

2024 NFHS Football Exam - Part I

NOTE: In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team.

Question Position	Question	Answer1	Answer2
	1 A snap infraction causes the ball to remain dead.	True	False
	2 A second personal foul on B56 results in a disqualification.	True	False
	3 In 11-player, A78 reports to the referee that is he is an eligible receiver on the upcoming play. As a result, A78 may run a 10 yard crossing pattern without being called for ineligible receiver down field.	TRUE	FALSE
	4 The free-blocking zone disintegrates and the exception for an offensive lineman to block in the back is not to continue after the ball has left the zone.	True	False
	5 In 11-player, A78 may line up in the backfield prior to the snap and receive a handoff from the quarterback.	True	False
	6 If there is a double foul during the last timed down of a period, the period is automatically extended.	True	False
	7 Any receiver may signal for a fair catch while any legal kick is in flight.	True	False
	8 The succeeding spot is where the ball would next be snapped or free kicked if a foul had not occurred.	True	False
	9 A lineman is any A player who is facing his opponent's goal line with the line of his shoulders approximately parallel thereto and with his head or foot breaking an imaginary plane drawn parallel to the line of scrimmage through the waist of the snapper when the ball is snapped.	True	False
	10 A disqualified player shall be removed even if the yardage penalty for the foul is declined.	True	False
	11 Towels do not have to be the same solid color for each player if worn.	True	False
	12 No foul causes a live ball to become dead.	True	False
	13 A player or other person is out of bounds when any part of the person is touching anything, other than another player or game official that is on or outside the sideline or end line, and that player remains out of bounds until returning to the field with any body part touching the field and no body part touching out of bounds.	True	False
	14 The kickers may not advance a recovered free kick.	True	False
	15 A defenseless player includes a receiver who is forcefully contacted by an opponent and that contact is not initiated with open hands.	True	False
	16 Any live-ball foul is penalized from the basic spot per Rule 10-4 unless otherwise specified by rule.	True	False
	17 Team A has 4th and 6 from the B20. A11's pass falls incomplete. After the play ends, B78 is penalized for a late hit on A50. Team A maintains possession of the football and has 1st and Goal from the B10.	True	False
	18 An inadvertent whistle ends the down.	True	False
	19 The penalty for intentional grounding is five yards from the spot of the foul and loss of down.	True	False
	20 Fouls that occur after an inadvertent whistle can only be dead-ball fouls.	True	False
	21 Forward pass interference can occur behind, in or beyond the neutral zone.	True	False
	22 If a substitute or replaced player influences the play, it is illegal participation.	True	False

23	Players are required to wear knee pads over the knee and under the pants.	True	False
24	If during a down in which time expires, K1 holds during a successful field goal attempt, the period ends and the score is canceled.	True	False
25	Unless they are in a scrimmage kick formation, the failure of Team A to have at least five players on the line numbered 50-79 is a foul at the snap.	True	False
26	The ball is put back into play at the 20-yard line via a free kick after a safety.	True	False
27	Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by an appropriate health-care professional.	True	False
28	A period shall not be extended when a foul occurs that specifies a loss of down.	True	False
29	By rule, all unsportsmanlike fouls are non-contact actions.	True	False
30	The distance penalty for any foul cannot be declined.	True	False
31	A handed ball is not a pass.	True	False
32	A valid fair-catch signal is the extending and lateral waving of one arm, at full arm's length above the head, by any R player.	True	False
33	Pass interference restrictions on a legal forward pass begin for A when the ball leaves the passer's hand.	True	False
34	A free kick may be recovered by K in R's end zone for a touchdown.	True	False
35	Team A snaps the ball 1st and 10 at the A-6 yardline. A78 commits a holding foul in the end zone. When Team B accepts the penalty, it will be 1st and 13 and the A-3 yardline.	True	False
36	A22 is discovered to be bleeding with two minutes left in the 4th quarter. A22 is not required to sit out a play if Team A's coach requests a timeout.	True	False
37	Following the opening kickoff, A83 is observed with more than a single stroke of eye shade. The player is required to remove the eye shade and the head coach is charged with an unsportsmanlike conduct penalty.	True	False
38	1:45 left in the second half. A33 runs for a gain of three yards and is tackled in bounds by B42. A78 is called for holding. Team B has the option to start the game clock on the snap.	True	False
39	1:45 left in the second half. A12 throws an incomplete pass. A78 is called for holding. Team B has the option to the start the game clock on the ready for play.	True	False
40	When the game clock is stopped due to Rule 3-5-7i and Team B is the only team to foul, the play clock will be set to 40 seconds.	True	False
41	During an onside kick attempt from K's 40-yard line, K32 blocks R7 at K's 49-yard line. The kick is rolling at K's 48-yard line and has not been touched at the time the block occurred. K32 is guilty of an illegal block.	TRUE	FALSE
42	K has fourth and 9 on R's 22-yard line. K attempts a field goal that is kicked from R's 29-yard line but it lands short of the goal line and comes to rest on R's 3-yard line. R takes possession at R's 3-yard line.	TRUE	FALSE
43	During a punt return, R32 commits an illegal blindside block at R's 37-yard line. The returner runs out of bounds at R's 39-yard line. The penalty is enforced from the spot of the foul.	TRUE	FALSE

