Alonzo Markham	Iowa City, West	10.70	2001	Hakim Hill	Iowa City, City High	10.79
1981	Treye Jackson	Newton	10.70	2021	Mikey McClain	Dowling Catholic	10.79
1998	Kevin Collins	Davenport, West	10.70	2022	Tate Sander	Belmond-Klemme	10.79
2013	Meliek Meyer	Lynnville-Sully	10.70	2022	Titus Christiansen	Southeast Polk	10.79
2021	Kael Unruh	North Cedar	10.70	2018	Austyn Casillas	Ottumwa	10.80
2019	Ardell Inlay	Sioux City, East	10.71	2003	Araf Evans	Cedar Rapids, Jefferson	10.80
1983	David Palmer	Waterloo, Central	10.71	2021	Titus Christiansen	Southeast Polk	10.80

HANDHELD TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2002	Adam Haluska	Carroll	10.10	1993	Antwun Taylor	Davenport, Central	10.50
2017	Brady Wall	Sergeant Bluff-Luton	10.20	1994	Lance Hall	Bishop Garrigan	10.50
1994	Tim Dwight	Iowa City, City High	10.20	1995	Geovanti Steward	Davenport, North	10.50
1980	Treye Jackson	Newton	10.30	1995	Merrill Coleman	Iowa City, City High	10.50
1992	Curtis Hawkins	Ames	10.30	1996	Phil Wagner	North Fayette	10.50
1997	Tom Green	Westwood	10.30	1997	B. J. Smith	Waterloo, West	10.50
2001	Milton Lanier	Cedar Rapids, Washington	10.30	1997	Travis Geopfert	Panorama	10.50
2001	Marques Simmons	Davenport, North	10.30	1998	Adam Benge	Ankeny	10.50
2003	Terry Gantt	Cedar Rapids, Washington	10.30	1998	Geoff Jensen	Grinnell	10.50
2005	James Smith	Council Bluffs, Thomas Jefferson	10.30	2000	Hakim Hill	Iowa City, City High	10.50
2010	Austin Ebertowski	Council Bluffs, Abraham Lincoln	10.30	2000	Seth Moulton	Ankeny	10.50
2017	Ryan Van Baale	Ankeny Centennial	10.40	2001	Rashid Pope	Ottumwa	10.50
2016	Isaiah Trousil	West Burlington, Notre Dame	10.40	2001	T. J. Klith	Cedar Rapids, Prairie	10.50
1989	Kenny Shedd	Davenport, West	10.40	2002	Calvin Davis	Iowa City, City High	10.50
1995	Corey Willie	North Scott	10.40	2002	Dwayne Wright	Newton	10.50
1996	Eric Weiford	Oelwein	10.40	2003	Araf Evans	Cedar Rapids, Washington	10.50
2001	A. D. Ward	Des Moines, East	10.40	2003	Paul Brown	LeMars	10.50
2001	Rumel Monk	Des Moines, Lincoln	10.40	2004	Robert Thompson	Des Moines, East	10.50
2004	Andy Brodell	Ankeny	10.40	2005-06	Mike Mitchell	Davenport, Central	10.50
2010	T.J. James	Des Moines, Lincoln	10.40	2005	Josh Webb	Cedar Falls	10.50
1981	Treye Jackson	Newton	10.50	2008	Jerred Herring	Burlington	10.50
1984	Gary Crouch	Davenport, Central	10.50	2008	Ronnie Henderson	Cedar Rapids, Washington	10.50
1984	Kevin Peters	Ottumwa	10.50	2009	James Harrington	Cedar Falls	10.50
1985	Rod Edwards	Des Moines, Roosevelt	10.50	2011	Nick Efkamp	Madrid	10.50
1988	Kevin Monroe	Muscatine	10.50	2012	Tyrell Martin	Waterloo, West	10.50

200 Meter Dash

FULLY AUTOMATIC TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2022	Mikey McClain	Dowling Catholic	20.97	2016	Ryan Van Baale	Ankeny Centennial	21.77
2023	Miles Thompson	Cedar Rapids, Washington	21.02	1987	James Kirby	Valley	21.77
2011	James Harrington	Cedar Falls	21.16	2006	Bryan Collins	Valley	21.77
2017	Isaiah Trousil	West Burlington, Notre Dame	21.22	2017	Dan Blocker	Waukee	21.78
2001	Nik Moser	Fort Dodge	21.33	2014	Connor Ham	Solon	21.78
2001	Marques Simmons	Davenport, North	21.34	2008	Jarred Herring	Burlington	21.78
2002	Calvin Davis	Iowa City, City High	21.37	1980	Jeff Nielsen	Britt	21.78
2016	Jalen Rima	Cedar Rapids, Prairie	21.40	1982	Alvin Myles	Des Moines, Roosevelt	21.78
2009	Patrick Lewis	Cedar Rapids, Xavier	21.43	1983	David Palmer	Waterloo, Central	21.78
2021	Deonte Dean	Marshalltown	21.45	2002	Demicole Deeds	Des Moines, North	21.78
2014	Rico Gafford	Dowling Catholic	21.49	2004	Yawusa Kinda	Des Moines, Roosevelt	21.78
1986	Kevin Little	Ankeny	21.50	2005	Josh Webb	Cedar Falls	21.79
1981	Treye Jackson	Newton	21.51	2003	Lee Elbert	Bishop Garrigan	21.80
1987	Willie Lacey	Davenport, West	21.51	2006	Aaron Jordan	Des Moines, East	21.80
2023	Will Neuharth	Harlan	21.53	1988	Kevin Monroe	Muscatine	21.81
2016	Eli Hicks	Boone	21.55	2001	Jason Nolting	Preston-East Central	21.81
2022	Qai Hussey	Spirit Lake	21.55	2011	Eric Toole	Lewis Central	21.82
2018	Ardell Inlay	Sioux City, East	21.56	2006	Jeremy Yates	Lewis Central	21.82
1989	Kenny Shedd	Davenport, West	21.56	2019	Harrison Waylee	Urbandale	21.83
1993	Tim Dwight	Iowa City, City High	21.56	2018	Alden Kuntz	Wahlert Catholic	21.84
2002	Adam Haluska	Carroll	21.56	2013	Tavian Smith	Iowa City, West	21.84
1997	Jason Ringena	Iowa City, City High	21.57	2021	Logan Franken	Unity Christian	21.84
2003	Andy Brodell	Ankeny	21.58	2014	Kaleb Kesselring	Des Moines, Lincoln	21.85
2021	Mikey McClain	Dowling Catholic	21.59	2022	Luke Meyers	Iowa City, Liberty	21.85
2022	Jack Latham	Spirit Lake	21.60	2019	Joe Stein	Spirit Lake	21.86
2019	Bernard Bell Jr.	Ames	21.61	2013	Perrion Scott	Linn-Mar	21.86
2018	Max Duggan	Lewis Central	21.65	2013	Gerald Heiskell	Sioux City, West	21.86
2018	Noah Anderson	PCM	21.66	1990	Baylor Goode	Cedar Rapids, Kennedy	21.86
2018	Nate Kennedy	Glenwood	21.67	2021	Brayden Wollan	Underwood	21.86
2016	Dom Flemister	Sioux City, East	21.68	1990	Jamie Leonard	Dallas Center-Grimes	21.87
2011	Kenny Gilmore	Davenport, Central	21.68	2009	Sam Tim	Ames	21.88
2019	Darien Porter	Bettendorf	21.69	1998	Quennel McCaleb	Fort Dodge	21.88
2017	Gage Clay	AHSTW	21.69	2000	Andy Moser	Guttenberg	21.88
2023	Austin Kunkle	ACGC	21.69	2018	Sam Tudor	Waterloo, West	21.89
2019	Ardell Inlay	Sioux City, East	21.71	2013	Trever Ryen	OABCIG	21.89
2018	Jorma Schwedler	Sergeant Bluff-Luton	21.72	1996	Jeff Adam	Cardinal Eldon	21.89
2017	Tayshaun Cooper	Waterloo, West	21.72	2022	Brevin Doll	ADM	21.89
2009	Jamal Simmons	Burlington	21.72	2019	Jorma Schwedler	Sergeant Bluff-Luton	21.90
1989	Dwayne Wright	Newton	21.73	2011	Darius Pearson	Sioux City, West	21.90
2018	Elijah Facey	Urbandale	21.74	2022	Caeden DaSilva	Nevada	21.90
1989	David Knight	Ames	21.74				

HANDHELD TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1994	Tim Dwight	Iowa City, City High	20.80	1980	Kent Lester	Clarion	21.40
2001	Marques Simmons	Davenport, North	21.10	1986	Kevin Little	Ankeny	21.40
1980	Treye Jackson	Newton	21.20	1999	Zach Grimm	Iowa Mennonite School	21.40
1988	David Knight	Ames	21.20	2001	Milton Lanier	Cedar Rapids, Washington	21.40
1997	Jason Ringena	Iowa City, City High	21.20	2001	Adam Haluska	Carroll	21.40
2005	James Smith	Council Bluffs, Thomas Jefferson	21.20	2003	Andy Brodell	Ankeny	21.40
1988	Kevin Monroe	Muscatine	21.30				

400 Meter Dash

FULLY AUTOMATIC TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2019	Darien Porter	Bettendorf	46.99	1998	Aaron Foreman	Cedar Rapids, Washington	48.27
2002	Calvin Davis	Iowa City, City High	47.01	2018	Nate Kennedy	Glenwood	48.28
2004	Yawusa Kinda	Des Moines, Roosevelt	47.33	2009	Brian Sandvig	St. Edmond, Fort Dodge	48.30
2019	Gabe Caruthers	Iowa City, West	47.38	1991	John Barnett	Ames	48.30
2000	Ryan Kedley	North Cedar	47.43	2004	Kevin Roberts	Cedar Falls	48.31
1989	David Knight	Ames	47.53	2007	Jordan Cornilsen	Preston-East Central	48.32
2021	TJ Tomlyanovich	Cedar Falls	47.54	2013	Brody Eischeid	Manson Northwest Webster	48.33
2011	Kyle Dunn	Linn-Mar	47.56	2011	Michael Malloy	Bishop Heelan Catholic	48.34
2008	Aaron Stockstell	Mid-Prairie	47.67	2011	Jesse Davenport	Southeast Polk	48.34
2021	Brayden Wollan	Underwood	47.73	2005	Mike Craddick	Assumption	48.34
1987	Willie Lacy	Davenport, West	47.74	1980	Jeff Beelman	Fort Madison	48.36
2009	Kevin Dibbern	Iowa City, City High	47.77	2001	Jeff Fedler	Mount Pleasant	48.36
1989	Kenny Shedd	Davenport, West	47.81	2019	Jorma Schwedler	Sergeant Bluff-Luton	48.39
2022	Qai Hussey	Spirit Lake	47.83	2010	Trevor Voelker	Dallas Center-Grimes	48.41
2009	Alex Kelly	Ottumwa	47.89	2006	Zac Sandvig	Valley	48.41
2022	Tyrese Miller	Ankeny	47.91	1985	Allen Burns	Sioux City, East	48.43
2018	Austin West	Iowa City, West	47.94	1985	Kent Terillion	Marshalltown	48.43
2023	Jackson Belding	Ankeny	47.94	2021	Tyrese Miller	Ankeny	48.44
2019	Sam Yeaway	Waukee	48.03	2011	Joe Roden	West Harrison	48.46
2004	Terrence Reid	Davenport, Central	48.03	2009	Alonzo Markham	Iowa City, West	48.46
1978	Kevin Kuchel	Kingsley-Pierson	48.10	2007	Bryan Collins	Valley	48.46
1986	Jim Turner	Marshalltown	48.11	1995	Tony Collins	Assumption	48.46
2005	Greg Offerman	Charles City	48.11	2015	Brett Pronger	Lawton-Bronson	48.47
2019	Jake Keller	Valley	48.18	1980	Todd Holm	Tripoli	48.47
2019	Aaron Smith	Waukee	48.24	2002	Adam Haluska	Carroll	48.48
2011	Kaleb Van Cleave	Des Moines, Hoover	48.24	2010	Brennan Davey	Indianola	48.50
2004	Ben Lueth	Ames	48.25	1998	Chris McCullough	Pleasantville	48.50
1983	David Palmer	Waterloo, Central	48.26	1981	Treye Jackson	Newton	48.50
2012	James Harrington	Cedar Falls	48.27				

HANDHELD TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2019	Darien Porter	Bettendorf	46.99	1989	Kenny Shedd	Davenport, West	47.20
2002	Calvin Davis	Iowa City, City High	47.01	2004	Yawusa Kinda	Des Moines, Roosevelt	47.33
2000	Ryan Kedley	North Cedar	47.10	2019	Gabe Caruthers	Iowa City, West	47.38

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2000	Ryan Kedley	North Cedar	47.43	2012	James Harrington	Cedar Falls	48.27
1989	David Knight	Ames	47.53	1998	Aaron Foreman	Cedar Rapids, Washington	48.27
2011	Kyle Dunn	Linn-Mar	47.56	2018	Nate Kennedy	Glenwood	48.28
1979	Kim Sykes	Waterloo, East	47.50	2009	Brian Sandvig	St. Edmond, Fort Dodge	48.30
2008	Aaron Stockstell	Mid-Prairie	47.67	1991	John Barnett	Ames	48.30
1987	Willie Lacy	Davenport, West	47.74	2004	Kevin Roberts	Cedar Falls	48.31
2009	Kevin Dibbern	Iowa City, City High	47.77	2007	Jordan Cornilsen	Preston-East Central	48.32
1989	Kenny Shedd	Davenport, West	47.81	2013	Brody Eischeid	Manson Northwest Webster	48.33
2009	Alex Kelly	Ottumwa	47.89	2011	Michael Malloy	Bishop Heelan Catholic	48.34
2018	Austin West	Iowa City, West	47.94	2011	Jesse Davenport	Southeast Polk	48.34
1989	Dwayne Wright	Waterloo, West	47.90	2005	Mike Craddick	Assumption	48.34
2001	Jeff Fedler	Mount Pleasant	47.90	1980	Jeff Beelman	Fort Madison	48.36
2019	Sam Yeaway	Waukee	48.03	2001	Jeff Fedler	Mount Pleasant	48.36
2004	Terrence Reid	Davenport, Central	48.03	2019	Jorma Schwedler	Sergeant Bluff-Luton	48.39
2002	Josh Leonard	Ankeny	48.00	1990	Baylor Goode	Cedar Rapids, Kennedy	48.30
1978	Kevin Kuchel	Kingsley-Pierson	48.10	2002	Adam Haluska	Carroll	48.30
1986	Jim Turner	Marshalltown	48.11	2003	Cody Eichmeier	AGWSR	48.30
2005	Greg Offerman	Charles City	48.11	2010	Trevor Voelker	Dallas Center-Grimes	48.41
2019	Jake Keller	Valley	48.18	2006	Zac Sandvig	Valley	48.41
1985	Jeff Burris	Ames	48.10	1985	Allen Burns	Sioux City, East	48.43
1994	Tim Dwight	Iowa City, City High	48.10	2010	Brennan Davey	Indianola	48.40
2019	Aaron Smith	Waukee	48.24	2007	Bryan Collins	Valley	48.40
2011	Kaleb Van Cleave	Des Moines, Hoover	48.24	1987	Jeff Kapler	Cedar Rapids, Washington	48.40
2004	Ben Lueth	Ames	48.25				
1983	David Palmer	Waterloo, Central	48.26				

800 Meter Run

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2007	Aaron Stockstell	Mid-Prairie	1:50.18	2000	Craig Cartier	Marshalltown	1:54.10
2016	Ryan Schweizer	Dowling Catholic	1:50.30	2018	Quentin Linnan	Indianola	1:54.14
1990	Joseph Kiptanui	Indianola	1:50.97	2004	Brett Adams	Assumption	1:54.16
2014	Josh Evans	Linn-Mar	1:50.98	2008	Drew Poland	Cedar Falls	1:54.19
2014	Carter Lilly	Sioux City, East	1:51.52	1996	Matt Gabrielson	Belmond-Klemme	1:54.20
1982	Caesar Smith	Des Moines, East	1:52.02	2016	Derek Manternach	Monticello	1:54.22
2018	Riley Bauer	North Iowa	1:52.10	2012	Neil Flattery	St. Edmond, Fort Dodge	1:54.25
2010	Brennan Davey	Indianola	1:52.17	2008	Brady Fritz	Iowa City, West	1:54.25
2016	Matt Frazier	Dowling Catholic	1:52.28	2005	Mike Craddick	Assumption	1:54.25
2023	Gabe Nash	Sioux City, North	1:52.34	2022	Jackson Mace-Maynard	Newton	1:54.25
2006	Corbin Miller	Marshalltown	1:52.35	1980	Bill Theissen	Dowling Catholic	1:54.28
2008	Zach Braff	Linn-Mar	1:52.45	2007	Stephen Arvanis	Davenport, North	1:54.29
2023	Chase Lauman	Pella	1:52.61	1992	Roba Bati	Iowa City, West	1:54.30
2008	Blake Irwin	Pleasant Valley	1:52.69	2017	Josh Andrews	Waukee	1:54.31
2013	Timauntay Jones	Cedar Rapids, Jefferson	1:52.75	2009	Chad Rutledge	Algona	1:54.31
2016	Matt Manternach	Monticello	1:52.77	2009	Kyle Slaymaker	Cedar Rapids, Kennedy	1:54.34
2006	Logan Gonzales	Boone	1:52.91	2022	Aidan Ramsey	Dallas Center-Grimes	1:54.36
2021	Aniey Akok	Ames	1:52.95	2022	Riley Witt	Saint Ansgar	1:54.38
2019	Joe Schaefer	Johnston	1:52.96	2016	Karson Sommer	Pleasant Valley	1:54.40
1987	Brett Carney	Ames	1:53.00	1992	Matt Mullenix	Woodbine	1:54.40
1982	Randy Barrick	Spencer	1:53.00	1987	John Burris	Ames	1:54.40
2021	TJ Tomlyanovich	Cedar Falls	1:53.08	2015	Nolan Teubel	Mount Vernon	1:54.42
2022	Gabe Nash	Sioux City, North	1:53.14	1993	Nate Wall	Adel-DeSoto	1:54.48
2014	Daniel Chan	Ames	1:53.17	2022	Yemane Kifle	Sioux City, North	1:54.55
1995	Brent MacLagan	Jefferson-Scranton	1:53.30	2009	Ryan Krogmann	Northeast	1:54.62
1992	Joey Woody	Iowa City, City High	1:53.30	2022	Jackson Heidesch	Dowling Catholic	1:54.62
2015	Nic Scheelhaase	KPWC	1:53.32	2022	Ammon Smith	Iowa City, City High	1:54.64
2012	Will Teubel	Mount Vernon	1:53.35	1992	Darin Astor	Fort Dodge	1:54.67
1999	Dave Paulsen	Waverly-Shell Rock	1:53.47	2016	Matt Lorenz	Cedar Rapids, Prairie	1:54.71
2018	Grant Lair	Johnston	1:53.54	2018	Ben Daumueller	Urbandale	1:54.74
2018	Tyler Olson	Muscatine	1:53.56	2018	Jay Marcotte	Urbandale	1:54.75
2018	Gable Sieperda	Central Lyon	1:53.58	1980	Colin Miller	Valley	1:54.78
2006	David Lantz	Dowling Catholic	1:53.66	2005	Tyler Mulder	Unity Christian	1:54.79
2008	Isaac Wendland	Charles City	1:53.74	1985	Jeff Burris	Ames	1:54.82
2016	Tysen Vandraska	Cedar Rapids, Prairie	1:53.78	2001	Tedd Allen	East Marshall	1:54.83
2014	Jay Wolfe	Creston	1:53.79	2021	Nate Mueller	ADM	1:54.83
2000	Leif Kennedy	Clear Lake	1:53.80	2014	Michael Melchert	Monticello	1:54.87
2015	Daniel Chan	Ames	1:53.87	2016	Alec Still	KPWC	1:54.89
2019	Aniey Akok	Ames	1:53.90	2016	William Hasken	Northeast	1:54.97
1999	Tim Orris	Dubuque, Senior	1:54.00	2004	Zach Brower	Valley	1:54.98
2007	Beau Dielschneider	BCLUW	1:54.01	2019	Kevin Conner	Dowling Catholic	1:54.99
2016	Hunter Lavallee	Cedar Falls	1:54.02	2003	Dylan Davis	ADM	1:55.00
2004	Nick Sorbe	Storm Lake	1:54.10	1987	Guy Potter	Ottumwa	1:55.00

1600 Meter Run

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2023	Jackson Heidesch	Dowling Catholic	4:01.32*	2005	Blake Schlotzhauer	Davenport, Central	4:15.36
2016	Ryan Schweizer	Dowling Catholic	4:05.83	1983	Bobby Soule	Bishop Heelan Catholic	4:15.47
2014	Josh Evans	Linn-Mar	4:06.32	1987	Darrin Rippey	Des Moines, Lincoln	4:15.56
2023	Jackson Heidesch	Dowling Catholic	4:07.18	2009	Johnny Fuller	Glenwood	4:15.66
2022	Jackson Heidesch	Dowling Catholic	4:07.30	1979	Jim Zinnel	Algona	4:15.74
2015	Thomas Pollard	Gilbert	4:08.00	1997	Tom Caughlan	Mason City	4:15.85
2013	Jason Thomas	Dowling Catholic	4:10.14	1986	Mike Holms	Valley	4:15.88
1979	Steve Greiner	Pekin	4:11.57	2012	Matt Butler	Bettendorf	4:15.98
2016	Karson Sommer	Pleasant Valley	4:13.16	2014	Daniel Gardarsson	Iowa City, West	4:16.15
2022	Ford Washburn	Iowa City, City High	4:13.24	2017	Sam Schillinger	Cedar Falls	4:16.28
2014	Albert Meier	Boone	4:13.30	1981	Tim Wilson	Clarke	4:16.49
1979	Todd Peverill	Waterloo, East	4:13.65	1996	Rob Brock	Dubuque, Senior	4:16.50
2014	Chandler Austin	Boone	4:13.73	1979	Mike Diment	Des Moines, Hoover	4:16.61
2018	Gable Sieperda	Central Lyon	4:13.78	1999	Chris Francois	Davenport, North	4:16.68
2005	Logan Gonzales	Boone	4:13.98	2002	Dan Taylor	Fort Dodge	4:16.72
2004	Jon Thomas	Des Moines, Roosevelt	4:14.01	1986	John Schuster	Dowling Catholic	4:16.82
2022	Aidan Ramsey	Dallas Center-Grimes	4:14.05	2018	Camden Cox	Ankeny Centennial	4:16.88
1981	Bill Theissen	Dowling Catholic	4:14.11	2012	Chase Lauman	Pella	4:16.90
2011	Kevin Lewis	Ottumwa	4:14.20	2007	Stephen Dak	Marshalltown	4:16.92
2004	Brett Adams	Assumption	4:14.31	2005	Kiel Uhl	Des Moines, Roosevelt	4:16.92
2022	William Lohr	Sioux City, North	4:14.40	2008	Blake Irwin	Pleasant Valley	4:16.93
2009	Omet Kak	Des Moines, North	4:14.43	1989	Lance Elliott	Montezuma	4:16.99
2011	Alec Baldwin	Spirit Lake Park	4:14.76				
2021	Nate Mueller	ADM	4:15.03				
2017	Ryan Murphy	Linn-Mar	4:15.36				

*--Heidesch record was enroute time at Drake Relays, April 29, 2023

3200 Meter Run

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2014	Thomas Pollard	Gilbert	8:50.43	2023	AJ Bonnesen	Danville	9:10.37
2014	Chandler Austin	Boone	8:51.74	2022	Will Ryan	Dowling Catholic	9:10.72
2022	Aidan Ramsey	Dallas Center-Grimes	8:58.27	1985	Jeff Hammons	Iowa Valley	9:10.95
2014	Albert Meier	Boone	8:58.46	2019	Reece Smith	Garner-Hayfield-Ventura	9:11.33
2022	Ford Washburn	Iowa City, City High	8:59.60	2022	Alex McKane	Iowa City, West	9:11.41
2017	Ryan Murphy	Linn-Mar	9:00.79	2014	Mitch Pritts	Cedar Rapids, Prairie	9:12.07
2014	Josh Evans	Linn-Mar	9:00.97	1980	Bill Kerkeart	Sheldon	9:12.20
2022	Jackson Heidesch	Dowling Catholic	9:01.29	2010	Johnny Fuller	Glenwood	9:12.34
2011	Kevin Lewis	Ottumwa	9:05.25	2014	Daniel Murphy	Linn-Mar	9:12.46
2017	Sam Schillinger	Cedar Falls	9:06.04	1985	Mike Holms	Valley	9:12.60
2022	Hayden Kuhn	Linn-Mar	9:06.04	2002	Dan Taylor	Fort Dodge	9:12.63
2022	Jackson Mace-Maynard	Newton	9:06.16	2021	Quinton Orr	Humboldt	9:12.69
2005	Kiel Uhl	Des Moines, Roosevelt	9:06.54	1978	Mike Diment	Des Moines, Hoover	9:12.70
2023	Jackson Heidesch	Dowling Catholic	9:06.86	2007	Kevin Morgan	Des Moines, Lincoln	9:12.77
1979	Wally Duffy	Shenandoah	9:07.06	2000	Chris Jones	Iowa City, West	9:13.04
2007	Stephen Dak	Marshalltown	9:07.34	2017	Kolby Greiner	Iowa City, West	9:13.35
2012	Cole Decker	Dowling Catholic	9:08.96	1997	Trent Corey	Dubuque, Senior	9:13.42
2012	Matt Butler	Bettendorf	9:09.03	2022	Jacob Mumey	Pleasant Valley	9:13.85
1997	Rob Brock	Dubuque, Senior	9:09.17	2000	Trent Graham	Des Moines, Roosevelt	9:13.87
2018	Gable Sieperda	Central Lyon	9:09.60	2016	Karson Sommer	Pleasant Valley	9:13.98
2015	Daniel Soto	Valley	9:09.76	1978	Charles Mosbrucker	Fort Dodge	9:14.49
2005	Jon Thomas	Des Moines, Roosevelt	9:09.85	2019	Tim Sindt	Ankeny	9:14.64
2021	Nate Mueller	ADM	9:09.88	2009	Omet Kak	Des Moines, North	9:14.64
2017	Patrick Bose	Johnston	9:09.96	2010	Brogan Austin	Boone	9:14.88
1981	Jeff Jacobs	Clinton	9:10.34				

110 Meter High Hurdles

FULLY AUTOMATIC TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
2022	Jack Latham	Spirit Lake	13.74	2017	JoJo Frost	Center Point-Urbana	14.40
2018	Riley Moss	Ankeny Centennial	13.85	1993	Alonzo Clayton	Fort Dodge	14.40
2017	Joah Banks	Cedar Rapids, Prairie	13.91	2008	Channing Puls	Hudson	14.40
2019	Trent Davis	Linn-Mar	13.99	2012	Tyler Donels	Southeast Polk	14.41
2014	Jayvon Matthews	Davenport, Central	14.01	1997	Cory Woods	Treynor	14.41
2015	Connor Ham	Solon	14.03	2019	Jace Christensen	Southeast Polk	14.42
2009	Jordan Mullen	Atlantic	14.04	2014	Dylan Kalinay	South Tama County	14.42
1994	Eric Strim	Sioux City, West	14.13	2010	Tanner Miller	Mid-Prairie	14.42
1992	Bill Betterton	Carlisle	14.15	2017	Wade Barclay	Southeast Polk	14.43
2015	Cole Phillips	Mount Pleasant	14.16	2012	Lloyd Cheatem	Urbandale	14.43
2023	Grayson Hartman	Cedar Rapids, Xavier	14.16	1979	Roger Craig	Davenport, Central	14.43
2019	Jack Garber	BCLUW	14.20	1999	Cyrus Nichols	Des Moines, Roosevelt	14.43
2014	Sydne Davis	Des Moines, Roosevelt	14.20	2017	Dallas Wright	Carlisle	14.44
2010	Kyle Dunn	Linn-Mar	14.20	1987	Derek Stevenson	Belmond	14.44
2023	Jaden Damiano	Iowa Falls-Alden-Alden	14.20	2006	Nick Batterson	Eddyville-Blakesburg	14.44
2016	Jack Wilson	Valley	14.23	2014	Austin Larson	West Fork	14.45
2021	Drew Bartels	Cedar Rapids, Kennedy	14.23	1985	Matt Zuber	Iowa Valley	14.45
2017	Lantz Reed	Boone	14.24	1992	Joey Woody	Iowa City, City High	14.45
2022	Eric Lucas	Iowa City, Liberty	14.25	2022	Jaden Damiano	Iowa Falls-Alden-Alden	14.45
2018	Terrell Jordan	Cedar Rapids, Kennedy	14.26	2018	Mason Aschenbrenner	Cardinal	14.46
2022	Kole Becker	Lisbon	14.26	2016	Hunter Wargo	West Branch	14.46
2014	Elijah Young	Des Moines, Lincoln	14.28	2015	Graydon Schmidt	Centerville	14.46
2018	Gratt Reed	Atlantic	14.31	2009	Jacob Batterson	Eddyville-Blakesburg	14.46
2012	Brandon Ophoff	Linn-Mar	14.32	1978	Craig Nordlie	Nevada	14.46
1994	Chris Wycoff	Ames	14.33	1980	Bruce Hackbarth	Algona	14.46
1979	Dean Fogarty	Marshalltown	14.33	1990	Jason McCleary	Newton	14.47
2017	Michael Santi	Madrid	14.35	2008	Dan Davis	Iowa City, West	14.47
2014	Jared Brdicko	Waukee	14.35	2015	Dan Kruse	Glenwood	14.48
2012	Dan Roemeran	Iowa City, City High	14.35	2015	Thomas Brantley	Camanche	14.49
2011	Rashed Tullis	Des Moines, Roosevelt	14.35	2011	Brandon Ophoff	Linn-Mar	14.49
2003	Jordan Crosby	Fort Dodge	14.35	1996	Dustin Avey	Ames	14.49
2023	Triston Miller	Columbus	14.35	2021	Jack Latham	Spirit Lake	14.49
2005	Nick Kuchel	Kingsley-Pierson	14.36	2022	Geramie Hardaway	Cedar Rapids, Prairie	14.49
2011	Tyler Donels	Southeast Polk	14.38	2009	Ethan Holmes	Clinton	14.50
2021	Adam Wright	Dowling Catholic	14.39	1983	Eric White	Burlington	14.50

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1992	Bill Betterton	Carlisle	13.80	2012	Tyler Donels	Southeast Polk	14.10
2012	Brandon Ophoff	Linn-Mar	13.90	2019	Jack Garber	BCLUW	14.20
2009	Jordan Mullen	Atlantic	13.90	2014	Sydne Davis	Des Moines, Roosevelt	14.20
1979	Dean Fogarty	Marshalltown	13.90	2010	Kyle Dunn	Linn-Mar	14.20
1994	Chris Wycoff	Ames	13.90	2017	Michael Santi	Madrid	14.20
1985	Matt Zuber	Iowa Valley	14.00	2016-17	JoJo Frost	Center Point-Urbana	14.20
1993	Alonzo Clayton	Fort Dodge	14.00	1989	Blaine Carroll	Newton	14.20
1996	Aaron Abram	Valley	14.00	1994	Julian Young	Davenport, Central	14.20
2003	Jordan Crosby	Fort Dodge	14.00	1995	Brian Dunn	Glenwood	14.20
2010	Kyle Dunn	Linn-Mar	14.00	1996	Dustin Avey	Ames	14.20
1992	Joey Woody	Iowa City, City High	14.10	1997	Kaipheth Phaydavong	Des Moines, East	14.20
1994	Jason Woods	Treynor	14.10	1997	Cory Woods	Treynor	14.20
1998	Cyrus Nichols	Des Moines, Roosevelt	14.10	1999	Jeff Happe	Ames	14.20
2002	Kyle Rippey	Ames	14.10	2001	Chris McCullough	Valley	14.20
2002	Derek Casey	Cherokee	14.10	2008	Channing Puls	Hudson	14.20
2006	Nick Batterson	Eddyville-Blakesburg	14.10	2010	Ryan Sander	Xavier	14.20
2010	Tanner Miller	Mid-Prairie	14.10	2011	Nick Efkamp	Madrid	14.20

400 Meter Low Hurdles (30")

FULLY AUTOMATIC TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1996	Dustin Avey	Ames	50.96	2015	Jacob Smith	West Burlington, Notre Dame	52.55
2011	Kyle Dunn	Linn-Mar	51.04	2005	Dennis Hammel	Davenport Central	52.55
2005	Greg Offerman	Charles City	51.35	2017	Nathan Hoy	Cedar Falls	52.57
2014	Sydne Davis	Des Moines, Roosevelt	51.52	2014	Jack Bergstrom	Johnston	52.71
1995	Brent MacLagan	Jefferson-Scranton	51.62	2009	Ethan Holmes	Clinton	52.71
2023	Nicholas Gorsich	Linn-Mar	51.80	2018	Nathan Roethler	Waukee	52.73
1994	Eric Strim	Sioux City, West	51.89	1981	Randy Moore	Cedar Rapids, Kennedy	52.73
2018	Austin West	Iowa City, West	51.96	2003	Jordan Crosby	Fort Dodge	52.77
2019	Joven Nelson	Nevada	52.02	2018	Demari Nicholson	Bettendorf	52.79
2012	Jordan Van Roekel	PCM	52.26	2001	Nik Moser	Fort Dodge	52.80
1993	Tim Dwight	Iowa City, City	52.29	2022	Matthew Kruse	Dubuque, Senior	52.80
2013	Raheem Black	Fort Madison	52.31	2009	Jordan Mullen	Atlantic	52.82
2010	Tanner Miller	Mid-Prairie	52.36	1999	Ryan Boyington	Hampton-Dumont	52.84
1989	Darwin Vande Hoef	Rock Valley	52.45	2011	Nick Efkamp	Madrid	52.85
1990	Gregg Garn	Ames	52.45	1998	Tracy Pugh	Davenport, Central	52.90
1992	Joey Woody	Iowa City, City	52.45	1997	Kyle Bolejack	Ankeny	52.91
1999	Brian Stegall	Washington	52.46	2001	Pete Avery	Waverly-Shell Rock	52.92
2002	Michael Bell	Marshalltown	52.46	2002	Derek Casey	Cherokee	52.94
1990-91	Shaun Benefield	Mason City	52.46	2016	Isaiah Nimmers	Cedar Rapids, Washington	52.96
2021	Drew Bartels	Cedar Rapids, Kennedy	52.49	2009	Keaton Rickels	Iowa Falls-Alden-Alden	52.98
2013	Derek Jones	Glenwood	52.51	2014	Noah Larrison	Waukee	53.00

MIXED TIMING

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1996	Dustin Avey	Ames	50.96	1994	Chris Wycoff	Ames	52.50
2011	Kyle Dunn	Linn-Mar	51.04	2003	Jordan Crosby	Fort Dodge	52.50
2005	Greg Offerman	Charles City	51.35	1994	Tracy Pugh	Davenport, Central	52.70
1994	Eric Strim	Sioux City, West	51.40	2023	Ryce Reynolds	Mount Ayr	52.70
2014	Sydne Davis	Des Moines, Roosevelt	51.52	2014	Jack Bergstrom	Johnston	52.71
1995	Brent MacLagan	Jefferson-Scranton	51.62	2009	Ethan Holmes	Clinton	52.71
1992	Joey Woody	Iowa City, City	51.80	2018	Nolan Roethler	Waukee	52.73
1994	Eric Strim	Sioux City, West	51.89	1981	Randy Moore	Cedar Rapids, Kennedy	52.73
2018	Austin West	Iowa City, West	51.96	2018	Demari Nicholson	Bettendorf	52.79
2019	Joven Nelson	Nevada	52.02	2001	Nik Moser	Fort Dodge	52.80
2012	Jordan Van Roekel	PCM	52.26	2009	Jordan Mullen	Atlantic	52.82
1993	Tim Dwight	Iowa City, City	52.29	1999	Ryan Boyington	Hampton-Dumont	52.84
2013	Raheem Black	Fort Madison	52.31	2011	Nick Efkamp	Madrid	52.85
2010	Tanner Miller	Mid-Prairie	52.36	1997	Kyle Bolejack	Ankeny	52.91
1989	Darwin Vande Hoef	Rock Valley	52.45	2001	Pete Avery	Waverly-Shell Rock	52.92
1990	Gregg Garn	Ames	52.45	2002	Derek Casey	Cherokee	52.94
1999	Brian Stegall	Washington	52.46	2016	Isaiah Nimmers	Cedar Rapids, Washington	52.96
2002	Michael Bell	Marshalltown	52.46	2009	Keaton Rickels	Iowa Falls-Alden	52.98
1990-91	Shaun Benefield	Mason City	52.46	1998	Derek Gruber	Council Bluffs, Thomas Jefferson	52.90
2015	Jacob Smith	West Burlington, Notre Dame	52.55	2002	Justin Koepp	Storm Lake	52.90
2005	Dennis Hammel	Davenport, Central	52.55	2012	Derek Jones	Glenwood	53.00
2017	Nathan Hoy	Cedar Falls	52.57	1987	Brian Rickels	Monticello	53.00

