

## Iowa Girls &amp; Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 6 Boys 100 Meter Dash 3A (24) Prelims

Thursday 5/20/2021 - 1:12 PM

State Record: 10.74 2017 Isaiah Trousil, W Burlington

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1	Taron Green	11 Spencer	11.09	1
2	Ryan Brosius	10 Wahlert Catholic, Dubuque	11.21	1
3	Alex Mota	10 Marion	11.23	2
4	Alex Figueroa	12 Clear Creek-Amana	11.24	1
5	Simon Weitz	12 Assumption, Davenport	11.25	2
6	Colton Hoffman	12 Solon	11.27	3
7	Jacob Brecht	11 Benton Community	11.27	1
8	Samuel Murphy	12 Marion	11.28	4
9	Aaron Kramer	11 Center Point-Urbana	11.29	1
10	Zach Brand	12 Dallas Center-Grimes	11.36	1
11	Dawson Forgy	11 Winterset	11.38	2
12	Tate Johnson	11 Fort Madison	11.39	3
13	Caeden DaSilva	11 Nevada	11.39	1
14	Tegan Bock	12 Boone	11.42	3
15	Aidan McDermott	10 Xavier, Cedar Rapids	11.42	5
16	JD Elefson	12 North Polk, Alleman	11.43	2
17	Aidan Hall	10 Harlan	11.45	1
18	Jailen Hansen	12 Storm Lake	11.48	2
19	Ian Collins	11 Charles City	11.50	2
20	Haywood Stowe	11 Decorah	11.51	3
21	Nate Maki	11 Newton	11.54	2
22	Caiden Atienza	12 Maquoketa	11.54	6
23	Tonny Tarwo	12 Dallas Center-Grimes	11.55	4
24	Brock Sell	11 Glenwood	11.78	2

## Event 14 Boys 200 Meter Dash 3A (24) Prelims

Thursday 5/20/2021 - 11:10 AM

State Record: 21.22 2017 Isaiah Trousil, W Burlington

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1	Brevin Doll	09 ADM, Adel	22.41	1
2	Caeden DaSilva	11 Nevada	22.44	1
3	Jacob Brecht	11 Benton Community	22.45	1
4	Lucas Burmeister	11 Central DeWitt	22.66	1
5	Alex Mota	10 Marion	22.76	2
6	Taron Green	11 Spencer	22.76	1
7	JD Elefson	12 North Polk, Alleman	22.78	2
8	Sam Wallace	10 Benton Community	22.79	2
9	Ashton Verdoorn	12 Sergeant Bluff-Luton	22.85	2
10	Kieren Nichols	12 Knoxville	22.88	3
11	Alex Figueroa	12 Clear Creek-Amana	22.88	1
12	Aidan Hall	10 Harlan	22.93	1
13	Daniel DeBower	12 Waverly-Shell Rock	22.93	1
14	Aaron Kramer	11 Center Point-Urbana	22.95	2
15	Caden Grimes	12 Dallas Center-Grimes	22.96	2
16	Elijah Morris	10 Washington	22.99	2

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## Event 14 ... (Boys 200 Meter Dash 3A (24) Prelims)

Name	Year	School	Seed Time	
17 Tate Johnson	11	Fort Madison	23.02	3
18 Nate Maki	11	Newton	23.03	4
19 Matthew Bomgaars	12	Sioux Center	23.23	3
20 Silas Bales	12	Glenwood	23.24	2
21 Caiden Atienza	12	Maquoketa	23.24	3
22 Jake Brosius	12	Wahlert Catholic, Dubuque	23.28	4
23 Aiden Lyons	10	Fairfield	23.29	4
24 Marcus Beatty	11	Independence	23.30	3

