



# IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

## Football Memo #2

August 21, 2024

Good afternoon football coaches and athletic directors –

It's hard to believe that we are just days away from the first handful of games of the 2024 football season. As teams continue to prep for their first opponent, we have a few pieces of information to share.

### 1. Film Exchange

We briefly covered film exchange information in the rules meeting. A joint letter from the IFCA and IHSAA regarding the topic can be found here: <https://www.iahsaa.org/wp-content/uploads/2024/08/Football-Email-Regarding-Video-Exchange-in-Regular-Season8.16.24.pdf>. As mentioned in the rules meeting, schools are not required to upload film from their scrimmage or Week 0 games into the pool. Nothing prevents the two schools from agreeing to a direct exchange for Week 1. Any concerns regarding regular season film exchange need to be addressed with the IFCA.

### 2. Quarter Limitation Exception

We've had a few questions on the quarter limitation and the exception relating to special team plays. Both free kick (kickoffs) and scrimmage kick (punt and field goal) plays do not count towards the daily or weekly quarter limitation. The exception works for both offensive and defensive players. The exception is still in place for a fake or fire situation. The offensive team would be charged with a play counting against the quarter limitation if it were to shift into a traditional scrimmage play formation. On the flip side, the 8 or 11 on defense would not be charged with a play as it relates to the quarter limitation as it's at the mercy of the offensive team's decision.

### 3. Weekend Schedule

As we covered in the rules meeting and posted online, for those schools whose first game is Week 1, schools have the choice of either having contact (practice, film, weights, conditioning) with the athletes on Saturday or Sunday this upcoming weekend. In the past, Saturday was the only day for legal contact. After the preseason concludes, you can have contact when your program chooses to do so (i.e. light workout Saturday morning, film Sunday evening).

### 4. Overtime

Overtime procedures can be found at the following link: <https://www.iahsaa.org/wp-content/uploads/2023/07/IHSAA-Overtime-Procedures7.26.23.pdf>. I know there have been a few questions on the procedure as the web posting comparing the NFHS and NCAA rules talks about high school overtime starting at the 25-yard line. The author of that document lives in a state that does not follow the NFHS overtime procedure. There are no changes to the overtime procedure from past years, and we will continue to play all overtime periods will be played at the same end of the field.

### 5. Eligibility Reminders

I know I covered this in our memo two weeks ago, but coaches and administrators need to check the eligibility of each of their athletes prior to any contests being played. Again, if you have someone new on your roster this fall, please verify the student's eligibility as we do not want teams having to forfeit varsity contests that may ultimately impact postseason qualification. Please remember that those students who have transferred and are subject to a period of ineligibility are ineligible for 90 school days and not calendar days. Students who failed a course during the 2023-24 school year that have not yet served their 20-calendar day penalty will need to sit at the beginning of the football season, August 22. Students will regain their eligibility on September 11. Regarding scrimmages, as the scrimmage is considered a practice, students who are currently ineligible for a failing grade, transfer or open enrollment may participate in the scrimmage.

Have a great first game or scrimmage this week. Do not hesitate to reach out if you have any questions.