4x100 Meter Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Iowa City, City High	1996	41.33	FAT	Cedar Rapids, Washington	2016	42.09	FAT
Valley	2019	41.68	FAT	Cedar Rapids, Washington	2017	42.13	FAT
Valley	2006	41.68	FAT	Davenport, North	2017	42.13	FAT
Dowling Catholic	2022	41.76	FAT	Iowa City, City High	2012	42.13	FAT
Southeast Polk	2022	41.82	FAT	Waterloo, West	2012	42.13	FAT
Southeast Polk	2019	41.83	FAT	Des Moines, East	2002	42.13	FAT
Waterloo, West	2013	41.84	FAT	Newton	2001	42.13	FAT
Des Moines, East	2007	41.88	FAT	Cedar Rapids, Washington	2022	42.13	FAT
Iowa City, City High	2001	41.89	FAT	Linn-Mar	2013	42.14	FAT
Iowa City, West	2023	41.89	FAT	Des Moines, East	2019	42.16	FAT
Cedar Rapids, Jefferson	2018	41.89	FAT	Cedar Falls	2012	42.17	FAT
Ankeny Centennial	2018	41.89	FAT	Iowa City, City High	2000	42.17	FAT
Western Dubuque, Epworth	2017	42.00	FAT	Cedar Rapids, Xavier	2008	42.18	FAT
Des Moines, East	1989	42.00	FAT	Des Moines, East	1989	42.19	FAT
Cedar Rapids, Prairie	2016	42.01	FAT	Des Moines, East	2003	42.19	FAT
Waukee	2014	42.03	FAT	Ottumwa	2001	42.20	FAT
Des Moines, East	2019	42.06	FAT	Waterloo, Central	1986	42.21	FAT
Cedar Rapids, Kennedy	2018	42.06	FAT	Iowa City, City High	2005	42.21	FAT
Cedar Falls	2011	42.07	FAT	Des Moines, Roosevelt	2010	42.23	FAT
Southeast Polk	2021	42.07	FAT	Davenport, Central	1984	42.23	FAT
<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Iowa City, City High	1996	41.33	HT/FAT	Sioux City, East	2019	42.06	HT/FAT
Valley	2019	41.68	HT/FAT	Cedar Rapids, Kennedy	2018	42.06	HT/FAT
Valley	2006	41.68	HT/FAT	Cedar Falls	2011	42.07	HT/FAT
Iowa City, City High	2000	41.70	HT/FAT	Des Moines, East	2019	42.09	HT/FAT
Southeast Polk	2019	42.83	HT/FAT	Cedar Rapids, Washington	2016	42.09	HT/FAT
Waterloo, West	2013	41.84	HT/FAT	Lisbon	2023	42.10	HT/FAT
Des Moines, East	2007	41.88	HT/FAT	Cedar Rapids, Washington	2017	42.13	HT/FAT
Iowa City, City High	2001	41.89	HT/FAT	Davenport, North	2017	42.13	HT/FAT
Cedar Rapids, Jefferson	2018	41.89	HT/FAT	Iowa City, City High	2012	42.13	HT/FAT
Ankeny Centennial	2018	41.89	HT/FAT	Waterloo, West	2012	42.13	HT/FAT
Burlington	2008	41.80	HT/FAT	Newton	2001	42.13	HT/FAT
Western Dubuque, Epworth	2017	42.00	HT/FAT	Harlan	2023	42.13	HT/FAT
Des Moines, East	1989	42.00	HT/FAT	Linn-Mar	2013	42.14	HT/FAT
Cedar Rapids, Prairie	2016	42.01	HT/FAT	Cedar Falls	2012	42.17	HT/FAT
Waukee	2014	42.03	HT/FAT	Cedar Rapids, Xavier	2008	42.18	HT/FAT
Valley	2006	42.04	HT/FAT	Des Moines, East	2003	42.19	HT/FAT
Des Moines, East	2002	42.05	HT/FAT	Ottumwa	2001	42.20	HT/FAT

4x200 Meter Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Valley, W.D.M.	2019	1:26.17	HT/FAT	Valley	2006	1:27.88	HT/FAT
Iowa City, City High	1997	1:26.40	HT/FAT	Des Moines, Lincoln	2010	1:27.93	HT/FAT
Iowa City, West	2023	1:26.69	HT/FAT	Bettendorf	2019	1:27.95	HT/FAT
Des Moines, East	2004	1:27.02	HT/FAT	Valley, W.D.M.	1986	1:27.95	HT/FAT
Cedar Falls	2011	1:27.12	HT/FAT	Valley, W.D.M.	2009	1:27.96	HT/FAT
Cedar Rapids, Jefferson	2018	1:27.14	HT/FAT	Des Moines, East	1989	1:27.98	HT/FAT
West Burlington, Notre Dame	2016	1:27.14	HT/FAT	Ankeny Centennial	2018	1:27.99	HT/FAT
Waukee	2014	1:27.26	HT/FAT	Iowa City, City High	1994	1:28.00	HT/FAT
Waterloo, East	1989	1:27.40	HT/FAT	Waterloo, West	1989	1:28.00	HT/FAT
Davenport, Central	1992	1:27.42	HT/FAT	Cedar Rapids, Kennedy	2013	1:28.01	HT/FAT
Waterloo, West	1990	1:27.45	HT/FAT	Iowa City, West	2006	1:28.03	HT/FAT
Waterloo, West	2017	1:27.48	HT/FAT	Waukee	2019	1:28.05	HT/FAT
Ankeny Centennial	2021	1:27.49	HT/FAT	Albia	2015	1:28.05	HT/FAT
Dowling Catholic	2022	1:27.50	HT/FAT	Linn-Mar	2014	1:28.06	HT/FAT
West Burlington, Notre Dame	2015	1:27.51	HT/FAT	Cedar Rapids, Washington	2022	1:28.06	HT/FAT
Linn-Mar	2013	1:27.52	HT/FAT	Valley, W.D.M.	1998	1:28.10	HT/FAT
Valley, W.D.M.	2006	1:27.54	HT/FAT	Iowa City, West	2004	1:28.10	HT/FAT
Cedar Rapids, Kennedy	2017	1:27.55	HT/FAT	Sioux City, West	1994	1:28.10	HT/FAT
Iowa City, City High	1996	1:27.58	HT/FAT	Southeast Polk	2022	1:28.11	HT/FAT
Burlington	2008	1:27.60	HT/FAT	Albia	2017	1:28.14	HT/FAT
Burlington	2010	1:27.62	HT/FAT	Iowa City, City High	2002	1:28.14	HT/FAT
Western Dubuque, Epworth	2017	1:27.64	HT/FAT	Valley, W.D.M.	2007	1:28.14	HT/FAT
Cedar Rapids, Washington	2009	1:27.64	HT/FAT	Valley, W.D.M.	2004	1:28.17	HT/FAT
Valley, W.D.M.	2011	1:27.66	HT/FAT	Davenport, North	2017	1:28.19	HT/FAT
Iowa City, West	2012	1:27.67	HT/FAT	Des Moines, East	2007	1:28.19	HT/FAT
Iowa City, City High	2001	1:27.69	HT/FAT	Cedar Rapids, Washington	2011	1:28.20	HT/FAT
Western Dubuque, Epworth	2019	1:27.76	HT/FAT	Cedar Rapids, Washington	2001	1:28.20	HT/FAT
Western Dubuque, Epworth	2017	1:27.78	HT/FAT	Harlan	2023	1:28.20	HT/FAT
Ankeny Centennial	2017	1:27.81	HT/FAT	Waterloo, Central	1986	1:28.21	HT/FAT
Cedar Rapids, Kennedy	2014	1:27.83	HT/FAT	Iowa City, City High	1991	1:28.23	HT/FAT
Iowa City, City High	2000	1:27.83	HT/FAT	Iowa City, West	2000	1:28.23	HT/FAT
Valley, W.D.M.	2021	1:27.86	HT/FAT	Valley, W.D.M.	1999	1:28.24	HT/FAT
Sergeant Bluff-Luton	2016	1:27.87	HT/FAT	Newton	2001	1:28.24	HT/FAT
Davenport, Central	1988	1:27.87	HT/FAT	Southeast Polk	2010	1:28.25	HT/FAT

4x400 Meter Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Valley, W.D.M.	2006	3:13.80	HT/FAT	Valley, W.D.M.	2011	3:18.70	HT/FAT
Waukee	2019	3:14.81	HT/FAT	Johnston	2006	3:18.73	HT/FAT
Valley, W.D.M.	2019	3:15.25	HT/FAT	Waukee	2015	3:18.80	HT/FAT
Johnston	2023	3:15.26	HT/FAT	Iowa City, City High	2017	3:18.87	HT/FAT
Cedar Falls	2021	3:15.85	HT/FAT	Albia	2014	3:18.90	HT/FAT
Valley, W.D.M.	2018	3:16.55	HT/FAT	Ames	1995	3:18.93	HT/FAT
Cedar Falls	2016	3:16.85	HT/FAT	St. Edmond, Fort Dodge	2010	3:18.99	HT/FAT
Iowa City, City High	1992	3:16.90	HT/FAT	Iowa City, City High	1991	3:19.00	HT/FAT
Bettendorf	2018	3:17.19	HT/FAT	Waukee	2013	3:19.04	HT/FAT
Waukee	2018	3:17.37	HT/FAT	Sioux City, East	1983	3:19.04	HT/FAT
Iowa City, City High	2018	3:17.48	HT/FAT	Des Moines, Roosevelt	1996	3:19.04	HT/FAT
Waukee	2016	3:17.50	HT/FAT	Des Moines, Hoover	1998	3:19.06	HT/FAT
Waterloo, West	1981	3:17.84	HT/FAT	Des Moines, Roosevelt	2014	3:19.12	HT/FAT
Cedar Falls	2017	3:17.88	HT/FAT	Ankeny	1996	3:19.29	HT/FAT
Iowa City, City High	2000	3:18.01	HT/FAT	Ankeny	2002	3:19.32	HT/FAT
Cedar Falls	2015	3:18.02	HT/FAT	Cedar Falls	2008	3:19.34	HT/FAT
Ottumwa	2009	3:18.07	HT/FAT	Ames	2019	3:19.40	HT/FAT
Albia	2016	3:18.09	HT/FAT	Cedar Falls	2013	3:19.61	HT/FAT
Waterloo, East	1979	3:18.09	HT/FAT	Ames	1996	3:19.64	HT/FAT
Indianola	2010	3:18.12	HT/FAT	Valley, W.D.M.	2017	3:19.65	HT/FAT
Bishop Heelan Catholic	2009	3:18.24	HT/FAT	Iowa City, City High	2001	3:19.68	HT/FAT
Cedar Falls	2014	3:18.30	HT/FAT	Waterloo, East	1980	3:19.69	HT/FAT
Iowa City, City High	1994	3:18.30	HT/FAT	Burlington	1983	3:19.71	HT/FAT
Ames	1991	3:18.39	HT/FAT	Iowa City, West	2006	3:19.71	HT/FAT
Mount Vernon	2023	3:18.47	HT/FAT	Cedar Falls	2005	3:19.72	HT/FAT
Des Moines, East	1981	3:18.54	HT/FAT	Dubuque, Senior	2022	3:19.82	HT/FAT
Valley, W.D.M.	2005	3:18.54	HT/FAT				
Ankeny Centennial	2021	3:18.55	HT/FAT				
Dowling Catholic	2009	3:18.68	HT/FAT				
Waterloo, West	2017	3:18.70	HT/FAT				

4x800 Meter Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Iowa City, City High	2023	7:37.66	HT/FAT	Cedar Rapids, Prairie	2014	7:49.52	HT/FAT
Ames	2015	7:41.43	HT/FAT	Indianola	2016	7:49.69	HT/FAT
Cedar Falls	2016	7:44.00	HT/FAT	Waukee	2012	7:49.79	HT/FAT
Ames	1987	7:44.06	HT/FAT	Ames	1981	7:49.83	HT/FAT
Sioux City, North	2022	7:44.64	HT/FAT	Ames	2005	7:49.86	HT/FAT
Marshalltown	1985	7:45.63	HT/FAT	Ames	1983	7:49.89	HT/FAT
Waukee	2016	7:47.08	HT/FAT				
Ames	1985	7:47.46	HT/FAT				
Dowling Catholic	1980	7:47.57	HT/FAT				
Marshalltown	1986	7:47.66	HT/FAT				
Ames	1986	7:47.72	HT/FAT				
Muscatine	1979	7:48.01	HT/FAT				
Iowa City, City High	2013	7:48.06	HT/FAT				
Linn-Mar	2004	7:48.26	HT/FAT				
Iowa City, West	1986	7:48.27	HT/FAT				
Linn-Mar	2005	7:48.55	HT/FAT				
Cedar Rapids, Washington	2010	7:48.70	HT/FAT				
Muscatine	1981	7:48.88	HT/FAT				
Valley	1990	7:48.88	HT/FAT				
Iowa City, West	2013	7:48.99	HT/FAT				
Spirit Lake Park	2011	7:49.07	HT/FAT				
Waukee	2017	7:49.34	HT/FAT				
Iowa City, City High	2018	7:49.41	HT/FAT				
Monticello	2013	7:49.41	HT/FAT				
Iowa City, Liberty	2021	7:49.45	HT/FAT				

800 Meter/Sprint Medley Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Johnston	2023	1:30.15	FAT	Cedar Rapids, Kennedy	2018	1:32.41	FAT
Bettendorf	2019	1:30.92	FAT	Urbandale	2018	1:32.54	FAT
Bettendorf	2018	1:31.12	FAT	Lewis Central	2017	1:32.62	FAT
Lawton-Bronson	2023	1:31.12	FAT	Waterloo, West	2017	1:32.68	FAT
Dowling Catholic	2018	1:31.30	FAT	Iowa City, West	2018	1:32.74	FAT
Waukee	2019	1:31.45	FAT	Iowa City, West	2017	1:32.74	FAT
Urbandale	2019	1:31.52	FAT	Spirit Lake	2021	1:32.75	FAT
Cedar Falls	2021	1:31.53	FAT	Waukee	2021	1:32.76	FAT
Valley	2018	1:31.68	FAT	Cedar Rapids, Kennedy	2017	1:32.77	FAT
Ankeny Centennial	2021	1:31.72	FAT	Cedar Rapids, Washington	2021	1:32.77	FAT
Unity Christian	2021	1:31.76	FAT	Valley	2017	1:32.80	FAT
Sergeant Bluff-Luton	2019	1:31.77	FAT	Valley	2019	1:32.81	FAT
Wahlert Catholic	2019	1:31.97	FAT	Dowling Catholic	2022	1:32.87	FAT
Western Dubuque, Epworth	2017	1:31.97	FAT	Urbandale	2021	1:32.94	FAT
Bettendorf	2017	1:32.09	FAT	Waukee	2017	1:32.98	FAT
Fort Dodge	2019	1:32.12	FAT	Cedar Falls	2018	1:32.99	FAT
Western Dubuque, Epworth	2023	1:32.31	FAT	Shenandoah	2023	1:32.99	FAT
Ankeny Centennial	2019	1:32.34	FAT				

1600 Meter/Distance Medley Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Iowa City, City High	2001	3:22.69	HT/FAT	Urbandale	2018	3:27.91	HT/FAT
Linn-Mar	2014	3:24.39	HT/FAT	Mason City	1996	3:27.95	HT/FAT
Dowling Catholic	2015	3:25.27	HT/FAT	Pleasant Valley	2007	3:27.95	HT/FAT
Charles City	2005	3:25.33	HT/FAT	Iowa City, West	2014	3:28.07	HT/FAT
Cedar Falls	2021	3:25.84	HT/FAT	Dowling Catholic	2014	3:28.08	HT/FAT
Cedar Rapids, Prairie	2016	3:25.94	HT/FAT	Cedar Rapids, Kennedy	2009	3:28.08	HT/FAT
Mid-Prairie	2008	3:26.16	HT/FAT	Ames	2014	3:28.09	HT/FAT
Dowling Catholic	2016	3:26.26	HT/FAT	Boone	2007	3:28.33	HT/FAT
Pleasant Valley	2008	3:26.51	HT/FAT	Indianola	2017	3:28.37	HT/FAT
Indianola	1990	3:26.51	HT/FAT	Urbandale	2019	3:28.53	HT/FAT
Monticello	2016	3:27.02	HT/FAT	Cedar Falls	2018	3:28.55	HT/FAT
Cedar Rapids, Prairie	2015	3:27.08	HT/FAT	Cedar Rapids, Kennedy	1985	3:28.55	HT/FAT
Iowa City, City High	2004	3:27.18	HT/FAT	Davenport, North	1998	3:28.56	HT/FAT
Johnston	2019	3:27.19	HT/FAT	Dubuque, Senior	1999	3:28.59	HT/FAT
Clinton	1979	3:27.20	HT/FAT	Pleasant Valley	2016	3:28.65	HT/FAT
Ames	2015	3:27.38	HT/FAT	Waukee	2019	3:28.66	HT/FAT
Cedar Falls	2015	3:27.40	HT/FAT	Iowa City, City High	2022	3:28.69	HT/FAT
Dallas Center-Grimes	2022	3:27.49	HT/FAT	Cedar Falls	2005	3:28.71	HT/FAT
Des Moines, Roosevelt	1998	3:27.52	HT/FAT	Cedar Falls	2009	3:28.77	HT/FAT
Assumption Davenport	2004	3:27.65	HT/FAT	Indianola	1997	3:28.77	HT/FAT
Ames	1987	3:27.66	HT/FAT	Mount Pleasant	2000	3:28.80	HT/FAT
Iowa City, West	2023	3:27.73	HT/FAT	Cedar Rapids, Prairie	2012	3:28.88	HT/FAT
Dowling Catholic	2017	3:27.74	HT/FAT	Dubuque, Senior	1996	3:28.91	HT/FAT
Marshalltown	2006	3:27.75	HT/FAT	Pleasant Valley	2014	3:28.93	HT/FAT
Cedar Falls	2016	3:27.85	HT/FAT	Iowa City, City High	1994	3:28.93	HT/FAT

Shuttle Hurdle Relay

<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>	<u>School</u>	<u>Year</u>	<u>Time</u>	<u>Type of Timing</u>
Valley	2019	57.18	HT/FAT	Sergeant Bluff-Luton	2019	59.40	HT/FAT
Ankeny	2019	57.36	HT/FAT	Western Dubuque, Epworth	2019	59.41	HT/FAT
Cedar Rapids, Prairie	2021	57.73	HT/FAT	Ankeny	2021	59.47	HT/FAT
Linn-Mar	2019	57.83	HT/FAT	Western Dubuque, Epworth	2021	59.47	HT/FAT
Cedar Rapids, Kennedy	2021	57.83	HT/FAT	Dike-New Hartford	2019	59.49	HT/FAT
Dowling Catholic	2021	58.09	HT/FAT	Pella	2021	59.50	HT/FAT
Iowa City, West	2023	58.19	HT/FAT	Carlisle	2021	59.62	HT/FAT
Cedar Rapids, Kennedy	2019	58.20	HT/FAT	Carlisle	2019	59.64	HT/FAT
Ankeny Centennial	2019	58.45	HT/FAT	Spirit Lake	2022	59.65	HT/FAT
Ankeny Centennial	2021	58.72	HT/FAT	North Polk	2022	59.70	HT/FAT
Cedar Rapids, Xavier	2023	58.94	HT/FAT	Treynor	2019	59.76	HT/FAT
Pleasant Valley	2022	58.96	HT/FAT	Pella	2019	59.78	HT/FAT
Dowling Catholic	2019	59.20	HT/FAT	Lisbon	2023	59.89	HT/FAT
Southeast Polk	2019	59.29	HT/FAT	Des Moines, Christian	2019	59.91	HT/FAT
Pella	2022	59.38	HT/FAT				

High Jump

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Height</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Height</u>
Brian Tietjens	North Central	1981	7-03.50	Paul Marchael	Iowa City, City High	1980	6-10.00
Tyler Donels	Southeast Polk	2011	7-02.00	Leon Wilson	Burlington	1982	6-10.00
Jaron Van Maanen	Lynnville-Sully	2003	7-02.00	Pat Meade	North Linn	1984	6-10.00
Darwin Vande Hoef	Rock Valley	1988	7-02.00	Randy White	Columbus, Waterloo	1984	6-10.00
Jeff Giannettino	West Burlington, Notre Dame	2015	7-01.00	Scott Burke	West Delaware	1984	6-10.00
Mark Harken	Aplington-Parkersburg	2000	7-01.00	Pat Conlon	Clarion	1986	6-10.00
Xavior Williams	West Burlington, Notre Dame	2016	7-00.00	Alan Brewer	West Monona	1988	6-10.00
Marc Meierotto	Fort Madison	2006	7-00.00	Tom Dunham	West Marshall	1988	6-10.00
Andy Kohler	Ames	1999	7-00.00	Steve Daugherty	Cedar Rapids, Prairie	1989	6-10.00
Scott Hudek	Pocahontas	1991	7-00.00	Peter Herber	Dubuque, Senior	1990	6-10.00
Tim Suchan	Cedar Rapids, Kennedy	1990	7-00.00	Todd Johnston	Waterloo, West	1992	6-10.00
Bill McConnaha	West Branch	2001	6-11.00	Joey Brunkhorst	Iowa Falls	1997	6-10.00
Ehi Oamen	Hinton	2006	6-11.00	Bobby Gatts	Olin	1998	6-10.00
Colten Kelly	Anamosa	2008	6-11.00	Luke Thompson	Montezuma	2007	6-10.00
TJ Jackson	Linn-Mar	2023	6-11.00	Travis Leuer	Laurens-Marathon	2007-08	6-10.00
Eddie Berlin	Urbandale	1995	6-10.75	TrayVonn Wright	Waterloo, West	2008	6-10.00
Trey Sathoff	Pekin	2011	6-10.50	Noah Kittleson	Indianola	2009-10	6-10.00
K. P. Lansing	Linn-Mar	1984	6-10.50				
Brent Wright	Ballard	1985	6-10.50				
Jordan Sathoff	Pekin	2008	6-10.50				
Jordan Cress	Olin	2011	6-10.25				
Steve Kuehl	Clinton	1975	6-10.25				
Grant Brouwer	Sisley-Ocheyedan	2019	6-10.00				
Miles Rupiper	Kuemper Catholic	2017-18	6-10.00				
J'Von Harris	Oskaloosa	2017	6-10.00				
Cole Moeller	Calamus-Wheatland	2016	6-10.00				
Jared Seay	Johnston	2014-15	6-10.00				
Cody Durbin	OABCIG	2015	6-10.00				
John Arnaud	Sioux City, North	1979	6-10.00				
Kirk Hoff	Ames	1980	6-10.00				

Long Jump

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Abu Sama	Southeast Polk	2022	24-10.00	Cooper Koenig	West Branch	2016	23-05.00
Chris Walker	Davenport, Central	1984	24-09.50	Adam Haluska	Carroll	2001	23-05.00
Kole Becker	Lisbon	2022	24-05.25	Ryan Borgwardt	Clinton	2003	23-05.00
Kenny Gilmore	Davenport, Central	2011	24-05.00	Ben Evans	Iowa City, City High	2005	23-05.00
Trey Campbell	Cedar Falls	2022	24-05.00	Abu Sama	Southeast Polk	2021	23-05.00
Jerry Westerfield	Davenport, North	2012	24-04.50	Kevin Kurth	Davenport, Central	2017	23-04.75
Hakim Hill	Iowa City, City High	2000	24-04.00	Dequayvious Martin	Waterloo, West	2012	23-04.50
Matt Zuber	Iowa Valley	1985	24-03.00	Ken Brauman	Eagle Grove	1965	23-04.50
Cooper DeJean	OABCIG	2021	24-02.00	Darren Smith	North Scott	1988	23-04.50
Darius Pearson	Sioux City, West	2012	24-00.50	Jay Frazier	Cedar Rapids, Washington	1997	23-04.00
Tim Dwight	Iowa City, City High	1994	23-11.00	Bryan Gilbreath	Waverly-Shell Rock	1997	23-04.00
Deangelo Jackson	Dubuque, Senior	2016	23-10.00	Tom Landsberg	Ames	1964	23-03.75
Chandler Diercks	Clear Lake	2014	23-10.00	Cody Eichmeier	AGWSR	2002	23-03.75
Wade Harrington	Davenport, Central	1979	23-10.00	Kolby Jones	Dowling Catholic	1999	23-03.50
Drew Bartels	Cedar Rapids, Kennedy	2021	23-09.75	Austin West	Iowa City, West	2018	23-03.00
Claude Perkins	Waterloo, Central	1980	23-09.50	Marty Borseth	Cedar Rapids, Prairie	2017	23-03.00
Darnell Robertson	Des Moines, Roosevelt	1987	23-09.25	Darrion Sanders	Keokuk	2013	23-03.00
Steve Carson	Red Oak	1963	23-08.75	Dick Warren	Iowa Training School	1931	23-03.00
Xavior Williams	West Burlington, Notre Dame	2016	23-08.25	Vern Hawkins	Des Moines, Tech	1967	23-03.00
Todd Madsen	Webster City	1990	23-08.00	Sam Maxie	Waterloo, East	1973	23-03.00
Dennis Green	Davenport, Central	1973	23-07.00	Kenny Shedd	Davenport, West	1989	23-03.00
Trey Washington	Dallas Center-Grimes	2017	23-06.50	Aaron Jarosh	Ankeny	2006	23-03.00
J'Von Harris	Oskaloosa	2017	23-06.00	Tadyn Brown	Clarinda	2022	23-02.75
Rumel Monk	Des Moines, Lincoln	2002	23-06.00	Nick Efkamp	Madrid	2011	23-02.50
Mike Anderson	Waterloo, East	1985	23-06.00	Sam Akins	Dubuque, Senior	2022	23-02.50
Jesse Holland	Iowa City, City High	1996	23-06.00	Chase Van Sant	Pella	2016	23-02.25
Chuck Meyer	North Fayette	1980	23-05.50	Damon Jaeger	Western Dubuque, Epworth	2019	23-02.00
Mark Hewitt	Clear Lake	1981	23-05.50				
Ken Jackson	Waterloo, East	1973	23-05.25				
David Knight	Ames	1989	23-05.25				

Shot Put

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Doug Lane	Cedar Rapids Jefferson	1968	70-11.00	Noah Fenske	New Hampton	2019	60-11.25
Nick Phelps	KPWC	2018	67-02.00	Jon Meskimen	Cedar Rapids, Jefferson	1965	60-10.75
Tristan Wirfs	Mount Vernon	2017	67-00.00	Al Feuerbach	Preston	1966	60-09.50
William Blaser	West Dubuque, Epworth	2017	66-02.00	Matt Kaputska	Waukee	2021	60-06.25
Chase Madison	Newton	2004	66-00.00	Dalles Jacobus	Cedar Rapids, Kennedy	2016	60-06.00
Steve Settle	Nevada	1978	65-04.00	Austin Busch	South Hamilton	2022	60-05.75
Jared Brinkman	Regina, Iowa City	2017	65-02.50	Nick DeJong	Pella	2019	60-05.00
Brandon Scherff	Denison-Schleswig	2010	65-00.00	Maddux Richardson	Marshalltown	2017	60-04.00
Drew Clark	Marion	2009	64-07.75	John Martin	Mount Vernon	1990	60-03.00
Spencer Kessel	Louisa-Muscatine	2023	64-01.25	Kody Huisman	Pella	2021	60-03.00
Scott Davis	Glenwood	1988	64-01.50	Logan Jones	Lewis Central	2019	60-02.00
Jackson Coker	Cedar Rapids, Kennedy	2016	63-09.50	Jake Remsburg	Valley	2019	60-01.25
Chuck Locke	Davis County	1977	63-08.75	Dalton Ferguson	Solon	2014	60-00.75
Brandon VanderSluis	LeMars	2022	63-05.00	Jeremy Jacobsen	Bettendorf	2010	60-00.75
Jeff DeVilder	BGM	1977	63-03.50	Lee Carlson	Dubuque	1959	60-00.50
Shane Maier	Storm Lake	2003	63-02.00	Eric Simmons	Madrid	2011	60-00.00
Jamie Beyer	PCM	1995	62-07.50	Andy Norland	Clarinda	1986	60-00.00
Bob Feuerbach	Preston	1975	62-04.00				
Matt Mai	Gehlen Catholic	1997	62-02.75				
Adam Pinckney	Cedar Rapids, Washington	2006	62-01.75				
Scott Schaley	Camanche	1993	61-11.50				
Steve English	Mount Pleasant	1994	61-10.25				
Mike McCready	Dubuque	1968	61-09.75				
David Juehring	Davenport, West	1982	61-09.00				
Caden Fenchel	Western Christian	2017	61-08.25				
Brent Geringer	Mount Ayr	1974	61-05.50				
Steve Wegner	Harlan	2001	61-05.50				
Dominic Etherington	Algona	2018	61-05.00				
Matt Banse, Starmont	Arlington	2007	61-03.50				
Ryan Lamparek	Cedar Rapids, Prairie	2006	61-01.50				
Ryan Winters	Iowa Falls	1999	61-01.50				
Carl Hesse	Sioux City, East	1969	61-01.00				
Phil O'Neil	Council Bluffs, Thomas Jefferson	1978	61-01.00				
Rod Dirth	Burlington	1972	61-00.50				

Discus

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Scott Crowell, Mason City		1978	207-08	David Juehring, Davenport West		1982	184-08
Chase Madison, Newton		2004	206-09	Sam Joens, Prairie, Cedar Rapids		2011	184-06
Mike Goad, Iowa Valley, Marengo		1981	204-10	Brad Travis, Spirit Lake Park		1996	184-06
Walker Whalen, Indianola		2022	204-09	Tom Knutson, Cedar Rapids Jefferson		1963	184-04
Tom Yezek, Northwood-Kensett		2016	197-05	Noah Fenske, New Hampton		2018	184-01
Nick Phelps, KP-WC		2018	196-02	Randy Lessman, Sioux City East		1972	183-11
Corey Phillips, Ames		2022	195-10	Steve Wegner, Harlan		2001	183-10
Tristan Wirfs, Mount Vernon		2017	195-02	Ethan Fenchel, Western Christian		2014	183-08
Duke Faley, Wahlert Catholic		2023	195-01	Ryan Lamparek, Prairie, Cedar Rapids		2007	183-06
Mark Smith, Independence		1972	193-05	Jackson Coker, Cedar Rapids, Kennedy		2016	183-05
Dom Howard, Ames		2010	192-11	Nolan Recker, Muscatine		2022	183-04
Nick Brayton, Iowa City West		2007	192-06	Seth Zehr, Fort Dodge		2002	183-03
Thomas Reynolds, Iowa City West		2008	191-10	Lucas Morrison, Waukee, Northwest		2023	183-01
Justin Baker, Bishop Heelan, Sioux City		2011	191-09	Blake Larsen, Atlantic		2001	182-09
Clark Hopp, Glenwood		1984	191-02	Matt Haven, Independence		1980	182-05
Dawson Ellingson, Hudson		2018	190-05	Joseph Weiner, Dubuque Hempstead		2013	182-03
Allan Walz, Bondurant-Farrar		1991	190-04	Duke Faley, Wahlert, Dubuque		2022	182-02
Ethan Kenkel, Storm Lake		2013	189-05	Matt Vislisel, Mount Vernon		2019	182-00
Adam Judge, Des Moines Lincoln		1998	188-01	Jackson Coker, Cedar Rapids, Kennedy		2017	182-00
Scott Phelps, Kingsley-Pierson		1986	187-10	John Higgins, Lewis Central		2009	182-00
Tyler Hovey, Atlantic		2012	187-09	Robbie Utterback, Waukee		2006	182-00
Erik Nelson, Waukee		2015	187-08	Ryan Piche, Linn-Mar, Marion		2010	181-08
Brandon Franklin, Des Moines Hoover		2003	187-05	Tom Schmeling, Atlantic		2002	181-04
McKade Jelinek, Linn-Mar		2022	187-04	Jake Goeller, Wapsie Valley		2015	181-02
Wallace Carter, Centerville		2008	187-03	Henry Kelley, Waukee		2010	181-00
Coy Kirkpatrick, Madrid		2017	186-11	Brian Seiler, Garner-Hayfield		1991	181-00
Chris Hopkins, Denison-Schleswig		2001	186-11	Eric Varcho, North Scott		1994	180-11
Kody Huisman, Pella		2021	186-08	Brandon VanderSluis, LeMars		2022	180-06
Andy Carman, Jefferson-Scranton		2010	186-06	Norm Balke, Iowa City, City		1981	180-05
Logan Jones, Lewis Central		2019	185-10	Jon Pelzer, Atlantic		1989	180-05
Cam Jones, Cedar Rapids, Kennedy		2019	185-08	Trevor Veenstra, Pella Christian		2023	180-05
Jacob Gannon, Iowa City West		2010	185-08	Scott Davis, Glenwood		1988	180-02
Scott Joens, Prairie, Cedar Rapids		1982	185-04	Isaac Holtz, Monticello		2014	180-01
A. J. Schable, Battle Creek-Ida Grove		2002	185-04	Ross Brockshaus, Spencer		1981	180-01
Seth Snitker, Waukon		2014	185-03	Zach McMillian, North Scott		2022	180-00
Tim Tebrink, MOC-Floyd Valley		2000	185-01				
Layne Prior, Woodbine		2021	185-00				

Wheelchair 100 Meter

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Evan Correll	Waukee	2021	15.11	Jordan Houdeshell	Linn-Mar	2013	18.59
Wyatt Willand	Northwood-Kensett	2021	16.75	Drake Sachsenmaier	Camanche	2013	18.80
Evan Correll	Waukee	2019	16.97	Noah Thomas	Roland-Story	2016	18.92
Jon Litzkow	Waterloo, West	2013	17.11	Mark Hauschildt	Greenfield	1996	18.94
Wyatt Willand	Northwood-Kensett	2022	17.35	Kaiden Woodard	LeMars	2018	19.31
Jayden Stafford	Mid-Prairie, West	2023	17.56	Nathan Redlinger	English Valleys	2004	19.41
E. J. Runyan	Johnston	2000	17.81	Kadin Woodard	LeMars	2019	19.69
Jordan Razor	Bondurant-Farrar	2018	18.22	Matthew Schultz	Southeast Polk	2019	19.75
Brian Wauters	Marshalltown	2001	18.27	Jayden Stafford	Mid-Prairie	2022	19.78
Wyatt Willand	Northwood-Kensett	2019	18.54				

Wheelchair 200 Meter

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Evan Correll	Waukee	2021	27.97	Jayden Stafford	Mid-Prairie, West	2023	32.81
Wyatt Willand	Northwood-Kensett	2021	30.18	Wyatt Willand	Northwood-Kensett	2019	33.14
Jon Litzkow	Waterloo, West	2013	30.52	Brian Wauters	Marshalltown	2002	33.26
Wyatt Willand	Northwood-Kensett	2022	30.90	Jordan Houdeshell	Linn-Mar	2013	33.49
Evan Correll	Waukee	2019	31.54	Drake Sachsenmaier	Camanche	2013	34.79
E. J. Runyan	Johnston	1999	32.12	Matthew Schultz	Southeast Polk	2019	35.00

Wheelchair 400 Meter

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Evan Correll	Waukee	2021	0:51.96	Jordan Houdeshell	Linn-Mar	2013	1:03.70
Wyatt Willand	Northwood-Kensett	2021	0:54.57	Nathan Redlinger	English Valleys	2004	1:04.87
Jon Litzkow	Waterloo, West	2013	0:56.57	Jayden Stafford	Mid-Prairie, West	2023	1:05.12
Wyatt Willand	Northwood-Kensett	2022	1:00.29	Matthew Schultz	Southeast Polk	2019	1:06.60
Evan Correll	Waukee	2019	1:00.69	Brian Wauters	Marshalltown	2003	1:08.11
Daniel Wu	Whiting	2022	1:01.80	Drake Sachsenmaier	Camanche	2014	1:09.05
Wyatt Willand	Northwood-Kensett	2019	1:02.08				

Wheelchair 800 Meter

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Evan Correll	Waukee	2021	1:52.22	Brian Wauters	Marshalltown	2002	2:19.90
Wyatt Willand	Northwood-Kensett	2021	1:59.27	Eli Johnson	Bedford	2023	2:28.90
Wyatt Willand	Northwood-Kensett	2022	2:00.89	Tony Ramirez	Bishop Heelan Catholic	1990	2:43.01
E. J. Runyan	Johnston	1999	2:06.79	Mark Hauschildt	Greenfield	1996	2:44.91
Wyatt Willand	Northwood-Kensett	2019	2:08.19	Xander Rentschler	West Lyon	2022	2:47.81
Evan Correll	Waukee	2019	2:13.79	Kadin Woodard	LeMars	2019	2:49.59
Matthew Schultz	Southeast Polk	2019	2:19.25	Jarrett Moehlman	Lisbon	2019	2:55.60

Wheelchair Shot Put

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Distance</u>
Alex Gudenkauf	Dubuque, Senior	2013	41-02.00	Ryan Peyton	Independence	2016	21-03.00
Matthew Schultz	Southeast Polk	2019	27-10.00	Mark Hauschildt	Greenfield	1995	20-08.50
Nick Lange	Wahlert Catholic	2005	25-03.25	Sheldon Leazer	Ankeny Centennial	2016	20-03.25
Kennedy Feller	Underwood	2015	23-00.50	Jeromie Meyer	Woodbine	2015	20-01.00
Sean Eherenman	Waterloo, West	2003	21-10.00				