## Event 22 Boys 400 Meter Dash 3A (24)

Thursday 5/20/2021 - 1:50 PM

State Record: 48.11 5/20/2005 Greg Offerman, Charles City

All-Time: 46.99 5/17/2019 Darien Porter, Bettendorf

Name	Year	School	Seed Time	
1 JD Elefson	12	North Polk, Alleman	49.77	1
2 Tegan Bock	12	Boone	50.46	1
3 Elijah Morris	10	Washington	50.53	1
4 Kieren Nichols	12	Knoxville	50.75	1
5 Karl Miller	11	Pella	50.82	2
6 Brayden Rickertson	12	Solon	51.23	1
7 Jackson Rozenboom	12	Pella	51.43	3
8 Michael Erlmeier	12	Harlan	51.45	1
9 Marcus Beatty	11	Independence	51.53	1
10 Dayton Davis	11	Fort Madison	51.71	2
11 Blake Smith	12	West Delaware, Manchester	51.83	2
12 Jake Blattel	09	North Polk, Alleman	51.99	2
13 Nick Brown	12	Algona	52.00	3
14 Jamison Witt	09	Ballard	52.21	2
15 Keyan Gisleson	11	Clear Creek-Amana	52.26	3
16 Ashton Verdoorn	12	Sergeant Bluff-Luton	52.27	1 Conv
17 Dane Beals	09	ADM, Adel	52.31	3
18 Evan Janzen	10	Boyden-Hull/Rock Valley	52.42	2 Conv
19 Silas Bales	12	Glenwood	52.51	2
20 Cale Hundertmark	12	Humboldt	52.65	4
21 Cash Jensen	10	Clear Creek-Amana	52.65	4
22 Nolan Weber	10	Gilbert	52.76	5
23 Cael Kass	11	LeMars	52.89	3 Conv
24 Jeremy Bachus	10	Solon	53.34	2

## Event 30 Boys 800 Meter Run 3A (24)

Saturday 5/22/2021 - 10:10 AM

State Record: 1:53.74 2008 Isaac Wendland, Charles City

All-Time: 1:50.18 2007 Aaron Stockstell, Mid-Prairie

Name	Year	School	Seed Time	
1 Nate Mueller	12	ADM, Adel	1:58.40	1
2 Tony Schmitz	12	Pella	1:59.29	1
3 Josiah Wittenberg	11	Pella	1:59.49	2
4 Aiden Harris	11	Benton Community	1:59.77	3
5 Eric Wittrock	12	Humboldt	2:00.28	1
6 Craig Alan Becker	12	Atlantic	2:00.35	1

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## Event 30 ... (Boys 800 Meter Run 3A (24))

Name	Year	School	Seed Time	
7	Justin Wright	12 Clear Lake	2:00.54	2
8	Parker Newcomb	12 Boone	2:00.84	2
9	Nathan Royer	12 ADM, Adel	2:01.26	3
10	Payton Rowe	12 Bondurant-Farrar	2:01.30	4
11	Lance Sobaski	11 Washington	2:02.57	1
12	Nick Kepford	11 Waverly-Shell Rock	2:02.59	1
13	Jacob Vais	11 Charles City	2:02.60	2
14	Kaden McGill	11 Knoxville	2:02.69	5
15	Blake Smith	12 West Delaware, Manchester	2:02.87	3
16	Jasper Nietert	12 Monticello	2:02.96	1
17	Samuel May	11 MOC-Floyd Valley	2:03.55	1
18	Carter Kurt	11 Monticello	2:03.65	2
19	Trusten Rosenberger	11 South Tama County	2:04.22	6
20	Andrew Smith	09 Glenwood	2:05.04	2
21	Dayton Brunsting	12 Boyden-Hull/Rock Valley	2:05.29	2
22	Ben Devalk	12 Solon	2:05.29	3
23	TJ Fitzpatrick	12 Assumption, Davenport	2:05.38	2
24	Bryor Hansel	12 Xavier, Cedar Rapids	2:05.53	4

## Event 38 Boys 1600 Meter Run 3A (24)

Saturday 5/22/2021 - 11:47 PM

State Record: 4:09.67 5/23/2015 Thomas Pollard, Gilbert  
 All-Time: 4:05.83 2016 Ryan Schweizer, Dowling Catholic

Name	Year	School	Seed Time	
1	Nate Mueller	12 ADM, Adel	4:28.07	1
2	Samuel May	11 MOC-Floyd Valley	4:30.00	1
3	Jackson Mace-Maynard	11 Newton	4:31.48	1
4	Craig Alan Becker	12 Atlantic	4:32.01	1
5	Chase Lauman	10 Pella	4:32.06	2
6	Mason Bach	12 Center Point-Urbana	4:32.57	1
7	Eli Larson	11 Center Point-Urbana	4:32.65	2
8	Shane Erb	11 Marion	4:33.89	1
9	Josiah Wittenberg	11 Pella	4:33.97	3
10	Brady Hogan	12 Decorah	4:34.20	3
11	Lance Sobaski	11 Washington	4:36.18	1
12	Marco Lopez	12 Boyden-Hull/Rock Valley	4:36.73	2
13	Quinton Orr	12 Humboldt	4:37.19	1
14	Ben Devalk	12 Solon	4:37.22	2
15	Patrick DeRonde	11 Oskaloosa	4:37.30	4
16	Seth Walraven	11 Knoxville	4:37.40	5
17	Braden Penyich	12 Grinnell	4:38.77	6
18	Aidan Ramsey	11 Dallas Center-Grimes	4:40.22	2
19	Nick Kepford	11 Waverly-Shell Rock	4:40.92	4
20	Zach Spora	10 North Polk, Alleman	4:41.41	2
21	Brandon Barker	12 Clear Creek-Amana	4:41.46	2
22	Cade Messer	12 Epworth, Western Dubuque	4:41.71	5
23	Cooper Greenslade	11 ADM, Adel	4:42.55	3
24	Andrew Smith	09 Glenwood	4:47.42	2

