

DISTRICT WRESTLING AND STATE SPEECH WEIGH-IN OPTIONS

Occasionally, schools have wrestlers who want to compete in the state speech contest and the district wrestling tournament on the same day. The Iowa High School Speech Association has done an excellent job of accommodating them by scheduling their state speech competition early in the day. Below are three weigh-in options the Athletic Association has established for these wrestlers. The Athletic Association believes these options are flexible enough to allow a wrestler to compete in both state activity association sanctioned events while maintaining the integrity of the weigh-in process.

1. Wrestlers weigh-in at their home school before leaving for state speech and the athletic director verifies with the district tournament manager the wrestlers' actual weight. This allows the wrestlers to be considered for seed, with the stipulation that the wrestlers must make weight upon arrival at the district tournament site. Upon arrival at the district site, the wrestlers weigh-in again on the same scales used by the other wrestlers. If a wrestler does not make weight at the district site, he is not eligible for that weight class.
2. Wrestlers weigh-in at another district wrestling site at 8:00am with the wrestlers from that district tournament. The district tournament manager then faxes or emails the weigh-in information to the district tournament manager where the wrestlers will actually compete.
3. Wrestlers weigh-in at the state speech site at 8:00am, and before leaving for the district wrestling tournament where the wrestlers are assigned to compete. The administrator at the state speech site then faxes or emails the weigh-in information to the district wrestling tournament manager.

Note: In all of the above scenarios, the athletic director from the wrestler's home school must communicate with the district tournament manager so a mutual decision can be made regarding which weigh-in option will be used.