COACHES

Coaches of Team State Champions Alphabetical

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Year(s)</u>
Ackerman, Phil	English Valleys	1	1960
Adair, Charl	West Harrison	1	1970(T)
Ahrabi-Fard, Iradge	NUH, Cedar Falls	1	1981
Anderson, Dennis	Davis County	2	1980, 81
Anliker, Jeff	Manson Northwest Webster	2	2012, 13
Anthony, Fred	Pella	1	1986
Ashman, George	Okoboji	1	2003
Ask, John	Cedar Rapids, Jefferson	1	1962
Augustine, Mike	Des Moines, East	9	1928, 36, 38, 39, 40, 43, 44, 50, 51
Barkema, Rod	Kanawha	2	1978, 79
Baxa, Casey	Lisbon	3	2015, 16, 17
Bears, Darwin	Spirit Lake Park	1	1992
Beckham, Tom	Cherokee	1	1966
Belby, Erik	Pleasant Valley	1	2008
Bell, Harry	Des Moines, North	1	1917
Bellamy, Jim	Mount Vernon	1	2004
Bergstrom, Gary	Griswold	1	2005
Berry, Burl	Cedar Falls	1	1948
Berthelsen, Eric	YJB, Jamaica	1	1977(T)
Birney, Harold	DeWitt	3	1951, 53, 57
Birt, Jered	Central Clinton	1	2009
Blazek, Jack	Sidney	1	1984
Brad, Travis	Spirit Lake	1	2022
Brooks, Bob	Paullina	1	1962
Brummer, Sam	Harlan	1	2023
Buls, Lanny	East Buchanan	1	2000
Bunn, Charles	Humboldt	1	1995
Cairney, James	St. Albert, Council Bluffs	1	2018
Calloway, Bill	Cedar Rapids, Washington	1	1977
Camacho, Russ	Cedar Rapids, Xavier	2	2007, 08
Capitani, Dave	Northwood-Kensett	1	2022
Carstens, Ken	Harlan	1	2003
Chase, Charles	Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Christiansen, Terry	Allison-Bristow	1	1983
Clark, Troy	West Marshall	1	2012
Clefisch, Dale	Sheldon	1	1982
Cochran, Dave	Valley	2	2003, 06
Collinge, Cole	Carroll	1	1957
Cooley, E. Wayne	Nevada	1	1949, 50
Corbin, Chuck	Iowa Falls-Alden-Alden	1	1974(T)
Covey, Hi	Ames	8	1949, 55, 56, 57, 58, 60, 63, 64
Cox, Don	Lake City	1	1954
Cox, Jim	Paton-Churdan	1	1986
Craig, Travis	Iowa City, West	1	2023
Cunningham, Mike	Knoxville	1	1991
Dalzell, Wilbur	Dubuque	1	1937
Davis, Les	Sioux City, East	1	1945
Davis, Pat	Beckman Catholic	2	1997(T), 99
Day, Jesse	Davenport	5	1931, 35, 42, 47, 52
DeVries, Darwin	KP-WC	1	1978
Duea Jr., Jim	Valley	1	1998
Duhrkopf, Charles	Primghar	1	1956
Dunsworth, Ira	Davenport	7	1973, 74, 76, 78, 82, 83, 84
Ehret, Steve	North Mahaska	1	1990
Eidahl, Davis	Pekin	2	1979, 2018
Ekstrand, Fred	Toledo Juvenile Home	1	1953
Eldridge, Bruce	Charles City	1	2005
Elliott, Brad	Mount Ayr	1	2014

Team State Champions

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Year(s)</u>
Fearing, Ken	Anamosa	2	1974(T), 75
Fiedler, Curt	George-Little Rock	1	2019
Filloon, Doyle	Lake City	1	1952(T)
Fisk, Jack	Anamosa	1	1956
Fitzgerald, Mike	Belle Plaine	1	1969
Fletcher, Jan	Earlham	1	1985(T)
Fravel, David	Bishop Heelan Catholic	1	1997
Frost, John	Treynor	1	1966
Gray, Al	Clarinda	1	1956
Grimm, Gary	Nevada	2	1976, 77
Grimsley, J.A.	Mason City	2	1929, 30
Hanna, Fred	Seymour	1	1964
Hanson, Wally	Eagle Grove	4	1964, 65, 70, 71
Hardie, Scott	Iowa Valley	1	1985
Hartman, Jeff	Cedar Falls	1	2011
Heitland, Brad	Algona	1	1993
Heitland, Brent	Waukee	2	2014, 15
Herring, Jarred	Dowling Catholic	1	2022
Hildebrand, David	Garner-Hayfield	1	1996
Hinkel, Randy	Madrid	5	2001, 02, 09, 10, 11
Hofmeister, Doug	Lone Tree	1	1985(T)
Hollan, Steve	Mid-Prairie	1	2008
Holsclaw, Bill	Clinton	1	1969, 70
Homewood, Dirk	Cedar Falls	1	2021
Hoogeveen, Bob	Sioux Rapids	1	1961
Hopkins, Ken	Linn-Mar	1	2013
Horton, Tom	Wahlert Catholic	1	2006
Hostetler, Marcus	Iowa Mennonite	1	1999
Hoyt, Charles	Sioux City	1	1920
Hoyt, Cress W.	Des Moines, East	1	1926
Hughes, Charles	Paullina	1	1981
Huling, Steve	CAL-Dows	1	1987
Hummel, Phil	Woodbine	2	1989, 92(T)
Hurley, Vince	Corning	3	1975, 76, 77
Ingwersen, Lance	New London	1	2022
Jack, Joe	Farragut	1	1965
Janvrin, Ken	Panorama	1	1997
Jaschen, Matthew	Johnston	1	2023
Jasper, Tom	Western Dubuque, Epworth	1	2023
Jennett, John	Lake City	1	1955
Johnson, Archie	Des Moines, Roosevelt	1	1946(T)
Jolly, Lynn	Cherokee	1	1994
Kaemingk, Karl	Unity Christian	2	1997(T), 2000(T)
Karpan, Tom	Valley	1	1955
Kephart, William	West Chester	1	1959
Kibby, Bill	St. Edmond, Fort Dodge	2	2009, 11
Kiesell, Charles	Ida Grove	2	1906, 07
Kinzel, Warren	Ankeny	1	1969
Kitt, Roland	Belle Plaine	1	1971
Klemme, Al	Boyd-Hull	1	1970(T)
Koolbeck, Richard	Belmond	1	1960
Korver, Lawrence	Orange City	1	1961
Kozeal, Mark	Tri-Center	1	2001
Kruger, Arlen	Miles	1	1969
Kruse, Gary	West Lyon	1	2000(T)
Kruzich, Drew	St. Albert, Council Bluffs	1	2003
Lahn, Nate	Iowa School for Deaf	1	1955
Lamm, Corey	West Burlington, Notre Dame	2	2015, 16
Lappe, Graydon	Perry	1	1962
Larsen, Monte	Sergeant Bluff-Luton	1	2019
Lee, Matt	Starmont	1	2005
Lee, Robert E	NUH, Cedar Falls	6	1986, 87, 88, 90, 91, 98
Lenguadoro, Gerry	Iowa Falls-Alden-Alden	3	1978, 79, 95
Lewis, Don	Prairie Valley	1	1968

Team State Champions

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Year(s)</u>
Lineweaver, Richard	Terril	1	1967
Loeffler, Gary	Van Buren	1	1995
Lyle, Jim	Des Moines, North	4	1948, 53, 54, 59
Lynam, R.H	Des Moines, North	1	1934
Lynn, Max	Clinton	2	1946(T), 69
Marcellus, Duane	Pocahontas	1	1971
Marsden, Clem	Harlan	1	1954
Marshall, Amy	Center Point-Urbana	1	2015
Martz, Brian	Iowa City, West	2	2007, 12
Matthes, Matthew	Williamsburg	1	2023
Mays, Jim	West Branch	2	1983, 84
McClure, Carl	Elliott	1	1954
	Wall Lake	1	1958
McCord, Jim	Centerville	1	1996
McGaffin, Charles	Winterset	2	1963, 67
McKinstrey, Gordon	Maurice-Orange City	1	1973
McLarnan, Mark	Sioux City, Central	2	1966, 67
McQuerry, Joe	Des Moines, Roosevelt	1	1999(T)
McVicker, George	Villisca	1	1966, 67
Mehsling, Ken	St. Albert, Council Bluffs	1	1993
Miles, Mike	Tabor	1	1958
Miller, Jim	Waterloo, East	1	1979
Milliken, Harlan	Ames	1	1968
Morrison, Dick	Red Oak	1	1973
Muller, Dennis	Gehlen Catholic	2	1989, 96
Mullins, Earl	Goldfield	1	1968
Mundt, Dave	Treynor	1	2004
Nelson, W.C	Des Moines, North	1	1919
Nicholson, Dean	Storm Lake	3	1987(T), 88, 2002
Nixon, E. W.	Davenport	1	1915
Noll, Don	Sanborn	1	1988
Novak, Leo	Cedar Rapids	5	1921, 22, 23, 24, 25
Oberle, Don	Bishop Heelan Catholic	1	2010
Pedersen, Jesse	Lawton-Bronson	1	2023
Penick, Les	BCLUW	1	2006
Perkins, Steve	Madrid	2	2017(T), 21
Peters, Randy	Davenport, Central	1	2005
Pinckney, Bill	Cedar Rapids, Washington	2	2009, 10
Raffensperger, John	Iowa City, City High	10	1992, 93, 94, 95, 96, 97, 99(T), 2000, 01, 02
Rapp, Darrell	Moville	1	1962
Ratliff, Ty	Shenandoah	1	2023
Reingardt, Will	Dike-New Hartford	1	2019
Ridder, Tyler	Underwood	1	2021
Roberts, Harold	George	1	1963
Robinson, William	Lamoni	1	1952(T)
Roe, Dean	Redfield	2	1963, 64
Rollinger, Joel	Decorah	1	2004
	North Winneshiek	1	2012
Roth, Steve	Washington	1	1998
Rozell, Richard	Marshalltown	1	1985
Sage, Dave	Waverly-Shell Rock	2	1999, 2001
Sanger, Bob	Britt	1	1974
	West Hancock	3	1992, 2007, 08
Scherich, Everett	Clinton	2	1932, 33
Schott, Jarrod	KP-WC	1	2017(T)
Schwarz, Bill	Cedar Rapids, Prairie	1	2016
Scott, Robert	North Fayette	1	2006
Shultz, Jerry	Turkey Valley	1	1987(T)
Silvey, Chuck	Des Moines, Tech	1	1961
Simons, Larry	New Hartford	1	1982
Simpson, Stan	Lawton-Bronson	1	1991
Sjeclocha, Evo	Indianola	1	1958
Sletten, John	Ames	9	1971, 72, 80, 86, 87, 88, 89, 90, 91
Smith, Fred	Ankeny	1	1972

Team State Champions

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Year(s)</u>
Sovers, Mark	Solon	2	2010, 2014
Spatcher, Cecil	Ames	1	1965
Speidel, Lonnie	Lisbon	2	2023
Staker, Steve	Sumner-Fredericksburg	1	1992(T)
Starner, Mark	Glenwood	1	2011
Steinhoff, L.C.	Farragut	1	1957
Stolze, Greg	Williamsburg	1	2002
Strouse, Richard	Ballard	1	1994
Strouse, Robert	Terril	1	1973
Strutzenberg, Bruce	Pomeroy	1	1965
Sump, Jordan	Dallas Center-Grimes	1	2022
Sutherland, Clayton	Mason City	2	1929, 30
Tallman, Roy	Burnside	1	1972
Thompson, Boyd	Carroll	1	1927
Trimble, Mark	BCLUW	1	1982
Trygstad, Tom	Valley	3	2017, 18, 19
Tryon, Jerry	Alta	1	1972
Van Hauen, Brent	Pella	3	2013, 16, 21
Van Liew, John	Des Moines, East	3	1909, 15, 17
Vanderhorst, Jerry	West Bend-Mallard	2	1993, 94
VanderWilt, Dale	Sioux Center	2	1980, 82
Vogelgesang, Dave	Tipton	3	1983, 84, 85
Walton, Nat	St. Mary's, Clinton	1	1959
Weber, Robert	Hamburg	4	1974, 75, 76, 77(T)
Weis, Homer	Red Oak	1	1953
Wells, Ken	Ames	1	1941
Wells, Robert	Spirit Lake	1	1968
Wendel, Ray	Woodward-Granger	1	1970
West, Charles	Mason City	1	1918
Whitcomb, Jim	Glenwood	2	1989, 90
White, Denny	Mount Pleasant	1	2000
Wickett, Bryce	LuVerne	1	1960
Wilkinson, Harold	Cedar Rapids, Washington	1	1975
Williams, Greg	Monticello	4	1998, 2008, 13, 14
Williams, John	Ida Grove	2	1906, 07
Winkler, Ken	Treynor	1	1980
Yuska, Gordon	Waterloo, West	1	1981
Zrudsky, Chad	Marion	2	2017, 18

Coaches with the Most Team Championship Titles

<u>Name</u>	<u>School</u>	<u># of Titles</u>
Raffensperger, John	Iowa City, City High	10
Augustine, Mike	Des Moines, East	9
Sletten, John	Ames	9
Covey, Hi	Ames	8
Chase, Charles	NUH, Cedar Falls	7
Dunsworth, Ira	Davenport, Central	7
Lee, Robert E	NUH, Cedar Falls	6
Hinkel, Randy	Madrid	5
Novak, Leo	Cedar Rapids	5

DISCONTINUED EVENTS

State Champions By Event

100 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		Earl Perry	Marshalltown	10.60		C	Ted Harvey	Toledo Juvenile	10.40
1907		Carl Harris	Des Moines, East	10.80	1954	AA	Lee Jones	Council Bluffs, Thomas Jefferson	10.00
1908		Harold Moorehead	Ida Grove	10.40		A	Gaylord Rasmussen	Harlan	10.30
1909		Louis Gates	Des Moines, East	10.60		B	Tom Burrows	Belle Plaine	10.70
1910		Ronald Reed	Des Moines, West	10.40		C	Ted Harvey	Toledo Juvenile	10.30
1911		Charles Hoyt	Nodaway Valley, Greenfield	10.20	1955	AA	Bill Woodhouse	Mason City	10.10
1912		Charles Hoyt	Nodaway Valley, Greenfield	10.20		A	Larry Eischen	Valley	10.30
1913		Charles Hoyt	Nodaway Valley, Greenfield	10.00		B	Tom Burrows	Belle Plaine	10.40
1914		George Jarvis	Des Moines, East	10.40		C	Duane Miller	New Sharon	10.30
1915		George Rausch	Waterloo AUSCH	10.60	1956	AA	Dennis O'Brien	Des Moines, Roosevelt	10.00
1916		George Rausch	Waterloo, West	10.20		A	Bob Brandt	Denison	10.10
1917		Charles Colby	Des Moines, North	10.20		B	Bill Blount	Aurelia	10.40
1918		Cecil Brewton	Mason City	10.60		C	Dick White	Kellogg	10.30
1919		Glenn "Doc" Miller	Waterloo, West	10.60	1957	AA	Dave Arends	Cedar Rapids, Roosevelt	10.20
1920		Harold Rocho	Des Moines, East	10.80		A	Jim Merrick	Maquoketa	10.30
1921		Chan Coulter	Iowa City	10.40		B	Elmer Menage	Rock Rapids	10.10
1922		Ted Larson	Des Moines, East	10.40		C	Jerry Ehwegen	Terril	10.50
1923		George Harper	Fort Madison	10.20	1958	AA	Bill Cunningham	Bishop Heelan Catholic	10.00
1924		Frank Cuhel	Cedar Rapids	10.00		A	Don Robertson	Washington	10.30
1925		Herbert Schell	Perry	10.10		B	Terry Ross	Glenwood	10.40
1926		Vane Snorf	Des Moines, Roosevelt	10.10		C	Paul Miller	Menlo	10.40
1927		David Davis	Carroll	10.00	1959	AA	Al Collier	Des Moines, North	9.80
1928		Raymond Burns	Webster City	10.30		A	Wayne Johnson	Algona	10.20
1929		Rich Proctor	Cedar Rapids, Washington	10.30		B	Gary Steele	Eddyville	10.50
1930		Joe Rogers	Jefferson	10.10		C	Brad Bonyng	West Lyon	10.70
1931		Cecil Garrison	Burlington	9.80	1960	AA	Charles Taylor	Des Moines, Tech	9.80
1932		Carl Nelson	Clinton	9.90		A	Gary Richard	Corning	10.00
1933		Carl Nelson	Clinton	9.70		B	Gary Hollingsworth	English Valleys	10.20
1934		George Robinson	Des Moines, North	10.00		C	Brad Bonyng	West Lyon	10.50
1935		Bob Cowan	Waterloo, West	10.10	1961	AA	Charles Taylor	Des Moines, Tech	10.20
1936		Bob Cowan	Waterloo, West	9.90		A	John Pletcher	Clarion	10.40
1937		Wilson Saunders	Dubuque	10.00		B	Steve Kettering	Lake View-Auburn	10.10
1938		Billy Green	Newton	10.00		C	Dan Travaille	Ocheyedan	10.10
1939		Bill Garrett	Davenport	10.20	1962	AA	Clyde Duncan	Des Moines, North	10.00
1940		Bill Mash	Des Moines, East	9.80		A	Ron Beasley	Perry	10.50
1941		Jack Colman	Cedar Rapids, Franklin	10.40		B	Doug Skinner	Paullina	10.40
1942		Wallace Peterson	Davenport	10.30		C	Deryl Peterson	Moville	10.80
1943		Bob McLaughlin	Perry	10.40	1963	AA	Clyde Duncan	Des Moines, North	9.70
1944		Jack Simpson	Sac City	10.40		A	Harry Alley	Winterset	9.70
1945		James Burlingame	Clinton	10.50		B	Ron Graves	Rockwell-Swaledale	10.00
1946		Dick Atkins	Des Moines, East	10.10		C	Doug Skinner	Paullina	9.90
1947		Dick Atkins	Des Moines, East	10.10	1964	AA	Clyde Duncan	Des Moines, North	9.50
1948	A	Ralph Richman	Dubuque	10.00		A	Gene Ricker	Mount Ayr	10.20
	B	Bob Willadsen	Storm Lake	10.30		B	Jack Bintz	Sutherland	9.90
1949	A	Gary Scott	Des Moines, North	10.00		C	Jim Cave	Dexfield	9.70
	B	Bob Jones	Milford	10.20	1965	AA	Mike Lunn	Des Moines, North	10.00
1950	A	John Gibbons	Council Bluffs, Thomas Jefferson	10.30		A	Ron Davis	Perry	9.90
	B	Werner Berg	Rock Rapids	10.40		B	Ron Miller	English Valleys	9.90
1951	A	Fred Lucas	Des Moines, East	9.90		C	Roger Dotson	Terril	9.90
	B	Ray Long	Afton	10.10	1966	AA	Jim Kirby	Des Moines, North	10.00
1952	A	Fred Lucas	Des Moines, East	9.90		A	Jerry Lenz	Cherokee	9.90
	B	Don White`	Lamoni	10.30		B	Steve Hodges	Laurens	10.00
1953	AA	Larry Perry	Marshalltown	10.00		C	Lloyd Wiese	Baxter	9.90
	A	Wayne Brown	Estherville	10.50	1967	AA	Jim Kirby	Des Moines, North	9.50
	B	Bob Stangel	Onawa	10.40		A	Mike Lint	Anamosa	10.00

100 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
	B	Warren Johnson	West Lyon	9.90	1973	AA	Albert Morgan	Burlington	10.10
	C	Keith Bell	Norwalk	10.10		A	Pat Eisenmenger	Cherokee	10.40
1968	AA	Larry Miller	Des Moines, Roosevelt	9.90		B	Dave Guy	Norwalk	10.40
	A	Jack Comfort	West Monona, Onawa	10.00		C	Steve Olson	Terril	10.30
	B	Dave Harskamp	Sioux Center	9.90	1974	AA	Bob Bostic	Davenport, Central	9.90
	C	Keith Bell	Norwalk	10.30		A	Larry Abernathy	Vinton, Washington	10.20
1969	AA	Greg Lintz	Ottumwa	9.90		B	Jim Brewer	NUH, Cedar Falls	10.40
	A	Jack Comfort	West Monona, Onawa	10.00		C	Craig Ohden	Wall Lake	10.40
	B	Galen Morris	Interstate 35, Truro	10.40	1975	AA	Greg Mick	Cedar Rapids, Kennedy	10.00
	C	Mark Bigler	Dumont	10.00		A	Mike Shaw	Nevada	10.10
1970	AA	Jim Henderson	Waterloo, East	9.60		B	Doug Hanson	Ida Grove	10.10
	A	Steve Wolpert	West Monona, Onawa	10.10		C	Craig Ohden	Wall Lake	10.20
	B	Steve Wolpert	West Monona, Onawa	10.40	1976	AA	Greg Mick	Cedar Rapids, Kennedy	9.80
	C	Garry Frandson	Roland-Story	10.00		A	Mike Shaw	Nevada	10.00
1971	AA	Dick Eisenlauer	Des Moines, East	9.80		B	John Taylor	Eddyville	10.20
	A	Steve Wolpert	West Monona, Onawa	10.00		C	Vic Lochman	Alden	10.20
	B	Garry Frandson	Roland-Story	10.40	1977	AA	Owen Buckley	Sioux City, North	9.90
	C	Rick Freeburg	Pocahontas	9.90		A	Loren Velgersdyke	Western Christian	10.30
1972	AA	Gene Mollett	Bishop Heelan Catholic	10.00		B	Rick Van Pelt	Panora-Linden	10.20
	A	Tom Miller	Storm Lake	10.10		C	Dale Meleynek	YJB, Jamaica	10.20
	B	Gary DeBruin	Rock Valley	10.40					
	C	Steve Olson	Terril	10.30					

220 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		E. Turner	Grinnell	22.80	1944		Bob Ryan	Waterloo, East	22.30
1907		Carl Harris	Des Moines, West	23.60	1945		Bob Ryan	Waterloo, East	22.90
1908		Elmer Ward	Ida Grove	23.20	1946		Bob Weissinger	Des Moines, Roosevelt	21.90
1909		Rollo Baird	Des Moines, East	24.00	1947		Dick Atkins	Des Moines, East	22.00
1910		Monroe	Cedar Rapids	23.40	1948	A	George Nichols	Des Moines, North	22.00
1911		Charles Hoyt	Nodaway Valley, Greenfield	22.80		B	Willie Hunt	Guthrie Center	22.60
1912		Charles Hoyt	Nodaway Valley, Greenfield	22.40	1949	A	Gary Scott	Des Moines, North	21.30
1913		Charles Hoyt	Nodaway Valley, Greenfield	22.60		B	Jim Harvey	Britt	22.40
1914		George Tomson	Davenport	23.20	1950	A	John Gibbons	Council Bluffs, Thomas Jefferson	22.90
1915		George Tomson	Davenport	23.40		B	Werner Berg	Rock Rapids	23.20
1916		George Rausch	Waterloo, West	23.00	1951	A	Bob Zust	Des Moines, East	22.10
1917		Charles Colby	Des Moines, North	22.60		B	Ray Long	Afton	21.70
1918		Sam Cohen	Des Moines, North	23.40	1952	A	Les Allen	Indianola	22.40
1919		Glenn "Doc" Miller	Waterloo West	22.80		B	Doug Baldwin	Jesup	22.70
1920		Harold Rocho	Des Moines, East	22.80	1953	AA	Tom Jennings	Marshalltown	22.40
1921		William Buirge	Mason City	22.90		A	Bob Ash	Oelwein	23.30
1922		John "Tissy" Moore	Sioux City, Central	22.80		B	Del Kloewer	Manilla	22.80
1923		John Everingham	Fort Madison	22.40		C	Carl Seegar	Tabor	23.30
1924		Roy Wise	Winfield	22.30	1954	AA	Sam Bradley	Des Moines, East	22.20
1925		Herbert Schell	Perry	22.40		A	Del Mourer	Oelwein	23.10
1926		Gordon Lagerquist	Des Moines, East	22.70		B	Tom Burrows	Belle Plaine	23.00
1927		Anton Frahm	Denison	22.50		C	Jim Merry	Primghar	23.50
1928		Raymond Burns	Mason City	22.00	1955	AA	Bill Woodhouse	Mason City	22.10
1929		Frank Smith	Emmetsburg	22.80		A	Larry Eischen	Valley	22.80
1930		Joe Rogers	Jefferson	22.50		B	Tom Burrows	Belle Plaine	23.20
1931		Bernard Pull	Marshalltown	22.10		C	Pete Valentine	Hull	23.20
1932		Carl Nelson	Clinton	21.90	1956	AA	Dennis O'Brien	Des Moines, Roosevelt	21.80
1933		Carl Nelson	Clinton	21.30		A	Bob Brandt	Denison	22.50
1934		George Robinson	Des Moines, North	22.10		B	John States	Traer	22.10
1935		Robert Brown	Clinton	22.80		C	Terry Hutt	Woodward	22.60
1936		Bob Cowan	Waterloo, West	22.10	1957	AA	Jim Hutchinson	Des Moines, Tech	22.60
1937		Wilson Saunders	Dubuque	21.70		A	Jim Merrick	Maquoketa	22.80
1938		Jewell Thompson	Oskaloosa	22.10		B	Tom Whitney	Aurelia	22.70
1939		Frank Kaiser	Des Moines, East	22.10		C	Dennis Wernimont	Iowa School for Deaf	23.30
1940		Bill Garrett	Davenport	22.00	1958	AA	Jim Hutchinson	Des Moines, Tech	22.10
1941		Junior Franck	Davenport	23.00		A	Wayne Johnson	Algona	22.70
1942		Harry Covey	Des Moines, Roosevelt	22.40		B	Dean Hartman	Anamosa	23.50
1943		Harold Lewis	Centerville	22.90		C	Paul Miller	Menlo	23.00

220 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1959	AA	Bob Kreamer	Des Moines, Roosevelt	21.70	1969	AA	Bill Hansen	Clinton	21.70
	A	Wayne Johnson	Algona	22.10		A	Mark Pilcher	Anamosa	22.10
	B	Dave Hoover	Dallas Center	23.20		B	John Dobler	Manning	22.90
	C	Brad Bonyng	West Lyon	23.60		C	Thierry Boucqey	Swea City	22.10
1960	AA	John Cota	Mason City	22.10	1970	AA	Chuck Curtis	Clinton	21.90
	A	Dave Suntken	Belmond	23.00		A	Vince Leber	St Albert, Council Bluff	22.50
	B	Dave Hoover	Dallas Center	23.00		B	Jim Laughery	Guthrie Center	22.80
	C	Brad Bonyng	West Lyon	23.40		C	Rick Freeburg	Pocahontas	22.30
1961	AA	Dennis Obregon	Des Moines, Tech	22.30	1971	AA	Dick Eisenlauer	Des Moines, East	21.40
	A	Dennis Wunsch	Greene	23.70		A	Dan Kubik	North Tama, Traer	23.20
	B	Steve Kettering	Lake View-Auburn	22.50		B	Danny Andersen	Manning	23.10
	C	Dan Travaille	Ocheyedan	23.30		C	Rick Freeburg	Pocahontas	22.40
1962	AA	Clyde Duncan	Des Moines, North	22.30	1972	AA	Gene Mollett	Bishop Heelan Catholic	22.40
	A	Paul Readhead	Corning	23.50		A	Tom Dovel	Red Oak	23.00
	B	Warren Pierce	West Branch	23.50		B	Danny Andersen	Manning	22.80
	C	Bruce McDonald	Scranton	24.10		C	Paul Van Briessen	George	23.10
1963	AA	Clyde Duncan	Des Moines, North	21.70	1973	AA	Fred Parks	Davenport, Central	22.00
	A	Harry Alley	Winterset	22.90		A	Pat Eisenmenger	Cherokee	23.30
	B	Jon Reimer	George	22.40		B	Chris Thompson	NUH, Cedar Falls	22.50
	C	Bruce McDonald	Scranton	22.50		C	Randy Yuska	LDF, LeGrand	23.60
1964	AA	Clyde Duncan	Des Moines, North	21.60	1974	AA	Fred Parks	Davenport, Central	22.20
	A	Tom Busch	Garner-Hayfield	22.70		A	Greg Younger	Atlantic	23.50
	B	Jack Bintz	Sutherland	22.30		B	Tom Specketer	Alta	23.20
	C	Bruce McDonald	Scranton	22.20		C	Phil Buffington	Titonka	22.80
1965	AA	Jim Kirby	Des Moines, North	22.30	1975	AA	Dan Courtney	Ottumwa	21.90
	A	Ron Davis	Perry	22.10		A	Mike Shaw	Nevada	22.00
	B	Joe Buckwalter	Iowa City, University High	22.60		B	Greg Willey	West Monona, Onawa	23.20
	C	Ed Long	Irwin	22.90		C	Craig Ohden	Wall Lake	22.50
1966	AA	Jim Kirby	Des Moines, North	21.40	1976	AA	Greg Mick	Cedar Rapids, Kennedy	21.50
	A	Jerry Lenz	Cherokee	22.20		A	Mike Shaw	Nevada	21.70
	B	Steve Hodges	Laurens	22.10		B	John Taylor	Eddyville	22.20
	C	Lloyd Wiese	Baxter	22.90		C	Vic Lochman	Alden	22.20
1967	AA	Jim Kirby	Des Moines, North	21.50	1977	AA	Mike Jorgensen	Marshalltown	22.00
	A	Mike Lint	Anamosa	22.40		A	Bill Tanner	Eagle Grove	22.00
	B	Gary Sanow	Marcus	21.80		B	Rich Van Pelt	Panorama	22.60
	C	Fran Long	Irwin	22.00		C	Harry Steele	Iowa School for Deaf	22.90
1968	AA	Roger Colglazier	Davenport, Central	21.70					
	A	Bill Eich	Spirit Lake	22.80					
	B	Dave Harskamp	Sioux Center	22.20					
	C	Keith Bell	Norwalk	22.40					

440 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		Carl Harris	Des Moines, West	54.60	1926		Gordon Laquerquist	Des Moines, East	51.40
1907		Carl Harris	Des Moines, West	54.40	1927		Anton Frahm	Denison Denison	50.50
1908		Elmer Ward	Ida Grove	52.60	1928		Kenneth Albee	Muscatine	51.00
1909		Walter Fairall	Oskaloosa	54.80	1929		Sidney Dean	Traer	50.50
1910		Charles Parsons	Iowa City	53.80	1930		Bernie Page	Newton	50.50
1911		Charles Parsons	Iowa City	52.80	1931		Wallace Brown	Paullina	50.50
1912		Archie Mellor	Des Moines, West	52.80	1932		Chester Pence	Keota	49.90
1913		Archie Mellor	Des Moines, West	51.40	1933		Van Phillips	Iowa City, University High	50.40
1914		Elliott Purmort	Des Moines, West	51.80	1934		Max Howie	Creston	49.90
1915		Mac Byers	Des Moines, East	53.00	1935		Carl Teufel	Davenport	51.00
1916		George Kelley	Newton	51.80	1936		Bill Hermann	Des Moines, East	51.10
1917		Walter Yarn	Des Moines, East	53.40	1937		Charles Swink	Valley Jct.	49.30
1918		Lester Beck	Des Moines, West	53.00	1938		Melbert Beiber	Vinton	50.80
1919		Arthur Higbee	Boone	54.00	1939		Robert Nicholson	Cedar Rapids, Franklin	51.60
1920		Charles Brookins	Oskaloosa	52.40	1940		Lawrence LaBarge	Anamosa	51.00
1921		Chan Coulter	Iowa City	51.40	1941		Pete Eckhoff	Waterloo, East	50.80
1922		Leland O'Dell	Des Moines, East	52.20	1942		Harry Covey	Des Moines, Roosevelt	50.00
1923		John "Tissy" Moore	Sioux City, Central	51.20	1943		Walt Freitag	Charles City	52.00
1924		Leo Loftus	Cedar Rapids	50.40	1944		Eric Wilson Jr.	Iowa City, University	52.10
1925		George Baird	Mason City	51.30	1945		Phil Wright	Des Moines, Roosevelt	50.60

440 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1946		Dick Overton	Mount Pleasant	50.50	1966	AA	Jim Kirby	Des Moines, North	48.30
1947		Willie Hunt	Guthrie Center	51.10		A	Jerry Lenz	Cherokee	50.80
1948	A	Bruce Florence	Florence-Bruce Davenport	51.80		B	Bill Mateer	Sheffield-Chapin	51.00
	B	Willie Hunt	Guthrie Center	49.90		C	Robby O'Clair	Clay Central	50.50
1949	A	Gary Scott	Des Moines, North	49.30	1967	AA	Roger Colglazier	Davenport, Central	48.00
	B	Jack Smallridge	Nevada	52.50		A	Paul Rogers	Central Lyon, Rock Rapids	49.90
1950	A	Bob Wilbur	Des Moines, North	50.10		B	Warren Johnson	West Lyon	50.10
	B	Gene Mumm	DeWitt	53.30		C	Fran Long	Irwin	50.80
1951	A	Bob Clark	Oelwein	49.50	1968	AA	Roger Colglazier	Davenport, Central	48.40
	B	Dan Hansen	Odebolt	52.30		A	Dave Nauman	Crestwood, Cresco	51.00
1952	A	John Stodgell	Ottumwa	51.40		B	Mike Della Penna	Louisa-Muscatine	52.80
	B	Dan Hansen	Odebolt	51.50		C	Larry Armstrong	Clarence	53.50
1953	AA	Caesar Smith	Des Moines, North	50.70	1969	AA	Mike Ross	Bishop Heelan Catholic	49.00
	A	Bob Ash	Oelwein	51.70		A	Steve Ryan	Ankeny	50.60
	B	Francis Brownmiller	Aurelia	52.70		B	Bill Sindlinger	NUH, Cedar Falls	50.30
	C	Dick Bozman	Morning Sun	52.90		C	Don Bristow	LuVerne	51.80
1954	AA	Sam Bradley	Des Moines, East	49.70	1970	AA	Chuck Curtis	Clinton	48.00
	A	Del Mourer	Oelwein	52.10		A	Ed Defenbaugh	Mount Ayr	49.70
	B	Tom Burrows	Belle Plaine	52.80		B	Jim Laughery	Guthrie Center	49.70
	C	Bill Sharp	Allerton	53.80		C	Don Aanonson	Lincoln Central, Gruver	51.30
1955	AA	Jerry Spencer	Des Moines, North	51.60	1971	AA	Dennis Roloff	Cedar Rapids, Jefferson	48.60
	A	Dick Recknor	Creston	52.60		A	Mike Malloy	Williamsburg	50.80
	B	Tom Burrows	Belle Plaine	52.20		B	John Specker	Keota	52.10
	C	Ned Miller	Kalona	51.30		C	Paul Laipple	New London	50.50
1956	AA	Bob Covey	Ames	49.80	1972	AA	Don Adams	Washington	49.30
	A	Junior Soper	Hampton	51.00		A	Tom Dovel	Red Oak	50.00
	B	John States	Traer	51.40		B	Danny Andersen	Manning	50.40
	C	Bill Jasper	Agency	52.20		C	Larry Hulsing	New Hartford	50.20
1957	AA	Bob Covey	Ames	49.40	1973	AA	Jerome Culp	Davenport, Central	50.00
	A	Chuck Runge	DeWitt	51.10		A	Tom Dovel	Red Oak	49.00
	B	Larry Leinbaugh	Holstein	52.30		B	Tom Clary	Eldora	50.30
	C	Dennis Wernimont	Iowa School for Deaf	52.60		C	Dave Seieroe	Charter Oak-Ute	51.10
1958	AA	Stan Scholl	Ames	50.30	1974	AA	Chris Bryant	Davenport, Central	49.90
	A	Jon Shelgren	Indianola	51.30		A	Tom Dovel	Red Oak	49.20
	B	Ron Henninger	Tripolo	52.30		B	Tom Clary	Eldora	49.90
	C	Marvin Emswiler	Dunlap	52.60		C	Darryl Triplett	Sutherland	51.30
1959	AA	Carl VanderWilt	Ottumwa	50.00	1975	AA	Roy Wigen	Spencer	49.10
	A	Gary Richards	Corning	52.20		A	Tony Nielsen	Humboldt	49.40
	B	Bob Jackson	St. Mary's, Clinton	51.40		B	John Thomas	Eldora	50.30
	C	Jack Rohrs	Sanborn	52.40		C	Brad Groosbeck	Klemme	50.70
1960	AA	Pat Hansel	Sioux City, East	49.70	1976	AA	Andy Jensen	Davenport, Central	49.20
	A	Gary Richards	Corning	51.60		A	Mike Norton	Anamost	49.00
	B	Gary Hollingsworth	English Valleys	49.00		B	Steve Cronbaugh	Iowa Valley	50.50
	C	Bill Knierim	Dow City	52.80		C	Rich Van Pelt	Panorama	49.80
1961	AA	Creighton Fleming	Bishop Heelan Catholic	49.10	1977	AA	Jay Bradley	Cedar Falls	48.90
	A	Larry Arndt	Sac City	51.80		A	Doug Lang	Creston	50.10
	B	Ted Beesley	Monroe	52.50		B	Rich Van Pelt	Panorama	49.40
	C	Craig Okerberg	Marathon	50.90		C	Tony Morris	Kanawha	49.80
1962	AA	Clyde Duncan	Des Moines, North	50.20					
	A	Terry Carsten	North Scott	50.90					
	B	Dennis Wolrab	Mount Vernon	52.40					
	C	Dale Weedman	Clarksville	51.90					
1963	AA	Clyde Duncan	Des Moines, North	49.00					
	A	Harry Alley	Winterset	51.00					
	B	Lloyd Kolker	Gehlen Catholic	52.50					
	C	Steve Moore	Morning Sun	50.90					
1964	AA	Clyde Duncan	Des Moines, North	50.00					
	A	Gene Ricker	Mount Ayr	51.50					
	B	Joe Buckwalter	Iowa City, University High	51.50					
	C	Kerry Conard	Winfield-Mount Union	50.70					
1965	AA	Brent Slay	Oskaloosa	50.50					
	A	Pando Marluky	Glenwood	52.20					
	B	Joe Buckwalter	Iowa City, Univeristy High	50.20					
	C	John Pollock	Havelock-Plover	49.70					