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## Event 46 Boys 3200 Meter Run 3A (24)

Thursday 5/20/2021 - 10:25 AM

State Record: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time
1 Eli Larson	11	Center Point-Urbana	9:40.60 1
2 Shane Erb	11	Marion	9:40.92 1
3 Brady Hogan	12	Decorah	9:42.83 2
4 Mason Bach	12	Center Point-Urbana	9:50.23 3
5 Nate Mueller	12	ADM, Adel	9:56.12 1
6 Quinton Orr	12	Humboldt	9:58.03 1
7 Aidan Ramsey	11	Dallas Center-Grimes	9:59.50 2
8 Jedidiah Osgood	10	Marion	10:03.91 2
9 Mason Back	10	Winterset	10:05.10 3
10 Zach Spora	10	North Polk, Alleman	10:05.16 2
11 Lance Sobaski	11	Washington	10:06.63 1
12 Max Spora	10	North Polk, Alleman	10:07.25 3
13 Chase Lauman	10	Pella	10:08.07 1
14 Jackson Mace-Maynard	11	Newton	10:08.07 2
15 William Wadsley	10	Gilbert	10:08.59 4
16 Andrew Smith	09	Glenwood	10:12.34 1
17 Cade Messer	12	Epworth, Western Dubuque	10:13.04 4
18 Cooper Greenslade	11	ADM, Adel	10:14.22 4
19 Nathan Munshower	12	Wahlert Catholic, Dubuque	10:14.57 3
20 Brandon Barker	12	Clear Creek-Amana	10:16.81 2
21 Carter Hancock	11	Wahlert Catholic, Dubuque	10:17.61 4
22 Bryant Keller	09	Glenwood	10:22.12 2
23 Marco Lopez	12	Boyden-Hull/Rock Valley	10:29.20 1
24 Kleyton De Groot	12	MOC-Floyd Valley	10:32.11 2

## Event 54 Boys 110 Meter Hurdles 3A (24) Prelims

Friday 5/21/2021 - 9:50 AM

State Record: 14.03 5/23/2014 Connor Ham, Solon

All-Time: 13.85 2018 Riley Moss, Ankeny Cent

Name	Year	School	Seed Time
1 Logan Brosius	12	Epworth, Western Dubuque	15.10 1
2 Bryce Wilson	10	Mount Pleasant	15.25 1
3 Jeremiah Chapman	12	Charles City	15.26 2
4 Sal Capaldo	11	North Polk, Alleman	15.32 1
5 Kaiyu Levongkhom	12	Webster City	15.39 2
6 Archer Ogbourne	11	Carlisle	15.45 1
7 Nolan Clayberg	11	Pella	15.51 1
8 Harrison Rosenberg	11	Clear Creek-Amana	15.53 2
9 Gage Huyser	11	Pella	15.57 2
10 Hunter Manock	12	North Polk, Alleman	15.58 3
11 Caden Unga	12	Monticello	15.58 1
12 Tyler Brown	12	Winterset	15.61 2
13 Quentin Burt	10	Bondurant-Farrar	15.62 3
14 Dae Quan Johnson	12	Marion	15.84 2
15 Brady Kohrs	10	Independence	15.95 3
16 Brady Mullen	11	Solon	15.95 3

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## Event 54 ... (Boys 110 Meter Hurdles 3A (24) Prelims)

