



# IHSAA WRESTLING

## 2025 State Traditional Wrestling Tournament Seeding Information

The Iowa High School Athletic Association will be using TrackWrestling to seed the state traditional wrestling tournament. Each weight class will be seeded using a computerized system – with oversight provided by the IHSAA – and each wrestler will be seeded.

### CRITERIA

The criteria used by TrackWrestling to determine seeds gives points to qualifiers based on the following factors, listed in order of their use, and in comparison to every other wrestler in that particular bracket:

1. Head-to-head competition (1 point)
2. Competition against common opponents (1 point)
3. Returning state champion (1 point)
4. Returning second- or third-place finisher in previous season (equal value) (1 point)
5. Returning fourth- through eighth-place finisher from previous season (valued in order) (1 point)
6. District champion vs. district runner-up vs. district 3<sup>rd</sup> place (1 point)
7. Returning state qualifier in previous season (1 point)
8. Winning percentage in the current season (1 point)

When compared to every other wrestler in their bracket, qualifiers receive point(s) for their criteria advantage, reaching a maximum of 23 points per bracket. If no decision can be made using the criteria and winning percentages are the same, each wrestler receives a half-point (0.5 point).

Ties in point accumulation will be broken between the contestants using the same criteria applied only to those in the tie.

Reminder: Having criteria over a single opponent does not guarantee a higher seeding, as the point accumulation is gathered across a comparison of each wrestler versus every other wrestler within the bracket. The accuracy of season results and previous state tournament criteria is the responsibility of the coaches, who are given reminders throughout the season.