

## CUT BACK/LEG BLOCK —ILLEGAL

**Frame 1:** Set-up- **Wrestler B** picks up single leg—**Wrestler A** counters with a tight whizzer and slides his free leg behind **Wrestler B's** nearside leg. Creating an illegal hold, stop and penalize immediately.



**Frame 2:** Set up as above. This **ILLEGAL** variation, has **Wrestler A**—jumping to drive his knee into side of **Wrestler B's** leg creating an **ILLEGAL** hold, stop and penalize immediately.