	Name	Year	School	Seed Time	
17	Grayson Hartman	10	Xavier, Cedar Rapids	16.03	4
18	Tyson Cooley	12	Clear Lake	16.15	4
19	Colin Mullenix	12	Atlantic	16.20	1
20	Brady Jeworrek	12	Solon	16.27	5
21	Logan Zearley	11	Vinton-Shellsburg	16.33	4
22	Aidan DeJager	10	Sioux Center	16.36	1
23	Josiah Bundt	11	MOC-Floyd Valley	16.39	2
24	Tanner Pontow	11	Carroll	16.68	2

## Event 63 Boys 400 Meter Hurdles 3A (24)

Friday 5/21/2021 - 11:30 AM

State Record: 51.35 5/20/2005 Greg Offerman, Charles City

All-Time: 50.96 1996 Dustin Avey, Ames

	Name	Year	School	Seed Time	
1	Tegan Bock	12	Boone	53.51	1
2	Colin Mullenix	12	Atlantic	56.20	1
3	Gavin Zillyette	09	Clear Creek-Amana	56.23	1
4	Jace Figueero	10	West Burlington/Notre Dame	56.45	2
5	Colin Buch	11	Benton Community	56.46	1
6	Jordan Severs	12	Hampton-Dumont-CAL	56.79	1
7	Wesley Spears	11	Waverly-Shell Rock	56.79	1
8	Trenton Silvers	12	Bondurant-Farrar	56.89	2
9	Thomas McAllister	12	Marion	56.95	1
10	Zane Vance	12	Atlantic	57.00	2
11	Zack Graeser	12	Charles City	57.02	2
12	Keyan Gisleson	11	Clear Creek-Amana	57.22	3
13	Lane Kamerman	12	Sioux Center	57.47	1
14	Zeke Nelson	10	Clear Lake	57.49	2
15	Tyler Brown	12	Winterset	57.58	2
16	Cejay Whisler	12	Carlisle	57.75	3
17	Jacob Pipho	11	Decorah	57.76	3
18	Gavin Urias	12	Newton	57.79	3
19	Gage Huyser	11	Pella	57.79	4
20	Tanner Nauman	12	Epworth, Western Dubuque	57.87	4
21	Zach Smid	09	Dallas Center-Grimes	57.93	4
22	Emmet Dirksen	12	Sergeant Bluff-Luton	57.97	2
23	Collin Boehmer	12	LeMars	58.02	3
24	Tristan Rheingans	09	Central DeWitt	58.51	2

## Event 75 Boys 4x100 Meter Relay 3A (24) Prelims

Friday 5/21/2021 - 1:10 PM

State Record: 42.18 2008 Xavier, Cedar Rapids, Xavier, CR

D Kramer, D Woolner, C Reed, B Colston

All-Time: 41.33 1996 Iowa City High, Iowa City High

	Team	Relay	Seed Time	
1	Carlisle	1	42.80	1
2	Dallas Center-Grimes	1	42.83	2
3	Epworth, Western Dubuque	1	43.61	1
4	Marion	1	43.63	1
5	Wahlert Catholic, Dubuque	1	43.74	2

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## Event 75 ... (Boys 4x100 Meter Relay 3A (24) Prelims)

	Team	Relay	Seed Time	
6	Nevada	1	44.05	1
7	North Polk, Alleman	1	44.06	2
8	Spencer	1	44.10	1
9	Charles City	1	44.13	2
10	Decorah	1	44.16	3
11	Harlan	1	44.23	1
12	ADM, Adel	1	44.24	3
13	Assumption, Davenport	1	44.24	1
14	Webster City	1	44.36	3
15	West Burlington/Notre Dame	1	44.40	2
16	Hampton-Dumont-CAL	1	44.52	4
17	Keokuk	1	44.56	3
18	Winterset	1	44.57	4
19	Bishop Heelan Catholic, SC	1	44.63	2
20	Benton Community	1	44.69	1
21	Pella	1	44.71	2
22	Xavier, Cedar Rapids	1	44.94	3
23	Vinton-Shellsburg	1	44.96	4
24	Boyden-Hull/Rock Valley	1	44.98	2

## Event 83 Boys 4x200 Meter Relay 3A (24)

Friday 5/21/2021 - 10:35 AM

State Record: 1:27.87 5/20/2016

SB-Luton, SB-Luton

All-Time: 1:26.17 2019

M George, R McGregor, D Girres, B Wall  
Valley, WDM, Valley, WDM  
J Shaner, M Mahoney, R Neu, C Mitchell