880 Yard Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		George Bresnahan	Ida Grove	2:07.00		B	Alex Greiner	Keota	2:03.00
1907		George Bresnahan	Ida Grove	2:04.80		C	Dick Wyatt	Allerton	2:04.30
1908		Plato Redfern	Council Bluffs	2:04.20	1956	AA	Harry Olson	Decorah	1:59.40
1909		Carl Leibsle	Des Moines, East	2:03.40		A	Gary Grow	Valley	2:02.30
1910		Plato Redfern	Des Moines, West	2:02.80		B	Gary Haltmeyer	Postville	2:01.20
1911		Volney Diltz	Des Moines, North	2:04.20		C	John Little	West Branch	2:03.80
1912		(T)Eugene Lighter	Rofe	2:04.80	1957	AA	Harry Olson	Decorah	2:00.00
		(T)Ethan Scroggie	Des Moines, West	2:04.80		A	John Woolson	Clarinda	1:58.80
1913		Glenn Tenny	Des Moines, West	2:02.40		B	Tom Ransford	Spirit Lake	2:00.90
1914		Glenn Tenny	Des Moines, West	2:03.00		C	Greg Dotseth	Clarence	2:05.80
1915		Carl Hampton	Ottumwa	2:03.60	1958	AA	Robert Rettenmaier	Kuemper Catholic	2:00.10
1916		Carl Hampton	Ottumwa	2:00.00		A	Deryl King	Valley	1:57.70
1917		Royce Harp	Newton	2:04.40		B	James Walker	Emmetsburg	2:02.30
1918		Junior Woods	Des Moines, North	2:04.00		C	Richard Beaver	Cedar	2:05.50
1919		Harrison Barnes	Cedar Rapids	2:04.20	1959	AA	Bill Kenny	Waterloo, West	1:57.80
1920		Harrison Barnes	Cedar Rapids	2:06.00		A	Bill Frazier	North Scott	2:00.40
1921		Harrison Barnes	Cedar Rapids	2:02.40		B	Mick Costigan	Buffalo Center	2:05.20
1922		Roy Adkins	Grinnell	2:02.00		C	Bob Forde	Magnolia	2:02.10
1923		Don Yeisley	Cedar Rapids	2:01.80	1960	AA	Pat Hansel	Sioux City, East	2:01.20
1924		Delano Raymond	Waterloo, East	2:01.30		A	Bruce Stumbaugh	Monticello	2:06.50
1925		Paul Hagedorn	Colfax	2:03.90		B	Jim Thomas	Glenwood	2:03.70
1926		Gordon Baird	Nodaway Valley, Greenfield	2:03.10		C	Dennis Heussner	Sumner-Fredericksburg	2:05.20
1927		Lewis Nelson	Harlan	2:05.00	1961	AA	Larry Schlotterbeck	Charles City	1:59.20
1928		Darwin Fletcher	Alleman	2:03.20		A	Tom Hale	Iowa Falls-Alden	2:03.80
1929		Bernie Page	Newton	2:02.20		B	Joe Henderson	South Page, College Springs	2:00.70
1930		Thomas Thompson	Des Moines, East	1:59.70		C	Dave Gauger	Crestland, Early	2:03.00
1931		Richard Bott	Keota	2:03.20	1962	AA	Bill Jackson	Ames	1:57.00
1932		John Graves	Cherokee	2:00.30		A	Ed Whitcelo	Maquoketa	2:01.10
1933		John Graves	Cherokee	1:56.50		B	Gene Morenz	Lake View-Auburn	2:00.30
1934		John Graves	Cherokee	1:58.40		C	Randy Van Bogart	Fayette	2:02.60
1935		Howard Oldenburg	Waterloo, West	2:02.60	1963	AA	Gus Walker	Davis County	1:57.00
1936		Jack Mayer	Lyons	2:02.20		A	Ken Koester	West Union	1:59.70
1937		Bud Bonwell	Shenandoah	2:01.20		B	Bill Wells	Seymour	2:02.60
1938		Leslie Garland	Winterset	2:01.10		C	Don Rinderknecht	Linn-Mar	2:04.10
1939		Ted Thompson	Sioux Central, Central	2:00.30	1964	AA	Ron Griffith	Valley	1:59.00
1940		David Hazleton	Carroll	2:02.10		A	Joel Wagoner	Clarinda	2:02.60
1941		Lynn Frazier	University High	2:03.40		B	Rich Snook	Seymour	2:00.50
1942		John Frye	Burlington	2:00.60		C	Keith Crandall	Pomeroy	2:01.20
1943		Charles Hopkins	Franklin	2:01.20	1965	AA	Steve Gerkin	Sioux City, Central	1:58.30
1944		Steve Dobbins	Cherokee	2:02.30		A	Carl Frazier	North Scott	2:01.50
1945		Wade Chard	Audubon	2:01.80		B	Jerry O'Chesky	North Polk	2:02.70
1946		Roger Watts	Des Moines, North	2:01.80		C	Larry Sellers	Russell	2:00.80
1947		Bill Conrardy	Dubuque, Loras	1:58.80	1966	AA	Steve Gerkin	Sioux City, Central	1:55.30
1948	A	Leland Crew	Fairfield	2:01.10		A	Mick Maddox	Cherokee	2:00.50
	B	Gunther Schnack	DeWitt	2:02.60		B	Warren Bush	Harris-Lake Park	1:59.80
1949	A	(T)Virgil Byerly	Boone	2:03.10		C	Robert Priborsky	Hinton	2:02.70
		(T)Dennis Hunt	Sibley	2:03.10	1967	AA	Dave Nauman	Cresco	1:56.50
	B	Bob Hansen	Odebolt	2:05.90		A	Dan Sanders	Humboldt	1:59.60
1950	A	Bill Honnold	Winterset	2:03.00		B	Bob Berggren	North Polk	2:01.50
	B	Duane Grismore	Corydon	2:06.40		C	Kevin Remillard	Sioux Rapids	2:02.10
1951	A	Ray Ball	New Hampton	2:02.50	1968	AA	Jim McCord	Centerville	1:56.80
	B	Ray McConnell	Nevada	2:03.80		A	Pete Pettengill	Central Lyon, Rock Rapids	1:59.90
1952	A	Bob Ash	Oelwein	2:01.40		B	Dennis McCabe	Garner-Hayfield	2:03.10
	B	Jim Hyde	St. Mary's, Clinton	2:06.80		C	Curtis Hoegh	Elk Horn-Kimballton	2:06.20
1953	AA	Charles Hancock	Boone	2:03.60	1969	AA	Fred Schafer	Clinton	1:57.20
	A	Bob Ash	Oelwein	2:02.00		A	Lee Schreurs	Ankeny	1:58.00
	B	Norman Poppe	DeWitt	2:06.90		B	Dennis McCabe	Garner-Hayfield	2:00.70
	C	Bob Ellwood	Elliott	2:06.00		C	Jim Dayton	Gilmore City-Bradgate	2:02.10
1954	AA	Harry Frazier	Des Moines, East	2:01.90	1970	AA	Dennis Schultz	West Delaware	1:55.20
	A	Jerry Walker	Marion	2:03.10		A	Lee Schreurs	Ankeny	2:03.10
	B	Allan Meyer	Sac City	2:05.50		B	Jeff Ocheltree	Guthrie Center	2:00.10
	C	Charles Van Fosson	College Springs	2:04.40		C	Dennis Mennen	Dumont	1:59.10
1955	AA	Pete Errington	Ames	2:04.50					
	A	Don Pierce	Osceola	2:05.80					

880 Yard Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1971	AA	Boak Desmond	Webster City	1:56.80	1975	AA	Dave Korir	Cedar Rapids, Washington	1:52.10
	A	Larry Weidman	St. Albert, Council Bluffs	2:01.30		A	Brian Darrow	Anamosa	1:57.10
	B	Randy Arnold	Harris-Lake Park	1:59.80		B	Brian Frevert	Greene	1:55.50
	C	David Baum	Union-Whitten	2:01.90		C	Tom Christensen	Ventura	1:57.20
1972	AA	Bob Connell	Columbus Catholic	1:56.60	1976	AA	Scott Gwin	Davenport, Central	1:53.90
	A	Duane Nelson	Humboldt	1:59.40		A	Jim McGuire	Centerville	1:55.20
	B	Gary Vetter	Hartley	1:57.70		B	Rob Barnes	Eldora	1:56.10
	C	Bob Larson	Irwin	1:58.00		C	Dwayne Camarigg	Sanborn	1:59.20
1973	AA	Bob Prince	Sioux City, East	1:54.80	1977	AA	Scott Gwin	Davenport, Central	1:53.60
	A	Ron Evans	Decorah	1:59.70		A	Mike Shirer	Belmond	1:56.10
	B	Brian Frevert	Greene	1:59.40		B	Mike Elliott	West Branch	1:55.40
	C	Dan Hanson	Titonka	2:02.80		C	John Zanker	Hamburg	1:59.00
1974	AA	Dave Korir	Cedar Rapids, Washington	1:53.90					
	A	Ron Evans	Decorah	1:57.00					
	B	Doug Pooch	Britt	1:55.90					
	C	Steve Bagnall	Melcher-Dallas	1:59.60					

Mile Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		Claude Clemmer	Council Bluffs	4:49.60	1949	A	Ocie Trimble	Cedar Rapids, Roosevelt	4:33.90
1907		Carl Heidt	Des Moines, West	4:47.00		B	Ken Beeghley	Aurelia	4:37.90
1908		Plato Redfern	Council Bluffs	4:41.40	1950	A	John Williams	Cedar Rapids, Franklin	4:37.60
1909		Plato Redfern	Des Moines, West	4:44.20		B	Ray McConnell	Nevada	4:39.50
1910		Plato Redfern	Des Moines, West	4:40.00	1951	A	Lee Kane	Fairfield	4:39.20
1911		Karl Clapper	Ames	4:41.40		B	Ray McConnell	Nevada	4:40.20
1912		Glenn Tenny	Des Moines, West	4:40.00	1952	A	Ron Jackson	Council Bluffs, Abraham Lincoln	4:35.70
1913		Glenn Tenny	Des Moines, West	4:31.80		B	Wayne Everman	Postville	4:39.00
1914		Glenn Tenny	Des Moines, West	4:31.40	1953	AA	Tom Miller	Sioux City, East	4:35.80
1915		Courtney Kimler	Burlington	4:41.40		A	Jerry Walker	Marion	4:32.00
1916		John Porter	Webster City	4:35.80		B	Wayne Everman	Postville	4:35.70
1917		Ken Hicks	Iowa City	4:38.60		C	Bob Elwood	Elliott	4:36.70
1918		John Monk	Fort Dodge	4:36.60	1954	AA	Cliff Cushman	Ames	4:27.50
1919		Hoyer Jensen	Cedar Rapids	4:45.40		A	Jerry Walker	Marion	4:30.10
1920		Hoyer Jensen	Cedar Rapids	4:52.60		B	Ken Bales	Sigourney	4:33.90
1921		Hoyer Jensen	Cedar Rapids	4:39.00		C	Bob Elwood	Elliott	4:32.70
1922		Basil Irwin	Cedar Rapids	4:36.40	1955	AA	John Darby	Des Moines, Roosevelt	4:46.40
1923		Phillip Platt	Eagle Grove	4:34.80		A	Marvin Hite	Vinton	4:49.70
1924		Wallace Elliott	Iowa City	4:38.50		B	Gary Haltmeyer	Postville	4:33.70
1925		Irwin Richardson	Nodaway Valley, Greenfield	4:42.50		C	Lyle Shires	Elliott	4:32.00
1926		Ed Stevens	Eagle Grove	4:35.10	1956	AA	Jack Hill	Davenport	4:25.60
1927		Byron Turner	Anita	4:29.40		A	Dave Drew	DeWitt	4:29.30
1928		Harrison Kohl	Mason City	4:39.90		B	Al Harberts	Grundy Center	4:35.10
1929		Clifford Douglas	Waterloo, East	4:34.20		C	Lyle Shires	Elliott	4:34.50
1930		Hugh Smith	Hawarden	4:35.60	1957	AA	Harry Olson	Decorah	4:30.00
1931		Herschel Morris	Kanawha	4:38.40		A	Deryl King	Valley	4:40.30
1932		Mathew Bolsem	Oskaloosa	4:32.90		B	Ken Fearing	Wapello	4:34.30
1933		John Green	Algona	4:31.80		C	Harlan Milliken	Hedrick	4:33.10
1934		Jim Lyle	Des Moines, North	4:34.00	1958	AA	Ralph Trimble	Cedar Rapids, Jefferson	4:25.00
1935		Dick Anderson	Council Bluffs, Abraham Lincoln	4:36.20		A	Deryl King	Valley	4:28.10
1936		Donald Krahmer	Estherville	4:37.00		B	Chris Youngbear	Tama	4:36.30
1937		Wallace Gates	Waterloo, West	4:35.10		C	Kenneth Merry	Primghar	4:35.00
1938		Dean Rasmus	Garner	4:30.50	1959	AA	Ralph Trimble	Cedar Rapids, Jefferson	4:21.10
1939		Wilbur Rainsburger	Marshalltown	4:31.20		A	Larry Kramer	Belmond	4:27.60
1940		Ray Dilley	Des Moines, East	4:35.40		B	Gary Fischer	Miles	4:37.20
1941		John Baxter	Davenport	4:34.50		C	Ray Miller	Menlo	4:35.90
1942		John Baxter	Davenport	4:32.00	1960	AA	Blaine Zenor	Ames	4:30.20
1943		Bill Chappell	Des Moines, East	4:35.90		A	Larry Kramer	Belmond	4:29.60
1944		Ernie Hill	Davenport	4:30.80		B	Joe Henderson	South Page, College Springs	4:32.00
1945		Paul Sloan	Des Moines, East	4:32.30		C	Earl Hanselmann	LuVerne	4:42.10
1946		Bill Bye	Odebolt	4:33.20	1961	AA	Steve Miller	Marion	4:29.20
1947		Dean Pieper	Clinton	4:21.80		A	Dick Rohlf	North Scott	4:37.80
1948	A	Ocie Trimble	Cedar Rapids, Roosevelt	4:28.50		B	Joe Henderson	South Page, College Springs	4:22.20
	B	Ken Beeghley	Aurelia	4:32.00		C	Bruce Calder	Baynard	4:35.20

Mile Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1962	AA	Bill Jackson	Ames	4:25.20	1968	AA	Doug Smith	Sioux City, Central	4:22.60
	A	Ed Eneboe	West Sioux, Hawarden	4:31.90		A	Dan Sanders	Humboldt	4:23.20
	B	Brian Kuhlman	Charter Oak-Ute	4:31.60		B	Dennis McCabe	Garner-Hayfield	4:41.00
	C	Tom Tiernan	Allison-Bristow	4:40.60		C	Jerome Howe	Treynor	4:40.10
1963	AA	Bob Rowell	Ames	4:22.30	1969	AA	Dave Krantz	Columbus Catholic	4:22.90
	A	Ken Koester	North Fayette	4:31.00		A	Mark Aschin	Decorah	4:24.90
	B	Bill Wells	Seymour	4:31.60		B	Dennis McCabe	Garner-Hayfield	4:25.00
	C	Tom Tiernan	Allison-Bristow	4:40.50		C	Mike Cassaday	Miles	4:26.50
1964	AA	Rollie Kitt	Kemper Catholic, Carroll	4:27.00	1970	AA	Dave Krantz	Columbus Catholic, Waterloo	4:18.00
	A	Ron Jones	Red Oak	4:36.80		A	Chuck Cassel	Bishop Garrigan, Algona	4:21.80
	B	Dennis Reed	Anita	4:20.10		B	John Schall	St. Mary's, Clinton	4:26.70
	C	Tom Tiernan	Allison-Bristow	4:24.90		C	Curt Hoegh	Elk Horn-Kimballton	4:35.20
1965	AA	Dave Compton	Sioux City, Central	4:23.20	1971	AA	Mike Burke	Columbus Catholic, Waterloo	4:22.30
	A	Steve Cornelius	Independence	4:40.10		A	Chuck Cassel	Bishop Garrigan, Algona	4:22.90
	B	Tom Denny	Anita	4:32.10		B	Larry Irvin	Riceville	4:30.40
	C	Larry Sellers	Russell	4:22.70		C	Dave Cummins	Ringsted	4:33.50
1966	AA	Doug Smith	Sioux City, Central	4:18.70	1972	AA	Gregg Newell	Davenport, Central	4:16.40
	A	Steve Mandaville	Cherokee	4:29.60		A	Duane Nelson	Humboldt	4:31.80
	B	Warren Bush	Harris-Lake Park	4:25.20		B	Terry Hiebert	Central City	4:29.50
	C	Jerome Howe	Treynor	4:31.80		C	Rod Rieken	Central Webster	4:24.70
1967	AA	Doug Smith	Sioux City, Central	4:14.50	1973	AA	Jeff Myers	Davenport West	4:23.50
	A	Dennis Modracek	Cedar Rapids, Prairie	4:18.60		A	Randy Wilson	Knoxville	4:22.60
	B	Darrell Patterson	Sioux City, Trinity	4:31.90		B	Mike Hildreth	Rockwell City	4:33.40
	C	Jerome Howe	Treynor	4:21.00		C	Rod Rieken	Central Webster	4:27.70

Two Mile Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1968	AA	Lynn Lee	Mason City	09:42.40	1973	AA	Mark Johnson	Mason City	09:13.90
	A	Loren Moe	Tipton	09:57.70		A	Frank Richardson	Sac City	09:35.30
	B	Rick O'Rourke	Villisca	10:34.70		B	Jack Wilkinson	NUH, Cedar Falls	09:46.90
	C	Gary Nedved	Pocahontas	10:22.30		C	Mark Hughes	Delwood	09:45.90
1969	AA	Steve Nordenson	Des Moines, Lincoln	09:41.90	1974	AA	Jim Eicken	Davenport, Central	08:58.80
	A	Dennis Ellingson	Decorah	09:59.50		A	Mike Cregeen	Clarinda	09:20.30
	B	Rick O'Rourke	Villisca	10:05.00		B	Doug Graves	Boyden-Hull	09:43.00
	C	Steve Seamer	Miles	10:01.80		C	Mark Hughes	Delwood	09:36.80
1970	AA	Rich Twedt	Des Moines, Hoover	09:37.50	1975	AA	Jim Eicken	Davenport, Central	09:10.00
	A	Lowell Tesch	St. Ansgar	09:46.20		A	Perry Stannard	Washington	09:40.70
	B	Steve Sundell	Odedolt Arthur	10:01.00		B	Doug Graves	Boyden-Hull	09:57.70
	C	Steve Seamer	Miles	10:00.70		C	Mark Hughes	Delwood	09:50.50
1971	AA	Mark Johnson	Mason City	09:37.90	1976	AA	Randy Jackson	Iowa City, City	09:00.20
	A	Scott Larson	St. Edmond, Fort Dodge	10:03.20		A	Tim Holton	Cherokee	09:37.20
	B	Mark Skahill	Villisca	10:01.80		B	Jim Hansen	Dike	09:36.30
	C	Phil Coppess	Oxford Junction	10:16.40		C	Scott Maguire	Treynor	10:40.00
1972	AA	Leo Meade	Mount Pleasant	09:41.20	1977	AA	Ken Buesing	Davenport, West	09:26.10
	A	Ron Reding	Bishop Garrigan, Algona	10:03.00		A	Tim Holton	Cherokee	09:32.40
	B	Mark Skahill	Villisca	09:52.80		B	Jim Hansen	Dike	09:38.00
	C	Phil Coppess	Oxford Junction	09:45.10		C	Scott Maguire	Treynor	09:47.40

120 Yard High Hurdles (42 in)

Year	Name	School	Time	Year	Name	School	Time
1906	Dan Simmons	Ida Grove	16.60	1921	Morgan Taylor	Sioux City, Central	16.00
1907	Henry Kinzer	Ida Grove	16.80	1922	Edwin Beebee	Hampton	16.20
1908	Andrew Hammitt	Des Moines, West	17.20	1923	Wayne Ferris	Hampton	16.20
1909	Alvin Hammitt	Des Moines, West	16.80	1924	Frank Cuhel	Cedar Rapids	15.30
1910	Paul Hoerlien	Iowa City	17.00	1925	Werner Taylor	Sioux City	15.50
1911	Harry McHenry	Des Moines, West	16.40	1926	Vane Snorf	Des Moines, Roosevelt	15.60
1912	Charles Hoyt	Nodaway Valley, Greenfield	16.20	1927	John Beckner	Clarinda	16.10
1913	Marcus Dubel	Sioux City	16.40	1928	Graham Moulton	Council Bluffs, Lincoln	16.10
1914	Theodore Packer	Marshalltown	16.20	1929	Graham Moulton	Council Bluffs, Lincoln	15.80
1915	Theodore Packer	Marshalltown	16.40	1930	Leonard Kenney	Mason City	15.60
1916	Theodore Packer	Marshalltown	16.20	1931	Mike Layden	Davenport	15.40
1917	Harold Crawford	Hampton	16.80	1932	Dick Crayne	Fairfield	16.00
1918	Lester Belding	Mason City	16.40	1933	Jack Parker	Lamoni	15.70
1919	Harold Crawford	Mason City	16.20	1934	Bushnell Lamb	Newton	15.80
1920	Charles Brookins	Oskaloosa	16.40				

120 Yard High Hurdles (39 in)

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1935		Russ Parsons	Davenport	15.70	1958	AA	Jim Streeby	Ottumwa	14.50
1936		Albert Munsell	Des Moines, East	14.90		A	Darrell Morehouse	Clear Lake	15.10
1937		Henry Vollenweider	Dubuque	15.20		B	Allen Youngbear	Tama	15.90
1938		Jack Hamilton	Sac City	15.20		C	Bill Maas	Sutherland	16.40
1939		Norman Pullman	Sidney	15.40	1959	AA	John Haberle	Cedar Rapids, Jefferson	14.90
1940		Russ Ferguson	Cedar Rapids, McKinley	14.80		A	Frank Bindel	Winterset	15.20
1941		Romaine Woodward	Ames	15.30		B	Bob Pingel	Aurelia	15.20
1942		Fred Eno	Villisca	14.90		C	Norm Johnson	Coin	15.90
1943		Fred Eno	Villisca	14.80	1960	AA	Eliger Robinson	Waterloo, East	14.30
1944		Jack Nygaard	Atlantic	15.20		A	Jack Henderson	Perry	15.40
1945		Wallace Grant	Decorah	15.80		B	Fred Cooper	Iowa City, University	15.20
1946		Bob Brown	Fort Dodge	15.40		C	Bob Ackles	Allerton	16.60
1947		Bob Brown	Fort Dodge	15.20	1961	AA	Norm Taylor	Des Moines, Tech	14.90
1948	A	Jerry Moorehead	Des Moines, Roosevelt	14.80		A	John Fletcher	Clarion	15.20
	B	Don Swartzendruber	Wellman	15.10		B	Gene Zmolek	Traer	15.70
1949	A	Ted Graves	Cherokee	14.90		C	Larry Lenz	Ar-We-Va, Westside	15.30
	B	Don Swartzendruber	Wellman	16.40	1962	AA	Gary Osborn	Winterset	14.60
1950	A	Ray Kaiser	Des Moines, East	15.00		A	John Adams	Missouri Valley	14.90
	B	Tom Reynolds	Odebolt	15.90		B	Rolland Heim	BCLUW	15.70
1951	A	Bob Hansen	Clinton	14.70		C	Larry Leonard	Solon	15.60
	B	Les Stevens	Lovilia	15.40	1963	AA	Jack Carter	Des Moines, North	14.60
1952	A	Jim Canine	Des Moines, Roosevelt	15.10		A	John Adams	Missouri Valley	14.60
	B	Les Stevens	Lovilia	15.10		B	Jon Reimer	George	15.20
1953	AA	Ken Ploen	Clinton	15.00		C	Duane VanWyk	Prairie City	15.60
	A	Tom Ecker	Waverly	15.00	1964	AA	John Dvorak	Cedar Rapids, Washington	14.40
	B	Boyd Mayberry	Sac City	15.40		A	Rick Defenbaugh	Mount Ayr	14.90
	C	Ted Harvey	Toledo Juvenile Home	15.80		B	Larry Driscoll	Emmetsburg	15.30
1954	AA	Harry Lockman	Fort Dodge	15.10		C	Bruce Abrams	Meservey-Thornton	15.40
	A	Harry Barr	Clarinda	15.50	1965	AA	John Dvorak	Cedar Rapids, Washington	14.20
	B	Jerry Willey	Osage	16.10		A	Ken Tilton	Humboldt	15.30
	C	Ted Harvey	Toledo Juvenile	15.60		B	Dennis Fertig	Woodbury Central, Merville	15.50
1955	AA	Bill Orris	Des Moines, East	15.60		C	Bruce Abrams	Meservey-Thornton	15.20
	A	Larry Sabus	Carroll	16.70	1966	AA	Jim Klindt	Davenport, West	14.60
	B	Gordon Rolph	Onawa	15.50		A	Tom Graves	Cherokee	14.60
	C	Walt Pohl	Bayard	16.30		B	Dennis Fertig	Woodbury Central, Merville	15.40
1956	AA	Bill Orris	Des Moines, East	14.70		C	Larry Pretz	Miles	16.30
	A	Jim Jacobs	Harlan	15.70	1967	AA	Jock Johnson	Des Moines, East	14.20
	B	George Phelps	Kingsley	15.00		A	Tom Graves	Cherokee	14.50
	C	Kent Kerns	Rolfe	15.60		B	Bill Michael	Akron	14.60
1957	AA	Bob Okerstrom	Mason City	15.00		C	Eugene Zoske	Hubbard	14.90
	A	Jim Duffas	Pella	16.00	1968	AA	Dave McCurry	Grinnell	14.80
	B	Bob Clark	Coon Rapids	15.90		A	Dan Roe	Mount Ayr	14.90
	C	Ron Walter	Farragut	15.80		B	Mike Brannaman	Mount Vernon	15.10
						C	Bob Nevitt	Earlham	15.20

120 Yard High Hurdles (39 in)

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1969	AA	Dave McCurry	Grinnell	14.30	1974	AA	Greg Rumble	Urbandale	14.00
	A	John Bell	Spirit Lake	14.50		A	Randy Wilson	Knoxville	15.00
	B	Mark Brannaman	Mount Vernon	15.00		B	Tom Egli	Manson Northwest Webster	15.40
	C	Jim Lawler	Wall Lake	15.30		C	Greg Capell	Fayette	15.20
1970	AA	Kent Wessely	Waterloo, West	14.20	1975	AA	Dave Stoermer	Burlington	14.50
	A	Steve Casey	Cherokee	14.80		A	Steve Ulrich	Sheldon	15.00
	B	Robbie Bolks	Boyd-Hull	15.30		B	Mike Bruns	Adair-Casey	15.00
	C	Ed McDaniel	Woodward-Granger	14.80		C	Alan Sievers	Albert City-Truesdal	15.60
1971	AA	Scott Hamilton	Clinton	14.20	1976	AA	Randy Elliott	Charles City	14.30
	A	Steve Casey	Cherokee	14.20		A	Roy Wigen	Spencer	14.50
	B	Blaine Kuchel	KP-WC	15.10		B	Leroy McCuen	Corning	14.80
	C	Ed McDaniel	Woodward-Granger	14.70		C	Ross Thiedeman	Ar-We-Va, Westside	15.00
1972	AA	Jim Jensen	Davenport, Central	14.60	1977	AA	Randy Elliott	Charles City	14.10
	A	Jerry Elliott	Centerville	15.20		A	Craig Nordlie	Nevada	14.30
	B	Dan Taylor	Eddyville	14.60		B	Leroy McCuen	Corning	14.50
	C	Kyle Chown	Lone Tree	15.40		C	Ross Thiedeman	Ar-We-Va, Westside	14.50
1973	AA	Ron Heaton	Sioux City, West	14.60					
	A	Tom Meade	Williamsburg	15.10					
	B	Dan Taylor	Eddyville	14.80					
	C	Kyle Chown	Lone Tree	15.80					

165 Yard Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1978	AA	Jon Hutch	Clinton	20.29		B	Randy Griffith	KP-WC	21.06
	A	Chris Nady	Nevada	20.40		C	Ed Blackburn	Malvern	20.74

180 Yard Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1951	A	Dick Fowler	Ames	19.20		C	Jim Stebral	Solon	22.10
	B	Les Stevens	Lovilia	20.40	1961	AA	Gary Osborn	Winterset	20.00
1952	A	Tom Ecker	Waverly	20.00		A	John Fletcher	Clarion	20.30
	B	Don White	Lamoni	19.80		B	Mike Stubsten	Orange, Waterloo	20.00
1953	AA	Glen Sjoka	Cedar Rapids, Wilson	20.80		C	Larry Lenz	Ar-We-Va, Westside	20.00
	A	Tom Ecker	Waverly	20.30	1962	AA	Gary Osborn	Winterset	20.70
	B	John Walden	Lamoni	20.80		A	John Adams	Missouri Valley	21.30
	C	John Rinehart	Iowa School for Deaf	22.10		B	Jon Reimer	George	21.00
1954	AA	Berland Smith	Sioux City, Central	20.40		C	Lloyd VanZee	Prairie City	20.80
	A	George Pitsche	Harlan	20.90	1963	AA	Mike Langer	Cedar Rapids, Washington	19.70
	B	Ron Means	Villisca	20.80		A	John Adams	Missouri Valley	20.10
	C	Duane Miller	New Sharon	21.60		B	Jon Reimer	George	20.10
1955	AA	Bill Orris	Des Moines, East	20.40		C	Denny Wicker	Madrid	21.10
	A	Bob Brandt	Denison	20.90	1964	AA	John Dvorak	Cedar Rapids, Washington	19.50
	B	Gordon Rolph	Onawa	21.50		A	Ron Davis	Perry	19.10
	C	Duane Miller	New Sharon	20.30		B	Ron Carrier	Odebolt, Arthur	20.50
1956	AA	Ron Altenberg	Marion	19.80		C	Lynn Bell	Lone Tree	21.00
	A	Bob Brandt	Denison	19.70	1965	AA	John Dvorak	Cedar Rapids, Washington	19.70
	B	George Phelps	Kingsley	20.50		A	Rob Davis	Perry	20.20
	C	Ron Walter	Farragut	21.00		B	Tom Quinn	St. Mary's, Clinton	20.60
1957	AA	Bob Okerstrom	Mason City	20.70		C	Steve Chambers	Treynor	21.40
	A	Jim VanWerden	Winterset	21.20	1966	AA	Jim VanDine	Cedar Rapids, Washington	20.00
	B	Tom Burns	Carroll	20.90		A	Scott Osborn	Winterset	20.00
	C	Ron Walter	Farragut	21.30		B	Denny Slinker	BCLUW	20.90
1958	AA	Jim Streeby	Ottumwa	19.40		C	Jim Vandevanter	Panorama	21.10
	A	Darrell Morehouse	Clear Lake	20.3	1967	AA	Rich Gauger	Charles City	19.60
	B	Daryl Brown	New London	21.90		A	Tom Graves	Cherokee	20.10
	C	Duane Burke	Moville	21.40		B	Bill Michael	Akron	19.90
1959	AA	Dennis Paul	Marshalltown	19.90		C	Bob Nevitt	Earlham	20.10
	A	Frank Bindel	Winterset	20.30	1968	AA	Mark Votroubek	Cedar Rapids, Kennedy	19.10
	B	Bob Pingel	Aurelia	21.10		A	John Bell	Spirit Lake	19.60
	C	Jerry Davis	College Springs	21.70		B	Jerry Hutchinson	West Harrison	19.90
1960	AA	Frank Bindel	Winterset	20.00		C	Jim Nevitt	Earlham	20.10
	A	John Pletcher	Clarion	20.90					
	B	Fred Cooper	Iowa City, University	20.90					

180 Yard Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1969	AA	Dave McCurry	Grinnell	19.20		B	Dan Taylor	Eddyville	20.80
	A	John Bell	Spirit Lake	19.70		C	Kyle Chown	Lone Tree	21.40
	B	Mike Everett	Carroll	20.40	1974	AA	Mike Hamsher	Muscatine	19.80
	C	Tom Baker	Dexfield	19.90		A	Bob Merrill	Estherville	20.50
1970	AA	Mark Votroubek	Cedar Rapids, Kennedy	19.20		B	Tom Egli	Manson Northwest Webster	20.60
	A	Jerry Heston	Ankeny	19.60		C	Greg Capell	Fayette	20.50
	B	Robbie Bolks	Boyd-Hull	20.50	1975	AA	Jeff Dawson	Cedar Rapids, Washington	20.20
	C	Ed McDaniel	Woodward-Granger	19.90		A	Mike Leeper	Nevada	20.50
1971	AA	Denny Murphy	Assumption, Davenport	19.00		B	Bob Brcka	Garner-Hayfield	20.70
	A	Steve Casey	Cherokee	20.30		C	Mike Anderson	East Central, Miles	21.10
	B	Darwin Wissink	Sioux Center	21.40	1976	AA	Randy Elliott	Charles City	19.50
	C	Ed McDaniel	Woodward-Granger	20.20		A	Chris Nady	Nevada	20.30
1972	AA	Dan Wierson	Ames	19.70		B	Leroy McCuen	Corning	20.00
	A	Kevin Grooms	Nevada	20.50		C	Mike Masters	Graettinger	20.20
	B	Dan Taylor	Eddyville	20.30		AA	Randy Elliott	Charles City	19.40
	C	Daryl Triplett	Sutherland	21.10	1977	A	Chris Nady	Nevada	19.60
1973	AA	Albert Morgan	Burlington	19.50		B	Leroy McCuen	Corning	19.60
	A	Jerry Elliott	Centerville	20.50		C	Ross Thiedeman	Ar-We-Va, Westside	19.90

220 Yard Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1906		Charles McMartin	Des Moines, West	27.40	1937		Paul Swanson	Clinton	22.60
1907		Fred Young	Ida Grove	27.40	1938		Henry Vollenweider	Dubuque	23.20
1908		George Baird	Des Moines, West	28.20	1939		Bob Odell	Sioux City, East	23.00
1909		Louis Gates	Des Moines, East	27.40	1940		Bob Morris	Clarion	22.40
1910		George Hutchins	Sioux City	27.20	1941		Junior Franck	Davenport	23.10
1911		Edward Hunter	Des Moines, North	27.40	1942		Horace Peoples	Davenport	23.00
1912		Dow Byers	Des Moines, East	27.20	1943		Fred Eno	Villisca	23.30
1913		Marcus Dubel	Sioux City	27.00	1944		Lee Hofacre	Clinton	22.80
1914		Theodore Packer	Marshalltown	26.20	1945		Bob Struthers	Waterloo, West	23.40
1915		Theodore Packer	Marshalltown	26.60	1946		Dean Deuel	Cherokee	22.70
1916		Thomas Rogers	Fort Dodge	26.00	1947		Dean Deuel	Cherokee	22.70
1917		David Evans	Hampton	26.00	1948	A	Dean Deuel	Cherokee	22.70
1918		James Shearer	Mason City	26.60		B	Don Swartzendruber	Wellman	23.70
1919		Harold Crawford	Mason City	26.80	1949	A	(T)Earl Ault	Des Moines, East	23.00
1920		Morgan Taylor	Sioux City Central	27.20			(T)Don Davis	Burlington	23.00
1921		Morgan Taylor	Sioux City Central	26.40		B	Arden Heisdorffer	Keota	23.60
1922		Frank Cuhel	Cedar Rapids	25.70	1950	A	Ray Kaiser	Des Moines, East	23.10
1923		Frank Cuhel	Cedar Rapids	25.00		B	Tom Reynolds	Odebolt	24.30
1924		Frank Cuhel	Cedar Rapids	24.30					
1925		Monte Beauchamp	Winfield	25.70					
1926		Vane Snorf	Des Moines, Roosevelt	25.90					
1927		John Beckner	Clarinda	26.00					
1928		John Beckner	Clarinda	24.90					
1929		Leonard Moulton	Council Bluffs, Lincoln	25.40					
1930		Leonard Kenney	Mason City	24.40					
1931		Francis "Mike" Layden	Davenport	24.10					
1932		Dick Crayne	Fairfield	25.20					
1933		Tom Neal	Sioux City, Central	24.80					
1934		Bushnell Lamb	Newton	24.80					
1935		Albert Ruble	Ottumwa	23.20					
1936		Don Barnes	Grinnell	23.10					

440 Yard Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1935		Davenport	43.80	1960	AA	Mason City	43.60	1973	AA	Des Moines, Hoover	43.70
1936		Des Moines, North	43.70		A	Corning	45.70		A	Eagle Grove	44.80
1937		Des Moines, East	43.60		B	LaPorte City	45.20		B	Maurice-Orange City	44.80
1938		(T)Cedar Rapids, Franklin	44.10		C	Wall Lake	45.90		C	Terril	45.30
		(T)Grinnell	44.10	1961	AA	Des Moines, North	44.10	1974	AA	Davenport, Central	43.70
1939		Des Moines, East	44.00		A	Corning	44.70		A	Iowa Falls-Alden-Alden	44.70
1940		Des Moines, East	43.70		B	Aurelia	46.10		B	Britt	44.60
1941		Sioux City, Central	44.00		C	Scranton	44.50		C	Kanawha	44.80
1942		Davenport	43.80	1962	AA	Winterset	44.10	1975	AA	Des Moines, Technical	42.50
1943		Fort Madison	44.00		A	Perry	45.30		A	Mount Pleasant	44.00
1944		Clinton	44.30		B	(T)Aurelia	45.50		B	Hartley	44.40
1945		Waterloo, East	44.50		(T)Paullina	45.50		C	Earlham	45.30	
1946		Des Moines, North	44.00		C	Scranton	46.60	1976	AA	Ames	43.00
1947		Dubuque	43.40	1963	AA	Newton	44.00		A	Cherokee	44.30
1948	A	Des Moines, North	42.30		A	Storm Lake	43.90		B	Garner-Hayfield	44.50
	B	Cedar Falls, Teachers	45.30		B	Altoona	45.20		C	Nishna Valley	45.00
1949	A	Ames	43.50		C	Dexfield	45.40	1977	AA	Cedar Rapids, Washington	42.40
	B	Milford	45.70	1964	AA	Davenport, Central	43.70		A	Saydel	43.80
1950	A	Des Moines, East	45.30		A	Perry	45.00		B	Britt	44.10
	B	Primghar	47.40		B	English Valleys	44.80		C	YJB, Jamaica	44.80
1951	A	Des Moines, East	43.50		C	Dexfield	44.30				
	B	Primghar	45.80	1965	AA	Des Moines, East	43.60				
1952	A	Davenport	43.80		A	Shenandoah	44.50				
	B	Lake City	45.40		B	Farragut	44.80				
1953	AA	Des Moines, North	44.40		C	Irwin	45.30				
	A	West Des Moines	46.20	1966	AA	Sioux City, Central	42.60				
	B	Onawa	44.80		A	Glenwood	43.90				
	C	Schaller	46.30		B	Manson Northwest Webster	44.30				
1954	AA	Marshalltown	43.50		C	Gilmore City-Bradgate	45.10				
	A	West Des Moines	45.10	1967	AA	Dubuque	42.90				
	B	Onawa	44.80		A	Storm Lake	43.70				
	C	Elliott	46.50		B	Villisca	44.80				
1955	AA	Des Moines, Roosevelt	44.40		C	Terril	44.90				
	A	West Des Moines	45.70	1968	AA	Ames	43.90				
	B	Manson Northwest Webster	45.20		A	Cedar Rapids, Prairie	44.70				
	C	Wellman	46.40		B	Prairie, Gowrie	45.90				
1956	AA	Ames	43.40		C	Goldfield	46.50				
	A	Jefferson	45.50	1969	AA	Clinton	42.90				
	B	Aurelia	45.30		A	West Monona, Onawa	43.70				
	C	Wellman	46.20		B	Belle Plaine	44.70				
1957	AA	Ames	44.10		C	Dike	45.40				
	A	Maquoketa	45.80	1970	AA	Waterloo, West	42.90				
	B	Rock Rapids	45.40		A	Clear Lake	44.50				
	C	Kalona	46.00		B	Carlisle	44.40				
					C	Woodward-Granger	45.20				
1958	AA	Ames	44.00	1971	AA	Ames	42.80				
	A	Harlan	44.40		A	West Monona, Onawa	43.80				
	B	Hawarden	46.00		B	Carlisle	44.80				
	C	Farragut	46.10		C	Woodward-Granger	45.10				
1959	AA	Des Moines, North	42.90	1972	AA	Ames	42.50				
	A	Hampton	45.20		A	Storm Lake	44.50				
	B	St. Mary's, Clinton	45.50		B	Alta	44.50				
	C	West Chester	45.50		C	Terril	44.50				

