



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Baseball Memo #6

May 24, 2024

Good afternoon, Head Baseball Coaches & AD's –

As we round out the second week of contests, have just had a few items come up that I want to bring everyone's attention to as we progress into the end of May and into June.

1. Sportsmanship

Although we are definitely in a better place than a year ago, we still have some work to do. Ensure we are always making this a point of emphasis as we continue into the season as coaches, players, fans, etc. Respect all parties involved in our contests and the roles we all play to ensure these games can happen in our communities.

2. Dugout Decorum

This is not new, but we all need to ensure we are in the dugouts during play (this includes players and coaches). Unless in the on-deck circle, should all be in the dugout. Any cheering/noises coming from the dugout should remain positive and not directed at an individual. To go along with this, if we are going to have a question for the umpire, it should come from the head coach only and should be done respectfully. As part of pace of play, we do not need to run out and question each and every decision made.

3. Wristbands

Many of you may be utilizing wristbands for play calling, pitches, signs, etc. These are legal. However, it was clearly laid out in our rules meeting this year that NFHS clarification on the use of these states that these must be worn on the wrist or forearm only (not on belt for example).

4. Pace of Play

This is a point of emphasis so just a good reminder to all to ensure we are all doing our part during play, between innings, and even between games to help keep the pace of play up. I know everyone involved will appreciate this.

5. Pitch Count

Be sure we stay on top of this. I have one violation already this 2024 season. Let's continue to work to avoid any others this season. Coaches, you are responsible for this so ensure you know cutoffs. Resources are on the [Baseball Page](#) of our website as well to avoid violations. All daily limitations are clearly laid out in our [Manual: Baseball \(iahsaa.org\)](#). Also, a reminder we still have another week of weekly total limitations for 10-12 (180 pitches) until June 3. 8-9 pitchers are limited to 150 total pitches a week all season.

Thanks, and do not hesitate to reach out with any questions as we progress into the heart of the regular season.



Andy Umthun
aumthun@iahsaa.org

Assistant Director

Iowa High School Athletic Association
515-432-2011 ext. 237 | www.iahsaa.org
1605 S. Story Street, Boone, IA 50036