	Team	Relay	Seed Time	
1	Carlisle	1	1:29.75	1
2	Dallas Center-Grimes	1	1:30.21	2
3	Wahlert Catholic, Dubuque	1	1:30.38	1
4	ADM, Adel	1	1:31.13	3
5	Nevada	1	1:31.22	1
6	Benton Community	1	1:31.35	1
7	Xavier, Cedar Rapids	1	1:31.56	2
8	Decorah	1	1:31.69	1
9	Spencer	1	1:31.71	1
10	Epworth, Western Dubuque	1	1:31.92	2
11	Fort Madison	1	1:31.97	1
12	Webster City	1	1:31.99	2
13	West Burlington/Notre Dame	1	1:32.08	2
14	Clear Lake	1	1:32.21	3
15	Grinnell	1	1:32.31	2
16	Assumption, Davenport	1	1:32.35	3
17	Central DeWitt	1	1:32.41	3
18	Clear Creek-Amana	1	1:32.57	4
19	Winterset	1	1:32.65	4
20	Bondurant-Farrar	1	1:32.75	3
21	Waverly-Shell Rock	1	1:32.82	3
22	Glenwood	1	1:33.07	1

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## Event 83 ... (Boys 4x200 Meter Relay 3A (24))

	Team	Relay	Seed Time	
23	Sioux Center	1	1:33.18	2
24	Harlan	1	1:34.27	2

## Event 91 Boys 4x400 Meter Relay 3A (24) Prelims

Friday 5/21/2021 - 2:15 PM

State Record: 3:18.24 2009 Bishop Heelan, SC, Bishop Heelan, SC

P Ives, M Malloy, N Berger, B Dougherty

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley

B Collins, Z Sandvig, R Keairnes, B McSkimming

	Team	Relay	Seed Time	
1	Pella	1	3:24.14	1
2	North Polk, Alleman	1	3:26.55	1
3	ADM, Adel	1	3:28.12	1
4	Boone	1	3:28.24	2
5	Humboldt	1	3:28.33	2
6	Carlisle	1	3:29.04	3
7	Waverly-Shell Rock	1	3:29.26	1
8	Fort Madison	1	3:29.80	1
9	Dallas Center-Grimes	1	3:29.88	4
10	Mount Vernon	1	3:30.05	1
11	Knoxville	1	3:30.15	2
12	Solon	1	3:30.37	2
13	Clear Creek-Amana	1	3:30.75	2
14	Carroll	1	3:30.94	1
15	Harlan	1	3:31.40	2
16	Epworth, Western Dubuque	1	3:31.82	2
17	Newton	1	3:31.83	3
18	Boyden-Hull/Rock Valley	1	3:32.00	1
19	Bondurant-Farrar	1	3:32.04	4
20	Decorah	1	3:32.07	3
21	Central DeWitt	1	3:32.18	3
22	Clear Lake	1	3:32.46	3
23	Washington	1	3:32.91	3
24	Sioux Center	1	3:33.62	2

## Event 99 Boys 4x800 Meter Relay 3A (24)

Thursday 5/20/2021 - 12:30 PM

State Record: 7:49.07 5/19/2011 Spirit Lake Park, Spirit Lake

A Baldwin, K Byers, K Feldick, W Norris

All-Time: 7:41.43 5/21/2015 Ames, Ames

L Grim, K Chol, A Akok, D Chan

	Team	Relay	Seed Time	
1	Pella	1	8:05.47	1
2	Epworth, Western Dubuque	1	8:11.56	1
3	Monticello	1	8:13.67	1
4	Mount Vernon	1	8:14.09	2
5	Newton	1	8:15.11	2
6	Boyden-Hull/Rock Valley	1	8:17.12	1
7	Clear Creek-Amana	1	8:17.13	1
8	Xavier, Cedar Rapids	1	8:18.55	3

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	Team	Relay	Seed Time	
9	North Polk, Alleman	1	8:19.81	1
10	MOC-Floyd Valley	1	8:19.88	2
11	Clear Lake	1	8:20.01	2
12	ADM, Adel	1	8:20.10	1
13	Humboldt	1	8:20.65	3
14	Assumption, Davenport	1	8:22.37	2
15	LeMars	1	8:23.03	3
16	Solon	1	8:23.20	4
17	Fairfield	1	8:23.55	3
18	Marion	1	8:23.95	5
19	Central DeWitt	1	8:26.46	6
20	South Tama County	1	8:29.32	3
21	Waverly-Shell Rock	1	8:30.68	2
22	Dallas Center-Grimes	1	8:32.56	2
23	Atlantic	1	8:38.74	1
24	Glenwood	1	8:41.25	2