44	A punt may be used for a free kick following a field goal.	TRUE	FALSE
45	A drop kick and a punt have the same definition and are used interchangeably throughout the rule book.	TRUE	FALSE
46	Team K's try is blocked at the line of scrimmage. The ball rolls behind the neutral zone where it is recovered by K79 who carries the ball over the goal line. Team K has scored two points.	TRUE	FALSE
47	Fourth and four on the K-30. K19's punt hits the ground at the K-37 and bounces back untouched to the K-27. K80 grabs the ball and runs to the K-40. R takesover possession with 1st and 10 at the K-27.	TRUE	FALSE
48	In overtime, A33 fumbles and B21 recovers the ball at the B3. B21 can run back the fumble for a 97-yard game winning touchdown.	TRUE	FALSE
49	In the first quarter, A12's pass is intercepted by B22 in B's endzone. The ball becomes dead immediately due to B gaining possession in the end zone.	TRUE	FALSE
50	Hurdling is an attempt by a player to jump with one or both feet or knees foremost over an opponent who is contacting the ground with no part of his body except one or both feet.	TRUE	FALSE
51	R22 muffs the opening kickoff at the R's 3-yard line and the ball rolls into the end zone. The result of the play is a touchback.	TRUE	FALSE
52	After receiving the snap, A12 hands the ball to A36. A36 runs toward the right sideline and leaves the free blocking zone. In an attempt to conserve yardage, A36 throws a pass into the bleachers, 20 yards down field. A36 is guilty of intentional grounding.	TRUE	FALSE
53	After receiving the snap, A12 scrambles to his left to avoid B78 and by doing so leaves the free blocking zone. A12 then runs back to the right into the area that was the initial free blocking zone and throws a pass 30 yards down field where no A receivers are located. A12 is guilty of intentional grounding.	TRUE	FALSE
54	Ineligible A players may not advance beyond the expanded neutral zone on a legal forward pass before a legal forward pass that crosses the neutral zone is in flight.	TRUE	FALSE
55	Eligible A80 runs downfield, and before a pass is thrown, is blocked by B21 and pushed out of bounds. A80 immediately returns to the field and catches a pass from A13. A80 is guilty of illegal participation.	TRUE	FALSE
56	With the pass in flight, eligible A88 accidentally steps on the sideline, but returns to the field, prior to making the catch. A88 is guilty of illegal participation.	TRUE	FALSE
57	Unsportsmanlike conduct is one of the fouls by Team B that awards an automatic first down.	TRUE	FALSE
58	Team A has 1st and 10 from the A-30. A12 completes a pass to A80 at the B-40. Prior to the pass, A79 holds B52 at the A-23. The holding penalty on A79 is enforced from the spot of the foul.	TRUE	FALSE
59	Team A has 2nd and 7 from the A-35. While attempting to tackle A12, B42 twists and grabs A12's facemask at the A-28. A12 is tackled at the A-29. The facemask penalty will be enforced from the previous spot.	TRUE	FALSE
60	Illegal touching of a forward pass by an ineligible receiver includes a loss of down for Team A.	TRUE	FALSE
61	When a receiver goes out of bounds and returns during a pass play, the previous spot is the basic spot for enforcement.	TRUE	FALSE