880 Yard Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1906		Des Moines, West	1:36.40	1955	AA	Ames	1:32.60	1971	AA	Indianola	1:30.50
1907		Ida Grove	1:36.80		A	Shenandoah	1:35.60		A	West Monona, Onawa	1:31.30
1908		Des Moines, East*	NT		B	Manson Northwest Webster	1:33.40		B	Manning	1:32.80
1909		Des Moines, East	1:39.00		C	Iowa School for Deaf	1:35.60		C	Aplington	1:34.70
1910		Des Moines, North	1:39.40	1956	AA	Ames	1:30.20	1972	AA	Cedar Rapids, Washington	1:28.80
1911		Des Moines, West	1:36.60		A	DeWitt	1:33.80		A	Ankeny	1:32.10
1912		Des Moines, East	1:37.60		B	Aurelia	1:33.60		B	Sibley	1:32.10
1913		Des Moines, West	1:33.00		C	Primghar	1:35.70		C	Terril	1:31.90
1914		Des Moines, West	1:36.40	1957	AA	Ames	1:31.40	1973	AA	Davenport, Central	1:29.50
1915		Le Mars	1:36.40		A	Indianola	1:34.70		A	Red Oak	1:31.30
1916		Des Moines, East	1:36.00		B	Rock Rapids	1:34.60		B	Maurice, Orange City	1:32.90
1917		Des Moines, North	1:34.10		C	Tabor	1:36.40		C	Terril	1:32.40
1918		Mason City	1:35.00	1958	AA	Mason City	1:31.00	1974	AA	Davenport, Central	1:29.60
1919		Fort Dodge	1:36.20		A	Algona	1:32.40		A	Iowa Falls-Alden-Alden	1:32.70
1920		Sioux City	1:36.40		B	Glenwood	1:33.50		B	Britt	1:32.70
1921		Cedar Rapids	1:35.60		C	Cleghorn	1:35.80		C	Ruthven	1:33.50
1922		Cedar Rapids	1:34.80	1959	AA	Des Moines, Technical	1:30.10	1975	AA	Ottumwa	1:29.00
1923		Cedar Rapids	1:34.00		A	Hampton	1:31.80		A	Nevada	1:30.10
1924		Colfax	1:32.70		B	Clinton St. Mary's	1:33.80		B	Columbus, Columbus Junction	1:31.60
1925		Perry	1:35.00		C	West Chester	1:36.50		C	Hamburg	1:32.60
1926		Mason City	1:34.60	1960	AA	Mason City	1:30.30	1976	AA	Ames	1:28.50
1927		(T)Des Moines Roosevelt	1:35.60		A	Red Oak	1:34.80		A	Nevada	1:30.80
		(T)Cedar Rapids, Washington	1:35.60		B	Onawa	1:33.60		B	Sioux Center	1:31.80
1928		Cedar Rapids, Washington	1:35.50		C	Wall Lake	1:35.40		C	YJB, Jamaica	1:33.00
1929		Mason City	1:33.30	1961	AA	Des Moines, Technical	1:30.20	1977	AA	Cedar Rapids, Washington	1:27.90
1930		Jefferson	1:31.70		A	Onawa	1:33.00		A	Eagle Grove	1:30.40
1931		Davenport	1:32.90		B	Emmetsburg	1:34.00		B	NUH, Cedar Falls	1:31.80
1932		Clinton	1:32.00		C	Scranton	1:34.10		C	YJB, Jamaica	1:32.00
1933		Clinton	1:31.40	1962	AA	Sioux City, Central	1:30.60				
1934		Des Moines, North	1:31.30		A	Perry	1:32.30				
1935		Des Moines, North	1:31.70		B	Paullina	1:33.60				
1936		Des Moines, North	1:31.40		C	Scranton	1:36.80				
1937		Dubuque	1:32.90	1963	AA	Des Moines, Roosevelt	1:30.20				
1938		Des Moines, East	1:31.00		A	Storm Lake	1:31.70				
1939		Des Moines, East	1:30.00		B	Emmetsburg	1:34.60				
1940		Des Moines, East	1:32.00		C	Dexfield	1:34.50				
1941		Sioux City, Central	1:31.50	1964	AA	Davenport, Central	1:30.40				
1942		Davenport	1:31.90		A	Perry	1:32.30				
1943		Fort Madison	1:33.30		B	English Valleys	1:33.40				
1944		Clinton	1:31.40		C	Dexfield	1:31.30				
1945		Sioux City, East	1:32.10	1965	AA	Des Moines, North	1:30.20				
1946		Des Moines, Roosevelt	1:32.10		A	Eagle Grove	1:33.20				
1947		Des Moines, North	1:29.20		B	English Valleys	1:32.70				
1948	A	Des Moines, North	1:27.60		C	Pomeroy	1:34.40				
	B	De Witt	1:33.40	1966	AA	Davenport, Central	1:28.60				
1949	A	Ames	1:30.40		A	Glenwood	1:31.50				
	B	Rockwell City	1:34.30		B	Manson Northwest Webster	1:33.20				
1950	A	Des Moines, East	1:32.30		C	Terril	1:33.20				
	B	Rockwell City	1:35.80	1967	AA	Sioux City, Central	1:29.00				
1951	A	Des Moines, East	1:30.70		A	Storm Lake	1:30.80				
	B	Primghar	1:35.70		B	Villisca	1:33.30				
1952	A	Davenport	1:31.20		C	Terril	1:32.40				
	B	Lake City	1:34.20	1968	AA	Ames	1:30.30				
1953	AA	Des Moines, East	1:31.20		A	Spirit Lake	1:32.10				
	A	(T)Humboldt	1:36.00		B	Prairie, Gowrie	1:32.30				
		(T)Red Oak	1:36.00		C	Wall Lake	1:36.80				
	B	Onawa	1:33.80	1969	AA	Fort Dodge	1:29.70				
	C	Toledo Juvenile	1:36.10		A	Clarinda	1:31.40				
1954	AA	Marshalltown	1:30.50		B	Oakland	1:32.70				
	A	West Des Moines	1:33.20		C	Titonka	1:35.10				
	B	Onawa	1:33.20	1970	AA	Waterloo, East	1:29.10				
	C	Sheffield	1:36.40		A	Clear Lake	1:30.30				
					B	Boyden	1:32.90				
					C	Woodward-Granger	1:34.10				

Mile Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1906		Ida Grove	3:48.20	1956	AA	Ames	3:24.70	1972	AA	Davenport, Central	3:23.80
1907		Ida Grove	3:45.60		A	Clarinda	3:29.90		A	Ankeny	3:29.40
1908		Des Moines, North	3:42.00		B	Traer	3:34.00		B	Pocahontas	3:29.00
1909		Des Moines, West	3:45.80		C	Terril	3:37.80		C	New Hartford	3:30.20
1910		Cedar Rapids	3:40.60	1957	AA	Ames	3:26.60	1973	AA	Sioux City, East	3:22.20
1911		Cedar Rapids	3:37.40		A	Indianola	3:36.30		A	Red Oak	3:29.30
1912		Des Moines, West	3:37.40		B	Marengo	3:32.40		B	Louisa-Muscatine	3:34.20
1913		Des Moines, West	3:35.40		C	Terril	3:34.90		C	Hamburg	3:33.30
1914		Des Moines, West	3:38.80	1958	AA	Ames	3:28.50	1974	AA	Davenport, Central	3:24.20
1915		Des Moines, East	3:36.60		A	Indianola	3:31.10		A	Iowa Falls-Alden-Alden	3:26.60
1916		Des Moines, East	3:33.60		B	Tripoli	3:36.50		B	Northwood-Kensett	3:30.20
1917		Des Moines, West	3:35.20		C	Wall Lake	3:36.50		C	Hamburg	3:30.50
1918		Des Moines, North	3:36.00	1959	AA	Des Moines, East	3:26.00	1975	AA	Ottumwa	3:19.60
1919		Des Moines, West	3:36.00		A	Jefferson	3:31.00		A	Sioux Center	3:23.90
1920		Sioux City	3:30.00		B	Moville	3:33.30		B	La Porte City	3:27.40
1921		Cedar Rapids	3:31.40		C	West Chester	3:39.70		C	Hamburg	3:29.50
1922		Cedar Rapids	3:36.40	1960	AA	Des Moines, Tech	3:26.70	1976	AA	Davenport, Central	3:21.20
1923		Cedar Rapids	3:34.20		A	Belmond	3:33.30		A	Spencer	3:26.50
1924		Mason City	3:29.90		B	English Valleys	3:28.80		B	Unity Christian	3:28.40
1925		Mason City	3:37.30		C	LuVerne	3:36.20		C	Hamburg	3:30.60
1926		Carroll	3:31.90	1961	AA	Des Moines, Tech	3:27.60	1977	AA	Cedar Rapids, Washington	3:19.70
1927		Carroll	3:37.00		A	Central Lyon, Rock Rapids	3:33.20		A	Eagle Grove	3:25.50
1928		Oskaloosa	3:35.90		B	Maurice-Orange City	3:35.10		B	Sioux Center	3:30.50
1929		Newton	3:32.60		C	Sioux Rapids	3:35.70		C	Hamburg	3:02.20
1930		Newton	3:32.00	1962	AA	Cedar Rapids, Jefferson	3:23.70				
1931		Grinnell	3:31.50		A	North Scott, Eldridge	3:30.70				
1932		Grinnell	3:30.00		B	Sioux Center	3:37.20				
1933		Des Moines, North	3:32.60		C	Moville	3:37.50				
1934		Ottumwa	3:29.90	1963	AA	Des Moines, Roosevelt	3:19.40				
1935		Davenport	3:28.00		A	Ankeny	3:29.50				
1936		Clinton	3:29.30		B	Lake View-Auburn	3:35.60				
1937		Valley Junction	3:29.80		C	Dexfield	3:37.20				
1938		Fort Madison	3:28.80	1964	AA	Des Moines, North	3:25.80				
1939		Sioux City, East	3:31.30		A	Hampton	3:33.10				
1940		Des Moines, East	3:31.20		B	Seymour	3:31.30				
1941		Cedar Rapids, Franklin	3:26.80		C	Scranton	3:34.50				
1942		Sioux City, Central	3:30.30	1965	AA	Mason City	3:26.70				
1943		Des Moines, East	3:32.70		A	Eagle Grove	3:29.90				
1944		Des Moines, Roosevelt	3:27.50		B	Lynnville-Sully	3:29.80				
1945		Des Moines, Roosevelt	3:29.70		C	Pomeroy	3:33.20				
1946		Des Moines, Roosevelt	3:30.60	1966	AA	Davenport, Central	3:22.80				
1947		Ames	3:29.80		A	Cherokee	3:32.00				
1948	A	Des Moines, North	3:27.70		B	Manson Northwest Webster	3:27.30				
	B	Albert City	3:35.80		C	Treynor	3:34.10				
1949	A	Des Moines, East	3:31.40	1967	AA	Davenport, Central	3:18.00				
	B	Nevada	3:35.20		A	Cherokee	3:23.40				
1950	A	Mason City	3:35.50		B	Villisca	3:29.90				
	B	Lake City	3:45.30		C	Clay Central, Royal	3:34.00				
1951	A	Des Moines, East	3:28.20	1968	AA	Davenport, Central	3:23.00				
	B	Lake City	3:45.60		A	Storm Lake	3:30.20				
1952	A	Davenport	3:30.00		B	Prairie, Gowrie	3:37.00				
	B	Lake City	3:35.80		C	Clay Central, Royal	3:39.00				
1953	AA	Des Moines, North	3:29.40	1969	AA	Indianola	3:20.30				
	A	Creston	3:38.20		A	Jefferson	3:27.00				
	B	Lake City	3:37.80		B	Aurelia	3:29.30				
	C	Fayette	3:39.00		C	Bayard	3:33.00				
1954	AA	Des Moines, North	3:23.30	1970	AA	Indianola	3:17.70				
	A	Denison	3:33.60		A	Clear Lake	3:30.00				
	B	Lake City	3:32.60		B	Aurelia	3:31.50				
	C	Castana	3:39.40		C	Glidden-Ralston	3:34.10				
1955	AA	Des Moines, Roosevelt	3:32.80	1971	AA	Indianola	3:24.50				
	A	Hampton	3:40.20		A	Eagle Grove	3:26.90				
	B	Albert City	3:31.10		B	Belle Plaine	3:30.60				
	C	Iowa School for Deaf	3:38.00		C	Crestland, Early	3:34.40				

Mile Medley Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1935		Valley Junction	3:42.30	1958	AA	Cedar Rapids, Jefferson	3:38.10	1969	AA	Fort Dodge	3:30.30
1936		Valley Junction	3:42.40		A	Eagle Grove	3:41.40		A	St. Albert, Council Bluffs	3:38.30
1937		Fort Dodge	3:44.30		B	Tabor	3:47.90		B	Manning	3:35.40
1938		Ames	3:35.60		C	Primghar	3:47.70		C	Miles	3:42.70
1939		Iowa School for Deaf	3:44.50	1959	AA	Cedar Rapids, Jefferson	3:31.50	1970	AA	Indianola	3:30.20
1940		(T)Ames	3:42.60		A	Eagle Grove	3:39.50		A	Eagle Grove	3:43.00
		(T)Iowa School for Deaf	3:42.60		B	Moville	3:44.00		B	Oakland	3:40.50
1941		Ames	3:41.70		C	Primghar	3:46.70		C	Elk Horn-Kimballton	3:43.60
1942		Des Moines, Lincoln	3:41.10	1960	AA	Iowa City	3:39.10	1971	AA	Davenport, Central	3:36.70
1943		Des Moines, East	3:43.20		A	Saydel	3:44.60		A	Eagle Grove	3:36.90
1944		Des Moines, East	3:41.70		B	Glidden-Ralston	3:40.10		B	Central Decatur, Leon	3:34.90
1945		Sioux City, Trinity	3:40.80		C	LuVerne	3:44.70		C	Dexfield	3:46.10
1946		Cedar Rapids, Wilson	3:43.10	1961	AA	Valley	3:38.70	1972	AA	Sioux City, East	3:33.30
1947		Iowa City, City High	3:39.90		A	Cherokee	3:47.90		A	Eagle Grove	3:35.60
1948	A	Newton	3:39.20		B	Carlisle	3:44.80		B	Tripoli	3:41.70
	B	De Witt	3:43.40		C	Bayard	3:44.20		C	Central Webster, Burnside	3:37.80
1949	A	Des Moines, East	3:42.00	1962	AA	Cedar Rapids, Jefferson	3:37.20	1973	AA	Valley	3:34.30
	B	Corydon	3:50.20		A	Ankeny	3:42.80		A	Central Clinton, DeWitt	3:39.30
1950	A	Des Moines, Tech	3:48.10		B	Charter Oak-Ute	3:45.30		B	West Monona, Onawa	3:40.70
	B	Nevada	3:52.10		C	Moville	3:48.00		C	Central Webster, Burnside	3:44.90
1951	A	Des Moines, North	3:41.50	1963	AA	Valley	3:33.00	1974	AA	Davenport, Central	3:30.80
	B	Rock Rapids	3:49.90		A	Sheldon	3:41.20		A	Central Clinton, DeWitt	3:33.90
1952	A	Davenport	3:40.30		B	Anita	3:45.20		B	Columbus, Junction	3:39.00
	B	Albert City	3:48.20		C	Havelock-Plover	3:49.70		C	Titonka	3:37.10
1953	AA	Decorah	3:44.20	1964	AA	Ames	3:42.70	1975	AA	Cedar Rapids, Washington	3:27.00
	A	Jefferson	3:47.50		A	Eagle Grove	3:40.40		A	Anamosa	3:32.50
	B	Albert City	3:44.40		B	Seymour	3:35.90		B	Greene	3:34.00
	C	West Branch	3:51.60		C	Scranton	3:40.30		C	Meriden-Cleghorn	3:36.90
1954	AA	Des Moines, North	3:36.20	1965	AA	Ames	3:37.60	1976	AA	Davenport, Central	3:29.10
	A	Atlantic	3:46.00		A	Eagle Grove	3:42.00		A	Anamosa	3:36.20
	B	Albert City	3:45.00		B	Sutherland	3:44.50		B	Sac City	3:34.70
	C	Elliott	3:45.60		C	Pomeroy	3:42.50		C	West Harrison	3:37.90
1955	AA	Des Moines, Roosevelt	3:46.30	1966	AA	Sioux City, Central	3:34.90	1977	AA	Columbus Catholic, Waterloo	3:28.40
	A	Hampton	3:50.90		A	Glenwood	3:40.60		A	Central Clinton	3:35.80
	B	Albert City	3:41.80		B	Lynnville-Sully	3:40.30		B	Manson Northwest Webster	3:38.80
	C	Primghar	3:46.60		C	Treynor	3:47.50		C	Hamburg	3:38.20
1956	AA	Des Moines, North	3:38.00	1967	AA	Sioux City, Central	3:32.60				
	A	Clarinda	3:45.10		A	Cedar Rapids, Prairie	3:36.60				
	B	Johnston	3:45.90		B	Lynnville-Sully	3:41.00				
	C	Primghar	3:43.70		C	Treynor	3:40.80				
1957	AA	Des Moines, East	3:42.80	1968	AA	Des Moines, Tech	3:41.00				
	A	Hampton	3:44.50		A	Humboldt	3:42.00				
	B	Britt	3:47.10		B	Prairie, Gowrie	3:43.40				
	C	Hedrick	3:49.20		C	Armstrong	3:47.20				

Two Mile Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1935		Council Bluffs, Lincoln	8:30.70	1958	AA	Sioux City, Central	8:13.80	1969	AA	Des Moines, North	7:51.60
1936		Oskaloosa	8:24.10		A	Cherokee	8:16.60		A	Emmetsburg	8:08.40
1937		Dubuque	8:23.10		B	Tripoli	8:23.10		B	Rockwell City	8:16.40
1938		Des Moines, Roosevelt	8:05.50		C	Menlo	8:36.40		C	Lincoln Central, Gruver	8:28.40
1939		Clinton	8:17.70	1959	AA	Des Moines, Tech	8:09.60	1970	AA	Clinton	7:49.30
1940		Des Moines, Lincoln	8:13.20		A	Cherokee	8:23.80		A	Cedar Rapids, Prairie	8:08.70
1941		Des Moines, East	8:17.90		B	Johnston	8:27.40		A	Grundy Center	8:12.00
1942		Des Moines, East	8:18.40		C	College Springs	8:44.30		B	Pocahontas, Catholic	8:36.70
1943		Cedar Rapids, Franklin	8:18.50	1960	AA	Ames	8:15.90	1971	AA	Clinton	7:56.00
1944		Sioux City, Central	8:18.50		A	North Scott, Eldridge	8:34.40		A	Chariton	8:12.70
1945		Sioux City, East	8:22.70		B	Glenwood	8:22.60		B	Carlisle	8:17.60
1946		Cedar Rapids, Franklin	8:14.20		C	Sioux Rapids	8:34.10		C	Central Webster, Burnside	8:22.90
1947		Davenport	8:12.60	1961	AA	Newton	8:11.50	1972	AA	Sioux City, East	7:56.30
1948	A	Des Moines, East	8:13.80		A	Cherokee	8:23.40		A	Forest City	8:18.50
	B	Aurelia	8:32.30		B	Alta	8:35.50		B	Montezuma	8:13.40
1949	A	Iowa City, City High	8:21.70		C	Sioux Rapids	8:22.90		C	Central Webster, Burnside	8:11.20
	B	Nevada	8:26.00	1962	AA	Valley	7:59.60	1973	AA	Ames	7:53.40
1950	A	Ames	8:17.80		A	Cedar Rapids, Prairie	8:18.70		A	Mount Pleasant	8:07.90
	B	Nevada	8:34.50		B	Prairie, Gowrie	8:30.50		B	Mount Vernon	8:07.80
1951	A	Des Moines, East	8:27.50		C	Moville	8:25.50		C	Hamburg	8:09.90
	B	Postville	8:41.40	1963	AA	Davis County	7:59.40	1974	AA	Cedar Falls	7:49.70
1952	A	Davenport	8:17.30		A	West Monona, Onawa	8:09.90		A	Lewis Central	8:01.40
	B	Albert City	8:37.90		B	Sheffield-Chapin	8:21.80		B	Britt	8:05.60
1953	AA	Des Moines, East	8:17.60		C	Prairie City	8:39.00		C	Hamburg	8:12.00
	A	Clarinda	8:21.60	1964	AA	Ames	8:05.90	1975	AA	Cedar Rapids, Washington	7:55.90
	B	Albert City	8:29.90		A	Eagle Grove	8:16.90		A	St. Albert, Council Bluffs	8:03.40
	C	College Springs	8:44.50		B	Woodbine	8:15.40		B	Maurice-Orange City	8:18.10
1954	AA	Des Moines, North	8:16.30		C	Sumner-Fredericksburg	8:19.80		C	Hamburg	8:11.60
	A	Audubon	8:23.50	1965	AA	Ames	8:02.20	1976	AA	Davenport, West	7:55.80
	B	Albert City	8:23.00		A	Eagle Grove	8:13.10		A	Davis County	8:02.50
	C	College Springs	8:30.70		B	Woodbine	8:18.70		B	Belmond	8:10.00
1955	AA	Ames	8:18.20		C	Pocahontas	8:30.90		C	Wellsburg	8:16.00
	A	Humboldt	8:49.50	1966	AA	Sioux City, Central	7:47.40	1977	AA	Davenport, West	7:47.00
	B	Lake City	8:19.60		A	Shenandoah	8:08.50		A	Davis County	8:06.50
	C	Quimby	8:24.00		B	Carlisle	8:13.40		B	North Linn, Coggon	8:08.70
1956	AA	Des Moines, North	8:03.90		C	Schaller	8:23.30		C	Greene	8:13.30
	A	Clarinda	8:09.80	1967	AA	Des Moines, Roosevelt	8:05.00				
	B	Manning	8:28.00		A	Westwood, Sloan	8:09.60				
	C	Primghar	8:23.30		B	Prairie, Gowrie	8:13.40				
1957	AA	Ames	8:25.50		C	Lincoln Central, Gruver	8:19.70				
	A	Eagle Grove	8:32.90	1968	AA	Sioux City, Central	8:01.70				
	B	Manning	8:22.10		A	Westwood, Sloan	8:07.40				
	C	Schleswig	8:29.10		B	Prairie, Gowrie	8:18.60				
					C	Graettinger	8:52.40				

Discus (4lb 7oz)

Year	Name	School	Distance	Year	Name	School	Distance
1906	Ray Murphy	Ida Grove	110-10	1924	Raymond Reeves	Winfield	117-00
1907	Merle Alderman	Marion	121-07	1925	Fred Boettger	Grinnell	111-00
1908	Donald Wagner	Des Moines, West	101-08.750	1926	Charles Barg	Montezuma	122-06.500
1909	Ross Fife	Anamosa	108-05	1927	Mike Wilkinson	Independence	113-05.625
1910	C. Eugene Van Gent	Ottumwa	108-06	1928	Gerry Foster	Davenport	124-09
1911	Howard Aldrich	Sioux City	102-11.750	1929	Dee Osborn	Perry	129-02
1912	Lawrence Dutton	Anamosa	121-01.500	1930	Dee Osborn	Perry	128-08.500
1913	Lawrence Dutton	Anamosa	124-08.500	1931	Bob Santee	Iowa Falls-Alden-Alden	124-06.250
1914	Joe Van Ginkel	Des Moines, North	107-10	1932	John Welbes	Dubuque	136-09
1915	Glen Greenwood	Webster City	115-00	1933	Lawrence Costigan	Buffalo Center	133-09.250
1916	Glen Greenwood	Webster City	113-06	1934	Floyd DeHeer	Oskaloosa	125-00
1917	Garwin Lewis	Wellman	108-11.500	1935	Weldon Peter	Waterloo, East	128-01
1918	Adamson	Correctionville	110-01.500	1936	Allen Dillon	Des Moines, Roosevelt	128-00
1919	Bogs	Goldfield	113-10	1937	Ken Hagerty	Shenandoah	121-00.125
1920	James Hitch	Fort Madison	110-03	1938	Harold Hughes	Ida Grove	123-11
1921	Glen Lytle	Nashua	119-03				
1922	Herb Boettger	Grinnell	115-11				
1923	Foster Rinefort	Grinnell	133-04.750				

Wheelchair Discus

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1990	Tony Ramirez	Bishop Heelan Catholic	46-05.00	1999	E.J. Runyan	Johnston	71-11.00
1991	Tom Rodruck	Winfield-Mount Union	52-09.50	2000	E.J. Runyan	Johnston	72-04.00
1992	Tom Rodruck	Winfield-Mount Union	55-00.00	2001	Sean Eherenman	Waterloo, West	55-00.00
1993	Brian Davis	Oskaloosa	50-08.00	2002	Sean Eherenman	Waterloo, West	53-00.00
1994	Brian Davis	Oskaloosa	58-07.00	2003	Nick Lange	Wahlert Catholic	85-10.00
1995	Mark Hauschildt	Nodaway Valley	61-10.25	2004	Nick Lange	Wahlert Catholic	73-09.00
1996	Mark Hauschildt	Nodaway Valley	71-03.00				
1997	E.J. Runyan	Johnston	49-02.00				
1998	E.J. Runyan	Johnston	66-09.00				

Hammer Throw

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1906	Locke Macomber	Des Moines, West	140-03	1909	George Weis	Marion	164-05
1907	Merle Alderman	Marion	152-00	1910	Rudolf Hoper	Hartley	144-06
1908	Glenn Simons	Des Moines, North	143-08				

Javelin

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>
1927	Walter Miller	Marshalltown	171-08.75	1934	Lamar Strah	Fort Madison	170-07.50
1928	Elmo "Swede" Nelson	Clearfield	181-07.25	1935	Gail Davis	Perry	180-10.25
1929	Gordon Baird	Nodaway Valley, Greenfield	166-10.25	1936	Raymond Murphy	Ida Grove	177-00.25
1930	Ralph Martin	Traer	164-03.00	1937	Bruce Erickson	Traer	169-03.00
1931	Dale Keisey	Washington	171-06.50	1938	Bruce Erickson	Traer	185-02.75
1932	Milton Sumner-Fredericksburg		Hawarden	1939	Bruce Erickson	Traer	195-08.25
172-01.75				1940	Dick Hoerner	Dubuque	182-08.50
1933	Ralph Bennett	Burlington	161-03.50	1941	Paul Fagerlind	Waterloo, East	184-11.50

Football Throw

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Points/Distance</u>	<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Points/Distance</u>
1942		(T)Mickie Miller	Cherokee	350 pts	1956	AA	Roger Helm	Cedar Rapids, Franklin	212-11.50
		(T)Gerald Dawson	Sigourney	350 pts		A	Ron Charlson	LeMars	214-04.00
1943		Dutch Goodvin	Corning	340 pts		B	Paul Bonstead	Graettinger	201-00.00
1944		Richard Price	Clinton	305 pts		C	Dan Langloss	Allerton	189-00.00
1945		Joe Paulsen	Davenport	335 pts	1957	AA	Dave Anderson	Ottumwa	206-04.50
1946		Joe Paulsen	Davenport	345 pts		A	Ralph Honderd	Western Christian, Hull	208-11.00
1947		Joe Paulsen	Davenport	345 pts		B	Bob Walker	Iowa Training School	195-00.50
1948	A	Vincent Domsalla	Clinton	330 pts		C	Don Wearda	Sheffield	170-00.25
1949	B	(T)Dean Whitsell	Correctionville	315 pts	1958	AA	Gary Gardner	Davenport	217-09.00
		(T)Larry Runneals	Nevada	315 pts		A	Don Sowers	Sumner-Fredericksburg	213-07.00
1950	A	Gary Gordy	Muscatine	285 pts		B	Larry Manful	Traer	182-02.25
	B	Don Lewis	Toledo Juvenile Home	285 pts		C	Gene Young	Walnut	180-06.00
1951	A	(T)Ray Brown	Davenport	300 pts	1959	AA	Tom Hertz	Creston	209-00.50
		(T)Jerry Davis	Ottumwa	300 pts		A	Ron TerHark	Clinton	191-04.00
	B	Ken Moore	Mount Vernon	300 pts		B	Ted Almquist	Albert City	203-03.00
1952	A	(T)Sy Forester	Des Moines, North	275 pts		C	Don Relph	Russell	194-08.25
		(T)Don Stamp	Clinton	275 pts	1960	AA	Mike Reilly	Dubuque	242-00.00
	B	Ken Moore	Mount Vernon	280 pts		A	Bob Whipple	Belmond	206-07.00
	A	Gordon Haack	Webster City	204-09.50		B	Pat Batten	Eldora	221-08.50
1953	B	Leroy Dunn	Manly	183-08.00		C	Wayne Taylor	Central Dallas, Minburn	208-07.50
	AA	Bill Houk	Ames	208-08.00	1961	AA	Gary Snook	Iowa City	237-05.00
	A	Walt Gute	Carroll	196-07.00		A	Gary Eggers	Audubon	217-02.50
	B	Marvin Sloan	Monroe	176-01.50		B	Dennis Pauling	Paullina	196-05.75
	C	Keith Ostenburg	Primghar	173-05.00		C	Curtis Pefferman	Olds	219-01.00
1954	AA	Gene LaMaster	Ottumwa	215-07.00	1962	AA	Gary Snook	Iowa City, City	228-09.50
	A	Merle Eberly	Clarinda	211-08.25		A	Gary Eggers	Audubon	226-00.00
	B	Ed Roberts	West Liberty	204-00.00		B	Ken Reynolds	Woodbine	216-05.75
	C	Jerry Ibach	Bayard	202-05.00		C	Ron Seddon	Melcher-Dallas	219-06.50
1955	AA	Larry Swift	Keokuk	194-07.00	1963	AA	Steve Soesbe	Ames	244-08.00
	A	Ray Thomas	Creston	179-09.00		A	Stanley Whitman	Iowa Falls-Alden-Alden	259-05.00
	B	Paul Bonstead	Graettinger	209-05.50		B	Glen Banks	Ainsworth	238-09.50
	C	Mike McGuire	Garden Grove	187-02.25		C	Roger Larson	Underwood	248-00.00

Pole Vault

Year	Class	Name	School	Height	Year	Class	Name	School	Height
1906		Charles Freeney	Ida Grove	10-02.000			Milt Madden	Kingsley	10-00
1907		Charles Freeney	Ida Grove	10-00.000	1951	A	Ed DePooter	Davenport	12-00.75
1908		George Trostle	Des Moines, West	10-02.500		B	John Burken	Clinton St. Mary's	11-00.25
1909		Ross Fife	Anamosa	10-06.000	1952	A	(T)Nick Piper	Ames	12-06.25
1910		(T)Robert Thom	Correctionville	10-02			(T)Hal Mullison	Shenandoah	12-06.25
		(T)Dow Byers	Des Moines, East	10-02		B	Gardner VanDyke	Iowa City, University	11-05.75
		(T)Arthur Harper	Des Moines, West	10-02	1953	AA	Les Chapman	Davenport	11-09.625
1911		(T)Edwin Shrader	Iowa City	10-02		A	Jerry Fellingder	Bloomfield	11-09.625
		(T)Watson Metcalfe	Des Moines, East	10-02		B	Gardner Van Dyke	Iowa City, University	12-01.75
1912		Raymond Jones	Ames	10-01.5		C	Bob Toomire	Hedrick	10-06.75
1913		Lawrence Dutton	Anamosa	9-11	1954	AA	Ron Sturch	Waterloo West	12-00
1914		Arthur Beisell	Goldfield	10-06		A	Pat Kilbane	Shenandoah	11-07
1915		Arthur Beisell	Goldfield	10-11		B	Dave Dillon	NUH, Cedar Falls	12-03.875
1916		Kenneth Koht	Des Moines, West	10-01.25		C	(T)Charles Davis	Farragut	10-06
1917		Percy Osborn	Iowa City	10-08			(T)Warren Ellsworth	College Springs	10-06
1918		Tracy	Iowa City, University High	10-05			(T)Dick Davison	New London	10-06
1919		Darwin Collins	Des Moines, North	9-11	1955	AA	(T)Jack Stevens	Ames	11-00.5
1920		Lawrence Brown	Des Moines, West	10-02			(T)Bob Brazleton	Newton	11-00.5
1921		Xavier Boyles	Iowa City, City	10-11.125			(T)Jim Cahill	Bishop Heelan Catholic	11-00.5
1922		(T)Herbert Owens	Waterloo West	11-02.75			(T)Jerry Fenn	Davenport	11-00.5
		(T)Leslie Renquist	Gowrie	11-02.75		A	(T)Ralph Taylor	Clarinda	11-00.5
1923		(T)Maurice Soultz	Clarion	10-11			(T)Lee Sill	Cresco	11-00.5
		(T)Ray Dalbey	Des Moines, West	10-11		B	Dave Dillon	NUH, Cedar Falls	12-04.5
1924		Dick Zvacek	Cedar Rapids Grant	11-05.5		C	(T)Warren Ellsworth	College Springs	11-04
1925		Gordon Clifton	Council Bluffs, Lincoln	12-00.5			(T)Bob Sweeney	Carlisle	11-04
1926		Gordon Clifton	Council Bluffs, Lincoln	12-02.75	1956	AA	Jim Weeks	Ottumwa	12-04.25
1927		Sidney Stetzel	Waterloo West	11-06		A	Ralph Taylor	Clarinda	12-04.5
1928		(T)Sidney Stetzell	Waterloo, West	12-00.75		B	Howard Johnson	Pocahontas	11-08.5
		(T)Ray Null	Sioux City, East	12-00.75		C	Hugh Ferguson	Tingley	11-00
1929		Howard O'Dell	Sioux City, East	11-11.5	1957	AA	Jack Stevens	Ames	12-03.75
1930		Ralph Martin	Traer	12-03		A	Tom Rogers	Maquoketa	11-09.25
1931		Ralph Martin	Traer	12-05.5		B	Dennis Brechwald	Alta	10-08
1932		(T)Don Emery	Des Moines, North	11-09		C	(T)John Barbour	Tabor	11-08.75
		(T)Wayne Lyon	Des Moines, Roosevelt	11-09			(T)Hugh Ferguson	Tingley	11-08.75
1933		Ray Schiebel	Davenport	12-00	1958	AA	Don Stark	Centerville	12-07.25
1934		Ray Schiebel	Davenport	11-10		A	Mick Baller	Jefferson	12-05
1935		(T)Londus Swart	Carroll	11-09		B	John Barbour	Tabor	11-07
		(T)Bob Byres	Sioux City, Central	11-09		C	(T)Gene Bintz	Sutherland	11-08
1935		Allen Towle	Hampton	11-09			(T)John Shelton	Modale	11-08
1936		Max O'Neill	Waterloo, West	11-07.5	1959	AA	(T)Bob Neissle	Clinton	12-06.75
1937		Laverne Griffin	Davenport	11-10			(T)Roy Shoecraft	Sioux City, East	12-06.75
1938		(T)Clarence Beck	Lester Bader	11-08		A	Rich Meyer	Clarion	12-01
		(T)Lester Bader	Grinnell	11-08		B	(T)Duane Handy	Hedrick	11-06
		(T)John Kindig	Kingsley	11-08			(T)Larry Oiler	Lamoni	11-06
1939		Clarence Beck	Denison	12-06		C	Howard Seuferer	Lacona	11-03
1940		Everett Wood	Ida Grove	11-06	1960	AA	George Smith	Davenport	12-04.75
1941		(T)Junior Barnes	Ames	11-10		A	(T)Jim Whitlach	Indianola	11-03.5
		(T)John McGrath	Hampton	11-10			(T)Gary Meyer	Clarion	11-03.5
1942		Jack Bruntmeyer	Burlington	11-11.25		B	(T)Bill Taylor	Sheffield	11-06
1943		Dan Sheehan	Council Bluffs, Lincoln	12-01.25			(T)Dave Wenck	Carroll	11-06
1944		John Wilson	Iowa City	11-03		C	Jim Booker	Farragut	12-00
1945		John Wilson	Iowa City	11-09	1961	AA	(T)Chuck Alsop	Oskaloosa	12-04.75
1946		Clair Jennett	Sac City	12-03			(T)Bernie Masterson	Davenport, West	12-04.75
1947		Dick Greene	Newton	11-09		A	Dave Inman	Storm Lake	12-05.5
1948	A	Jim Lindquist	Davenport	12-00		B	(T)Dave Wenck	Carroll	11-08
	B	(T)Jack Jennett	Sac City	11-00			(T)Bill Taylor	Sheffield	11-08
		(T)Merritt Ewalt	Iowa City, University High	11-00		C	(T)Rex Burgus	Murray	11-00
1949	A	(T)John Wilkins	Ames	11-09			(T)Lew Boehne	Ventura	11-00
		(T)Anson Bell	Cedar Rapids, Roosevelt	11-09	1962	AA	(T)Chuck Alsop	Oskaloosa	12-05
		(T)Jerry Neisslie	Clinton	11-09			(T)Bus Wengler	Des Moines, Roosevelt	12-05
	B	Harry Hamilton	Blanchard	10-05.125		A	(T)Jim Baller	Jefferson	12-00
1950	A	Jerry Neisslie	Clinton	11-09			(T)Bob Triplett	Clear Lake	12-00
	B	(T)Jim Bohnsack	Tama	10-00		B	Jim Taylor	South Page	11-09.25
		(T)Lewis Butts	Sidney	10-00		C	Roger Anderson	Treynor	11-06.5