## Event 113 Boys Distance Medley 3A (24)

Friday 5/21/2021 - 12:20 PM

State Record: 3:27.65 2004

Davenport Assumption, Dav. Assumption

B. Irmen, J. Conklin, M. Craddick, B. Adams

All-Time: 3:22.69 2001

Iowa City High, Iowa City High

	Team	Relay	Seed Time	
1	Newton	1	3:35.88	1
2	Humboldt	1	3:36.21	1
3	Atlantic	1	3:36.48	1
4	ADM, Adel	1	3:36.49	1
5	Dallas Center-Grimes	1	3:36.52	2
6	Pella	1	3:37.51	2
7	Clear Creek-Amana	1	3:37.58	1
8	Clear Lake	1	3:40.36	2
9	Waverly-Shell Rock	1	3:40.52	1
10	Oskaloosa	1	3:40.77	3
11	Center Point-Urbana	1	3:41.95	2
12	Decorah	1	3:43.13	3
13	Monticello	1	3:43.32	1
14	Mount Vernon	1	3:43.97	2
15	North Polk, Alleman	1	3:44.33	3
16	Bishop Heelan Catholic, SC	1	3:44.66	2
17	Carlisle	1	3:44.82	3
18	Solon	1	3:45.67	3
19	Boyden-Hull/Rock Valley	1	3:45.70	1
20	Mount Pleasant	1	3:46.01	2
21	Xavier, Cedar Rapids	1	3:46.01	4
22	MOC-Floyd Valley	1	3:46.88	2
23	Vinton-Shellsburg	1	3:47.59	4
24	Carroll	1	3:48.22	3



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## Event 121 Boys High Jump 3A (24)

Thursday 5/20/2021 - 9:00 AM

State Record: 6-11 2008

Colten Kelly, Anamosa

All-Time: 7-03.50 1981

Brian Tietjens, North Central, Manly

Name	Year	School	Seed	Mark
1 Ian Collins	11	Charles City	6-04.00	1
2 Jacques D'Almeida	12	Xavier, Cedar Rapids	6-03.00	1
3 Parker Elder	11	Pella	6-02.00	1
4 Jayton Poole	11	Boone	6-02.00	1
5 Caden Unga	12	Monticello	6-02.00	2
6 Jack Noble	11	North Polk, Alleman	6-01.00	1
7 Trevor Segar	12	Sioux Center	6-01.00	1
8 CJ Rickels	12	Vinton-Shellsburg	6-01.00	2
9 Colton Hoffman	12	Solon	6-01.00	3
10 Ethan Patterson	10	Washington	6-00.00	1
11 Tate Stine-Smith	12	ADM, Adel	6-00.00	2
12 Reed Pfaltzgraff	09	Bondurant-Farrar	6-00.00	2
13 Cody Krause	10	Glenwood	6-00.00	1
14 Sal Capaldo	11	North Polk, Alleman	6-00.00	2
15 Kord Ostrander	11	Glenwood	6-00.00	2
16 Tommy DeSollar	12	Epworth, Western Dubuque	6-00.00	3
17 James Francom	11	Gilbert	6-00.00	3
18 Vince Benetti	10	ADM, Adel	5-10.00	4
19 Marcus Walker	10	Epworth, Western Dubuque	5-10.00	4
20 Josh Smith	12	West Burlington/Notre Dame	5-10.00	3
21 Joshua Loren	10	Clear Creek-Amana	5-10.00	2
22 Jacob Hoffman	10	Sergeant Bluff-Luton	5-10.00	2
23 Sam Schrodt	12	Winterset	5-10.00	3
24 Gavin Cooper	11	Grinnell	5-10.00	3

