



**2023 Iowa High School Cross Country  
State Qualifying Meet Assignments  
CLASS 1A - 4 p.m., Thursday, October 19**



**CENTRAL DECATUR**

Ankeny Christian Academy  
CAM, Anita  
Central Decatur, Leon  
Colfax-Mingo  
East Union, Afton  
Lynnville-Sully  
Madrid  
Martensdale-St. Marys  
Melcher-Dallas  
Moravia  
Morman Trail, Garden Grove  
Moulton-Udell  
Murray  
Nodaway Valley  
Orient-Macksburg  
Pleasantville  
Southeast Warren, Liberty Center  
Twin Cedars, Bussey  
Wayne, Corydon  
Woodward Academy

**PANORAMA**

ACGC  
Ar-We-Va, Westside  
Audubon  
Boyer Valley, Dunlap  
Coon Rapids-Bayard  
Logan-Magnolia  
Manson Northwest Webster  
Missouri Valley  
Newell-Fonda  
Ogden  
Panorama, Panora  
Riverside, Oakland  
South Central Calhoun (Girls)  
Treynor  
Tri-Center, Neola  
West Bend-Mallard  
West Harrison, Mondamin  
West Monona, Onawa  
Westwood, Sloan  
Whiting

**CENTRAL SPRINGS**

Belmond-Klemme (Girls)  
Central Springs  
Clarksville  
Clear Lake Classical  
Grundy Center  
Janesville  
Kee, Lansing  
Lake Mills  
Nashua-Plainfield  
Newman Catholic, Mason City  
North Iowa, Buffalo Center  
Northwood-Kensett  
Riceville  
Rockford  
Saint Ansger  
South Winneshiek, Calmar  
Tripoli  
Turkey Valley, Jackson Junction  
West Fork, Seffield  
West Hancock, Britt

**REGINA, IOWA CITY**

Collins-Maxwell  
Columbus Community, Columbus Junction  
Danville  
Durant  
English Valley, North English  
Highland, Riverside  
Hillcrest Academy  
Holy Trinity Catholic, Fort Madison  
Keota  
Lone Tree  
Lousia-Muscatine  
New London  
Prince of Peace Catholic, Clinton  
Regina, Iowa City  
Sigoorney  
Tri-County, Thornburg  
Van Buren County  
WACO  
Wapello  
Winfield- Mount Union

**MOUNT AYR**

AHSTW, Avoca  
Bedford  
Diagonal  
Earlham  
East Mills  
Essex  
Exira-Elk Horn-Kimballton  
Fremont Mills, Tabor  
Grand View Christian School  
Griswold  
Hamburg Charter  
Heartland Christian  
Lamoni  
Lenox  
Mount Ayr  
Sidney  
Southwest Valley  
St. Albert, Council Bluffs  
Stanton

**SOUTH HARDIN**

Baxter  
BCLUW, Conrad  
Belle Plaine  
BGM, Brooklyn  
Colo-NESCO  
Gladbrook-Reinbeck  
GMG, Garwin  
HLV, Victor  
Iowa Valley, Marengo  
Meskwaki Settlement  
Montezuma  
North Butler  
North Mahaska, New Sharon  
North Tama, Traer  
Pekin  
South Hamilton, Jewell  
South Hardin  
St. Edmond, Fort Dodge  
Waterloo Christian

**NORTH LINN**

Beckman Catholic, Dyersville  
Bellevue  
Calamus-Wheatland  
Cascade, Western Dubuque  
Central City  
Central, Elkader  
Clayton Ridge, Guttenburg  
Columbus Catholic, Waterloo  
Dunkerton  
East Buchanan, Winthrop  
Easton Valley  
Edgewood, Colesburg  
Maquoketa Valley, Delhi  
Marquette Catholic, Bellevue  
Midland, Wyoming  
North Cedar  
North Linn, Troy Mills  
Springville  
Valley Lutheran, Cedar Falls  
Wapsie Valley, Fairbank

**SPENCER**

Akron-Westfield  
Alta-Aurelia  
Bishop Garrigan, Algona  
Emmestburg  
Gehlen Catholic, LeMars  
GTRA  
Harris-Lake Park  
Hartley-Melvin-Sanborn  
Hinton  
IKM-Manning  
Lawton-Bronson  
MMCRU  
North Union  
Sibley-Ocheyedan  
Siouxland Christian  
South O'Brien, Paullina  
St. Mary's, Remsen  
Trinity Christian  
Woodbine