Pole Vault

Year	Class	Name	School	Height	Year	Class	Name	School	Height
1963	AA	Lee Sargent	Ames	13-00	1979	AA	Larry Hadley	Waterloo East	14-06
	A	Jim Baller	Jefferson	13-04		A	Dave Monahan	Humboldt	14-00
	B	Jim Taylor	South Page	13-00		B	Al Baker	Pekin, Packwood	13-09
	C	Rex Harvey	Dexfield	11-06		C	Dennis Myleynek	YJB, Bagley	13-06
1964	AA	Lee Sargent	Ames	13-01.75	1980	AA	Tim Mooney	Assumption, Davenport	14-00
	A	Ray Emerson	Eagle Grove	12-06		A	Kelly Scott	North Fayette	13-00
	B	Denny Webber	Carroll	12-02.25		B	Russ Adams	Pocahontas	13-06
	C	Rex Harvey	Dexfield	12-02		C	Mike Hodges	Farragut	13-00
1965	AA	Don Utsinger	Davenport, West	13-00	1981	AA	Bill Beavers	Ames	14-06
	A	Terry Cory	Ankeny	12-06		A	Mark Rosine	South Tama County	13-00
	B	Phil Wertman	Villisca	13-02		B	Dwayne Blakely	Pekin, Packwood	13-00
	C	Dave Birch	Meriden-Cleghorn	12-04.25		C	Bob Mundell	Hubbard	12-06
1966	AA	Clyde Hovick	Boone	13-06.75	1982	4A	Preston Schmidt	Bettendorf	15-00
	A	Terry Cory	Ankeny	13-00		3A	Richard Stormer	Forest City	13-06
	B	Phil Wertman	Villisca	14-01.25		2A	Joe McMullen	Corning	13-06
	C	Steve Leonhardt	Emmetsburg Catholic	12-03		1A	Matt Haynes	Lenox	13-06
1967	AA	Ron Pardekooper	Des Moines Lincoln	13-06	1983	4A	Preston Schmidt	Bettendorf	13-06
	A	Duane Sullivan	Shenandoah	13-08		3A	Jeff Bruch	Sumner-Fredericksburg	13-00
	B	Phil Wertman	Villisca	13-09		2A	Dean Keiswetter	Manson Northwest Webster	13-00
	C	Doug Logue	Twin Rivers, Bode	11-09		1A	Eric Blumhagen	Allison-Bristow	13-00
1968	AA	John Tefer	Cedar Rapids, Washington	13-04	1984	4A	Paul Wagler	Burlington	14-00
	A	Ray Davis	Urbandale	13-00		3A	Kevin Goff	Camanche	14-00
	B	Lynn Oveson	Wilton, Wilton Junction	12-06		2A	Doug Atwood	Pekin, Packwood	14-02
	C	Kent Klinkefus	Panora-Linden	12-05		1A	Kip Janvrin	Panora-Linden	13-03
1969	AA	Brian Myers	Marshalltown	14-04	1985	4A	Tom Keating	Bettendorf	14-06
	A	Dave Pierce	Cherokee Washington	13-04		3A	Brian A. Keeney	Carlisle	13-06
	B	Ken Eggers	BCL, Conrad	10-10.5		2A	Dean Keiswetter	Manson Northwest Webster	13-06
	C	Dave Ramsey	Lincoln Central	11-06		1A	Ned Day	Sutherland	13-00
1970	AA	Craig Nelson	Sioux City East	13-07	1986	4A	Bob Edwards	Fort Dodge	14-08
	A	Terry Brannen	Shenandoah	13-03		3A	Jim Bruxvoort	Pella	14-00
	B	Bob Plagge	NUH, Cedar Falls	13-00.25		2A	Chuck Ulin	Pekin, Packwood	13-00
	C	Mike Scott	Dexfield	12-03		1A	Chad Paup	Paton-Churdan	13-07
1971	AA	Ray Kidd	Waterloo East	13-11	1987	4A	Bob Edwards	Fort Dodge	15-02
	A	Daryl Hoogeveen	West Lyon	13-00		3A	Randy Smith	Creston	12-00
	B	Bob Plagge	NUH, Cedar Falls	12-06		2A	Troy Huntley	NUH, Cedar Falls	13-06
	C	Mike Scott	Dexfield	12-06		1A	Greg Hoing	George	12-00
1972	AA	Kent Anderson	Ames	14-06.25	1988	4A	Ron Oberfoell	Wahlert Catholic	14-00
	A	Daryl Hoogeveen	West Lyon	13-06		3A	Chuck Gatewood	Eagle Grove	11-06
	B	John Cretzmeyer	Iowa City, City	13-06		2A	Jason Wessels	Regina, Iowa City	13-01
	C	Scott Duecker	Anthon-Oto	12-09.5		1A	Mark Keiswetter	Manson Northwest Webster	11-06
1973	AA	Jeff Himes	Marshalltown	14-00.25	1989	4A	Brian Ferry	Dubuque Senior	13-07.25
	A	Dave Hahn	Anamosa	13-06		3A	Mike Piercy	Humboldt	11-00
	B	John Welch	Northwood-Kensett	13-00		2A	Aaron Nordyke	Pekin, Packwood	12-00
	C	Brian Doty	Sidney	12-06		1A	Travis Moore	Tri-County, Thornburg	10-00
1974	AA	Ted Burgmeier	Wahlert Catholic	15-00					
	A	Gary Proctor	Davis County	13-00					
	B	Jim Hearn	Mount Vernon	12-02					
	C	Randy Martin	Rolfe	12-00					
1975	AA	Rick Patterson	Keokuk	14-00					
	A	Curt Broek	Sioux Center	14-06					
	B	Frank Orth	Northwood-Kensett	12-06					
	C	Brian Doty	Sidney	12-11					
1976	AA	Ron Bultje	Sioux City North	14-06					
	A	Tom Pratt	Cherokee Washington	15-00.5					
	B	Don Knop	Ida Grove	13-00					
	C	Darrell Crawford	Lamoni	13-11.5					
1977	AA	Tim Jamerson	Columbus Catholic	14-06					
	A	Dirk Downing	Anamosa	13-06					
	B	Mark Tilson	Northwood-Kensett	13-03					
	C	Darrell Crawford	Lamoni	13-06					
1978	AA	Owen Buckley	Sioux City North	15-00.5					
	A	Dave Monahan	Humboldt	14-00					
	B	Jim Hentges	Gehlen Catholic, Le Mars	12-06					
	C	Darrell Crawford	Lamoni	13-06					

Discontinued Event Bests

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
100 Yard Dash	1964	Clyde Duncan	Des Moines, North	9.30
220 Yard Dash	1955	Tom Jennings	Marshalltown	20.90
440 Yard Dash	1968	Roger Colglazier	Davenport, Central	47.90
880 Yard Run	1975	Davod Korir	Cedar Rapids, Washington	1:50.00
One Mile Run	2014	Josh Evans	Linn-Mar	4:04.38
Two Mile Run	1975	Jim Eicken	Davenport, Central	8:52.00
120 Yard High Hurdles	1977	Randy Elliott	Charles City	13.60
180 Yard Low Hurdles	1972	Dan Wierson	Ames	18.80
200 Yard Low Hurdles	1940	Bob Morris	Clarion	22.40
220 Yard Low Hurdles	1931	Francis Layden	Davenport	24.10
165 Meter Low Hurdles	1978	Jon Hutch	Clinton	20.30

<u>Event</u>	<u>Year</u>	<u>School</u>	<u>Time</u>
440 Yard Relay	1975	Des Moines, Tech	42.20
880 Yard Relay	1977	Cedar Rapids, Washington	1:27.90
One Mile Relay	1970	Indianola	3:17.70
Two Mile Relay	1977	Davenport, West	7:47.00
Mile Medley Relay	1975	Cedar Rapids, Washington	3:27.00
4x110 Shuttle Hurdle Relay (30")	2008	Iowa City, West	56.15
4x110 Shuttle Hurdle Relay (33")	2016	Linn-Mar	55.68

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
Hammer Throw	1909	George Weis	Marion	164-05.00
Javelin	1939	Bruce Erickson	Traer	195-08.25
Football Throw	1963	Gary Eggers	Audubon	266-05.00
Pole Vault	1984	Preston Schmidt	Bettendorf	15-06.50
Wheelchair Discus	2003	Nick Lange	Wahlert Catholic	85-10.00

INDOOR CHAMPIONSHIPS

Notes: 1. The IHSAA sponsored the State Indoor Track & Field Championships from 1931-72; 2. Record times set in preliminary or semifinal sections may or may not have been established by the eventual event champion. Events such as the 440-yard dash in some years were contested in sections, with the event champion and record holder being the fastest performance; 3. Results contain incomplete names.

Team State Champions By Year

Year	Class	Team	Points	Year	Class	Team	Points	Year	Class	Team	Points
1931		Fairfield	40	1955	AA	Ames	39.7	1965	AA	Davenport Central	21.5
1932		Fairfield	25		A	Clarinda	30.67		A	Eagle Grove	29.5
1933		Clinton	35		B	Lake City	37		B	Villisca	17
1934		Des Moines North	33		C	Elliott	31		C	Preston	21.6
1935		Des Moines North	43	1956	AA	Des Moines Tech	27	1966	AA	Ames	26.5
1936		Clinton	44		A	Clarinda	49		A	Clarinda	24.5
1937		Des Moines East	44		B	Anamosa	25		B	Sheffield-Chapin	23
1938		Des Moines East	33		C	Elliott	25		C	Treynor	20.5
1939		Davenport	42.857	1957	AA	Ames	54	1967	AA	Sioux City Central	26
1940	A	Davenport	51.222		A	DeWitt	30		A	Glenwood	17
	B	Fairfield	40		B	West Branch	20		B	Manson	23
1941	A	Ames*	NT		C	Moville	23		C	Wall Lake	17
	B	Valley Jct, WDM	32	1958	AA	Ames	49	1968	AA	Davenport Central	25
1942	A	Davenport	64		A	Indianola	31		A	Cherokee	24
	B	Valley Jct, WDM	30		B	Emmetsburg	21.5		B	(T)Manson	23
1943		No Meet Held			C	Conrad	28		(T)Prairie, Gowrie	23	
1944		No Meet Held		1959	AA	Ames	34.7		C	Treynor	22
1945		No Meet Held			A	Winterset	35.5	1969	AA	Ames	25
1946	A	Ames	41.143		B	New London	24		A	Ankeny	30
	B	Knoxville	44.75		C	West Chester	33		B	Northern Univ., Cedar Falls	19
1947	A	Davenport	58	1960	AA	Des Moines Tech	33.33		C	Lincoln Central, Gruver	17
	B	Ced'r Falls Teachers; Denison	28		A	Belmond	29	1970		No Meet Held	
1948	A	Davenport	55.5		B	Dallas Center	22	1971	AA	Columbus, Waterloo	22
	B	Harlan	35.75		C	Bayard	33.33		A	Ankeny	17
1949	A	Burlington	44.5	1961	AA	Des Moines Tech	40		B	Hartley	23.5
	B	Nevada	44		A	Cherokee	24.5		C	Treynor	16
1950	A	Des Moines East	64.167		B	Lake View-Auburn	20.5	1972	AA	Davenport Central	35
	B	Iowa City, University High	34		C	Bayard	26		A	Storm Lake	31
1951	A	Des Moines East	65	1962	AA	Ames	32.5		B	Hartley	23
	B	West Des Moines	34.357		A	North Scott, Eldridge	26		C	Woodward-Granger	26
1952	A	Davenport	64.5		B	Glidden-Ralston	33.75				
	B	West Des Moines	37.5		C	Sioux Rapids	18.33				
1953	AA	Des Moines North	51	1963	AA	Ames	36				
	A	Red Oak	55		A	Clarinda	30				
	B	De Witt	41.5		B	Emmetsburg	27				
	C	Toledo Juvenile Home	60.5		C	Dexfield	32				
1954	AA	Des Moines North	69	1984	AA	Ames	43				
	A	Cresco	35.5		A	Clarinda	33.5				
	B	Lake City	35		B	English Valleys	19				
	C	Pleasantville	49.375		C	Dexfield	26.5				

Event Champions

By Year

50 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Skeets Haltom	Osceola	5.7	1960	AA	John Wiley	Clinton	5.7
1932		Skeets Haltom	Creston	5.7		A	Dave Suntken	Belmond	5.7
1933		Carl Nelson	Clinton	5.5		B	Gary Hollingsworth	English Valleys	5.7
1934		George Robinson	Des Moines, North	5.6		C	Irvin Jones	Mechanicsville	5.8
1935		Robert Brown	Clinton	5.6	1961	AA	Dennis Obregon	Des Moines, Tech	5.5
1936		Paul Swanson	Clinton	5.6		A	Gary Cooney	Marengo	5.8
1937		Paul Swanson	Clinton	5.6		B	Steve Kettering	Lake View-Auburn	5.6
1938		Bill Green	Newton	5.5		C	Dwight Durfey	Fayette	5.8
1939		Bill Garrett	Davenport	5.6	1962	AA	Clyde Duncan	Des Moines, North	5.6
1940	A	Bill Garrett	Davenport	5.5		A	Larry Smith	Sigourney	5.7
	B	William Workman	Grinnell	5.8		B	Ron Graves	Rockwell-Swaledale	5.8
1941	A	Robert Allen	Waterloo, East	5.6		C	Charles Roth	Wayland	5.8
	B	Omar James,	Valley	5.7	1963	AA	Clyde Duncan	Des Moines, North	5.5
1942	A	Clarence Bassett,	Davenport	5.5		A	Steve Carson	Red Oak	5.6
	B	Rudy Drahovzal,	Cedar Rapids, Washington	5.5		B	Ron Graves	Rockwell-Swaledale	5.7
1943	No Meet Held - WWII					C	Bruce MacDonald	Scranton	5.7
1944	No Meet Held - WWII				1964	AA	Clyde Duncan	Des Moines, North	5.5
1945	No Meet Held - WWII					A	Gene Ricker	Mount Ayr	5.7
1946	A	Dick Atkins	Des Moines, East	5.5		B	Ron Miller	English Valleys	5.7
	B	Bill Pew	LeMars	5.7		C	Bruce MacDonald	Scranton	5.6
1947	A	Dick Atkins	Des Moines, East	5.5	1965	AA	Dennis Hammill	Davenport, West	5.6
	B	Phil Michel	Sigourney	5.7		A	Tom Quinn	St. Mary's, Clinton	5.7
1948	A	Ralph Richman	Dubuque	5.5		B	Ron Miller	English Valleys	5.6
	B	Raymond Darnell	Winterset	5.7		C	Corky Weber	Dows	5.7
1949	A	Ralph Richman	Dubuque	5.4	1966	AA	Jim Kirby	Des Moines, North	5.4
	B	Dick Miller	Harlan	5.7		A	Mike Lint	Anamosa	5.6
1950	A	James Gahn	Burlington	5.6		B	Daniel Krull	George	5.7
	B	David Brock	Washington	5.7		C	Paul Topliff	Gilmore City-Bradgate	5.7
1951	A	Fred Lucas	Des Moines, East	5.5	1967	AA	Bill Crips	Davenport, Central	5.5
	B	Gary Lutz	Osceola	5.7		A	Mike Lint	Anamosa	5.5
1952	A	Fred Lucas	Des Moines, East	5.5		B	Warren Johnson	West Lyon	5.7
	B	Gardner Van Dyke	Iowa City, University High	5.6		C	Bill Huisman	Goldfield	5.6
1953	AA	Larry Perry	Marshalltown	5.6	1968	AA	Roger Colglazier	Davenport, Central	5.6
	A	Ross Pilkington	Red Oak	5.6		A	Don Woods	Cherokee	5.7
	B	Jim Meyer	Sac City	5.7		B	Mike Dukes	Villisca	5.6
	C	Ted Harvey	Toledo Juvenile Home	5.8		C	Keith Bell	Norwalk	5.7
1954	AA	Bill Meyer	Davenport	5.6	1969	AA	Noamis Ward	Des Moines, Tech	5.5
	A	Ross Pilkington	Red Oak	5.6		A	Mark Pilcher	Anamosa	5.6
	B	Del Kloewer	Manilla	5.8		B	Mickey Everett	Carroll	5.6
	C	Ted Harvey	Toledo Juvenile Home	5.6		C	Thierry Boucquy	Swea City	5.6
1955	AA	Ted Harvey	Des Moines, East	5.5	1970	No Meet Held			
	A	Larry Eischen	Valley	5.6	1971	AA	Sonny Harper	Waterloo, East	5.6
	B	Tom Burrows	Belle Plaine	5.6		A	Steve Wolpert	West Monona	5.6
	C	Duane Miller	New Sharon	5.7		B	Gary Frandson	Story City	5.6
1956	AA	Dennis O'Brien	Des Moines, Roosevelt	5.5		C	Rick Freeburg	Pocahontas	5.5
	A	Jim Merrick	Maquoketa	5.7	1972	AA	Eugene Mollett	Bishop Heelan Catholic	5.5
	B	Dick Watkins	Anamosa	5.5		A	Tim Miller	Storm Lake	5.8
	C	Dick White	Kellogg	5.7		B	Darrell Groenendyk	Pella Christian	5.8
1957	AA	Dave Arends	Cedar Rapids, Roosevelt	5.4		C	John Kurtz	Pleasantville	5.8
	A	Jim Merrick	Maquoketa	5.7					
	B	Gene Ward	Glenwood	5.7					
	C	Dave Dayson	Kalona	5.9					
1958	AA	Al Collier	Des Moines, North	5.6					
	A	Don Robertson	Washington	5.7					
	B	Daryl Brown	New London	5.7					
	C	Paul Miller	Menlo	5.7					
1959	AA	Al Collier	Des Moines, North	5.4					
	A	Ron Faucher	Harlan	5.6					
	B	Gary Steele	Eddyville	5.7					
	C	Phil Trent	Norwalk	5.8					

440 Yard Dash

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Ted Byers	Oskaloosa	53.4	1960	AA	Charles Taylor	Des Moines, Tech	50.9
1932		Chester Pence	Keota	52.3		A	Gary Richards	Corning	52.6
1933		Van Phillips	Iowa City, University High	51.3		B	Garry Hollingsworth	English Valleys	50.7
1934		(T)Perdue	Ottumwa	53.4		C	Bill Knierim	Dow City	54.0
		(T)Art Edwards	Clinton	53.4	1961	AA	Charles Taylor	Des Moines, Tech	49.7
1935		Carl Teufel	Davenport	52.6		A	Terry Carsten	North Scott	52.7
1936		Bill Herman	Des Moines, East	52.9		B	Ron Rosenfeld	Bayard	53.2
1937		Charles Swink	Valley Junction	51.5		C	Mike Weitzell	Green Mountain	52.7
1938		Frank Kaiser	Des Moines, East	52.5	1962	AA	Dave Thompson	Fort Madison	52.4
1939		Robert Nicholson	Cedar Rapids, Franklin	53.4		A	Terry Carsten	North Scott	51.8
1940	A	Gillespie	Fairfield	52.3		B	Don Berns	Glidden-Ralston	53.7
	B	John Russel	Anamosa	54.5		C	Pat McDeld	Sioux Rapids	53.2
1941	A	Paul Ware	Iowa City	51.8	1963	AA	Dennis Walker	Bishop Heelan Catholic	50.9
	B	Harold Castor	Corydon	52.6		A	Steve Carson	Red Oak	50.6
1942	A	Russell Collins	Cedar Rapids, McKinley	53.0		B	Lloyd Kolker	Gehlen Catholic	51.9
	B	Harold Castor	Corydon	52.5		C	Steve Moore	Morning Sun	52.4
1943	No Meet Held - WWII				1964	AA	Clyde Duncan	Des Moines, North	50.7
1944	No Meet Held - WWII					A	Doug Steeve	Clarinda	52.5
1945	No Meet Held - WWII					B	John Reed	English Valleys	52.8
1946	A	Paul Neff	Clinton	53.1		C	Steve Moore	Morning Sun	53.0
	B	Dick Overton	Mount Pleasant	52.6	1965	AA	Tom Gilmore	Clinton	51.7
1947	A	Virgil Troyer	Iowa City	52.4		A	Brad Hanson	Eagle Grove	50.9
	B	Craig Harper	Iowa City, University High	53.5		B	Jody Buckwalter	Iowa City, University High	52.0
1948	A	Conrad Jones	Des Moines, North	51.7		C	John Pollock	HavelockPlover	52.7
	B	Dean Duel	Cherokee	53.8	1966	AA	Jim Kirby	Des Moines, North	49.7
1949	A	Gary Scott	Des Moines, North	51.2		A	Jim Carlson	BGM	52.9
	B	Bob Clark	Oelwein	54.0		B	Bill Mateer	Sheffield-Chapin	51.8
1950	A	LeRoy Ebert	Iowa City	51.7		C	(T)Robbie O 'Clair	Clay Central	52.9
	B	Bob Clark	Oelwein	52.8		(T)Dave Fry	Dysart	52.9	
1951	A	Don Murray	Des Moines, East	52.0	1967	AA	Jim Kirby	Des Moines, North	49.7
	B	Bob Clark	Oelwein	52.3		A	Mike Wolpert	West Monona	52.0
1952	A	John Stodgell	Ottumwa	52.8		B	Warren Johnson	West Lyon	51.7
	B	(T)Lowell DeSart	Lake City	54.6		C	Dave Bigler	Dumont	53.0
		(T)Jim Wilson	New Hampton	54.6	1968	AA	Roger Colglazier	Davenport, Central	49.5
1953	AA	Caesar Smith	Des Moines, North	51.6		A	Don Woods	Cherokee	52.2
	A	Jim Wilson	New Hampton	53.9		B	Tom Sigler	Manson	52.6
	B	Francis Brownmiller	Aurelia	54.0		C	Dennis Andrews	Dows	53.1
	C	Ron Doty	Underwood	55.0	1969	AA	Noamis Ward	Des Moines, Tech	51.6
1954	AA	Gerald Spencer	Des Moines, North	51.9		A	Gary Hines	Guthrie Center	51.7
	A	Bob Helming	Cresco	53.7		B	Mike Della Penna	Louisa-Muscatine	51.3
	B	Bill Detrich	Sigourney	54.1		C	Jim Heggen	Central Webster	52.4
	C	Bill Hahn	Scranton	56.7	1970	No Meet Held			
1955	AA	Gerald Spencer	Des Moines, North	51.5	1971	AA	(T)Dennis Roloff	Cedar Rapids, Jefferson	51.0
	A	Jerry Williams	Winterset	55.7		(T)Dick Eisenlauer	Des Moines, East	51.0	
	B	Rex Applegate	Sigourney	54.4		A	Don Flagel	Maquoketa	52.6
	C	Ned Miller	Kalona	53.3		B	Mike Surdukan	Cedar Falls, University High	53.3
1956	AA	Bob Covey	Ames	52.3		C	Larry Hulsing	New Hartford	53.9
	A	Bill Wray	Clarinda	52.5	1972	AA	Dean Dandell	Ottumwa	52.0
	B	Dahl Wickman	Montezuma	53.5		A	Tom Dovell	Red Oak	51.8
	C	Lanny Van Buskirk	Elliott	54.1		B	Bryan Anderson	Manning	53.1
1957	AA	Bob Covey	Ames	50.1		C	Larry Hulsing	New Hartford	52.1
	A	(T)Chuck Runge	DeWitt	50.6					
		(T)Ken Singer	Sac City	50.6					
	B	Harold Byram	Marengo	51.1					
	C	Larry Koos	Walnut	54.3					
1958	AA	Stan Scholl	Ames	50.7					
	A	Ron Hill	Osage	53.2					
	B	Ron Henninger	Tripoli	52.9					
	C	Jack Williams	Farragut	53.7					
1959	AA	Charles Taylor	Des Moines, Tech	51.6					
	A	Ron Long	Monticello	52.4					
	B	Gary Hollingsworth	English Valleys	53.0					
	C	(T)Dick Umsted	Harcourt	53.3					
		(T)Jay Klopfenstein	West Chester	53.3					

600 Yard Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1971	AA	Frank Wellbourne	Des Moines, Hoover	1:15.7		B	Jim Tatman	Belle Plaine	1:17.2
	A	Dan Marquardt	Ankeny	1:19.7		C	Paul Laipple	New London	1:19.5

880 Yard Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Harrison Kohl	Mason City	2:04.1	1959	AA	Earl Holtz	Ames	2:02.0
1932		(T)Virgil Nally	Jefferson	2:08.3		A	Dave Sandvig	Eagle Grove	2:06.8
		(T)Chester Pence	Keota	2:08.3		B	Gary Hoake	Johnston	2:06.8
1933		John Graves	Cherokee	2:02.3		C	Jon Norris	Dow City	2:08.1
1934		Lynn Schlotterbeck	Guthrie, Center	1:58.1	1960	AA	Bill Bergan	Cedar Falls	2:03.0
1935		Gerald Moore	Davenport	2:05.3		A	Bill Frazier	North Scott	2:01.4
1936		Jack Stewart	Des Moines, North	2:04.3		B	Terry Peters	Glidden Ralston	2:03.2
1937		Robert Barsalou	Dubuque	2:06.9		C	Bill Ross	Agency	2:03.1
1938		Robert Barsalou	Dubuque	2:04.2	1961	AA	Dann Kroeger	Bettendorf	2:02.1
1939		Ted Thompson	Sioux City, Central	2:07.9		A	Stan Brown	Sibley	2:07.7
1940	A	Lauren Pike	West Liberty	2:07.0		B	Don Prichard	Bridgewater Fontanelle	2:06.3
	B	Edward Higgins	Marion	2:07.6		C	Steve Riser	Moville	2:06.3
1941	A	Jim Schloroff	Waterloo, West	2:08.9	1962	AA	Larry Schlotterbeck	Charles City	1:57.9
	B	Lynn Frazier	Iowa City, University High	2:08.0		A	Jay Ables	Grundy Center	2:07.2
1942	A	John Frye	Burlington	2:08.3		B	Gene Morenz	Lake View	2:03.3
	B	Gray	Harlan	2:08.0		C	Joe White	Maxwell	2:05.2
1943	No Meet Held - WW II				1963	AA	Bob Rowell	Ames	2:01.0
1944	No Meet Held - WW II					A	Jim Riley	Cedar Rapids, Prairie	2:07.1
1945	No Meet Held - WW II					B	Gary Wycoff	Manning	2:07.5
1946	A	Roger Watts	Des Moines, North	2:05.2		C	Mike McDeld	Sioux Rapids	2:05.6
	B	Ahrenholz	Odebolt	2:15.5	1964	AA	Jim Ingvaldstad	Ames	2:01.1
1947	A	Bill Conrardy	Loras Academy	2:05.1		A	Joel Wagoner	Clarinda	2:03.5
	B	Tom Greer	Nevada	2:11.9		B	Bill Weeks	Seymour	2:03.8
1948	A	Leland Crew	Fairfield	2:08.2		C	Charles Schmalbeck	Sheffield Chapin	2:04.0
	B	Glenn Beeghley	Aurelia	2:09.6	1965	AA	Tom Bauder	Ames	2:01.4
1949	A	James Howard	Burlington	2:06.2		A	Marty Clements	Cedar Rapids, Prairie	2:06.2
	B	Bill Honnold	Winterset	2:10.0		B	Jerry O'Chesky	North Polk	2:05.0
1950	A	Don Zierath	Waterloo, West	2:06.2		C	Dick Fickbohm	Fredericksburg	2:08.2
	B	Ray Ball	New Hampton	2:05.9	1966	AA	Steve Gerkin	Sioux City, Central	1:57.2
1951	A	Ira Dunsworth	Davenport	2:06.7		A	Mick Maddox	Cherokee	2:01.7
	B	Ray Ball	New Hampton	2:03.5		B	George Norenberg	Keota	2:02.3
1952	A	Ira Dunsworth	Davenport	2:06.2		C	Lyle Wendland	Fredericksburg	2:03.8
	B	Bill Lenz	Mount Vernon	2:08.9	1967	AA	Greg Coons	Sioux City, Central	2:00.0
1953	AA	Cliff Lowery	Keokuk	2:07.0		A	Rens Lammert	Western Christian Hull	2:04.7
	A	Bob Ash	Oelwein	2:06.5		B	Roger Knute	Glidden Ralston	2:05.2
	B	Chuck Deering	Postville	2:13.4		C	Larry Walker	Bridgewater	2:05.7
	C	Charles Van Fossen	College Springs	2:14.1	1968	AA	Rick Freese	Cedar Rapids, Kennedy	1:59.0
1954	AA	Oscar Maldonado	Des Moines, North	2:06.0		A	Dave Nauman	Crestwood	2:01.9
	A	Jerry Walker	Marion	2:05.4		B	Chuck Christensen	Prairie, Gowrie	2:04.3
	B	Dean Eige	Belle-Plaine	2:09.5		C	Roger Knute	Glidden Ralston	2:03.7
	C	Bob Elwood	Elliott	2:04.8	1969	AA	Fred Schafer	Clinton	2:01.4
1955	AA	Pete Kemble	Des Moines, Roosevelt	2:05.4		A	Rob Roller	North Scott	2:04.5
	A	Wilbur Schrader	Manchester	2:09.5		B	Roger Kiefer	Keota	2:02.8
	B	Gary Haltmeyer	Postville	2:09.8		C	Mike Nichols	Lincoln Central Gruver	2:03.1
	C	Delos Swanson	Sheffield	2:11.2	1970	No Meet Held			
1956	AA	Harry Olson	Decorah	2:03.9	1971	AA	Bob Collett	Davenport, West	2:01.4
	A	Jerry Jennings	Clarinda	2:05.5		A	Kelly Baier	Griswold	2:03.4
	B	Larry Shipley	Sigourney	2:05.7		B	Dave Martin	Adel	2:06.0
	C	Leighton Betz	Ladora	2:08.7		C	Dave Baum	Union Whitten	2:03.5
1957	AA	Harry Olson	Decorah	2:03.6	1972	AA	Bob Prince	Sioux City, East	2:00.1
	A	Bill Mawe	Manchester	2:03.6		A	Duane Nelson	Humboldt	2:00.3
	B	Don Heltibridle	Grundy Center	2:06.7		B	Gary Vetter	Hartley	2:03.0
	C	Gerald Bradley	Hedrick	2:09.3		C	Bob Larson	Irwin	2:00.4
1958	AA	Glenn Pennenger	Des Moines, East	2:02.4					
	A	Bill Mawe	Manchester	2:01.9					
	B	Ron Rust	Grundy Center	2:05.5					
	C	Richard Beaver	Cedar	2:07.5					

1000 Yard Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1971	AA	Mike Burke	Columbus Catholic	2:16.0		B	Tim Williamson	Grundy Center	2:26.0
	A	Dan Marquardt	Ankeny	2:26.3		C	Art Milliken	Hedrick	2:25.0

Mile Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		McConaghie	Grinnell	4:47.5	1959	AA	Ralph Trimble	Cedar Rapids, Jefferson	4:28.2
1932		Dennis	Cedar Rapids, Grant	4:48.7		A	Glen Hembry	Leon	4:39.0
1933		John Sturtz	Cherokee	4:42.8		B	Gary Fischer	Miles	4:43.1
1934		Dale Woods	Mechanicsville	4:42.0		C	Ray Miller	Menlo	4:42.8
1935		Clark Brown	Muscatine	4:48.8	1960	AA	Blaine Zenor	Ames	4:33.5
1936		Vernon "Mike" Evans	Des Moines, East	4:47.7		A	Larry Kramer	Belmond	4:27.9
1937		Don Patterson	Seymour	4:48.0		B	Joe Henderson	South Page	4:37.0
1938		Dean Rasmus	Garner	4:37.4		C	Earl Hanselmann	LuVerne	4:54.2
1939		George Vacik	West Branch	4:38.5	1961	AA	Dann Kroeger	Bettendorf	4:29.2
1940	A	Danny Smith	Ottumwa	4:42.5		A	Tom Hale	Iowa Falls	4:49.6
	B	Donald Jensen	Lyons	4:46.5		B	(T)Joe Henderson	South Page	4:35.7
1941	A	Albert Slater	Fort Madison	4:40.5			(T)Don Pritchard	Bridgewater Fontanelle	4:35.7
	B	Robert Lary	Marion	4:36.1		C	Bruce Calder	Bayard	4:45.9
1942	A	John Baxter	Davenport	4:36.0	1962	AA	Don Bergan	Columbus Catholic	4:43.7
	B	Kent Angerer	West Liberty	4:47.6		A	Tom Hale	Iowa Falls	4:40.0
1943	No Meet Held - WWII					B	Lynn Swenson	Radcliffe	4:41.6
1944	No Meet Held - WWII					C	Jim Allen	Farragut	4:50.2
1945	No Meet Held - WWII				1963	AA	Bob Rowell	Ames	4:26.0
1946	A	Smith	Ottumwa	4:44.9		A	Dennis Gallagher	Belmond	4:46.0
	B	Bill Bye	Odebolt	4:56.1		B	Dennis Reed	Anita	4:36.4
1947	A	Dean Pieper	Clinton	4:32.4		C	Carroll Hiatt	New Market	4:45.1
	B	Bill Bye	Odebolt	4:55.6	1964	AA	Rollie Kitt	Kuemper Catholic	4:28.3
1948	A	Moore	Des Moines, Lincoln	4:44.8		A	Steve Dettmer	Tripoli	4:45.7
	B	Mickey Anderson	Atlantic	4:35.3		B	Dennis Reed	Anita	4:30.1
1949	A	Ocie Trimble	Cedar Rapids, Roosevelt	4:34.6		C	Tom Tiernan	AllisonBristow	4:36.5
	B	Van Ashen	Williamsburg	4:46.0	1965	AA	Dave Compton	Sioux City, Central	4:26.2
1950	A	Galen Hassen	Council Bluffs, Lincoln	4:45.1		A	Steve Dettmer	Tripoli	4:48.8
	B	Ray McConnell	Nevada	4:49.6		B	Dick Snook	Seymour	4:42.5
1951	A	Tom Burch	Des Moines, Tech	4:40.6		C	John Tiernan	AllisonBristow	4:40.6
	B	Wayne Moetsch	New Hampton	4:49.3	1966	AA	Doug Smith	Sioux City, Central	4:21.2
1952	A	John Aller	Dowling Catholic	4:42.2		A	Keith Allan	Cardinal	4:32.9
	B	Garold Ryan	Underwood	4:49.8		B	Dick Jensen	Madrid	4:33.9
1953	AA	Dick Kerr	Davenport	4:42.3		C	Al Koth	Galva	4:43.5
	A	Jerry Walker	Marion	4:43.5	1967	AA	Doug Smith	Sioux City, Central	4:21.2
	B	Wayne Everman	Postville	4:46.8		A	Dan Sanders	Humboldt	4:28.1
	C	Roy Bullock	Diagonal	4:50.2		B	Jerry Lundquist	Sutherland	4:42.5
1954	AA	Rodney Ellickson	Decorah	4:33.2		C	Jerome Howe	Treynor	4:30.8
	A	Jerry Walker	Marion	4:40.4	1968	AA	Doug Smith	Sioux City, Central	4:16.9
	B	Howard Branson	Hampton	4:53.7		A	Dan Sander	Humboldt	4:32.0
	C	Bob Elwood	Elliott	4:37.1		B	Chuck Christensen	Prairie, Gowrie	4:38.0
1955	AA	John Darby	Des Moines, Roosevelt	4:40.5		C	Jerome Howe	Treynor	4:20.1
	A	Marvin Hite	Vinton	4:43.3	1969	AA	Dave Krantz	Columbus Catholic	4:30.1
	B	Rudy Kubick	Traer	4:47.8		A	Rob Roller	North Scott	4:35.6
	C	Delos Swanson	Sheffield	4:54.8		B	(T) Dave Sutton	Pleasant Valley	4:41.3
1956	AA	John Darby	Des Moines, Roosevelt	4:34.6		(T)John Scholl	Clinton St. Mary's	4:41.3	
	A	David Drew	Dewitt	4:45.2		C	Mike Cassidy	Miles	4:34.3
	B	Gary Haltmeyer	Postville	4:39.2	1970	No	No Meet Held		
	C	Lyle Shires	Elliott	4:44.5	1971	AA	Bob Connell	Columbus Catholic	4:27.1
1957	AA	Ralph Trimble	Cedar Rapids, Roosevelt	4:36.3		A	Chuck Cassel	Bishop Garrigan	4:27.5
	A	Deryl King	Valley	4:40.8		B	Steve Blanchard	Lake City	4:35.6
	B	Homer Latimer	LeClaire	4:45.0		C	Dave Cummins	Ringsted	4:33.1
	C	Harlan Milliken	Hedrick	4:41.3	1972	AA	Gregg Newell	Davenport, Central	4:22.8
1958	AA	Tom Rivers	Sioux City, Central	4:27.9		A	David Bell	Eagle Grove	4:29.3
	A	Deryl King	Valley	4:37.9		B	Terry Hiebert	Central City	4:35.0
	B	Chris Youngbear	Tama	4:41.2		C	Rod Rieken	Central Webster	4:36.4
	C	Richard Beaver	Cedar	4:42.6					