## Event 129 Boys Long Jump 3A (24)

Friday 5/21/2021 - 9:00 AM

State Record: 23-04.25 5/23/2014

Chandler Diercks, Clear Lake

All-Time: 24-09.50 1984

Chris Walker, Davenport Central

Name	Year	School	Seed	Mark
1 Ian Collins	11	Charles City	22-05.00	1
2 Jacob Joe	12	Nevada	21-05.75	1
3 Juni McPhee	10	Carlisle	21-02.00	1
4 Keyontre Clark	12	Bishop Heelan Catholic, SC	21-01.00	1
5 Aiden Kuehl	11	Bishop Heelan Catholic, SC	20-11.75	2
6 Jacob Imhoff	12	Carlisle	20-11.50	2
7 Payton Vest	12	South Tama County	20-09.50	1
8 Mikey DiPrima	11	Fort Madison	20-09.00	1
9 Evan Turin	12	Denison-Schleswig	20-08.25	3
10 Lucas Curry	12	ADM, Adel	20-08.00	3
11 Cody Krause	10	Glenwood	20-08.00	4
12 Michael Erlmeier	12	Harlan	20-07.75	5
13 Titus Cram	09	Bondurant-Farrar	20-06.75	2
14 Jakob McGowan	11	Fort Madison	20-06.25	2
15 Kade Kreinbring	12	Assumption, Davenport	20-05.75	3
16 Keaton Jackson	11	Dallas Center-Grimes	20-05.00	4

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## Event 129 ... (Boys Long Jump 3A (24))

Name	Year	School	Seed	Mark
17 Kyle Cole	11	West Delaware, Manchester	20-04.75	2
18 Coleton Beasler-Weber	09	Xavier, Cedar Rapids	20-04.00	1
19 Lain Wilson	12	Bondurant-Farrar	20-03.25	3
20 Jailen Hansen	12	Storm Lake	20-02.75	1
21 Tate Stine-Smith	12	ADM, Adel	20-02.50	5
22 Nick Mautino	12	Xavier, Cedar Rapids	20-02.00	2
23 Matthew Bomgaars	12	Sioux Center	20-01.50	2
24 Jack Noble	11	North Polk, Alleman	20-01.50	2

## Event 137 Boys Discus Throw 3A (24)

Thursday 5/20/2021 - 11:30 AM

State Record: 190-10 2017

Tristian Wirfs, Mount Vernon

All-Time: 207-08 1978

Scott Crowell, Mason City

Name	Year	School	Seed	Mark
1 Kody Huisman	12	Pella	172-07	1
2 Brandon VanderSluis	11	LeMars	171-03	1
3 Duke Faley	10	Wahlert Catholic, Dubuque	166-10	1
4 Tyler Maro	12	Assumption, Davenport	165-04	1
5 Christian Nunley	12	West Delaware, Manchester	155-00	1
6 Josiah Bundt	11	MOC-Floyd Valley	154-06	2
7 Will McLaughlin	11	Harlan	153-09	1
8 Ethan Eilers	12	West Burlington/Notre Dame	153-01	2
9 Lane Hettinga	12	MOC-Floyd Valley	150-11	3
10 J.J. Moore	11	Webster City	149-07	1
11 Caden Lafleur	11	Bishop Heelan Catholic, SC	147-06	2
12 Aaron Campbell	11	Grinnell	147-05	2
13 Tylar Lutgen	10	Sergeant Bluff-Luton	145-07	4
14 Brandon Fischer	10	Pella	144-07	3
15 Dakota Hoffman	11	Epworth, Western Dubuque	144-03	2
16 Reece Mayer	12	Washington	143-08	3
17 Jameson Bieker	11	Harlan	143-01	3
18 Tino Tamayo	11	Charles City	142-09	3
19 Brady Oleson	12	West Burlington/Notre Dame	142-08	4
20 Adam Smith	10	Solon	142-05	2
21 Joseph Hjelle	11	Decorah	142-05	4
22 Brody Burgher	12	Dallas Center-Grimes	139-07	1
23 Jaxon Cherry	09	Webster City	138-00	2
24 Gavin Rupp	11	Dallas Center-Grimes	137-06	2

## Event 145 Boys Shot Put 3A (24)

Friday 5/21/2021 - 11:30 AM

State Record: 64-07.75 2009

Drew Clark, Marion

All-Time: 70-11 1968

Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1 Brandon VanderSluis	11	LeMars	58-00.00	1
2 J.J. Moore	11	Webster City	57-02.00	1
3 Garret Wagner	12	Marion	56-06.75	1
4 Kody Huisman	12	Pella	54-08.50	1
5 Dakota Hoffman	11	Epworth, Western Dubuque	54-01.50	1
6 Brogan Seier	12	Spencer	53-06.25	2

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**Event 145 ... (Boys Shot Put 3A (24))**

	Name	Year	School	Seed	Mark
7	Ethan Heiter	12	Spencer	53-03.00	3
8	Joseph Hjelle	11	Decorah	52-07.00	2
9	Cooper Pullis	12	Mount Pleasant	51-08.50	1
10	Christian Nunley	12	West Delaware, Manchester	51-03.00	3
11	Jake Siddles	11	Independence	50-11.00	4
12	Mason Scott	12	Bishop Heelan Catholic, SC	50-06.75	1
13	Dalton Stubbe	12	Clarke, Osceola	50-05.00	2
14	Ethan Eilers	12	West Burlington/Notre Dame	50-02.75	2
15	Blake Willey	12	Dallas Center-Grimes	50-01.00	1
16	Jake Walker	10	Waverly-Shell Rock	49-10.00	5
17	Grant Waymire	12	Dallas Center-Grimes	49-02.00	2
18	Brayden Hartman	10	Washington	48-11.50	3
19	Oliver Loudon	10	Grinnell	48-11.00	2
20	Sawyer Nauman	12	Epworth, Western Dubuque	48-09.00	6
21	Brayden Cleeton	12	Monticello	48-07.00	2
22	Eli Keahna	12	South Tama County	48-02.50	3
23	Nate Gallup	12	Denison-Schleswig	48-02.00	3
24	Donald Lamp	11	North Polk, Alleman	47-11.00	2

**Event 156 Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims**

Thursday 5/20/2021 - 2:20 PM

**State Record:** 59.63 5/18/2019 **SB-Luton, SB-Luton**  
**M Hansen, N Verros, M Murphy, A Freiberg**  
**All-Time:** 57.18 5/18/2019 **Valley, WDM, Valley, WDM**  
**P Marschel, U Gbarjolo, T Thornton, J Williams**

	Team	Relay	Seed	Time
1	Pella	1	59.95	1
2	North Polk, Alleman	1	1:00.10	1
3	Epworth, Western Dubuque	1	1:00.29	1
4	Carlisle	1	1:01.45	1
5	Clear Creek-Amana	1	1:02.08	1
6	Independence	1	1:02.17	2
7	Dallas Center-Grimes	1	1:02.20	2
8	Atlantic	1	1:02.57	1
9	Waverly-Shell Rock	1	1:02.65	3
10	Clear Lake	1	1:02.67	2
11	Xavier, Cedar Rapids	1	1:02.79	1
12	LeMars	1	1:02.82	1
13	Solon	1	1:02.89	2
14	Marion	1	1:02.91	3
15	Saydel	1	1:03.03	3
16	Benton Community	1	1:03.23	2
17	Winterset	1	1:03.29	4
18	Decorah	1	1:03.40	4
19	Glenwood	1	1:03.82	2
20	Mount Pleasant	1	1:04.16	2
21	Monticello	1	1:04.53	4
22	Charles City	1	1:04.79	5
23	Newton	1	1:04.80	3

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## Event 156 ... (Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims)

Team	Relay	Seed Time
24 MOC-Floyd Valley	1	1:06.52 2

## Event 160 Boys 800 Sprint Medley 3A (24)

Saturday 5/22/2021 - 9:30 AM

State Record: 1:31.77 5/18/2019

SB-Luton, SB-Luton

Z Shultz, S DeMoss, J Stangel, J Schwedler

All-Time: 1:30.92 5/18/2019

Bettendorf, Bettendorf

A Kalar, C Bell, L Desequeira, D Porter

Team	Relay	Seed Time
1 ADM, Adel	1	1:34.04 1
2 Central DeWitt	1	1:34.83 1
3 Benton Community	1	1:34.93 1
4 Clear Creek-Amana	1	1:35.39 1
5 Washington	1	1:35.43 2
6 Carlisle	1	1:35.63 2
7 Knoxville	1	1:35.67 2
8 Solon	1	1:35.71 2
9 Pella	1	1:35.72 3
10 Harlan	1	1:35.73 1
11 Waverly-Shell Rock	1	1:36.02 1
12 Independence	1	1:36.17 2
13 Winterset	1	1:36.27 3
14 Center Point-Urbana	1	1:36.35 3
15 Glenwood	1	1:36.46 2
16 West Burlington/Notre Dame	1	1:36.48 3
17 Charles City	1	1:36.53 4
18 Sergeant Bluff-Luton	1	1:36.61 1
19 Carroll	1	1:36.81 3
20 North Polk, Alleman	1	1:36.83 1
21 Dallas Center-Grimes	1	1:37.01 4
22 West Delaware, Manchester	1	1:37.08 5
23 Boyden-Hull/Rock Valley	1	1:37.14 2
24 Clear Lake	1	1:37.14 2