Two Mile Run

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1972	AA	Mark Johnson	Mason City	09:32.4		B	Mark Skahill	Villisca	10:05.5
	A	Mark Adamson	Cherokee	10:04.8		C	Phil Coppess	Oxford Junction	09:56.9

60 Yard Low Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Mike Layden	Davenport	7.0	1959	AA	Dennis Paul	Marshalltown	7.5
1932		Dick Crayne	Fairfield	7.1		B	Darrell Brown	New London	7.4
1933		Carl Nelson	Clinton	6.9		C	Jim McKleeven	Prairie City	7.8
1934		Bushnell Lamb	Newton	7.1	1960	AA	Eliher Robinson	Waterloo, East	7.3
1935		Albert Ruble	Ottumwa	7.1		A	Jim Brye	Waverly	7.6
1936		Paul Swanson	Clinton	7.1		B	Fred Cooper	Iowa City, University High	7.6
1937		Paul Swanson	Clinton	7.4		C	Kent Still	Schaller	7.9
1938		Don Barnes	Grinnell	7.2	1961	AA	Norman Taylor	Des Moines, Tech	7.2
1939		Earl Carr	Cedar Rapids, McKinley	7.1		A	John Pletcher	Clarion	7.3
1940	A	Russell Ferguson	Cedar Rapids McKinley	7.1		B	Mike Stubsten	Orange Township	7.4
	B	Ron Norman	Fairfield	7.3		C	Jim Siebral	Solon	7.8
1941	A	Junior Franck	Davenport	7.1	1962	AA	Gary Osborn	Winterset	7.3
	B	Gillespie	Fairfield	7.4		A	Gary Lamb	Ankeny	7.5
1942	A	Horace Peeples	Davenport	7.1		B	Burnel Grimmuis	Gladbrook	8.3
	B	Gillespie	Fairfield	7.2		C	Lloyd Van Zee	Prairie City	7.6
1943	No Meet Held - WWII				1963	AA	Darryl Green	Des Moines, Tech	7.3
1944	No Meet Held - WWII					A	Steve Carson	Red Oak	7.4
1945	No Meet Held - WWII					B	Rod Elder	Ballard	7.7
1946	A	Jim Hayek	Davenport	7.2		C	Larry Attig	Lone Tree	7.7
	B	D Caraway	Mount Vernon	7.4	1964	AA	Mike Schwartz	Ames	7.3
1947	A	Roy Baker	Des Moines, East	7.3		A	Ron Davis	Perry	7.4
	B	Bob White	Winterset	7.4		B	Verle McGrew	Pleasantville	7.5
1948	A	Clair Scholtes	Decorah	7.2		C	Steve Chambers	Treynor	7.7
	B	Dean Duel	Cherokee	7.4	1965	AA	John Dvorak	Cedar Rapids, Washington	7.1
1949	A	Earl Ault	Des Moines, East	7.1		A	Ron Davis	Perry	7.1
	B	Ted Graves	Cherokee	7.7		B	Fritz Rhode	Ballard	7.3
1950	A	Al Gatewood	Des Moines, East	7.1		C	Steve Chambers	Treynor	7.4
	B	Gary Lutz	Osceola	7.0	1966	AA	Jim VanDine	Cedar Rapids, Washington	7.2
1951	A	Bob Zust	Des Moines, East	7.0		A	Dwight Sann	Clarion	7.4
	B	Gary Lutz	Osceola	7.3		B	Dennis Fertig	Woodbury Central	7.4
1952	A	Dick St. Clair	Clinton	7.1		C	Ki Harvey	Dexfield	7.6
	B	Les Stevens	Lovilia	7.5	1967	AA	Bruce Pressley	Fort Dodge	7.4
1953	AA	Glen Sojka	Cedar Rapids, Wilson	7.2		A	Mike Laverty	Griswold	7.4
	A	Tom Ecker	Waverly	7.4		B	Bill Michael	Akron	7.5
	B	John Walden	Lamoni	7.5		C	Gene Zoske	Hubbard	7.4
	C	Bill Ehrenfelt	Wellman	7.9	1968	AA	Mike Blanchard	Des Moines, Lincoln	7.4
1954	AA	Glen Sojka	Cedar Rapids, Wilson	7.3		A	Frank Jorgenson	Audubon	7.5
	A	Harry Barr	Clarinda	7.5		B	Bob Meyers	WACO	7.4
	B	Ron Means	Villisca	7.6		C	Jenell Braun	Fredericksburg	7.6
	C	Duane Miller	New Sharon	7.9	1969	AA	Jerry Moses	Waterloo, East	7.2
1955	AA	Larry Stater	Ottumwa	7.1		A	Jerry Heston	Ankeny	7.4
	A	Dennis Rulifson	Manchester	7.6		B	Mike Brannaman	Mount Vernon	7.4
	B	Melvin Shivvers	Pleasantville	7.7		C	Jim Nevitt	Earlham	7.5
	C	Duane Miller	New Sharon	7.3	1970	No Meet Held			
1956	AA	Larry Stater	Ottumwa	7.0	1971	AA	Wayne Franklin	Des Moines, Lincoln	7.2
	A	Rod Pearson	Perry	8.1		A	Steve Casey	Cherokee	7.4
	B	Bob Davis	Traer	8.5		B	Rick Hillman	East Greene,	7.4
	C	Willie Poole	Humeston	7.7		C	Ed McDaniel	Woodward Granger	7.3
1957	AA	Art Baker	Keokuk	7.3	1972	AA	Jim Jensen	Davenport, Central	7.3
	A	Jim Van Werden	Winterset	7.5		A	Rich Sievers	Storm Lake	7.5
	B	Frank Osborn	West Branch	7.6		B	Brian Newel	Sioux Center	7.5
	C	Larry Wink	Moville	7.9		C	J.D. Marshall	New London	7.7
1958	AA	Jim Streeby	Ottumwa	7.4					
	A	Jim Van Werden	Winterset	7.5					
	B	Bob Clark	Coon Rapids	7.8					
	C	Duane Burke	Moville	7.8					

60 Yard High Hurdles

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Mike Layden	Davenport	8.2	1960	AA	Eliger Robinson	Waterloo, East	7.5
1932		Dick Crayne	Fairfield	8.1		A	Jim Brye	Waverly	8.1
1933		Howard Connolly	Dubuque	8.1		B	Norm Johnson	South Page	7.8
1934		Dwight Harley	West Chester	7.8		C	Terry Ritchie	Bayard	8.7
1935		Albert Ruble	Ottumwa	7.9	1961	AA	Norm Taylor	Des Moines, Tech	7.7
1936		Al Munsell	Des Moines, East	7.9		A	John Pletcher	Clarion	7.8
1937		Miller	Fairfield	8.0		B	Gene Zmolek	Traer	8.0
1938		Henry Vollenweider	Dubuque	7.8		C	Larry Lenz	Ar-We-Va	8.1
1939		Earl Carr	Cedar Rapids, McKinley	7.5	1962	AA	Ron Gerard	Mason City	7.8
1940	A	Russell Ferguson	Cedar Rapids, McKinley	7.7		A	Gary Lamb	Ankeny	8.1
	B	Kimball Ross	Oelwein	8.0		B	Bernell Grimmins	Gladbrook	8.3
1941	A	Romaine Woodward	Ames	7.9		C	Larry Leonard	Solon	8.1
	B	Jim Dabner	Fairfield	7.7	1963	AA	Darryl Green	Des Moines, Tech	7.6
1942	A	Wallace Peterson	Davenport	7.8		A	Rick Defenbaugh	Mount Ayr	8.1
	B	Dick Wheeler	Grinnell	7.9		B	Dick Trier	Keota	8.0
1943	No Meet Held - WWII					C	Doug Cummins	Swea City	8.2
1944	No Meet Held - WWII				1964	AA	Mike Schwartz	Ames	7.7
1945	No Meet Held - WWII					A	Rick Defenbaugh	Mount Ayr	7.8
1946	A	Jim Hayek	Davenport	7.7		B	Verle McGrew	Pleasantville	7.8
	B	RG Wolf	Knoxville	8.0		C	Duane Van Wyk	Prairie City	8.3
1947	A	Jim Hayek	Davenport	7.8	1965	AA	John Dvorak	Cedar Rapids, Washington	7.4
	B	Dwight Fischer	Mount Vernon	8.0		A	Ken Tilton	Humboldt	8.0
1948	A	Jim Hayek	Davenport	7.6		B	Fritz Rhode	Ballard	8.0
	B	Verne Robinson	Lyons	8.0		C	Bruce Abrams	Meservey Thornton	7.8
1949	A	Gary Mishler	Dubuque	7.9	1966	AA	Bill Bevill	Cedar Rapids, Jefferson	7.6
	B	Ted Graves	Cherokee	7.9		A	Dave Larsen	Harlan	7.9
1950	A	Ray Kaiser	Des Moines, East	7.6		B	Dennis Fertig	Woodbury, Central	7.9
	B	Jim Haun	Winterset	8.2		C	Ki Harvey	Dexfield	8.0
1951	A	Bob Stevens	Clinton	7.6	1967	AA	Bruce Pressley	Fort Dodge	7.6
	B	Les Stevens	Lovilia	7.9		A	Tom Graves	Cherokee	7.7
1952	A	Dick Street	Des Moines, Roosevelt	7.6		B	Bill Michael	Akron	7.9
	B	Les Stevens	Lovilia	7.9		C	Gene Zoske	Hubbard	7.9
1953	AA	Ken Ploen	Clinton	7.6	1968	AA	Mike Blanchard	Des Moines, Lincoln	7.8
	A	Tom Ecker	Waverly	7.7		A	Frank Jorgenson	Audubon	7.9
	B	John Walden	Lamoni	7.9		B	Bob Myers	WACO	7.9
	C	Louis Walker	Batavia	8.3		C	John Lamb	Dexfield	7.8
1954	AA	Glen Sojka	Cedar Rapids, Wilson	7.7	1969	AA	Jerry Moses	Waterloo, East	7.6
	A	Harry Barr	Clarinda	7.9		A	John Bell	Spirit Lake	7.6
	B	Ron Means	Villisca	8.0		B	Mike Brannaman	Mount Vernon	7.8
	C	Ted Harvey	Toledo Juvenile Home	8.1		C	Steve Britson	Radcliffe	8.1
1955	AA	Jack McDonald	Oskaloosa	7.6	1970	No Meet Held			
	A	Larry Sabus	Carroll	8.1	1971	AA	Wayne Franklin	Des Moines, Lincoln	7.6
	B	Gene Zhorne	Tama	8.0		A	Steve Casey	Cherokee	7.6
	C	Walt Pohl	Bayard	8.1		B	Keith Koele	Hartley	7.9
1956	AA	Jack McDonald	Oskaloosa	7.6		C	Ed McDaniel	Woodward Granger	7.7
	A	Rod Pearson	Perry	8.1	1972	AA	Jim Jensen	Davenport, Central	7.6
	B	Bob Davis	Traer	8.5		A	Rich Sievers	Storm Lake	7.8
	C	Willie Poole	Humeston	8.2		B	Mike Gabriel	Montezuma	8.0
1957	AA	Mike Rigney	Loras Academy	7.7		C	Kyle Chown	Lone Tree	8.2
	A	George Ratcliffe	Cresco	8.1					
	B	Tom Bruns	Carroll	8.1					
	C	Larry Wink	Moville	8.2					
1958	AA	Jim Streeby	Ottumwa	7.6					
	A	Darrell Morehouse	Clear Lake	8.1					
	B	Bob Clark	Coon Rapids	8.1					
	C	Duane Burke	Moville	8.4					
1959	AA	Eliger Robinson	Waterloo, East	7.7					
	A	Nevin Almquist	Osage	7.9					
	B	Bob Pingle	Aurelia	7.9					
	C	Stan Bauer	West Chester	8.1					

880 Yard Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1936		Des Moines, North	1:36.7	1952	A	Davenport	1:36.1	1958	AA	Ames	1:35.1
1937		Clinton	1:36.4		B	Lamoni	1:38.7		A	Indianola	1:38.4
1938		Des Moines, East	1:36.9						B	Glenwood	1:36.8
1939		Davenport	1:36.8	1953	AA	Des Moines, North	1:37.2		C	West Chester	1:39.3
1940	A	Davenport	1:34.3		A	Red Oak	1:40.6	1959	AA	Des Moines, North	1:35.7
	B	Fairfield	1:38.0		B	Traer	1:39.6		A	Harlan	1:35.9
1941	A	Keokuk	1:37.3		C	West Branch	1:40.6		B	New London	1:37.2
	B	Charles City	1:40.5	1954	AA	Des Moines, North	1:34.3		C	West Chester	1:38.1
1942	A	Davenport	1:36.4		A	Valley, West Des Moines	1:39.4	1960	AA	Des Moines, Technical	1:34.5
	B	Toledo Juvenile Home	1:38.6		B	Lake City	1:39.7		A	Red Oak	1:38.9
1943		No Meet Held - WWII			C	New Sharon	1:39.6		B	Dallas Center	1:37.2
1944		No Meet Held - WWII		1955	AA	Ames	1:35.7		C	Bayard	1:41.2
1945		No Meet Held - WWII			A	Valley, West Des Moines	1:38.4	1961	AA	Des Moines, Technical	1:35.1
1946	A	Iowa City	1:38.2		B	Manson	1:38.1		A	Sac City	1:38.5
	B	Le Mars	1:37.7		C	Bayard	1:40.5		B	Emmetsburg	1:38.0
1947	A	Des Moines, North	1:35.0	1956	AA	Ames	1:36.2		C	Wall Lake	1:37.9
	B	Davenport, St. Ambrose	1:40.2		A	Clarinda	1:38.7	1962	AA	Sioux City, Central	1:35.0
1948	A	Des Moines, North	1:33.5		B	Aurelia	1:39.2		A	Cherokee	1:37.7
	B	Cedar Falls Teachers	1:40.0		C	Wellman	1:40.4		B	Wilton Jct	1:38.4
1949	A	Ames	1:35.3	1957	AA	Ames	1:33.4		C	Moville	1:38.1
	B	Iowa School for the Deaf	1:40.6		A	Indianola	1:37.6	1963	AA	Des Moines, Technical	1:36.0
1950	A	Des Moines, East	1:35.5		B	West Branch	1:38.7		A	Clarinda	1:36.3
	B	Washington	1:38.8		C	Prairie City	1:40.8		B	Emmetsburg	1:36.8
1951	A	Davenport	1:36.3						C	Dexfield	1:38.1
	B	De Witt	1:41.6								

Mile Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1931		Fairfield	3:38.9	1954	AA	Des Moines, North	3:35.8	1963	AA	Davenport, Central	3:31.7
1932		Fairfield	3:38.8		A	Cresco	3:47.7		A	Clarinda	3:35.0
1933		Fort Dodge	3:38.6		B	Lake City	3:46.0		B	Sheffield-Chapin	3:47.5
1934		Clinton	3:35.4		C	New Sharon	3:51.6		C	Dexfield	3:39.0
1935		Des Moines, North	3:36.3	1955	AA	Des Moines, North	3:39.2	1964	AA	Ames	3:41.3
		Valley Junction	3:38.6		A	Shenandoah	3:46.5		A	Clarinda	3:33.4
1936		Des Moines, East	3:39.5		B	Lake City	3:46.1		B	(T)English Valleys	3:41.3
1937		Des Moines, Roosevelt	3:37.8		C	Elliott	3:52.3		(T)Lynnville-Sully	3:41.3	
1938		Davenport	3:38.0	1956	AA	Ames	3:34.0		C	Dexfield	3:38.7
1939	A	Davenport	3:36.9		A	De Witt	3:42.7	1965	AA	Des Moines, North	3:31.8
1940	B	Anamosa	3:43.0		B	Johnston	3:42.8		A	North Scott, Eldridge	3:40.0
	A	Cedar Rapids, Franklin	3:34.0		C	Elliott	3:45.2		B	Oakland	3:38.8
1941	B	Charles City	3:43.0	1957	AA	Ames	3:31.1		C	Rolfe	3:45.1
	A	Davenport	3:37.7		A	Indianola	3:38.0	1966	AA	Ames	3:31.3
1942	B	Cedar Rapids, Wilson	3:41.2		B	Marengo	3:42.2		A	Glenwood	3:34.4
1943		No Meet Held - WWII			C	Lohrville	3:44.9		B	Sheffield-Chapin	3:37.4
1944		No Meet Held - WWII		1958	AA	Ames	3:34.1		C	Treynor	3:40.9
1945		No Meet Held - WWII			A	Indianola	3:40.7	1967	AA	Davenport, Central	3:28.1
1946	A	Ames	3:39.2		B	Iowa City, University High	3:40.0		A	Glenwood	3:35.9
	B	Mount Pleasant	3:45.6		C	West Chester	3:47.0		B	Manson	3:36.3
1947	A	Ames	3:41.9	1959	AA	Des Moines, Tech	3:34.7		C	Dexfield	3:40.2
	B	St. Ambrose, Davenport	3:48.8		A	Cherokee	3:43.1	1968	AA	Davenport, Central	3:27.6
1948	A	Des Moines, North	3:35.3		B	Glidden-Ralston	3:40.3		A	Cherokee	3:35.0
	B	DeWitt	3:47.9		C	West Chester	3:45.7		B	Manson	3:37.6
1949	A	Des Moines, North	3:36.8	1960	AA	Des Moines, Tech	3:32.3		C	Treynor	3:39.8
	B	Nevada	3:49.9		A	Belmond	3:38.6	1969	AA	Des Moines, Tech	3:30.3
1950	A	Des Moines, North	3:38.1		B	Dallas Center	3:39.8		A	Guthrie Center	3:36.5
	B	Clarion	3:45.7		C	LuVerne	3:53.0		B	Beaman	3:40.8
1951	A	Des Moines, East	3:38.8	1961	AA	Des Moines, Tech	3:30.7		C	Dexfield	3:40.0
	B	Lyons, Clinton	3:47.2		A	Cherokee	3:39.7	1970		No Meet Held	
1952	A	Des Moines, East	3:38.8		B	Lake View-Auburn	3:43.3	1971		Relay Not Contested	
	B	Lake City	3:45.2		C	Sioux Rapids	3:40.9	1972	AA	Davenport, Central	3:34.3
1953	AA	Ames	3:40.3	1962	AA	Ames	3:34.2		A	Corning	3:35.8
	A	Winterset	3:49.0		A	North Scott, Eldridge	3:36.9		B	Manning	3:41.5
	B	Aurelia	3:46.7		B	Glidden-Ralston	3:43.5		C	New Hartford	3:40.0
	C	Richland	4:00.1		C	Sioux Rapids	3:36.4				

Mile Medley Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1931		Keokuk	4:01.5	1951	A	Des Moines, East	3:50.1	1959	AA	Cedar Rapids, Jefferson	3:43.7
1932		Davenport	4:00.0		B	Oelwein	3:53.8		A	Leon	3:52.5
1933		Oskaloosa	3:57.4	1952	A	Des Moines, East	3:49.7		B	Glidden-Ralston	3:47.5
1934		Des Moines, North	3:40.0		B	Traer	4:01.9		C	Menlo	3:56.4
1935		Clinton	3:53.1	1953	AA	Des Moines, North	3:46.7	1960	B	Emmetsburg	3:50.5
1936		Valley Junction	3:36.8		A	Albia	4:01.2		C	LuVerne	4:00.1
1937		Dubuque	3:35.2		B	DeWitt	3:55.2	1961	B	Adel	3:53.6
1938		Ames	3:39.4		C	West Branch	3:59.2		C	Sioux Rapids	3:54.6
1939		Des Moines, East	3:36.5	1954	AA	Des Moines, North	3:39.1	1962	B	Carlisle	3:51.2
1940	A	Ames	3:38.4		A	Creston	3:54.6		C	Sioux Rapids	3:51.3
	B	Denison	3:41.1		B	Sigourney	3:37.1	1963	B	Sheffield-Chapin	3:43.8
1941	A	Ottumwa	3:38.2		C	Pleasantville	3:59.1		C	Lake View-Auburn	3:46.1
	B	Toledo Juvenile Home	3:37.0	1955	AA	Des Moines, East	3:51.6	1964	B	Albert City-Truesdale	3:49.6
1942	A	Ames	3:36.4		A	Clarinda	3:53.3		C	Sheffield-Chapin	3:51.7
	B	Toledo Juvenile Home	3:39.8		B	Lake City	3:56.8	1965	B	Anita	3:51.7
1943		No Meet Held - WWII			C	Elliott	3:57.5		C	Preston	3:56.2
1944		No Meet Held - WWII		1956	AA	Newton	3:49.0	1966	B	Iowa City, University High	3:48.5
1945		No Meet Held - WWII			A	Clarinda	3:48.2		C	Treynor	3:50.0
1946	A	Des Moines, East	3:30.9		B	Grundy Center	3:53.0	1967	B	Manson	3:48.6
	B	Knoxville	3:40.8		C	Wellman	3:53.9		C	Treynor	3:50.8
1947	A	Cedar Rapids, Wilson	3:41.2	1957	AA	Des Moines, Tech	3:46.6	1968	B	Manson	3:47.8
	B	Hampton	3:49.5		A	Cherokee	3:51.7		C	Treynor	3:45.0
1948	A	Des Moines, East	3:50.0		B	Britt	3:46.4	1969	B	Cedar Falls, University	3:46.8
	B	Nevada	4:00.5		C	Hedrick	3:52.0		C	Armstrong	3:49.1
1949	A	Iowa City	3:47.9	1958	AA	Ames	3:45.6				
	B	Nevada	3:53.2		A	Eagle Grove	3:50.0				
1950	A	Iowa City	3:48.3		B	Emmetsburg	3:51.5				
	B	Iowa City, University High	3:55.5		C	Menlo	3:57.2				

Two Mile Relay

Year	Class	School	Time	Year	Class	School	Time	Year	Class	School	Time
1931		Fairfield	8:34.9	1952	A	Davenport	8:29.0	1964	AA	Ames	8:07.4
1932		Cherokee	8:29.4		B	Des Moines, West	8:53.6		A	Red Oak	8:27.7
1933		Cherokee	8:26.6	1953	AA	Boone	8:32.9	1965	AA	Davenport, Central	8:17.3
1934		Des Moines, North	8:23.8		A	Albia	8:55.6		A	West Monona	8:26.2
1935		Waterloo, West	8:35.9		B	DeWitt	8:59.6	1966	AA	Ames	8:09.9
1936		Cherokee	8:36.9		C	College Springs	9:09.0		A	West Monona	8:28.1
1937		Des Moines, East	8:40.0	1954	AA	Ames	8:30.1	1967	AA	Sioux City, Central	8:10.0
1938		Des Moines, Roosevelt	8:33.5		A	Audubon	8:45.6		A	Shenandoah	8:28.5
1939		Pella	8:31.1		B	Postville	8:54.4	1968	AA	Ames	8:12.8
1940	A	Clinton	8:46.5		C	College Springs	9:03.7		A	Westwood	8:26.2
	B	Denison	8:42.7	1955	AA	Ames	8:20.7	1969	AA	Ames	8:09.0
1941	A	Ottumwa	8:42.7		A	Clarinda	8:47.8		A	Emmetsburg	8:33.0
	B	DeWitt	9:00.5		B	DeWitt	8:49.6				
1942	A	Des Moines, East	8:34.2		C	Quimby	8:51.0				
	B	Iowa City, University High	8:50.3	1956	AA	Des Moines, East	8:26.2				
1943		No Meet Held - WWII			A	Clarinda	8:30.3				
1944		No Meet Held - WWII		1957	AA	Newton	8:17.4				
1945		No Meet Held - WWII			A	Clarinda	8:37.1				
1946	A	Ames	8:33.0	1958	AA	Ames	8:25.0				
	B	Iowa City, University High	9:01.0		A	Clarinda	8:45.8				
1947	A	Davenport	8:38.6	1959	AA	Ames	8:21.1				
	B	Nevada	9:02.8		A	Winterset	8:47.5				
1948	A	Des Moines, East	8:41.0	1960	AA	Ames	8:25.5				
	B	Marion	9:00.6		A	North Scott	8:40.0				
1949	A	Cedar Rapids, Roosevelt	8:34.6	1961	AA	Ames	8:21.2				
	B	Nevada	8:54.5		A	Cherokee	8:45.0				
1950	A	Davenport	8:36.6	1962	AA	Ames	8:17.6				
	B	Nevada	8:39.8		A	Maquoketa	8:37.0				
1951	A	Davenport	8:37.1	1963	AA	Davis County	8:07.2				
	B	Nevada	8:52.4		A	West Monona	7:58.9				

High Jump

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Francis Cretzmeyer	Emmetsburg	5-07.875	1955	AA	(T)Ted Harvey	Des Moines, East	5-11.75
1932		Orville Madsen	Ames	5-10.75			(T)Max Mochal	Cedar Rapids, Roosevelt	5-11.75
1933		Maurice Kelly	Grinnell	5-08.50		A	Dick Livermore	Shenandoah	5-08.75
1934		Hoyle Eivens	Corning	5-11.75		B	(T)Walter McCoy	Osange	5-10.50
1935		(T)Hoyle Eivens	Corning	5-10.75			(T)Laverne Zobel	Tama	5-10.50
		(T)Edward Myhre	Clear Lake	5-10.75		C	Pat Gilpin	Wellman	5-03.75
1936		Daniel Mnaley	Clinton	6-00.50	1956	AA	(T)Jim Hutchins	Waterloo, East	6-01.00
1937		Jack Alderdice	Davenport	5-08.75			(T) Larry Stater	Oskaloosa	6-01.00
1938		(T)Harry Sanders	Des Moines, East	5-08.00		A	(T)Tom Sanger	Grinnell	5-05.75
		(T)Paul Mathiasmeier	Fort Madison	5-08.00			(T)Dwight Belknap	Vinton	5-05.75
1939		(T)Harold Morrow	Des Moines, North	5-08.00		B	LaVerne Zobel	Tama	6-01.00
		(T)Bob Gillespie	Oskaloosa	5-08.00		C	Bill Waddle	Prairie City	5-07.00
1940	A	Buckney	Keokuk	5-09.00	1957	AA	(T)Bob Baldus	Ames	5-10.00
	B	Jo Nucko	Albia	5-09.00			Weldon Ward	Fort Madison	5-10.00
1941	A	Romaine Woodward	Ames	5-09.50		A	Con Persels	Osceola	6-02.75
	B	Larry Marxer	Iowa School for Deaf	6-01.00		B	Ron Morrison	Wilton Junction	5-10.25
1942	A	Brown	Des Moines, Roosevelt	5-10.00		C	Fred Olson	Olson,	6-02.00
	B	(T)Gale Wienands	Vinton	5-06.00	1958	AA	Kent Rogerson	Des Moines, East	6-01.00
		(T)David Donald	Corydon	5-06.00		A	Bob Kentnor	Leon	5-08.50
1943	No Meet Held - WWII					B	Dick Johnson	Villisca	6-01.00
1944	No Meet Held - WWII					C	Jim Rogers	Moville	5-06.00
1945	No Meet Held - WWII				1959	AA	(T)John Carl	Athlantic	5-10.00
1946	A	Rolland Knight	Ames	5-11.75			(T)Scott Berry	Davenport	5-10.00
	B	Dale Voyce	Knoxville	5-09.00			(T) Emmitt Hoosman	Waterloo, East	5-10.00
1947	A	(T)Don Green	Ames	5-10.50		A	Gary Meyer	Calarion	5-09.00
		(T)Harold Littell	Cedar Rapids, Franklin	5-10.50		B	(T)Tom Nolan	St. Mary's, Clinton	5-10.00
		(T)Don Spangler	Des Moines, North	5-10.50			(T)Kent Harbaugh	Manson	5-10.00
	B	(T)Herbert Belz	Cedar Falls	5-09.00		C	Harold McCarty	Prairie, Gowrie	5-09.00
		(T)George York	Cedar Falls, Teachers	5-09.00	1960	AA	Gayle Hopkins	Devenport	6-05.50
1948	A	Milton Reece	Des Moines, East	5-10.00		A	(T)Jim Brye	Waverly	6-01.00
	B	(T)Don Swartzendruber	Wellman	5-08.00			(T) Dave Suntken	Belmond	6-01.00
		(T)John May	Manchester	5-08.00		B	(T)Jim Liercke	Tipton	5-05.75
1949	A	Jon Wardell	Davenport	5-11.00			(T) Buster Lowery	Grundy Center	5-05.75
	B	(T)Bernard Nanke	Cedar Falls, Teachers	5-05.00			(T) Steve Wacker	Wilton Junction	5-05.75
		(T)Gary Beckley	Grundy Center	5-05.00			(T)Mike Reis	Woodbine	5-05.75
		(T)Dean Gunderson	Postville	5-05.00			(T)John Nagel	Elkader	5-05.75
1950	A	Al Gatewood	Des Moines, East	5-09.00			(T)Norm Johnson	South Page	5-05.75
	B	Lester Stevens	Knoxville	5-05.50			(T)Pat Batten	Eldora	5-05.75
1951	A	(T)Dick Stuber	Ames	5-08.00		C	Paul Gilligan	LuVerne	5-08.75
		(T)Bill Soltau	Davenport	5-08.00	1961	AA	Leslie Ford	Waterloo, East	6-01.75
		(T)Bruce Penquite	Des Moines, North	5-08.00		A	(T)Roger Port	Anamosa	5-08.25
	B	Les Stevens	Lovilia	6-01.00			(T)Wayne Wenthe	West Union	5-08.25
1952	A	(T)Brad Ankerstar	Cedar Rapids, Franklin	5-09.50		B	(T)Dennis Hosma	Buffalo Center	5-09.00
		(T)Karl Kullander	Cedar Rapids, Roosevelt	5-09.50			(T)Don Lounsbury	New London	5-09.00
		(T)George Frohwein	Iowa City	5-09.50		C	(T)Paul Gilligan	LuVerne	5-09.50
		(T)Bud Lister	Newton	5-09.50			(T) Tony Spencer	Norwalk	5-09.50
		(T)Williard Newton	Des Moines, East	5-09.50	1962	AA	Craig Williams	Oelwein	6-01.00
	B	(T)Lester Stevens	Lovilia	5-11.25		A	John Spitzler	Iowa City, University	5-11.50
		(T)Bob Clark	Winterset	5-11.25		B	(T)Darol Carter	Altoona	5-11.00
1953	AA	(T)Marv Giebelstein	Ames	5-08.25			(T)Dennis Lutz	Lenox	5-11.00
		(T) Jim McConnell	Des Moines, Roosevelt	5-08.25		C	(T)Jim Peoples	Woodward	5-09.00
		(T)Don Nachtman	Dubuque	5-08.25			(T)Dick Endersby	Sioux Rapids	5-09.00
		(T)Dick Walt	Oskaloosa	5-08.25			(T)Wayne Kolbe	Crestland	5-09.00
		(T)Alvin Schmidt	Ottumwa	5-08.25			(T)Duane Van Wyk	Prairie City	5-09.00
	A	Tom Ecker	Waverly	5-08.25	1963	AA	Don Timmerman	Davenport, West	5-11.75
	B	Max Mochal	Tama	5-08.375		A	Ken Pearson	West Sioux	6-01.25
	C	Jim Little	West Branch	5-03.75		B	Lawrence Holley	Carroll	5-10.00
1954	AA	Del Stamp	Clinton	5-10.00		C	Duane Van Wyk	Prairie City	6-00.50
	A	Eddie Welch	Clarinda	5-06.75	1964	AA	Jack Baker	Des Moines, Roosevelt	6-04.25
	B	(T)Jerry Doonan	Brooklyn	5-10.25		A	John Slutts	Cardinal, Eldon	6-05.75
		(T)Dick Adams	Keota	5-10.25		B	Wendell Hannum	Tri-County	5-11.25
	C	Ted Harvey	Toledo Juvenile Home	5-09.00		C	Duane Van Wyk	Prairie City	5-11.00

High Jump

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1965	AA	John Winkel	Sioux City, East	6-02.00	1969	AA	Mike Burrows	Dubuque	6-04.00
	A	John Slutts	Cardinal, Eldon	6-01.00		A	Rich Albaugh	Ankeny	6-02.00
	B	Larry Hughes	Cambria-Corydon	5-08.00		B	Steve Ehlers	Albert City-Truesdale	6-02.00
	C	Dave Jargo	Preston	5-10.00		C	Dave Ricketts	Solon	6-04.00
1966	AA	Larry Wilson	Iowa City	6-04.25	1970		No Meet Held.		
	A	Joe Mokebust	Eagle Grove	6-02.00	1971	AA	Larry Loots	Ames	6-04.00
	B	Lloyd Thornburg	Pleasantville	6-02.00		A	Mike Murphy	Perry	6-03.50
	C	Dave Jargo	Preston	5-11.00		B	Carl Horstman	Paullina	6-02.00
1967	AA	Bob Anderson	Council Bluffs, Lincoln	6-01.00		C	Tom Winchell	Treynor	6-01.00
	A	Dave Larsen	Harlan	6-02.00	1972	AA	Bill Knodedel	Iowa City, City High	6-05.75
	B	Lon Cakerice	Eldora	5-10.00		A	Gary Twedt	West Lyon	6-01.00
	C	Bob Nevitt	Earlham	6-01.00		B	Willie DeMan	Alta	6-02.00
1968	AA	Phil Zickefoose	Mount Pleasant	6-03.00		C	Bill Seeley	CAL	6-02.00
	A	Rich Albaugh	Ankeny	6-02.00					
	B	Dave Bahr	Belle Plaine	6-01.00					
	C	Kevin Minish	Springville	6-01.00					

Long Jump

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Skeets Haltom	Osceola	20-06.50		A	Bill Ormston	Waverly	21-02.50
1932		(T)Carl Nelson	Clinton	22-02.50		B	Don Harmon	Manson	20.04.50
		(T)Skeets Haltom	Creston	22-02.50		C	Tom Castles	Dallas Center	19-08.50
1933		Carl Nelson	Clinton	22-09.50	1956	AA	Bob Warren	Centerville	21-02.125
1934		Jack Saggau	Denison	22-02.75		A	Marvin Logan	Bloomfield	21-04.00
1935		Andrews	Clinton	21-03.00		B	Don Franklin	Belle Plaine	20-02.50
1936		Jack Phillips	Webster City	21-057/8		C	Ron Thompson	Conrad	19-09.75
1937		(T)Jack Alderdice	Davenport	21-05.00	1957	AA	Chuck Lamson	Ames	22-00.25
		(T)Jack Wilson	Davenport	21-05.00		A	Chuck Runge	DeWitt	21-10.75
1938		Bill Green	Newton	22-07.00		B	Duane Petz	Williamsburg	20-08.25
1939		Earl Carr	Cedar Rapids, McKinley	20-09.50		C	Larry Wink	Moville	19-05.50
1940	A	Jim Struthers	Waterloo, West	21-00.00	1958	AA	Tom Sampson	Clinton	21-09.00
	B	Wilbur Wortman	Grinnell	21-03.00		A	Jim Van Werden	Winterset	20-10.00
1941	A	Ray Davison	Waterloo, West	20-00.00		B	Duane Petz	Williamsburg	21-00.375
	B	Bruce Peters	Orient	20-04.00		C	Mike Stoline	Grand Junction	19-09.00
1942	A	Wallace Peterson	Davenport	21-00.75	1959	AA	Craig Spencer	Marshalltown	21-05.75
	B	Gale Wienands	Vinton	20-08.50		A	Frank Bindel	Winterset	20-05.50
1943		No Meet Held - WWII				B	Duane Petz	Williamsburg	21-03.25
1944		No Meet Held - WWII				C	Dick Umsted	Harcourt	20-04.50
1945		No Meet Held - WWII			1960	AA	Eliger Robinson	Waterloo, East	22-11.50
1946	A	Al Ballard	Ames	21-11.00		A	John Wagner	Perry	20-10.00
	B	Bill Pew	LeMars	20-10.75		B	Lonnie Rogers	English Valleys	21-08.00
1947	A	Don Green	Ames	22-06.00		C	Dennis DeWitt	Elliott	21-03.00
	B	Luther Witt	Valley Junction	19-11.75	1961	AA	Steve Westrate	Davenport, Central	21-08.50
1948	A	Jim Hayek	Davenport	21-02.75		A	(T)Gary Lamb	Ankeny	19.09.75
	B	Luther Witt	Valley Junction	20-07.875		(T)Larry Shyrock	Nevada	19.09.75	
1949	A	Hugh Hines	Burlington	21-11.50		B	Warren Pierce	West Branch	20-11.00
	B	Tom Shupe	Clarion	21-06.00		C	Mike Smith	Fayette	20-01.50
1950	A	Jerry Neisslie	Clinton	21-08.00	1962	AA	Glen Gibson	Cedar Rapids, Washington	21-08.00
	B	Tom Shupe	Clarion	21-07.50		A	John Wagner	Perry	21-11.75
1951	A	Donald Ringenberg	Newton	20-02.00		B	Warren Pierce	West Branch	21-02.50
	B	Gardner Van Dyke	Iowa City, University	19-10.00		C	Lloyd Van Zee	Prairie City	20-03.00
1952	A	Phil Leahy	Clinton	21-02.50	1963	AA	Tom Landsberg	Ames	21-09.25
	B	Don White	Lamoni	21-00.00		A	Maurice Heggen	St. Edmond, Fort Dodge	22-04.75
1953	AA	Dick Doane	Newton	21-02.50		B	Dennis Sims	Anita	21-11.75
	A	Tom Ecker	Waverly	21-08.25		C	Ron Battani	Woodward	20-05.00
	B	Gardner Van Dyke	Iowa City, University	21-02.00	1964	AA	Willie Andrews	Marshalltown	22-01.00
	C	Ted Harvey	Toldeo Juvenile Home	19-08.75		A	Ken Brauman	Eagle Grove	21-09.75
1954	AA	Frank Irvin	Des Moines, North	21-01.00		B	Bucky Arnold	Carlisle	21-04.50
	A	Ross Pilkington	Red Oak	20-11.00		C	Dennis Kropf	Wall Lake	20-06.75
	B	John Whitehead	Greene	20-01.00	1965	AA	Gene Baker	Davenport, Central	22-03.00
	C	Terry Stevens	Fayette	19-09.00		A	Ron Davis	Perry	22-05.00
1955	AA	Joe Smith	Ottumwa	21-05.50		B	Steve Harvey	Pleasantville	21-08.00

Long Jump

Year	Class	Name	School	Time	Year	Class	Name	School	Time
	C	Garry Phelps	Lone Tree	21-06.75	1969	AA	Greg Mulhall	Ames	21-11.25
1966	AA	Gene Baker	Davenport, Central	22-07.75		A	Ted Leverenz	Ankeny	21-08.25
	A	Jack Burke	Clarinda	21-02.75		B	Walter Cortez	Colfax	21-08.25
	B	Rod Nelson	Aurelia	21-00.25		C	Mark Swatley	Sanborn	21-01.50
	C	Dick Sand	Menlo	21-09.50	1970		No Meet Held.		
1967	AA	Verne Hawkins	Des Moines, Tech	22-08.25	1971	AA	Mark Chardoulais	Fort Dodge	22-07.50
	A	Jack Bedell	Jefferson	21-11.75		A	Mike Murphy	Perry	22-03.25
	B	Rich Franklin	Belle Plaine	21-02.50		B	Kent Madsen	Roland Story	21-00.50
	C	Kevin Remillard	Sioux Rapids	21-02.00		C	Tom Schroeder	Preston	21-07.00
1968	AA	Landy Waller	Cedar Rapids, Washington	22-09.75	1972	AA	Dan Wierson	Ames	22-00.25
	A	Ted Levernez	Ankeny	21-00.50		A	Van Phelps	Ankeny	20-06.00
	B	Rich Franklin	Belle Plaine	22-04.50		B	Steve Benieschek	Belle Plaine	20-11.25
	C	Dick Bennett	Bridgewater-Fontanelle	20-04.00		C	Murray Katter	Klemme	21-01.75

Shot Put

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Bob Earl	Des Moines, North	47-08.25	1956	AA	Dave Henschen	Davenport	56-04.00
1932		John Welbes	Dubuque	46-07.00		A	Scott Wagler	Bloomfield	51-04.50
1933		Floyd DeHeer	Oskaloosa	45-10.50		B	Dick Kruse	Mount Vernon	44-05.875
1934		Floyd DeHeer	Oskaloosa	50-04.00		C	Jerry Dawley	New Sharon	47-04.75
1935		Allen Dillon	Des Moines, Roosevelt	49-06.50	1957	AA	Bill Housel	Iowa City	53-04.50
1936		Allen Dillon	Des Moines, Roosevelt	52-08.25		A	Mike Welsh	Sac City	48-07.375
1937		Ora Pitts	Davenport	48-06.75		B	Allan Vieth	Oakland	48-06.50
1938		John Welchman	Davenport	46-10.50		C	Bill Reif	Kalona	45-07.625
1939		Ira Lund	Clinton	49-00.50	1958	AA	Richard Pilgrim	Davenport	55-06.00
1940	A	Dick Bliss	Ames	49-07.00		A	Mike Welsh	Sac City	51-08.375
	B	Ralph Beardsley	Anamosa	48-02.50		B	Bill Smith	Grundy Center	50-11.50
1941	A	Don Farrington	Ottumwa	47-05.75		C	Bill Reif	Kalona	48-05.00
	B	Clark Lowell	Webster City	48-01.50	1959	AA	Jerry Kamp	Fort Madison	55-11.00
1942	A	John Kroeger	Davenport	49-10.00		A	Jim Spooner	Storm Lake	48-09.50
	B	Jack McDonnell	Oelwein	48-11.50		B	Bill Smith	Grundy Center	51-03.25
1943		No Meet Held - WWII				C	Jerry Jobe	Tingley	42-08.625
1944		No Meet Held - WWII			1960	AA	Bob Berry	Burlington	56-02.00
1945		No Meet Held - WWII				A	Leonard Kinser	Red Oak	49-06.00
1946	A	Bob Nelson	Des Moines, North	52-06.50		B	Gregg Harrison	Eldora	48-02.75
	B	Donald Wilson	West Liberty	43-09.00		C	Bruce Petrich	Sanborn	44-09.50
1947	A	Joe Paulsen	Davenport	50-07.75	1961	AA	Wayne Thimmesch	Burlington	54-10.00
	B	Lee Hays	Knoxville	45-06.75		A	Larry Strickler	Sigourney	50-10.50
1948	A	Jim Robertson	Ames	50-05.50		B	Ron Ficke	Carroll	48-10.50
	B	Don Swartzendruber	Wellman	46-08.00		C	Jim Kohs	Winfield	44-03.00
1949	A	Jim Robertson	Ames	54-08.25	1962	AA	Jim Miller	Des Moines, North	54-10.00
	B	Marvin Tuttle	Iowa School for Deaf	48-08.50		A	Larry Leist	Rockwell City	50-07.75
1950	A	Bob Gahn	Burlington	50-04.50		B	Ron Beck	Exira	45-08.50
	B	Ralph Yoder	Ollie	46-11.75		C	Andy Ness	Sioux Rapids	49-05.25
1951	A	Bill Hood	Davenport	54-05.375	1963	AA	Terry Huff	Davenport, Central	57-01.25
	B	George Palmer	Marion	48-10.00		A	Steve Schmidt	Nevada	53-07.50
1952	A	Jim Freeman	Iowa City	51-08.00		B	Joel Harris	Carroll	52-07.25
	B	Bob Clark	Winterset	47-04.00		C	Douglas Winter	Ocheyedan	48-09.50
1953	AA	Jim Young	Waterloo, West	46-11.50	1964	AA	Terry Huff	Davenport, Central	57-11.25
	A	Rich Bourne	Iowa Falls	44-01.00		A	Dennis McNulty	Belmond	51-01.50
	B	Larry Voetberg	Traer	44-05.25		B	Doyle Douglas	Glidden-Ralston	52-03.50
	C	Bill Ehrenfelt	Wellman	44-04.75		C	Doug Winter	Meservey-Thornton	50-02.75
1954	AA	Jim Young	Waterloo, West	51-07.00	1965	AA	Jon Meskimen	Cedar Rapids, Jefferson	55-06.50
	A	Bob Alloway	Creston	50-07.75		A	Mike Mulvaney	Independence	49-06.25
	B	Kerlin Steinmetz	Sigourney	51-11.75		B	Kirk Stauss	Emmetsburg	50-08.50
	C	Jake Litwiller	Wellman	44-08.00		C	Ken Huelman	Schaller	52-05.75
1955	AA	Ed McDowell	Ames	53-01.00	1966	AA	Doug Lane	Cedar Rapids, Jefferson	59-04.75
	A	Scott Wagler	Bloomfield	46-04.75		A	Mike Mulvaney	Independence	53-04.00
	B	Gary Belgarde	Adel	47-07.75		B	John Martin	Cedar Falls, Teachers	50-05.00
	C	Jerry Dawley	New Sharon	43-03.25		C	Allan Feuerbach	Preston	56-03.00

Shot Put

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1967	AA	Doug Lane	Cedar Rapids, Jefferson	62-04.00	1970	No Meet Held.			
	A	Dave Mockridge	DeWitt	56-08.25	1971	AA	Mark Waschman	Cedar Falls	54-02.00
	B	Darrell Jansonius	Ackley-Geneva	51-11.00		A	Dan Hutchcroft	Mediapolis	54-11.00
	C	Veryl Olsen	LDF	49-09.25		B	Brad Storm	Belle-Plaine	55-05.50
1968	AA	Doug Lane	Cedar Rapids, Jefferson	66-06.00		C	George Williamson	Battle Creek	51-06.00
	A	Fred Beaver	Sac City	52-05.00	1972	AA	Rod Dirth	Burlington	55-02.50
	B	Chuck Asher	Carlisle	55-11.00		A	Dan Hutchcroft	Mediapolis	56-04.00
	C	Leon Walterman	Dike	56-00.25		B	Dave Lanther	Midland, Wyoming	55-11.00
1969	AA	Carl Hesse	Sioux City, East	57-02.75		C	George Williamson	Battle Creek	53-07.50
	A	Merv Krakau	Guthrie Center	53-00.00					
	B	Larry Hutchinson	West Harrison	52-06.50					
	C	Mike Clark	Gilbert	49-03.50					

Pole Vault

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1931		Ralph	Traer	12-01.00	1951	A	(T)Jay Mallas	Boone	11-01.00
1932		(T) Don Emery	Des Moines, East	11-06.75			(T)Wayne Selzer	Cedar Rapids, Roosevelt	11-01.00
		(T)DeRonda Moore	Creston	11-06.75			(T)Bob Collins	Davenport	11-01.00
1933		Roy Schiebel	Davenport	11-01.00			(T)Basil Libby	Waterloo, West	11-01.00
1934		Roy Schiebel	Davenport	12-04.00		B	Jim Hollingsworth	Oelwein	11-02.00
1935		Hoyle Eivens	Corning	12-01.00	1952	A	Nick Piper	Ames	12-06.00
1936		(T)John Reilly	Cedar Rapids, Roosevelt	11-06.00		B	Jerry Proudfit	Valley	11-08.50
		(T)Raymond Baden	Grinnell	11-06.00	1953	AA	(T)Les Chapman	Davenport	11-08.875
1937		LaVerne Griffin	Davenport	11-08.00			(T)Ken Ploen	Clinton	11-08.875
1938		Lester Bader	Grinnell	12-00.50		A	Fred Maher	Red Oak	10-06.00
1939		(T)Charles Stein	Fort Madison	10-09.00		B	Gardner Van Dyke	Iowa City, University	12-0.25
		(T)Kenneth Steinbeck	Richland	10-09.00		C	Warren Ellsworth	College Springs	10-03.00
1940	A	Frank Stamper	Keokuk	11-01.50	1954	AA	Les Chapman	Davenport	11-09.00
	B	Richard Willey	Corydon	10-10.50		A	(T)Lee Sill	Cresco	11-00.50
1941	A	Frank Stamper	Keokuk	11-05.50			(T)Howard Heinzl	Maquoketa	11-00.50
	B	Ivan Phillis	Vinton	11-05.50		B	Ivan Riggie	Iowa City, University	11-10.75
1942	A	Junior Barnes	Ames	11-08.00		C	(T)Warren Ellsworth	College Springs	10-06.00
	B	(T)Gale Wienands	Vinton	11-01.00			(T)Jerry Snooddy	New Sharon	10-06.00
		(T)Ray Struble	Vinton	11-01.00	1955	AA	(T)Pat Kilbane	Dubuque	11-10.00
		(T)David Donald	Corydon	11-01.00			(T)Noel Hansen	Marshalltown	11-10.00
1943		No Meet Held - WWII				A	Ralph Taylor	Clarinda	11-11.00
1944		No Meet Held - WWII				B	Dave Dillion	Cedar Falls, Teachers	11-11.00
1945		No Meet Held - WWII				C	Robert Sweeney	Carlisle	11-02.00
1946	A	(T)Louis Yeakle	Cedar Rapids, Roosevelt	11-03.00	1956	AA	(T)Jack Stevens	Ames	11-10.00
		(T)Harold Lutz	Clinton	11-03.00			(T)Tom Hertzberg	Clinton	11-10.00
		(T)Gerald Stamp	Clinton	11-03.00		A	Ralph Taylor	Clarinda	11-11.50
		(T)Ron Kramer	Dubuque	11-03.00		B	(T)Dick Van Horbeck	Belle-Plaine	10-01.00
	B	Theo Kephart	Sigourney	11-03.00		C	(T)Larry Birt	Sac City	10-01.00
1947	A	Lloyd Outzen	Clinton	11-08.00		C	Hugh Ferguson	Tingley	10-06.00
	B	(T)Bob Edwards	Knoxville	10-01.00	1957	AA	(T)Jack Stevens	Ames	12-03.50
		(T)Doyle Fidler	Valley Junction	10-01.00			(T)Jim Weeks	Ottumwa	12-03.50
		(T)Ron Edwards	Mount Vernon	10-01.00		A	John Diercks	DeWitt	11-07.00
		(T)Bill Smith	Lyons, Clinton	10-01.00		B	(T)Fred Hovel	Anamosa	10-03.00
1948	A	Jim Lindquist	Davenport	11-01.00			(T)Jim Toft	New London	10-03.00
	B	(T)Merritt Ewalt	Iowa City, University	10-01.00		C	Hugh Ferguson	Tingley	11-06.75
		(T)Bill Blass	Winterset	10-01.00	1958	AA	(T)Jerry Shipman	Oskaloosa	11-08.00
		(T)Paul Howell	Winterset	10-01.00			(T)Robert Neisslie	Clinton	11-08.00
		(T) Doyle Fidler	Des Moines, West	10-01.00		A	Mick Baller	Jefferson	12-01.50
1949	A	Richard Wendt	Dubuque	11-06.00		B	John Barbour	Tabor	11-01.00
	B	Bob Howell	Winterset	10-06.00		C	Jim Shleton	Modale	11-01.00
1950	A	Jerry Neisslie	Clinton	12-04.50					
	B	(T)Don Botts	Hampton	10-06.00					
		(T)Bill Liike	Knoxville	10-06.00					
		(T)Bill Kiddoo	Winterset	10-06.00					

Pole Vault

Year	Class	Name	School	Time	Year	Class	Name	School	Time
1959	AA	(T)George Smith	Davenport	12-03.00	1965	AA	Bob Smalling	Ames	13-01.75
		(T)Roy Shoecraft	Sioux City, East	12-03.00		A	Tom Kennedy	West Liberty	12-01.00
	A	Rich Meyer	Clarion	12-01.00		B	Phil Wertman	Villisca	11-09.00
	B	(T)Duane Handy	Hedrick	11-04.00		C	Dave Birch	Meriden-Cleghorn	11-03.00
		(T)Ned Glenn	Iowa City, University	11-04.00	1966	AA	Clyde Hovick	Boone	13-02.00
		(T)Chuck Lindquist	Aurelia	11-04.00		A	Terry Cory	Ankeny	13-02.00
	C	Don Berlin	Sanborn	10-06.00		B	Phil Wertman	Villisca	13-06.75
1960	AA	Dave Chipman	Ames	11-10.00		C	Steve Leonhardt	Emmetsburg	11-06.00
	A	Dennis Marcellus	Humboldt	11-06.00	1967	AA	Steve Leonhardt	Dowling Catholic	13-00.00
	B	Dave Wenck	Carroll	11-01.00		A	Duane Sullivan	Shenandoah	12-06.00
	C	(T)Jim Booker	Farragut	10-06.00		B	Phil Wertman	Villisca	14-00.25
		(T)Dee Lawrence	Bayard	10-06.00		C	Tim Dunn	Meriden-Cleghorn	11-06.00
		(T)Rex Burgus	Murray	10-06.00	1968	AA	Marv Monroe	Waterloo, East	13-08.25
1961	AA	(T)Dave Voss	Ames	12-01.00		A	Arvi Rebasso	Decorah	12-06.00
		(T)Buzz Wengler	Des Moines, Roosevelt	12-01.00		B	Lynn Oveson	Wilton Junction	12-06.00
		(T)Bernie Masterson	Davenport, West	12-01.00		C	Tim O'Clair	Clay Central	12-06.00
	A	Cal Parrott	Audubon	11-06.00	1969	AA	Steve Harken	Cedar Falls	13-02.00
	B	Dave Wenck	Carroll	12-01.00		A	Tony Nissen	Humboldt	12-03.00
	C	Rex Burgus	Murray	10-09.00		B	Kent Jorgensen	Anita	12-03.00
1962	AA	Buzz Wengler	Des Moines, Roosevelt	13-00.00		C	Dave Ramsey	Lincoln Central	12-09.00
	A	Jim Baller	Jefferson	12-04.00	1970		No Meet Held.		
	B	Jim Taylor	South Page	11-06.00	1971	AA	Dave Nielson	Iowa City, West	14-06.25
	C	Lewis Boehnke	Ventura	11-01.00		A	Dave Easton	Clear Lake	13-00.00
1963	AA	Bob Holmes	Clinton	11-08.00		B	Pat Flynn	Odebolt-Arthur	12-07.00
	A	Jim Baller	Jefferson	13-01.00		C	Mike Scott	Dexfield	12-01.00
	B	Jim Taylor	South Page	13-02.50	1972	AA	Ken Anderson	Ames	13-06.00
	C	Rex Harvey	Dexfield	12-00.75		A	Daryl Hoogeveen	West Lyon	13-03.75
1964	AA	Terry Bowes	Des Moines, Roosevelt	12-07.00		B	Dave McAlpin	Villisca	12-06.00
	A	Dave Heatherman	Humboldt	12-06.00		C	Pat Bradley	Lenox	12-01.00
	B	Terry Farmer	WACO	11-09.00					
	C	Rex Harvey	Dexfield	12-00.25					

Head Coaches of Team State Champions

<u>Name</u>	<u>School(s)</u>	<u>#</u>	<u>Year(s)</u>	<u>Name</u>	<u>School(s)</u>	<u>#</u>	<u>Year(s)</u>
Hiram "Hi" Covey	Ames	9	1946, 55, 57, 58, 59, 62, 63, 64, 66	E. Wayne Cooley	Nevada	1	1949
Jesse Day	Davenport	6	1939, 40, 42, 47, 48, 52	Evo Sjeklocha	Indianola	1	1958
Mike Augustine	Des Moines, East	4	1937, 38, 50, 51	Floyd Anderson	Cedar Falls	1	1969
Chuck Silvey	Des Moines, Tech	3	1956, 60, 61	Fred Ekstrand	Toledo Juvenile Home	1	1953
Ira Dunsworth	Davenport, Central	3	1965, 68, 72	Fred Smith	Ankeny	1	1971
J.W. Altfillisch	Clarinda	3	1963, 64, 66	George McVicker	Villisca	1	1965
John Swanson	Manson; Storm Lake	3	1967, 68(T); 72	Gordon Hoover	Lake View-Auburn	1	1961
L.A. Gluenkin	Fairfield	3	1931, 32, 40	Harlan Milliken	Ames	1	1969
Albert Gray	Clarinda	2	1955, 56	Harold Birney	DeWitt	1	1953, 57
Bob McClure	Elliott	2	1955, 56	Homer Weis	Red Oak	1	1953
Clint Stille	Emmetsburg	2	1958, 63	Jack Frisk	Anamosa	1	1956
Dean Roe	Dexfield	2	1963, 64	Jack McCreery	Preston	1	1965
Dick Textor	Bayard	2	1960, 61	Jim Cooper	Pleasantville	1	1954
Everett Scherich	Clinton	2	1933, 36	John Frost	Treynor	1	1966
Glen Wehrkamp	Hartley	2	1971, 72	John Jennett	Lake City	1	1955
Gordon Matson	Harlan; Cresco	2	1948; 1954	Ken Rapp	Moville	1	1957
Jim Lyle	Des Moines, North	2	1953, 54	Ken Wells	Ames	1	1941
John Sexton	Valley Junction	2	1941, 42	Leo Simms	Conrad	1	1958
R.H. Lynam	Des Moines, North	2	1934, 35	Marion Wilson	Denison	1	1947(T)
Tom Karpan	Des Moines, West	2	1951, 52	Mark McLarnan	Sioux City, Central	1	1967
Bill Bergan	Waterloo, Columbus	1	1971	Michael Fitzgerald	Sheffield-Chapin	1	1966
Bob Hoogeveen	Sioux Rapids	1	1962	Michael Guilliatt	Treynor	1	1968
Bob Miller	Glidden-Ralston	1	1962	Phil Ackerman	English Valleys	1	1964
Bruce Pickford	Cherokee	1	1961	Ray Oles	North Scott	1	1962
Burl Berry	Cedar Falls	1	1947(T)	Ray Wendel	Woodward-Granger	1	1972
Carl Johannsen	Burlington	1	1949	Richard Koolbeck	Belmond	1	1960
Charles Black	Cherokee	1	1968	Ronald Hood	Wall Lake	1	1967
Charles McGaffin	Winterset	1	1959	Ronald Miller	Treynor	1	1971
Clem Thompson	Iowa City, University High	1	1950	Roy Windhorst	Glenwood	1	1967
Dale Stephens	Dallas Center	1	1960	Vance Wymore	Knoxville	1	1946
David Brown	Lincoln Central	1	1969	Vaughn Tuttle	West Branch	1	1957
Don Cox	Lake City	1	1954	Wally Hanson	Eagle Grove	1	1965
Don Lewis	Prairie, Gowrie	1	1968(T)	Warren Kinzel	Ankeny	1	1969
Dusty Rhodes	New London	1	1959	William Kephart	West Chester	1	1959

Schools with Most Team Titles

<u>School</u>	<u># of Titles</u>	<u>Years</u>
Ames	11	1941, 46, 55, 57, 58, 59, 62, 63, 64, 66, 69
Davenport, Central	9	1939, 40, 42, 47, 48, 52, 65, 68, 72
Clarinda	5	1955, 56, 63, 64, 66
Des Moines, East	4	1937, 38, 50, 51
Des Moines, North	4	1934, 35, 53, 54
Des Moines, West	4	1941, 42, 51, 52
Des Moines, Tech	3	1956, 60, 61
Fairfield	3	1931, 32, 40
Treynor	3	1966, 68, 71

Indoor Team & Individual Records

Teams - Most Running Event Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Davenport	30	Des Moines, North	22	Fairfield	15
Davenport, Central	30	Clinton	22	Ames	14
Des Moines, East	25	Cherokee	15		

Teams - Most Relay Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Ames	30	Davenport	18	Des Moines, East	15
Des Moines, North	19	Davenport, Central	18	Des Moines, Roosevelt	10

Teams - Most Field Event Titles

<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>	<u>School</u>	<u># of Titles</u>
Davenport, Central	30	Des Moines, Roosevelt	9	Ankeny	7
Ames	26	Winterset	8	Belle Plaine	7
Clinton	17	Iowa City, University	7	Des Moines, North	7

Individuals - Most Running Event Titles

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Event(s)</u>	<u>Year(s)</u>
Clyde Duncan	Des Moines North	4	50 Yard Dash 440	1962, 63, 64 1964
Ted Harvey	Toledo Juvenile Home Des Moines, East	4	50 Yard Dash 60 Yard High Hurdles 50 Yard Dash	1953, 54 1954 1955

Individuals - Most Winning Relays

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Event(s)</u>	<u>Year(s)</u>
Gerald Spencer	Des Moines, North	6	880 Yard Relay Mile Relay, Mile Medley Relay	1953, 54 1954, 55
Bob Covey	Ames	5	880 Yard Relay Mile Relay	1955, 56, 57 1956, 57
Caesar Smith	Des Moines, North	5	880 Yard Relay, Mile Medley Mile Relay	1953, 54 1954
Charles Taylor	Des Moines, Tech	5	Mile Relay 880 Yard Relay	1959, 60, 61 1960, 61

Individuals - Most Field Event Titles

<u>Name</u>	<u>School(s)</u>	<u># of Titles</u>	<u>Event(s)</u>	<u>Year(s)</u>
Eivens	Corning	3	High Jump Pole Vault	1934, 35 1935
Les Stevens	Knoxville Lovilia	3	High Jump High Jump	1950 1951, 52
Ted Harvey	Toledo Juvenile Home Des Moines, East	3	Long Jump High Jump High Jump	1953 1954 1955
Duane Petz	Williamsburg	3	Long Jump	1957, 58, 59
Duane Van Wyk	Prairie City	3	High Jump	1962, 63, 64
Phil Wertman	Villisca	3	Pole Vault	1965, 66, 67
Doug Lane	Cedar Rapids, Jefferson	3	Shot Put	1966, 67, 68

Relays - Won Same Event 3+ Years in a Row

<u>School</u>	<u>Event</u>	<u>Years</u>	<u>School</u>	<u>Event</u>	<u>Years</u>
Ames	Two Mile	1958, 59, 60, 61, 62	Ames	Mile Relay	1956, 57, 58
Ames	880 Yard Relay	1955, 56, 57, 58	Treynor	Mile Medley Relay	1966, 67, 68
Des Moines, North	Mile Relay	1948, 49, 50			

School - Won All 4 Relays in a Single Meet

<u>School</u>	<u>Year</u>
Ames	1958

All-Time Indoor Bests

By Event

50 Yard Dash

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Carl Nelson	Clinton	1933	5.4
	Bill Green	Newton	1938	5.4
	Russ Ferguson	Cedar Rapids, McKinley	1940	5.4
	Clarence Bassett	Davenport	1942	5.4
	George Nichols	Des Moines, North	1947	5.4
	Page Arnold	Ames,	1949	5.4
	Ralph Richman	Dubuque	1949	5.4
	Dave Arends	Cedar Rapids, Roosevelt	1957	5.4
	Al Collier	Des Moines, North	1959	5.4
	Jim Kirby	Des Moines, North	1966	5.4
A	Ron Davis	Perry	1965	5.5
	Mike Lint	Anamosa	1967	5.5
B	Raymond Darnell	Winterset	1948	5.5
	Rudy Drahovzal	Cedar Rapids, Wilson	1942	5.5
	Dick Watkins	Anamosa	1956	5.5
C	Rick Freeburg	Pocahontas	1971	5.5

440 Yard Dash

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Roger Colglazier	Davenport, Central	1968	49.5
A	Steve Carson	Red Oak	1963	50.6
B	Gary Hollingsworth	English Valleys	1960	50.7
C	Larry Hulsing	New Hartford	1972	52.1

600 Yard Run

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Frank Wellbourne	Des Moines, Hoover	1971	1:15.7
A	Dan Marquardt	Ankeny	1971	1:19.7
B	Jim Tatman	Belle Plaine	1971	1:17.2
C	Paul Laipple	New London	1971	1:19.5

880 Yard Run

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Steve Gerkin	Sioux City, Central	1966	1:57.2
A	Lynn Schlotterbeck	Guthrie Center	1934	1:58.1
B	George Norenberg	Keota	1966	2:02.3
C	Bob Larson	Irwin	1972	2:00.4

1000 Yard Run

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Mike Burke	Waterloo, Columbus	1971	2:16.0
A	Dan Marquardt	Ankeny	1971	2:26.3
B	Tim Williamson	Grundy Center	1971	2:26.0
C	Art Milliken	Hedrick	1971	2:25.0

One Mile Run

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Doug Smith	Sioux City, Central	1968	4:16.9
A	Chuck Cassel	Garrigan	1971	4:27.5
B	Dennis Reed	Anita	1964	4:30.1
C	Jerome Howe	Treynor	1968	4:20.1

Two Mile Run

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Mark Johnson	Mason City	1972	09:32.4
A	Mark Adamson	Cherokee	1972	10:04.8
B	Mark Skahill	Villisca	1972	10:05.5
C	Phil Coppess	Oxford Junction	1972	09:56.9

60 Yard Low Hurdles

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Carl Nelson	Clinton	1933	6.9
A	Ron Davis	Perry	1965	7.1
B	Gary Lutz	Osceola	1951	7.3
	Les Stevens	Lovilia	1951	7.3
	John Walden	Lamoni	1953	7.3
	Fritz Rohde	Ballard	1965	7.3
C	Duane Miller	New Sharon	1955	7.3
	Ed McDaniel	Woodward-Granger	1971	7.3

60 Yard High Hurdles

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	John Dvorak	Cedar Rapids, Washington	1965	7.4
A	John Bell	Spirit Lake	1969	7.6
	Steve Casey	Cherokee	1972	7.6
	Donald Van Cura	Cedar Rapids, Wilson	1940	7.7
B	Jim Dabner	Fairfield	1941	7.7
	Ted Graves	Cherokee	1949	7.7
	Les Stevens	Lovilia	1951	7.7
	Ed McDaniel	Woodward-Granger	1971	7.7

High Jump

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Bill Knoedel	Iowa City, City	1972	6-05.75
A	John Slutts	Cardinal	1964	6-05.75
B	Lloyd Thornburg	Pleasantville	1966	6-02.00
	Steve Ehlers	Albert City-Truesdale	1969	6-02.00
	Carl Horstman	Paullina	1971	6-02.00
	Willie DeMan	Alta	1972	6-02.00
C	Dave Ricketts	Solon	1969	6-04.00

Long Jump

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Eliger Robinson	Waterloo, East	1960	22-11.50
A	Ron Davis	Perry	1965	22-05.00
B	Rich Franklin	Belle Plaine	1968	22-04.50
C	Dick Sand	Menlo	1966	21-09.50

Shot Put

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Doug Lane	Cedar Rapids, Jefferson	1968	66-06.00
A	Dave Mockridge	DeWitt	1967	56-08.25
B	Chuck Asher	Carlisle	1968	55-11.00
C	Al Feuerbach	Preston	1966	56-03.00

Pole Vault

<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Time</u>
AA	Dave Nielson	Iowa City, West	1971	14-06.25
A	Daryl Hoogveen	West Lyon	1972	13-03.75
B	Phil Wertman	Villisca	1967	14-00.25
C	Dave Ramsey	Lincoln Central	1969	12-09.00

880 Yard Relay

AA	Ames	1957	1:33.4
A	Harlan	1959	1:35.9
B	Glenwood	1958	1:36.8
	Emmetsburg	1963	1:36.8
C	Wall Lake	1961	1:37.9

Mile Relay

AA	Davenport, Central	1968	3:27.6
A	Clarinda	1964	3:33.4
B	Manson	1967	3:36.3
C	Sioux Rapids	1962	3:36.4

Mile Medley Relay

AA	Des Moines, North	1954	3:39.1
A	Clarinda	1956	3:48.2
B	Sheffield-Chapin	1963	3:43.8
C	Treynor	1968	3:45.0

Two Mile Relay

AA	Davis County	1963	8:07.2
A	Westwood	1968	8:26.2
	West Monona	1965	8:26.2
B	Nevada	1950	8:38.9
C	College Springs	1954	9:03.7

HISTORY

Sites of State Outdoor Championships

Year	Class	Place	Site Name	Present Day Name	Year	Class	Place	Site	Present Day Name
1906		Iowa City	Iowa Field	Kinnick Stadium	1959	AA, A	Ames	Clyde Williams Field	Jack Trice Stadium
1907		Iowa City	Iowa Field	Kinnick Stadium		B, C	Des Moines	Duke Williams Stadium	
1908		Des Moines	Haskins Field	Drake Stadium	1960	AA, A	Des Moines	Duke Williams Stadium	
1909		Des Moines	Haskins Field	Drake Stadium		B, C	Ames	Clyde Williams Field	Jack Trice Stadium
1910		Des Moines	Haskins Field	Drake Stadium	1961		Ames	Clyde Williams Field	Jack Trice Stadium
1911		Des Moines	Haskins Field	Drake Stadium	1962	AA, A	Iowa City	Iowa Stadium	Kinnick Stadium
1912		Des Moines	Haskins Field	Drake Stadium		B, C	Des Moines	Duke Williams Stadium	
1913		Des Moines	Haskins Field	Drake Stadium	1963	AA, A	Iowa City	Iowa Stadium	Kinnick Stadium
1914		Des Moines	Haskins Field	Drake Stadium		B, C	Des Moines	Duke Williams Stadium	
1915		Des Moines	Haskins Field	Drake Stadium	1964	AA, A	Iowa City	Iowa Stadium	Kinnick Stadium
1916		Des Moines	Haskins Field	Drake Stadium		B, C	Des Moines	Drake Stadium	
1917		Des Moines	Haskins Field	Drake Stadium	1965		Des Moines	Drake Stadium	
1918		Ames	State Field	Jack Trice Stadium	1966	AA	Fort Dodge	Dodger Stadium	
1919		Ames	State Field	Jack Trice Stadium		A	Eagle Grove	High School Stadium	
1920		Ames	State Field	Jack Trice Stadium		B, C	Des Moines	Drake Stadium	
1921		Ames	State Field	Jack Trice Stadium	1967	AA	Fort Dodge	Dodger Stadium	
1922		Ames	State Field	Jack Trice Stadium		A	Eagle Grove	High School Stadium	
1923		Ames	State Field	Jack Trice Stadium	1968	AA, A	Ames	High School Stadium	
1924		Iowa City	Iowa Field	Kinnick Stadium		B	Holstein	High School Stadium	Ridge View
1925		Ames	State Field	Jack Trice Stadium		C	Pocahontas	High School Stadium	
1926		Des Moines	Drake Stadium		1969	AA	Ames	High School Stadium	
1927		Ames	State Field	Jack Trice Stadium		A	Jefferson	Linduska Field	Greene County
1928		Ames	State Field	Jack Trice Stadium		B	Marion	Linn-Mar Stadium	
1929		Ames	State Field	Jack Trice Stadium		C	Pocahontas	High School Stadium	
1930		Ames	State Field	Jack Trice Stadium	1970	AA	Ames	High School Stadium	
1931		Ames	State Field	Jack Trice Stadium		A	Jefferson	Linduska Field	Greene County
1932		Ames	State Field	Jack Trice Stadium		B	Milford	High School Stadium	Okoboji
1933		Ames	State Field	Jack Trice Stadium		C	Pocahontas	High School Stadium	
1934		Grinnell	Ward Field	Rosenbloom Field	1971	AA	Ames	High School Stadium	
1935		Ames	State Field	Jack Trice Stadium		A	Marion	Linn-Mar Stadium	
1936		Ames	State Field	Jack Trice Stadium		B	New Sharon	High School Stadium	North Mahaska
1937		Ames	State Field	Jack Trice Stadium		C	Pocahontas	High School Stadium	
1938		Ames	State Field	Jack Trice Stadium	1972	AA	Cedar Rapids	Kingston Stadium	
1939		Ames	Clyde Williams Field	Jack Trice Stadium		A	Jefferson	Linduska Field	Greene County
1940		Ames	Clyde Williams Field	Jack Trice Stadium		B, C	Des Moines	Drake Stadium	
1941		Ames	Clyde Williams Field	Jack Trice Stadium	1973		Des Moines	Drake Stadium	
1942		Ames	Clyde Williams Field	Jack Trice Stadium	1974		Des Moines	Drake Stadium	
1943		Ames	Clyde Williams Field	Jack Trice Stadium	1975		Des Moines	Drake Stadium	
1944		Ames	Clyde Williams Field	Jack Trice Stadium	1976		Des Moines	Drake Stadium	
1945		Ames	Clyde Williams Field	Jack Trice Stadium	1977		Des Moines	Drake Stadium	
1946		Ames	Clyde Williams Field	Jack Trice Stadium	1978		Des Moines	Drake Stadium	
1947		Ames	Clyde Williams Field	Jack Trice Stadium	1979		Des Moines	Drake Stadium	
1948		Ames	Clyde Williams Field	Jack Trice Stadium	1980		Des Moines	Drake Stadium	
1949		Ames	Clyde Williams Field	Jack Trice Stadium	1981		Des Moines	Drake Stadium	
1950		Ames	Clyde Williams Field	Jack Trice Stadium	1982		Des Moines	Drake Stadium	
1951		Ames	Clyde Williams Field	Jack Trice Stadium	1983		Des Moines	Drake Stadium	
1952		Ames	Clyde Williams Field	Jack Trice Stadium	1984	4A, 3A	Des Moines	Drake Stadium	
1953	AA, A	Des Moines	Drake Stadium			2A, 1A	Ankeny	Ankeny Stadium	
	B, C	Grinnell	Ward Field	Rosenbloom Field	1985	4A, 3A	Des Moines	Drake Stadium	
1954	AA, A	Des Moines	Drake Stadium			2A, 1A	Ankeny	Ankeny Stadium	
	B, C	Ames	Clyde Williams Field	Jack Trice Stadium					
1955		Ames	Clyde Williams Field	Jack Trice Stadium					
1956		Ames	Clyde Williams Field	Jack Trice Stadium					
1957	AA, A	Ames	Clyde Williams Field	Jack Trice Stadium					
	B, C	Des Moines	Drake Stadium						
1958	AA, A	Ames	Clyde Williams Field	Jack Trice Stadium					
	B	Des Moines	Duke Williams Stadium						
	C	Boone	Goepfinger Field						

Since 1986, Drake Stadium in Des Moines, Iowa has been the only site that has held competition for all classes competing in the Iowa High School Track and Field Championships.

The meet became coed alongside the Iowa Girls High School Athletic Union in 2005.

IHSAA Track & Field Participation Boys, 1974-Present

Notes: 1. As reported by member schools to the Iowa High School Athletic Association, then archived by National Federation of State High School Associations (NFHS); 2. Survey methodology changed from NFHS and IHSAA over time, including participation estimates prior to 1981 and periodic reporting updates later.

The data shown below is as it was recorded and made publicly available at that time.

<u>School Year</u>	<u>Schools</u>	<u>Participants</u>	<u>School Year</u>	<u>Schools</u>	<u>Participants</u>
1974-1975	486	24300	1999-2000	381	10848
1975-1976	486	24300	2000-2001	381	10794
1976-1977	NA		2001-2002	381	10706
1977-1978	493	24650	2002-2003	381	10990
1978-1979	488	24400	2003-2004	381	10825
1979-1980	485	19400	2004-2005	381	10933
1980-1981	483	19320	2005-2006	381	11545
1981-1982	477	13805	2006-2007	381	11744
1982-1983	477	13805	2007-2008	373	12566
1983-1984	481	13115	2008-2009	372	12085
1984-1985	480	13115	2009-2010	370	11889
1985-1986	477	13115	2010-2011	363	12036
1986-1987	468	13200	2011-2012	359	12107
1987-1988	434	10164	2012-2013	357	12082
1988-1989	417	9865	2013-2014	356	11604
1989-1990	399	9372	2014-2015	358	11301
1990-1991	394	9091	2015-2016	351	12308
1991-1992	386	9178	2016-2017	350	11923
1992-1993	382	8994	2017-2018	353	12228
1993-1994	374	8814	2018-2019	350	12012
1994-1995	378	8726	2019-2020	178	6524
1995-1996	379	10830	2020-2021	315	10511
1996-1997	381	10938	2021-2022	367	11507
1997-1998	379	11156			
1998-1999	379	11212			